Personal Reactions Survey

Personality Characteristics

Please read each of the following statements and decide how much you agree or disagree with it, using the following scale.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral (Neither Agree nor Disagree)	Agree	Strongly Agree

If I want something from a person I dislike, I will act very nicely toward that person in order to get it.	1 2 3 4 5
I would feel afraid if I had to travel in bad weather conditions.	1 2 3 4 5
My style of speaking is often quite dramatic.	1 2 3 4 5
I rarely hold a grudge, even against people who have badly wronged me.	1 2 3 4 5
I like to keep all my belongings stored in their proper place.	1 2 3 4 5
I would be quite bored by a visit to an art gallery.	1 2 3 4 5
If I knew that I could never get caught, I would be willing to steal a million dollars.	1 2 3 4 5
I sometimes can't help worrying about little things.	1 2 3 4 5
I feel comfortable when introducing myself to strangers.	1 2 3 4 5
I rarely, if ever, make critical remarks about others.	1 2 3 4 5
When working, I often set ambitious goals for myself.	1 2 3 4 5
I'm interested in learning about the history and politics of other countries.	1 2 3 4 5
Having a high level of social status is not very important to me.	1 2 3 4 5
I rely a great deal on other people when I feel depressed.	1 2 3 4 5
I enjoy chatting with people, even when there's nothing important to discuss.	1 2 3 4 5
People sometimes tell me that I'm too stubborn.	1 2 3 4 5
I often check my work over repeatedly to find any mistakes.	1 2 3 4 5
I prefer doing things the way I've always done them, rather than waste time looking for a new way.	1 2 3 4 5
I deserve more influence and authority than most other people do.	1 2 3 4 5
I feel like crying when I see other people crying.	1 2 3 4 5
I tend to have less energy than most other people do.	1 2 3 4 5

① Strongly Disagree	② Disagree	③ Neutral (Neither Agree nor Disagree)	④ Agree	⑤ Strongly Agree

It doesn't take much to make me angry.	① ② ③ ④ ⑤
People say that I am good at controlling my impulses.	① ② ③ ④ ⑤
I like hearing about opinions that are very different from those of most people.	① ② ③ ④ ⑤
I don't see anything wrong with using flattery to get ahead in life.	① ② ③ ④ ⑤
Where physical pain is involved, I'm a very tough person.	① ② ③ ④ ⑤
I tend to speak very excitedly.	① ② ③ ④ ⑤
If someone who has been unkind to me starts being nice, I remain suspicious of that person for a long time.	① ② ③ ④ ⑤
I clean my office or home quite frequently.	① ② ③ ④ ⑤
I tend to appreciate the beauty of nature more than most people do.	① ② ③ ④ ⑤
I wouldn't cheat a person even if he or she was a real "sucker".	① ② ③ ④ ⑤
I often find myself lying awake in bed and worrying about something.	① ② ③ ④ ⑤
I rarely express my opinions in group meetings.	① ② ③ ④ ⑤
I am a gentle and mild person.	① ② ③ ④ ⑤
I often push myself very hard when trying to achieve a goal.	① ② ③ ④ ⑤
I find TV nature programs to be very boring.	① ② ③ ④ ⑤
Having a lot of money is not especially important to me.	① ② ③ ④ ⑤
Without the emotional support of other people, I sometimes feel helpless.	① ② ③ ④ ⑤
I avoid making "small talk" with people.	① ② ③ ④ ⑤
I often cooperate with other people even when I think their plans don't make sense.	① ② ③ ④ ⑤
When working on something, I don't pay much attention to small details.	① ② ③ ④ ⑤
I would like a job that requires following a routine rather than being creative.	① ② ③ ④ ⑤
I am an ordinary person who is no better than others.	① ② ③ ④ ⑤
When someone I know well is unhappy, I can almost feel that person's pain myself.	① ② ③ ④ ⑤
I am energetic nearly all the time.	① ② ③ ④ ⑤
People think of me as someone who has a quick temper.	① ② ③ ④ ⑤
I make decisions based on the feeling of the moment rather than on careful thought.	① ② ③ ④ ⑤
I think that paying attention to radical ideas is a waste of time.	① ② ③ ④ ⑤
I sometimes try to make people feel guilty so that they will do what I want.	① ② ③ ④ ⑤

