Council on Compulsive Gambling of Pennsylvania, Inc.

Helpline Data Report

YTD – 2019

As of April

Monthly Summary								
Month	**Intake (Problem Gambling Related)**	**Chat (Problem Gambling Related)**	**Text (Problem Gambling Related)**	**Casino (Info Seeking Only)**	**Lottery (Info Seeking Only)**	**Wrong# / Hangup**	**Other**	**Total**
January	101	14	7	310	187	225	23	867
February	75	6	6	309	137	298	18	849
March	95	10	10	320	214	300	22	971
April	82	7	8	262	173	304	20	856
May								
June								
July								
August								
September								
October								
November								
December								
TOTAL	353	37	31	1201	711	1127	83	3543

Figure 1

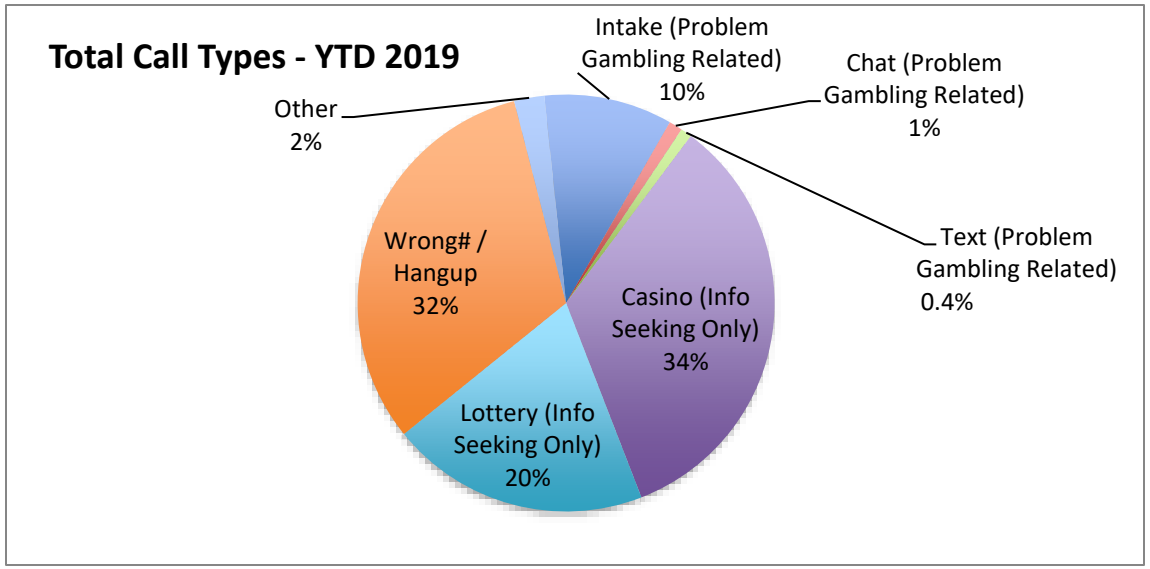
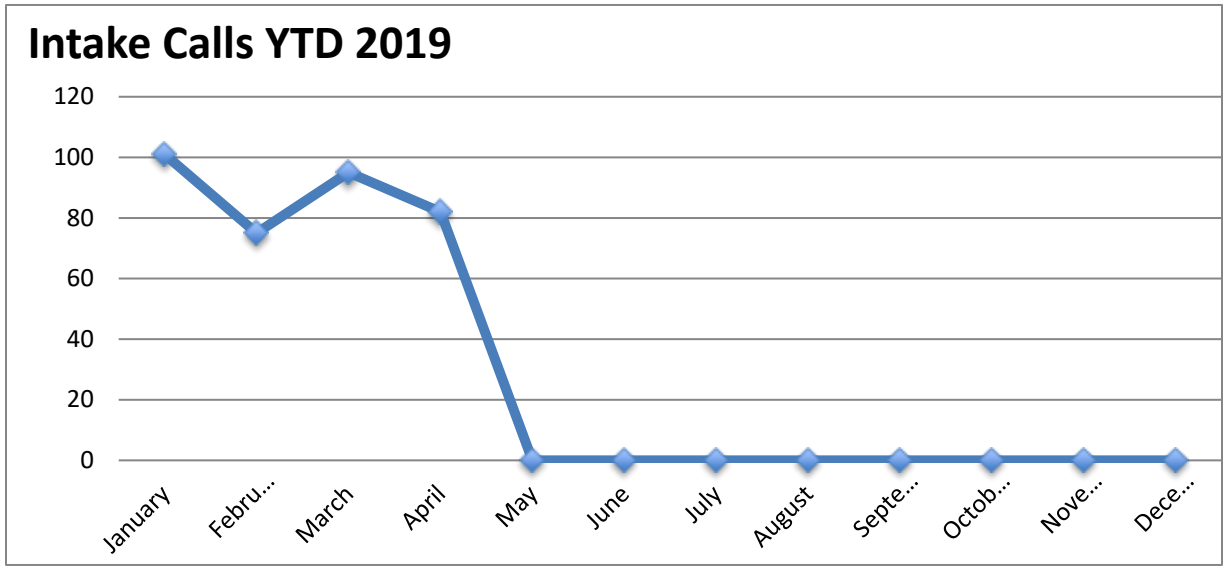


