Council on Compulsive Gambling of Pennsylvania, Inc.

Helpline Data Report

YTD – 2017

As of January

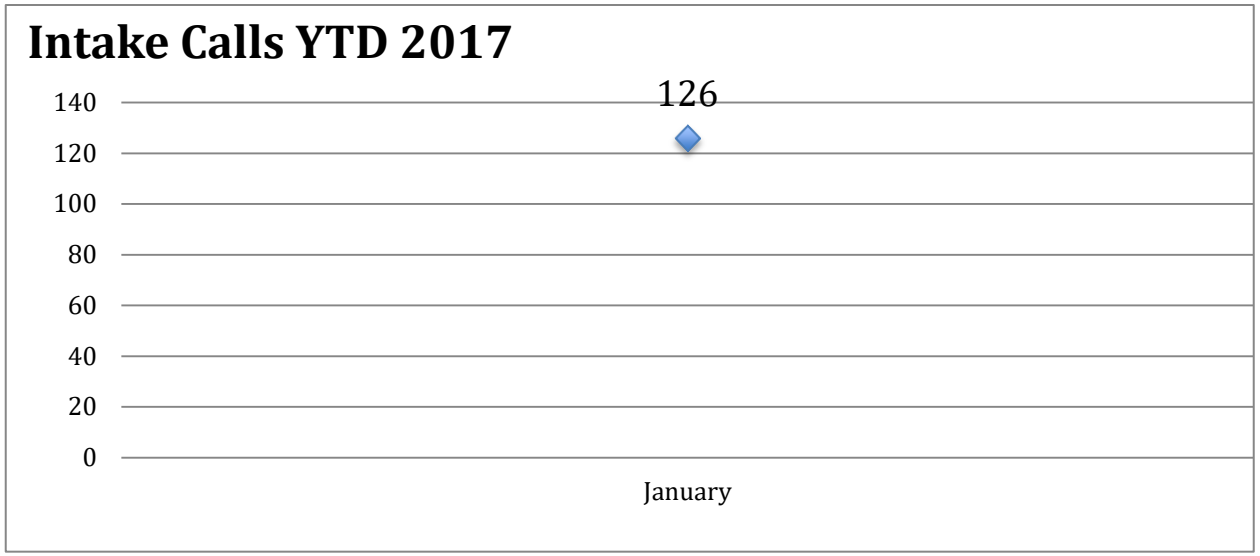
Monthly Summary						
Month	**Intake (Problem Gambling Related)**	**Casino (Info Seeking Only)**	**Lottery (Info Seeking Only)**	**Wrong#/ Hangup**	**Other**	**Total**
January	126	336	233	277	32	1004
February						
March						
April						
May						
June						
July						
August						
September						
October						
November						
December						
TOTAL	126	336	233	277	32	1004

Figure 1

Every call that is made to the Helpline Center is tracked and noted by type (fig. 1). A majority of calls received are information inquiries (last night's lottery drawing, room reservations, etc.).

January 2017 saw an increase in intake calls, from 99 in December to 126 in January. In January 2016, the Council received 116 intake calls, by comparison. *The calls received by the HelpLine Center labeled "Lottery" and "Casino" are from individuals seeking general information specific to those activities, not seeking help for a gambling problem as a result of participating in them.*

Figure 2



Intake calls represent the calls made by individuals who are suffering from a problem gambling issue, have relapsed, or who know someone with a gambling problem. Callers are provided resources, such as Gamblers Anonymous (GA) meeting information and/or trained counselor contact information. For the month of January 2017, the total number of intake calls was 126 (fig. 3).