① Strongly Disagree	② Disagree	③ Neutral (Neither Agree nor Disagree)	④ Agree	⑤ Strongly Agree

It doesn’t bother me to get some bumps and bruises.	① ② ③ ④ ⑤
People think of me as a very expressive person.	① ② ③ ④ ⑤
My attitude toward people who have treated me badly is "forgive and forget".	① ② ③ ④ ⑤
I plan ahead and organize things, to avoid scrambling at the last minute.	① ② ③ ④ ⑤
I wouldn't spend my time reading a book of poetry.	① ② ③ ④ ⑤
I wouldn't feel bad about deceiving people who allow themselves to be deceived.	① ② ③ ④ ⑤
If I were a parent, I would probably tend to worry a lot about my children.	① ② ③ ④ ⑤
In social situations, I'm usually the one who makes the first move.	① ② ③ ④ ⑤
People sometimes say that I'm a person who "wouldn't hurt a fly".	① ② ③ ④ ⑤
I often achieve things by trying harder than other people do.	① ② ③ ④ ⑤
I enjoy looking at maps of different places.	① ② ③ ④ ⑤
I prefer to have high-status, successful people as my friends.	① ② ③ ④ ⑤
When I suffer from a painful experience, I need someone to make me feel comfortable.	① ② ③ ④ ⑤
I enjoy having lots of people around to talk with.	① ② ③ ④ ⑤
Some people have complained that I always want to have things my own way.	① ② ③ ④ ⑤
I always try to be accurate in my work, even at the expense of time.	① ② ③ ④ ⑤
I think I could develop some good ideas for television commercials.	① ② ③ ④ ⑤
I wouldn’t want people to treat me as though I were superior to them.	① ② ③ ④ ⑤
I feel strong emotions when someone close to me is going away for a long time.	① ② ③ ④ ⑤
On most days, I feel cheerful and optimistic.	① ② ③ ④ ⑤
I rarely feel anger, even when people treat me quite badly.	① ② ③ ④ ⑤
I make a lot of mistakes because I don't think before I act.	① ② ③ ④ ⑤
People sometimes describe me as unconventional.	① ② ③ ④ ⑤
I wouldn't use flattery to get a raise or promotion at work, even if I thought it would succeed.	① ② ③ ④ ⑤
I don’t mind doing jobs that involve dangerous work.	① ② ③ ④ ⑤
I tend to talk in an even, quiet voice.	① ② ③ ④ ⑤
I can forgive things that would cause most people to remain bitter for a long time.	① ② ③ ④ ⑤
I could let my room get very messy before I would clean it.	① ② ③ ④ ⑤
If I had the opportunity, I would like to attend a classical music concert.	① ② ③ ④ ⑤

① Strongly Disagree	② Disagree	③ Neutral (Neither Agree nor Disagree)	④ Agree	⑤ Strongly Agree

I would be tempted to buy stolen property if I were financially tight.	① ② ③ ④ ⑤
I worry a lot less than most people do.	① ② ③ ④ ⑤
When I'm in a group of people, I'm often the one who speaks on behalf of the group.	① ② ③ ④ ⑤
People sometimes tell me that I am too critical of others.	① ② ③ ④ ⑤
People sometimes call me a "workaholic".	① ② ③ ④ ⑤
I know the capital cities of many countries.	① ② ③ ④ ⑤
I would like to live in a very expensive, high-class neighborhood.	① ② ③ ④ ⑤
I can "tough it out" on my own through any kind of personal hardship.	① ② ③ ④ ⑤
When travelling, I prefer to sit by myself rather than with other people.	① ② ③ ④ ⑤
When I know what I want, I won't agree to anything less.	① ② ③ ④ ⑤
People often call me a perfectionist.	① ② ③ ④ ⑤
I would like the job of drawing a comic strip or an editorial cartoon.	① ② ③ ④ ⑤
I am special and superior in many ways.	① ② ③ ④ ⑤
I don't understand why some people get so emotional at weddings.	① ② ③ ④ ⑤
People often tell me that I should try to cheer up.	① ② ③ ④ ⑤
Most people tend to get angry more quickly than I do.	① ② ③ ④ ⑤
I don’t allow my impulses to govern my behavior.	① ② ③ ④ ⑤
I would avoid hanging around with people who have unusual opinions.	① ② ③ ④ ⑤
If I want something from someone, I will laugh at that person's worst jokes.	① ② ③ ④ ⑤
People say that I am a fearless person.	① ② ③ ④ ⑤
My style of conversation is very low-key.	① ② ③ ④ ⑤
I can still be friends with someone who has treated me badly in the past.	① ② ③ ④ ⑤
When I am finished using an object, I put it back in its place right away.	① ② ③ ④ ⑤
I don't really enjoy looking at sculptures.	① ② ③ ④ ⑤
I would still pay my taxes even if I would not get caught for avoiding them.	① ② ③ ④ ⑤
Sometimes I feel nervous without really knowing why.	① ② ③ ④ ⑤
In a large group discussion, I would only make comments if someone asked me directly.	① ② ③ ④ ⑤
I generally accept people’s faults without complaining about them.	① ② ③ ④ ⑤
Often when I set a goal, I end up quitting without having reached it.	① ② ③ ④ ⑤