Figure 2

Every call that is made to the Helpline Center is tracked and noted by type (fig. 2). A majority of calls received are information inquiries (last night's lottery drawing, room reservations, etc.).

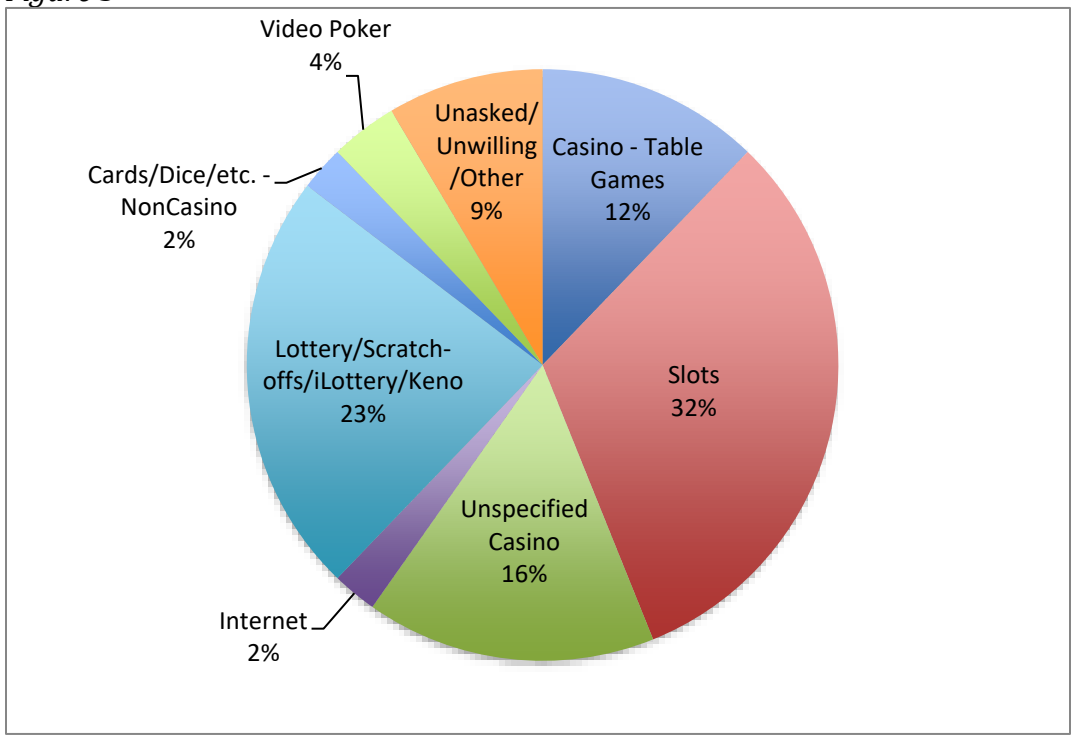
April 2019 saw a decrease in intake calls, with 95 in March and 82 in April. *The calls received by the HelpLine Center labeled "Lottery" and "Casino" are from individuals seeking general information specific to those activities, not seeking help for a gambling problem as a result of participating in them.*



Intake calls represent the calls made by individuals who are suffering from a problem gambling issue, have relapsed, or who know someone with a gambling problem. Callers are provided resources, such as Gamblers Anonymous (GA) meeting information and/or trained counselor contact information. **For the month of April 2019, the total number of intake calls was 95 (fig. 3).**

The Council has received 68 chat and text requests for help to date in 2019. This is in addition to the 353 phone calls requesting help so far in 2019.

