PARTICIPANT DEBRIEFING FORM

Principal Investigators: Dr. Ladislav Timulak & Dr. Daragh Keogh

Dear Participant,

We would like to thank you for your valuable contribution to this research study. Your participation is greatly appreciated and will directly contribute to our greater understanding of Emotion-Focused Therapy as a transdiagnostic treatment for depression, anxiety and related disorders.

Nonetheless your participation remains entirely voluntary, and you are free to withdraw your consent for your information to be used in this study. This is possible up until the point in time when your (anonymised) data is pooled with data from other participants and analysed for reports or publications. The timing of this will vary from participant to participant, depending upon when you take part in the study, but will be approximately 6 months after you finish therapy. After this you can request that your data be removed from any further studies where analysis has not yet been completed. A member of the research team can discuss this with you if you have any questions.

If for any reason, the experience of taking part in this research has caused you any distress please feel free to contact either of the principal investigators.

You can also make direct contact with your therapist on the contact number he or she will have provided you. If for any reason you cannot make direct contact with your therapist, we encourage you to contact your GP.

Thank you again for your generous participation.

Yours sincerely,

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Ladislav Timulak, Ph.D.
Principal Investigator
Course Director, Doctorate in Counselling Psychology
School of Psychology, Áras an Phiarsaigh, Trinity College, Dublin 2
E-mail: timulakl@tcd.ie
Tel. 01 8961489

Daragh Keogh, D.Couns.Psych.
Post-Doctoral Research Fellow
School of Psychology, Áras an Phiarsaigh, Trinity College, Dublin 2
E-mail: keoghde@tcd.ie
Tel. 01 8963911