① Strongly Disagree	② Disagree	③ Neutral (Neither Agree nor Disagree)	④ Agree	⑤ Strongly Agree

I would like to visit the ruins of ancient civilizations.	① ② ③ ④ ⑤
I would like to be seen driving around in a very expensive car.	① ② ③ ④ ⑤
When I have a problem, I like to get advice from others.	① ② ③ ④ ⑤
I prefer jobs that involve active social interaction to those that involve working alone.	① ② ③ ④ ⑤
I am usually quite flexible in my opinions when people disagree with me.	① ② ③ ④ ⑤
I don't like to spend time perfecting work that is already good enough.	① ② ③ ④ ⑤
I have often solved problems by using new ideas that other people had not imagined.	① ② ③ ④ ⑤
Sometimes I feel that laws should not apply to someone like me.	① ② ③ ④ ⑤
When someone close to me is concerned about something, I feel concerned, too.	① ② ③ ④ ⑤
People have described me as a very lively or spirited person.	① ② ③ ④ ⑤
Some people say that they have never seen me angry.	① ② ③ ④ ⑤
I think carefully before doing anything that might be unsafe or unhealthy.	① ② ③ ④ ⑤
I like people who have unconventional views.	① ② ③ ④ ⑤
I wouldn't pretend to like someone just to get that person to do favors for me.	① ② ③ ④ ⑤
I would avoid any sport that involves a high risk of physical injury.	① ② ③ ④ ⑤
People think of me as someone who doesn’t get very excited.	① ② ③ ④ ⑤
I can get along with someone even if that person has betrayed my trust.	① ② ③ ④ ⑤
People often joke with me about the messiness of my room or desk.	① ② ③ ④ ⑤
Attending a play is not something that I would enjoy.	① ② ③ ④ ⑤
I would never accept a bribe, even if it were very large.	① ② ③ ④ ⑤
I rarely, if ever, have trouble sleeping due to stress or anxiety.	① ② ③ ④ ⑤
I can handle embarrassing social situations better than most people can.	① ② ③ ④ ⑤
I tend to be lenient in judging other people.	① ② ③ ④ ⑤
I do only the minimum amount of work needed to get by.	① ② ③ ④ ⑤
I would be very bored by a book about the history of science and technology.	① ② ③ ④ ⑤
I would enjoy being a member of a fancy, high-class casino.	① ② ③ ④ ⑤
I can handle difficult situations without needing emotional support from anyone else.	① ② ③ ④ ⑤
The first thing that I always do in a new place is to make friends.	① ② ③ ④ ⑤
I can get a bit defensive when people try to change my mind about an issue.	① ② ③ ④ ⑤

① Strongly Disagree	② Disagree	③ Neutral (Neither Agree nor Disagree)	④ Agree	⑤ Strongly Agree