Figure 3



One of the primary pieces of information collected from our Helpline Specialists during intake calls is the most problematic form of gambling that a caller, or subject, is engaging in. Slots and other casino based games were the activity named during the majority of calls in April 2019 (fig. 4). This may be related to high visibility of the Helpline number throughout each of the 12 casinos that currently operate in Pennsylvania.

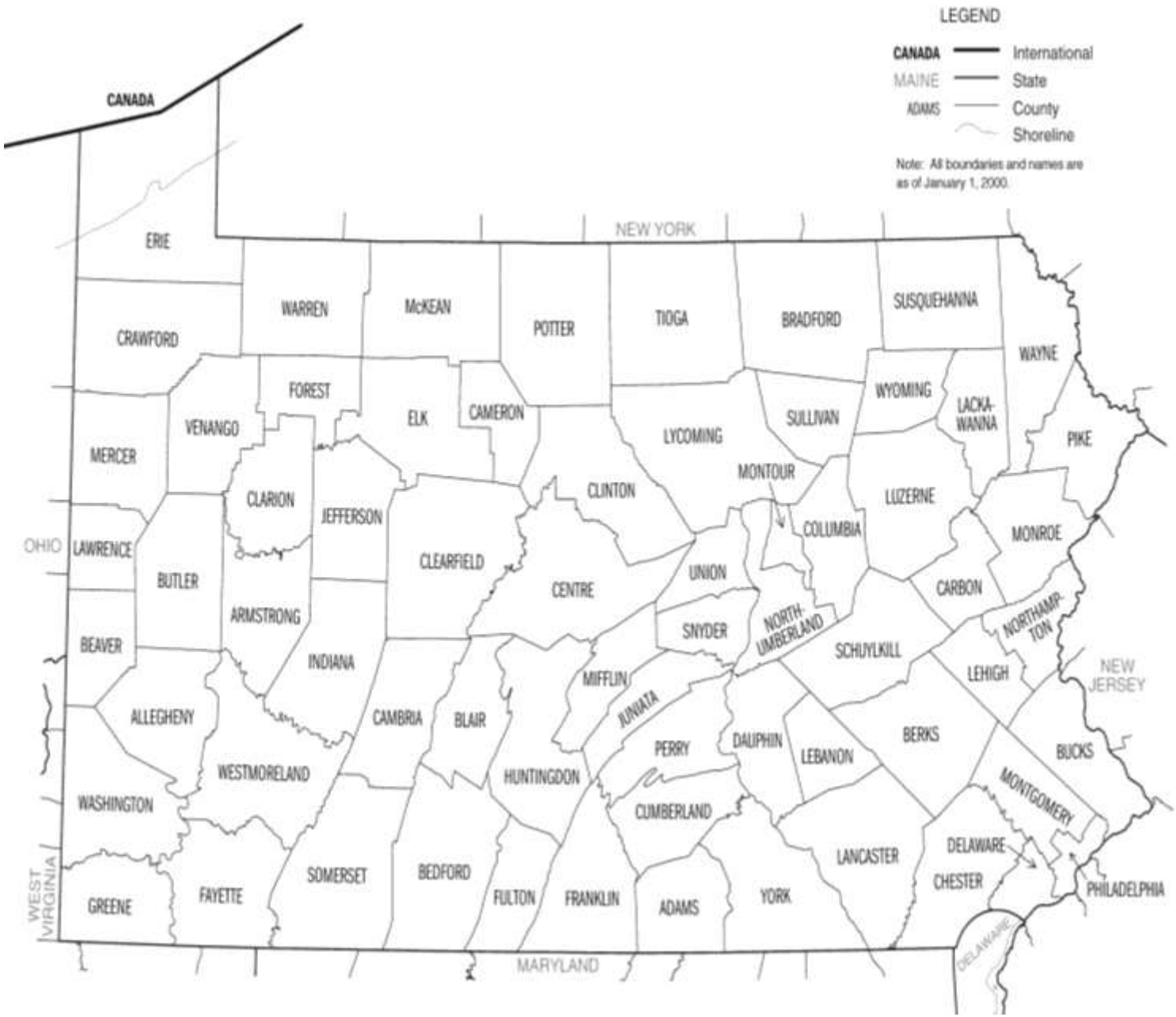
Figure 4

Pennsylvania Helpline for Compulsive Gamblers

This month, Philadelphia and Allegheny counties accounted for 24% of intake calls. In April 2019, the Helpline saw Bucks, Delaware and Erie counties make up an additional 15% of intake calls.

