ID Code HXM-5

Form S

Male_____ Female_____

Age _____

How Accurately Can You Describe Yourself? An Inventory for Candid Descriptions

On the following pages you will find some adjectives -- common ones that are used primarily for the purpose of describing basic psychological traits. These terms can be used to describe others, or to describe oneself.

Please use this list to describe yourself, and do so as accurately as possible. Describe yourself as you generally are now, not as you wish to be in the future. Describe yourself as you honestly see yourself, in relation to other persons you know of the same sex as you are, and who are roughly your same age. So that you can describe yourself in a completely honest manner, your responses will be kept in absolute confidence, and no one will be permitted to see your self-description.

Beside each term, write a number indicating how accurately that term describes you, using the following rating scale:

Write if the term is:

1.....Extremely inaccurate as a self-description

2.....Very inaccurate as a self-description

3.....Moderately inaccurate as a self-description

4.....Slightly inaccurate as a self-description

5.....Uncertain, or the meaning of the term is unclear

6 .....Slightly accurate as a self-description

7 .....Moderately accurate as self-description

8 .....Very accurate as a self-description

9 .....Extremely accurate as a self-description

Identification Code: HXM-S

H-S

INACCURATE					ACCURATE			
Extremely	Very	Moderately	Slightly	?	Slightly	Moderately	Very	Extremely
1	2	3	4	5	6	7	8	9

_____ Active	_____ Eloquent	_____ Moody	_____ Stiff
_____ Affectionate	_____ Envious	_____ Narrow-minded	_____ Stubborn
_____ Alert	_____ Erratic	_____ Neat	_____ Sympathetic
_____ Animated	_____ Evasive	_____ Nonconforming	_____ Tactless
_____ Assertive	_____ Exhaustible	_____ Obstinate	_____ Temperamental
_____ Biased	_____ Extraverted	_____ Optimistic	_____ Thorough
_____ Bold	_____ Fearful	_____ Outstanding	_____ Tired
_____ Bright	_____ Finicky	_____ Overrelaxed	_____ Traditional
_____ Callous	_____ Forceful	_____ Particular	_____ Unadventurous
_____ Careless	_____ Fretful	_____ Passionless	_____ Unbigoted
_____ Chatty	_____ Generous	_____ Philosophical	_____ Uncompromising
_____ Clear-headed	_____ Guilt-free	_____ Pleasure-loving	_____ Uncouth
_____ Coarse	_____ Haphazard	_____ Possessive	_____ Undeceptive
_____ Compassionate	_____ Headstrong	_____ Prejudiced	_____ Understanding
_____ Compulsive	_____ High-strung	_____ Progressive	_____ Unemotional
_____ Conscientious	_____ Humorless	_____ Purposeful	_____ Unextravagant
_____ Consistent	_____ Imaginative	_____ Reasonable	_____ Unimaginative
_____ Cooperative	_____ Imperturbable	_____ Relaxed	_____ Unintelligent
_____ Courteous	_____ Impractical	_____ Reserved	_____ Unorthodox
_____ Crafty	_____ Inarticulate	_____ Rough	_____ Unprogressive
_____ Cranky	_____ Indefatigable	_____ Run-down	_____ Unsensual
_____ Cruel	_____ Inhibited	_____ Secure	_____ Unstable
_____ Cultured	_____ Insecure	_____ Self-indulgent	_____ Untalkative
_____ Curt	_____ Introspective	_____ Self-sufficient	_____ Unvarying
_____ Deceptive	_____ Irreverent	_____ Sensual	_____ Unyielding
_____ Depraved	_____ Juvenile	_____ Shallow	_____ Vicious
_____ Diplomatic	_____ Leisurely	_____ Silent	_____ Vulnerable
_____ Distrustful	_____ Lenient	_____ Sloppy	_____ Well-adjusted
_____ Dramatic	_____ Lustful	_____ Smooth	_____ Wise
_____ Easy-going	_____ Materialistic	_____ Soft-spoken	_____ Witty

Identification Code: HXM-5 M-S

INACCURATE					ACCURATE			
Extremely	Very	Moderately	Slightly	?	Slightly	Moderately	Very	Extremely
1	2	3	4	5	6	7	8	9