I don't mind if my writing has some errors in spelling or punctuation.	① ② ③ ④ ⑤
I would enjoy creating a work of art, such as a novel, a song, or a painting.	① ② ③ ④ ⑤
I think that I am entitled to more respect than the average person is.	① ② ③ ④ ⑤
People sometimes say that I am not sensitive to others' feelings.	① ② ③ ④ ⑤
I tend to look on the bright side of a situation more than other people do.	① ② ③ ④ ⑤
I find it hard to keep my temper when people insult me.	① ② ③ ④ ⑤
I usually stop myself before doing anything that I might later regret.	① ② ③ ④ ⑤
I think of myself as a somewhat eccentric person.	① ② ③ ④ ⑤
If I want something from someone, I ask for it directly instead of manipulating them into giving it.	① ② ③ ④ ⑤
When it comes to physical danger, I am very fearful.	① ② ③ ④ ⑤
When telling a story, I don't try to make it very dramatic.	① ② ③ ④ ⑤
If someone has cheated me once, I will always feel suspicious of that person.	① ② ③ ④ ⑤
I am not good at getting my files or desk drawers organized.	① ② ③ ④ ⑤
Sometimes I like to just watch the wind as it blows through the trees.	① ② ③ ④ ⑤
I would like to know how to smuggle things into the country.	① ② ③ ④ ⑤
I tend to remain calm even when other people get stressed out.	① ② ③ ④ ⑤
I feel confident when leading a group of people.	① ② ③ ④ ⑤
Even when people make a lot of mistakes, I rarely say anything negative.	① ② ③ ④ ⑤
I tend to give up on a task if it seems very difficult.	① ② ③ ④ ⑤
I like to keep up with news about scientific discoveries.	① ② ③ ④ ⑤
I would get a lot of pleasure from owning expensive luxury goods.	① ② ③ ④ ⑤
Whenever I feel worried about something, I want to share my concern with another person.	① ② ③ ④ ⑤
I don't especially enjoy going to parties.	① ② ③ ④ ⑤
When people tell me that I'm wrong, my first reaction is to argue with them.	① ② ③ ④ ⑤
When calculating numbers, I check carefully to make sure there are no mistakes.	① ② ③ ④ ⑤
People have often told me that I have a good imagination.	① ② ③ ④ ⑤
Some people would say that I have an over-inflated ego.	① ② ③ ④ ⑤
I remain unemotional even in situations where most people get very sentimental.	① ② ③ ④ ⑤

① Strongly Disagree	② Disagree	③ Neutral (Neither Agree nor Disagree)	④ Agree	⑤ Strongly Agree

Most people are more upbeat and dynamic than I generally am.	① ② ③ ④ ⑤
I react very angrily if I find that someone is trying to cheat me.	① ② ③ ④ ⑤
Sometimes I do things on impulse that turn out later to be unwise.	① ② ③ ④ ⑤
Most people would consider some of my beliefs to be quite strange.	① ② ③ ④ ⑤
I often get people to do favors for me by making them feel that they owe me.	① ② ③ ④ ⑤
Even in an emergency I wouldn't feel like panicking.	① ② ③ ④ ⑤
In conversations I usually do more talking than other people do.	① ② ③ ④ ⑤
I find it hard to fully forgive someone who has done something mean to me.	① ② ③ ④ ⑤
When working, I sometimes have difficulties due to being disorganized.	① ② ③ ④ ⑤
I can spend a long time studying a painting that I like.	① ② ③ ④ ⑤
I'd be tempted to use counterfeit money, if I were sure I could get away with it.	① ② ③ ④ ⑤
I get very anxious when waiting to hear about an important decision.	① ② ③ ④ ⑤
I tend to feel quite self-conscious when speaking in front of a group of people.	① ② ③ ④ ⑤
I tend to be judgmental of people who do stupid things.	① ② ③ ④ ⑤
I tend to procrastinate a lot before really getting to work on a project.	① ② ③ ④ ⑤
I've never really enjoyed looking through an encyclopedia.	① ② ③ ④ ⑤
If there is some chance of improving my social status, I take big risks.	① ② ③ ④ ⑤
I rarely discuss my problems with other people.	① ② ③ ④ ⑤
I enjoy flirting.	① ② ③ ④ ⑤
I find it hard to compromise with people when I really think I'm right.	① ② ③ ④ ⑤
Even when writing a personal letter, I read it over to make sure there are no errors.	① ② ③ ④ ⑤
I don't think of myself as the artistic or creative type.	① ② ③ ④ ⑤
I want people to know that I am an important person of high status.	① ② ③ ④ ⑤
I sometimes get quite sentimental when thinking about people and places I used to know.	① ② ③ ④ ⑤
I rarely feel much enthusiasm about things.	① ② ③ ④ ⑤
People can approach me without having to worry about the mood I'm in.	① ② ③ ④ ⑤
I prefer to do whatever comes to mind, rather than stick to a plan.	① ② ③ ④ ⑤
I find it boring to discuss philosophy.	① ② ③ ④ ⑤

Leisure Preferences

Listed below are four different kinds of leisure pastimes and the various styles within each. Please indicate the extent to which you like each of them. If you haven't heard of one, leave it blank.