Calls by County – April 2019		
	County	**Calls**
1	Philadelphia	12
2	Allegheny	8
3	Bucks	5
4	Delaware	4
5	Erie	3
6	Lycoming	3
7	Montgomery	3
8	Blair	2
9	Clinton	2
10	Luzerne	2
11	Northumberland	2
12	Schuylkill	2
13	Adams	1
14	Armstrong	1
15	Berks	1
16	Butler	1
17	Cambria	1
18	Centre	1
19	Chester	1
20	Clarion	1
21	Columbia	1
22	Cumberland	1
23	Dauphin	1
24	Lancaster	1
25	Lehigh	1
26	Mercer	1
27	Mifflin	1
28	Northampton	1
29	Tioga	1
30	Union	1
31	Washington	1
32	York	1

Counties not listed received no calls. Additional calls received from out of state and callers unwilling to disclose their location.



Pennsylvania Fiscal Year (PFY18-19)

	July	August	September	October	November	December	January	February	March	April	May	June	Totals
Intakes	114	100	100	116	66	78	101	75	95	82			927
Chat	6	7	13	10	7	6	14	6	10	7			86
Text	3	5	7	6	6	11	7	6	10	8			69
Hang-ups	220	175	197	227	185	186	165	231	229	201			2016
***Casino (Info)**	458	460	338	314	303	331	310	309	320	262			3405
***Lottery (Info)**	193	174	165	340	169	210	187	137	214	173			1962
Wrong#	43	28	29	54	59	57	60	67	71	103			571
Other	14	12	18	11	17	22	23	18	22	20			177
Totals	1051	961	867	1078	812	901	867	849	971	856			9213

**denotes calls about non-compulsive gambling related topics - info seeking only*

Additional Helpline Details – 2019

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Suicide		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Call**	**Calls**	**CALLS**
	Present	0	0	0	0									0
	No	101	75	95	82									353
	Past	0	0	0	0									0

National studies have shown remarkably high rates of suicide ideation and attempt rates by problem gamblers - inquiring about a callers' current state is always a priority. In April 2019, no callers presented a risk of harm to themself or others.

Callers Subject		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Family	15	8	6	11									40
	Friend	2	5	2	8									17
	Self	73	58	75	55									261
	Spouse	7	3	11	6									27
	Unwilling/Other	4	1	1	2									8

Callers Subject represents the person who the caller was seeking help for. Typically, the caller is the one experiencing the issue. However, there are several instances of friends and/or family members who call seeking assistance.

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Caller's Gender		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Female	30	31	27	25									113
	Male	71	44	68	57									240
	Unwilling	0	0	0	0									0

On average in 2018, the percentage ratio of female to male callers/subjects was 36% to 64%. 2019 shows that approximately 32% of helpline calls are regarding female gamblers.

Ethnicity of Caller		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	African American	12	9	12	7									40
	Asian American	7	1	1	2									11
	Caucasian	78	62	76	59									275
	Hispanic	3	0	3	2									8
	Other	1	0	0	1									2
	Unwilling	0	3	3	11									17

While studies have shown that Caucasian males gamble the most overall, it has been found that African-American males gamble most frequently and, unfortunately, develop problems at a very high rate. This disorder can impact people of all backgrounds, yet for some cultures, outreach for help is very limited.

Language Line		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Callers passed along	0	0	0	0									0

The Helpline utilizes a Language Line service which quickly connects callers to assistance in over 60 available languages. There were no language line requests in April 2019.

Pennsylvania Helpline for Compulsive Gamblers

Precipitating Event		JAN Calls	FEB Calls	MAR Calls	APR Calls	MAY Calls	JUN Calls	JUL Calls	AUG Calls	SEP Calls	OCT Calls	NOV Calls	DEC Calls	YTD CALLS
	Financial Problems	76	55	76	62									269
	Marital Problems	10	11	16	12									49
	Family Problems	19	11	12	14									56
	Job Problems	4	0	6	0									10
	Mental Health Problems	1	1	2	6									10
	Physical Health Problems	0	0	0	0									0
	Legal Problems	0	4	1	0									5
	Other Problems	17	12	12	12									53

Precipitating events represent primary issues that prompted the caller to contact the Helpline. Callers may answer 'yes' to more than one of the listed categories.