Figure 3

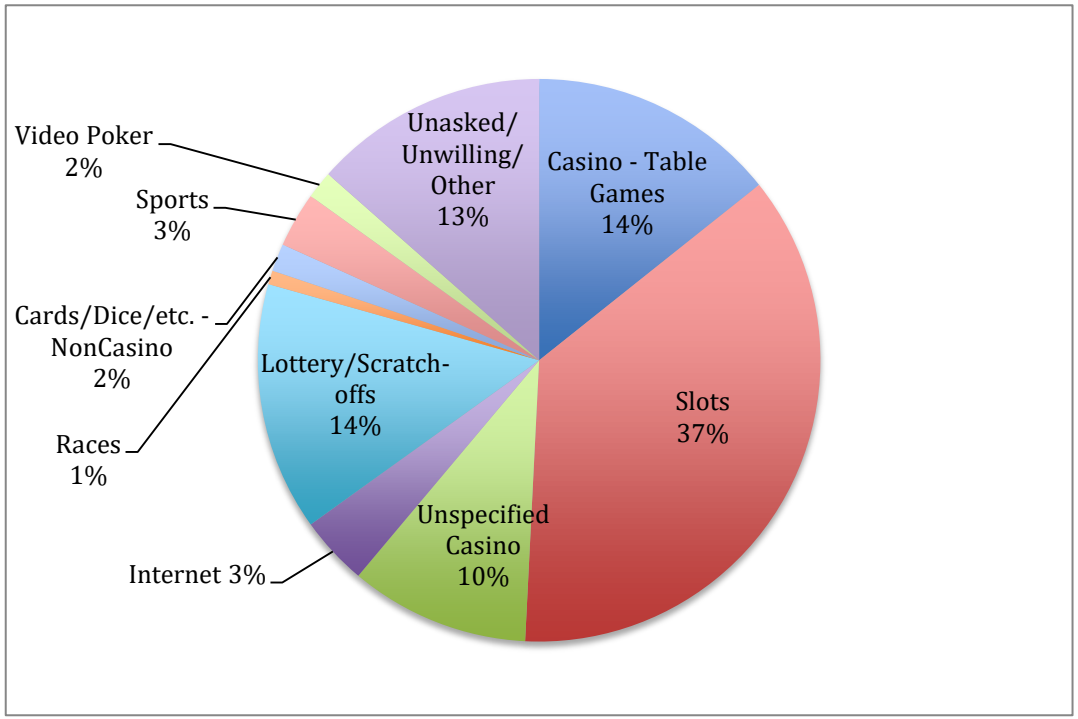


Figure 4

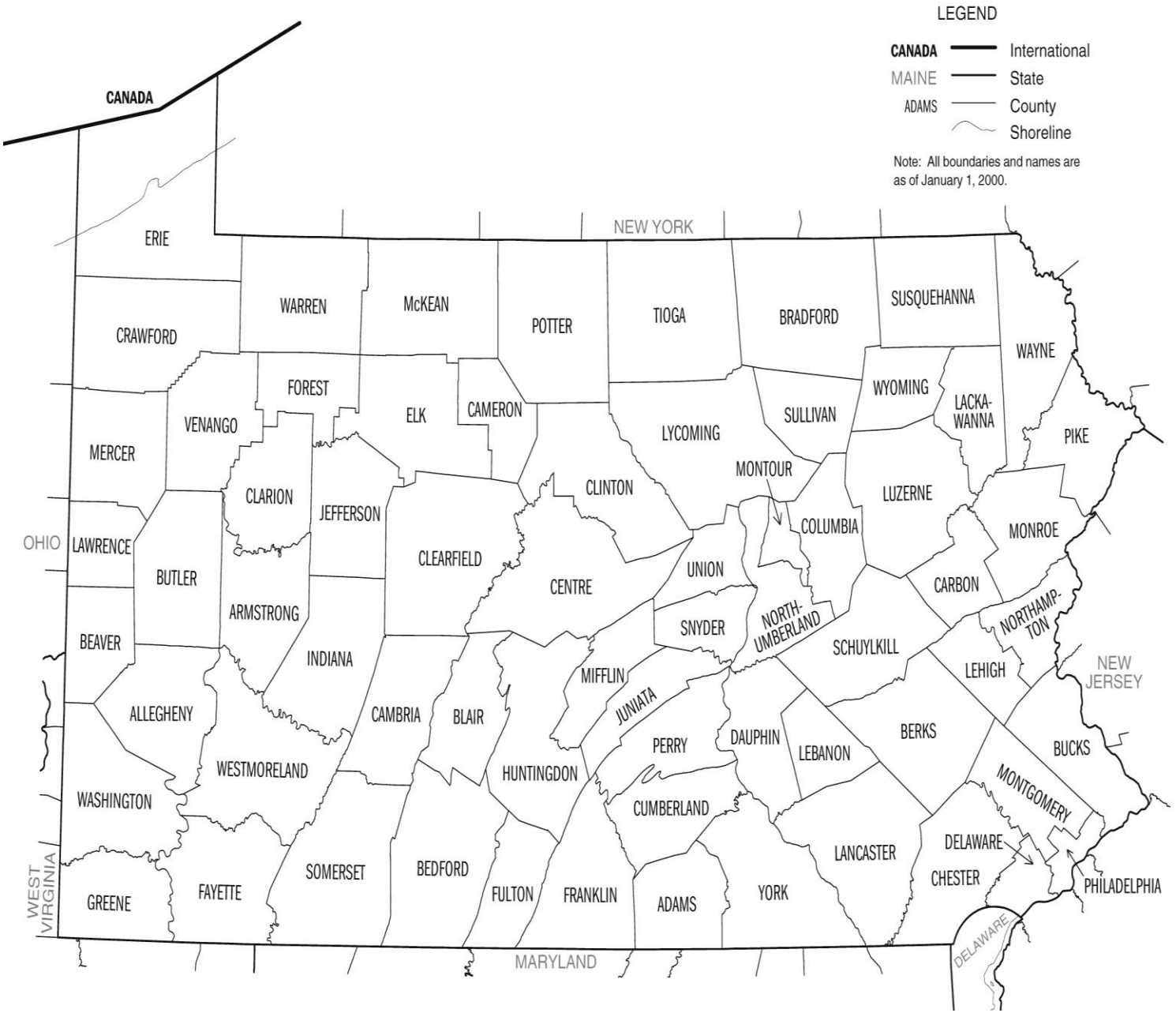
One of the primary pieces of information collected from our Helpline Specialists during intake calls is the most problematic form of gambling that a caller, or subject, is engaging in. Slots and other casino based games were the activity named during the majority of calls in January 2017 (fig. 4). This can likely be explained by the promotion and high visibility of the Helpline number throughout each of the 12 casinos that currently operate in Pennsylvania.

