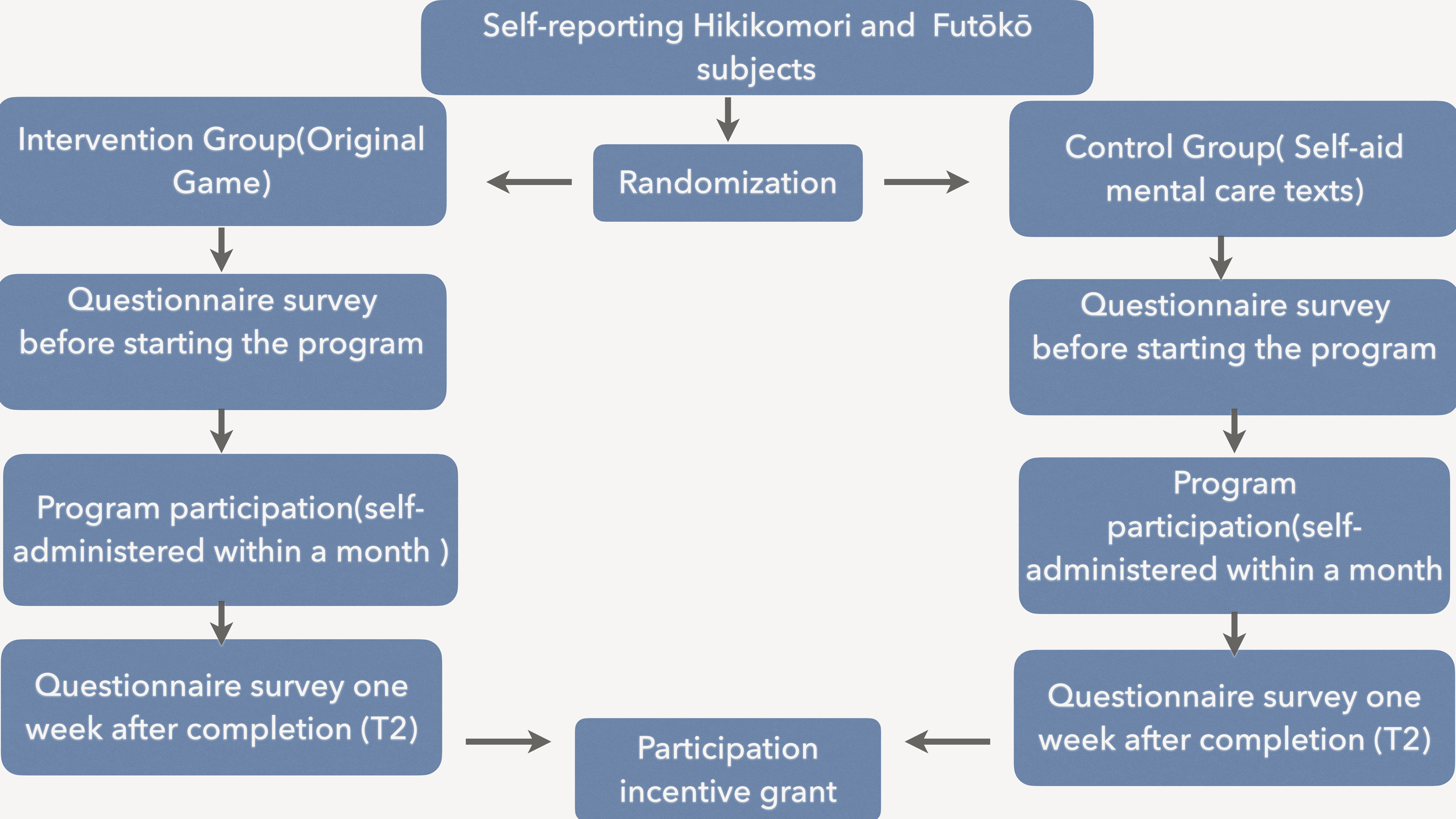
Self-reporting Hikikomori and Futōkō subjects
Randomization
Intervention Group(Original Game)
Control Group(Self-aid mental care texts)
Questionnaire survey before starting the program
Questionnaire survey before starting the program
Program participation(self-administered within a month)
Program participation(self-administered within a month
Questionnaire survey one week after completion (T2)
Questionnaire survey one week after completion (T2)
Participation incentive grant