Most Problematic Gambling		Calls	Calls	Calls	Calls	Calls	Calls	Calls	Calls	Calls	Calls	Calls	Calls	CALLS
	*Casino - Table Games	11	7	12	10									40
	Slots	36	39	42	26									143
	**Unspecified Casino	21	6	7	13									47
	Internet	4	0	5	2									11
	Lottery/ Scratch-offs/iLottery/Keno	12	10	13	19									54
	Races	1	1	1	0									3
	***Cards/Dice/etc. – NonCasino	1	3	2	2									8
	****Sports	0	0	4	0									4
	*****Poker/Video Poker	4	1	0	3									8
	Video Gaming Terminals (VGTs)	0	0	0	0									0
	Airport	0	0	0	0									0
	Unasked/Unwilling/Other	11	8	9	7									35

Most Problematic Gambling reflects the gambling activity that the caller/subject has the most difficult time controlling.
*Casino-Table Games – all casino table games excluding Poker
**Unspecified Casino – caller indicated that 'casino gambling' is the most problematic activity, but did not specify which games
***Cards/Dice/etc. – NonCasino – Any unregulated card game, dice game or other type of game
****Sports – unspecified sports (legal/illegal), football, basketball, fantasy sports, etc.
*****Poker/Video Poker – Casino Poker games (live and video)

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Age Group of Gambler's		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	13 – 17	0	0	0	0									0
	18 – 24	6	3	8	4									21
	25 – 34	12	11	19	13									55
	35 – 44	14	16	6	19									55
	45 – 54	18	13	16	12									59
	55 - 64	17	10	17	9									53
	65+	9	5	12	8									34
	Unknown/Unwilling	25	17	17	17									76

The largest amount of calls in April 2019 came from the 35-44 year old age group with 23% of calls, with 25-34 year olds accounting for nearly 16% of calls.

Other Problems Identified		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**TOTAL**
	Alcoholism	6	2	5	5									18
	Drug Abuse	3	3	4	3									13
	Depression	13	14	9	14									50
	Eating Disorder	0	1	0	1									2
	Overspending	14	22	30	24									90
	Sexual Addiction	1	1	1	2									5

Co-occurring disorders often occur with problem gamblers. Gathering this information is vital in determining treatment paths. Callers may answer 'yes' to more than one category.

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Marital Status		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Cohabitating	4	2	4	5									15
	Divorced	6	5	5	3									19
	Married	29	25	25	21									100
	Separated	1	1	3	1									6
	Single	26	22	36	29									113
	Unasked/unwilling	30	19	19	20									88
	Widowed	5	1	3	3									12

How Caller Heard of Helpline		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Billboard	2	3	5	1									11
	Brochure	2	0	3	2									7
	Casino / Casino Card	31	19	28	17									95
	PGCB / Council	0	0	0	0									0
	Crisis Line / Therapy	2	1	0	1									4
	Family / Friend	3	4	6	8									21
	Internet	29	25	26	20									100
	Lottery	7	5	7	10									29
	Newspaper	0	0	0	0									0
	Other	3	4	0	0									7
	Phonebook / Operator	0	1	0	1									2
	TV	1	0	0	1									2
	Radio	5	1	4	3									13
	Unwilling	16	12	16	18									62

Promotion of the Helpline service as a resource for those suffering from gambling problems is vital. By advertising the number at gambling establishments and on gambling materials, it is made clear that help is available.

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Number Called		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	800-848-1880	15	18	20	15									68
	800-GAMBLER	44	26	36	31									137
	877-565-2112	7	5	3	0									15
	National Helpline	18	15	20	19									72
	Other/Unknown	17	11	16	17									61
	***(Lottery Prompt)*	0	0	0	0									0

Suggested Referrals		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	CCCS	2	2	0	1									5
	GA	59	48	64	50									221
	Gam Anon	7	4	5	3									19
	Helpline Materials	9	5	6	5									25
	Internet Resources	30	39	21	21									111
	PA Council / PGCB	0	0	0	0									0
	Refused/Unable to Give/Other	18	7	13	19									57
	Self Exclusion	24	21	19	11									75
	Treatment	66	45	73	59									243

Intake calls often result in the dissemination of referrals – most often these are in the form of treatment options or Gamblers Anonymous meetings.

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTALS
Chat/Text Requests														
	Chat Requests	14	6	10	7									37
	Text Requests	7	6	10	8									31

In November 2015, the Council on Compulsive Gambling implemented a 'chatline' and 'text for help' option into the existing Helpline Services. Like the Helpline, the chatline and text options are available 24/7 and provide an additional level of anonymity for those who may not be ready to physically verbalize the issues they are experiencing. Since the program began, we have seen continued use of these services and are pleased to offer another available resource for individuals seeking assistance.