Pennsylvania Helpline for Compulsive Gamblers

Philadelphia and Allegheny counties are consistently the top two counties that helpline calls come in from, this month accounting for over 23% of intake calls. In January 2017, the Helpline saw Northampton, Bucks and Delaware counties make up an almost additional 18% of intake calls.

Calls by County – January 2017		
	County	**Calls**
1	Philadelphia	17
2	Allegheny	12
3	Northampton	9
4	Bucks	7
5	Delaware	7
6	Erie	7
7	Lehigh	7
8	Montgomery	6
9	Westmoreland	5
10	Dauphin	4
11	Luzerne	4
12	Chester	3
13	Fayette	3
14	Lancaster	3
15	Schuylkill	3
16	Lebanon	2
17	Warren	2
18	Washington	2
19	Berks	1
20	Butler	1
21	Clinton	1
22	Cumberland	1
23	Franklin	1
24	Lackawanna	1
25	Mercer	1
26	Wyoming	1
27	York	1

Counties not listed received no calls.



Pennsylvania Fiscal Year (PFY16-17)

	July	August	September	October	November	December	January	February	March	April	May	June	Totals
Intakes	95	123	113	92	97	99	126						745
Hang-ups	273	269	253	211	180	168	202						1556
***Casino (Info)**	402	404	381	319	346	365	336						2553
***Lottery (Info)**	357	284	416	344	252	244	233						2130
Wrong#	79	60	66	91	68	68	75						507
Other	26	26	28	24	32	28	32						196
Totals	1232	1166	1257	1081	975	972	1004						7687

**denotes calls about non-compulsive gambling related topics - info seeking only*

Additional Helpline Details - 2016

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Suicide		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Present	1												1
	No	124												124
	Past	1												1

National studies have shown remarkably high rates of suicide ideation and attempt rates by problem gamblers - inquiring about a callers' current state is always a priority. In January 2017, it was determined that one caller presented a risk of harm to themself or others.

Callers Subject		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Family	10												10
	Friend	4												4
	Self	99												99
	Spouse	11												11
	Unwilling/Other	2												2

Callers Subject represents the person *who* the caller was seeking help for. Typically, the caller is the one experiencing the issue. However, there are several instances of friends and/or family members who call seeking assistance.

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Caller's Gender		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Female	47												47
	Male	79												79
	Unwilling	0												0

On average in 2016, the percentage ratio of female to male callers/subjects was 36% to 64%. 2017 shows that approximately 37% of helpline calls are regarding female gamblers.

Ethnicity of Caller		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	African American	14												14
	Asian American	3												3
	Caucasian	103												103
	Hispanic	3												3
	Other	0												0
	Unwilling	3												3

While studies have shown that Caucasian males gamble the most overall, it has been found that African-American males gamble most frequently and, unfortunately, develop problems at a very high rate. This disorder can impact people of all backgrounds, yet for some cultures, outreach for help is very limited.