_____ Adaptable	_____ Equalitarian	_____ Mature	_____ Sophisticated
_____ Aggressive	_____ Ethical	_____ Moral	_____ Strait-laced
_____ Ambitious	_____ Exacting	_____ Nationalistic	_____ Systematic
_____ Anxious	_____ Excitable	_____ Negligent	_____ Talkative
_____ Attractive	_____ Fatigueless	_____ Nonreligious	_____ Tender-minded
_____ Bigoted	_____ Feminine	_____ Old-fashioned	_____ Thrifty
_____ Brave	_____ Flawless	_____ Organized	_____ Touchy
_____ Bullheaded	_____ Formal	_____ Overpatient	_____ Trustful
_____ Calm	_____ Frugal	_____ Oversentimental	_____ Unattractive
_____ Casual	_____ Glum	_____ Partisan	_____ Unchanging
_____ Cheerful	_____ Gullible	_____ Passionate	_____ Unconventional
_____ Cliquish	_____ Hardened	_____ Pious	_____ Uncreative
_____ Cold	_____ Helpful	_____ Poised	_____ Undemanding
_____ Competitive	_____ Homespun	_____ Practical	_____ Undevout
_____ Confident	_____ Honest	_____ Prejudiceless	_____ Unenvious
_____ Conservative	_____ Ignorant	_____ Prompt	_____ Unfluctuating
_____ Contented	_____ Immature	_____ Quiet	_____ Uninquisitive
_____ Cosmopolitan	_____ Impious	_____ Rebellious	_____ Unkind
_____ Cowardly	_____ Impressive	_____ Reliable	_____ Unpartisan
_____ Creative	_____ Inconsiderate	_____ Reverent	_____ Unreflective
_____ Crude	_____ Independent	_____ Rude	_____ Unsexual
_____ Cunning	_____ Inefficient	_____ Ruthless	_____ Unsympathetic
_____ Daring	_____ Innovative	_____ Sedate	_____ Unthrifty
_____ Deep	_____ Insincere	_____ Self-controlled	_____ Unwillful
_____ Devout	_____ Introverted	_____ Selfish	_____ Verbal
_____ Discriminating	_____ Irritable	_____ Sentimental	_____ Vigorous
_____ Down-to-earth	_____ Kind	_____ Short-sighted	_____ Warm
_____ Dull	_____ Lazy	_____ Simple	_____ Wicked
_____ Economizing	_____ Liberal	_____ Slick	_____ Wishy-washy
_____ Emotional	_____ Manipulative	_____ Soft	_____ Wordy

Identification Code: HXM-5 X-S

INACCURATE					ACCURATE			
Extremely	Very	Moderately	Slightly	?	Slightly	Moderately	Very	Extremely
1	2	3	4	5	6	7	8	9

_____ Adventurous	_____ Erotic	_____ Moralistic	_____ Strong-willed
_____ Agreeable	_____ Ethnocentric	_____ Natural	_____ Surly
_____ Amorous	_____ Excellent	_____ Nervous	_____ Tactful
_____ Artistic	_____ Extravagant	_____ Obedient	_____ Tasteful
_____ Bashful	_____ Faultfinding	_____ Opportunistic	_____ Theatrical
_____ Boisterous	_____ Firm	_____ Outspoken	_____ Timid
_____ Broad-minded	_____ Folksy	_____ Overcasual	_____ Tough
_____ Burned-out	_____ Free-living	_____ Overtolerant	_____ Unadaptable
_____ Careful	_____ Fussy	_____ Patriotic	_____ Unbiased
_____ Changeable	_____ Greedy	_____ Perfectionistic	_____ Uncharitable
_____ Choosy	_____ Half-hearted	_____ Pleasant	_____ Uncooperative
_____ Closed-minded	_____ Harsh	_____ Polite	_____ Uncritical
_____ Combative	_____ Helpless	_____ Predictable	_____ Undependable
_____ Complex	_____ Humorous	_____ Principled	_____ Undiscriminating
_____ Conforming	_____ Hypocritical	_____ Prudish	_____ Unexcitable
_____ Considerate	_____ Imperceptive	_____ Rambunctious	_____ Unfrugal
_____ Conventional	_____ Impolite	_____ Refined	_____ Unintellectual
_____ Courageous	_____ Impulsive	_____ Religious	_____ Unmoralizing
_____ Coy	_____ Inconsistent	_____ Risqué	_____ Unpredictable
_____ Critical	_____ Individualistic	_____ Rugged	_____ Unrestrained
_____ Cultivated	_____ Informal	_____ Scheming	_____ Unsophisticated
_____ Curious	_____ Inquisitive	_____ Self-actualized	_____ Unsystematic
_____ Deceitful	_____ Intellectual	_____ Self-pitying	_____ Untiring
_____ Demanding	_____ Iron-hearted	_____ Sensitive	_____ Unworldly
_____ Dignified	_____ Jealous	_____ Sexy	_____ Versatile
_____ Disorganized	_____ Laid-back	_____ Shy	_____ Vocal
_____ Dominant	_____ Lavish	_____ Sleepy	_____ Weariless
_____ Earthy	_____ Low-key	_____ Sly	_____ Willful
_____ Efficient	_____ Masculine	_____ Soft-hearted	_____ Withdrawn
_____ Energetic	_____ Miserly	_____ Steady	_____ Worldly