1	2	3	4	5	6	7
Dislike Strongly	Dislike Moderately	Dislike a Little	Neither like nor dislike	Like a Little	Like Moderately	Like Strongly

MUSIC

Alternative	Gospel	Pop	
Bluegrass	Heavy metal	Punk	
Blues	International/ foreign	Rap/hip-hop	
Classical	Jazz	Religious	
Country	New age	Rock	
Dance/electronica	Oldies	Soul/R&B	
Folk	Opera	Soundtracks/ theme songs	
Funk			

BOOKS AND MAGAZINES

Academic	Games/puzzles	Photography	
Action	Health	Poetry	
Adventure	History	Psychology	
Africana	Home and garden	Reference	
Architecture	Horror	Religion	
Art	Medical books	Romance	
Biographies	Mind and spirit	Science and nature	
Business	Mystery	Sci-fi and fantasy	
Computers	News/ current events	Sports	
Cooking	Nonfiction	Thrillers and espionage	
Entertainment	Philosophy	Travel	
Erotica			
Fiction and literature			

1 Dislike Strongly	2 Dislike Moderately	3 Dislike a Little	4 Neither like nor dislike	5 Like a Little	6 Like Moderately	7 Like Strongly

MOVIES

Action	1 2 3 4 5 6 7	Drama	1 2 3 4 5 6 7	Musical	1 2 3 4 5 6 7
Animation	1 2 3 4 5 6 7	Erotic	1 2 3 4 5 6 7	Romance	1 2 3 4 5 6 7
Classics	1 2 3 4 5 6 7	Foreign	1 2 3 4 5 6 7	Science fiction	1 2 3 4 5 6 7
Comedy	1 2 3 4 5 6 7	General/child audience	1 2 3 4 5 6 7	Suspense	1 2 3 4 5 6 7
Cult	1 2 3 4 5 6 7	Horror	1 2 3 4 5 6 7	War	1 2 3 4 5 6 7
Documentary	1 2 3 4 5 6 7	Independent	1 2 3 4 5 6 7	Western	1 2 3 4 5 6 7

TELEVISION PROGRAMS

Action adventure	1 2 3 4 5 6 7	Home improvement	1 2 3 4 5 6 7	Real-life mysteries	1 2 3 4 5 6 7
Animation	1 2 3 4 5 6 7	Health	1 2 3 4 5 6 7	Reality television	1 2 3 4 5 6 7
Arts and humanities	1 2 3 4 5 6 7	Horror	1 2 3 4 5 6 7	Recreation and sports	1 2 3 4 5 6 7
Business and economy	1 2 3 4 5 6 7	Late night talk shows	1 2 3 4 5 6 7	Science	1 2 3 4 5 6 7
Children	1 2 3 4 5 6 7	Lawyer shows	1 2 3 4 5 6 7	Sci-fi and fantasy	1 2 3 4 5 6 7
Comedies	1 2 3 4 5 6 7	Medical shows	1 2 3 4 5 6 7	Sketch comedy	1 2 3 4 5 6 7
Cop shows	1 2 3 4 5 6 7	Movie coverage	1 2 3 4 5 6 7	Soap operas	1 2 3 4 5 6 7
Day time talk shows	1 2 3 4 5 6 7	Made for TV movies	1 2 3 4 5 6 7	Society and culture	1 2 3 4 5 6 7
Dramas	1 2 3 4 5 6 7	Music television	1 2 3 4 5 6 7	Spy shows	1 2 3 4 5 6 7
Educational	1 2 3 4 5 6 7	Mystery	1 2 3 4 5 6 7	Variety shows	1 2 3 4 5 6 7
Game shows	1 2 3 4 5 6 7	News/ current events	1 2 3 4 5 6 7	Western	1 2 3 4 5 6 7
		Public access	1 2 3 4 5 6 7		

Personal Reactions

Here are some ways people act and react to events and situations in their lives. For each statement, please use the following scale to give your best estimate of how well it describes you.