Language Line		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Callers passed along	0												0

The Helpline utilizes a Language Line service which quickly connects callers to assistance in over 60 available languages. There were no language line service requests for January 2017.

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Precipitating Event		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Financial Problems	92												92
	Marital Problems	26												26
	Family Problems	18												18
	Job Problems	4												4
	Mental Health Problems	3												3
	Physical Health Problems	0												0
	Legal Problems	2												2
	Other Problems	26												26

Precipitating events represent primary issues that prompted the caller to contact the Helpline. Callers may answer 'yes' to more than one of the listed categories.

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Most Problematic Gambling		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	*Casino - Table Games	18												18
	Slots	46												46
	**Unspecified Casino	13												13
	Internet	5												5
	Lottery/Scratch-offs	18												18
	Races	1												1
	***Cards/Dice/etc. – NonCasino	2												2
	****Sports	4												4
	*****Poker/Video Poker	2												2
	Unasked/Unwilling/Other	17												17

Most Problematic Gambling reflects the gambling activity that the caller/subject has the most difficult time controlling.
*Casino-Table Games – all casino table games excluding Poker
**Unspecified Casino – caller indicated that 'casino gambling' is the most problematic activity, but did not specify which games
***Cards/Dice/etc. – NonCasino – Any unregulated card game, dice game or other type of game
****Sports – unspecified sports, football, basketball, fantasy sports, etc.
*****Poker/Video Poker – Casino Poker games (live and video)

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Age Group of Gambler's		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	13 – 17	0												0
	18 – 24	9												9
	25 – 34	22												22
	35 – 44	23												23
	45 – 54	16												16
	55 - 64	18												18
	65+	13												13
	Unknown/Unwilling	25												25

The largest amount of calls in January 2017 (18%) came from the 35-44 age group, followed by the 25-34 year old age group (17%).

Other Problems Identified		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**TOTAL**
	Alcoholism	7												7
	Drug Abuse	8												8
	Depression	20												20
	Eating Disorder	3												3
	Overspending	8												8
	Sexual Addiction	2												2

Co-occurring disorders often occur with problem gamblers. Gathering this information is vital in determining treatment paths. Callers may answer 'yes' to more than one category.

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Marital Status		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Cohabitating	4												4
	Divorced	4												4
	Married	41												41
	Separated	5												5
	Single	38												38
	Unasked/unwilling	30												30
	Widowed	4												4

How Caller Heard of Helpline		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	Billboard	7												7
	Brochure	6												6
	Casino / Casino Card	39												39
	PGCB / Council	0												0
	Crisis Line / Therapy	4												4
	Family / Friend	2												2
	Internet	33												33
	Lottery	12												12
	Newspaper	1												1
	Other	2												2
	Phonebook / Operator	0												0
	TV	2												2
	Radio	3												3
	Unwilling	15												15

Promotion of the Helpline service as a resource for those suffering from gambling problems is vital. By advertising the number at gambling establishments and on gambling materials, it is made clear that help is available.

Pennsylvania Helpline for Compulsive Gamblers

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
Number Called		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	800-848-1880	20												20
	800-GAMBLER	57												57
	877-565-2112	12												12
	National Helpline	27												27
	Other/Unknown	10												10
	***(Lottery Prompt)*	0												0

Suggested Referrals		**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**Calls**	**CALLS**
	CCCS	6												6
	GA	89												89
	Gam Anon	25												25
	Helpline Materials	24												24
	Internet Resources	69												69
	PA Council / PGCB	1												1
	Refused/Unable to Give/Other	24												24
	Self Exclusion	40												40
	Treatment	80												80

Intake calls often result in the dissemination of referrals – most often these are in the form of treatment options or Gamblers Anonymous meetings.

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTALS
Chat/Text Requests														
	Chat Requests	4												4
	Text Requests	0												0

In November 2015, the Council on Compulsive Gambling implemented a 'chatline' and 'text for help' option into the existing Helpline Services. Like the Helpline, the chatline and text options are available 24/7 and provide an additional level of anonymity for those who may not be ready to physically verbalize the issues they are experiencing. Since the program began, we have seen continued use of these services and are pleased to offer another available resource for individuals seeking assistance.