① Strong Disagreement	② Disagreement	③ Agreement	④ Strong Agreement

I feel pretty worried or upset when I think or know somebody is angry at me. ..... ① ② ③ ④

It would excite me to win a contest. ..... ① ② ③ ④

When I want something, I usually go all-out to get it. ..... ① ② ③ ④

I often act on the spur of the moment. ..... ① ② ③ ④

I feel worried when I think that I have done poorly at something. ..... ① ② ③ ④

I go out of my way to get things I want. ..... ① ② ③ ④

When I'm doing well at something, I love to keep at it. ..... ① ② ③ ④

I worry about making mistakes. ..... ① ② ③ ④

I crave excitement and new sensations. ..... ① ② ③ ④

When I go after something, I use a "no holds barred" approach. ..... ① ② ③ ④

If I think something unpleasant is going to happen, I usually get pretty "worked up." ① ② ③ ④

I'm always willing to try something new if I think it will be fun. ..... ① ② ③ ④

When I see an opportunity for something I like, I get excited right away. ..... ① ② ③ ④

Criticism or scolding hurts me quite a bit. ..... ① ② ③ ④

When good things happen to me, it affects me strongly. ..... ① ② ③ ④

I will often do things for no other reason than that they might be fun. ..... ① ② ③ ④

Even if something bad is about to happen to me, I rarely experience fear or nervousness. ..... ① ② ③ ④

If I see a chance to get something I want, I move on it right away. ..... ① ② ③ ④

I have very few fears compared to my friends. ..... ① ② ③ ④

When I get something I want, I feel excited and energized. ..... ① ② ③ ④

A Question of Genetics

Someday the science of genetics may be powerful enough so that it will be possible to predict from one's genes at birth the year when one will die of natural causes (assuming that one has not died accidently before that date).

If this were true today, would you want to know your anticipated year of death?

○ **Definitely Not** ○ **Probably Not** ○ **Probably Yes** ○ **Definitely Yes**

If this were true today, at what age if any would you wish to be so informed:

○ **As early as possible** ○ **Around 10** ○ **Around 20** ○ **Around 30** ○ **Around 40** ○ **50 or older**

More Personal Reactions

Here are more ways people can act and react to events and situations that may happen to them. Please answer each question with 'YES', 'NO', or '?' if you find it impossible to answer for any reason.

	NO	?	YES
If you were considering a change of job, would the money be a major consideration for you?	○	?	○
If you had agreed to participate in a concert, would you go through with it even though you were getting unfavorable feedback at rehearsals?	○	?	○
Could you remain still and calm if faced with a dangerous animal?	○	?	○
Would you find it difficult to pass a restaurant serving your favorite food even if you were not hungry?	○	?	○
Could you easily turn down an offer of food you particularly like if you were dieting?	○	?	○
Would you avoid talking as much as possible if you had a throat infection?	○	?	○
If you were in a building that started shaking due to an earthquake, would you panic and rush about?	○	?	○
If someone hit you, would you almost certainly hit them right back?	○	?	○
Could you remain controlled and clear-thinking if your life was threatened by a forest fire?	○	?	○
Are you a pacifist to the extent that you would not return a blow that was aimed at you?	○	?	○
As a child, did you get involved in physical fights with other children?	○	?	○
Are you always careful to make sure that clothes fit you properly before buying them?	○	?	○
When you hear a fire bell ringing, do you usually assume it is a false alarm?	○	?	○
If your boss was displeased with your work, would you redouble your efforts?	○	?	○
Would visiting a classroom in your old school evoke unhappy memories?	○	?	○
If you caught somebody stealing your property, would you be likely to attack them?	○	?	○
Would you get pleasant feelings of nostalgia walking around the grounds of your old school?	○	?	○
If you try to telephone somebody several times and they do not answer, do you get frustrated and give up?	○	?	○
Do you prefer not to ask for something that will probably be refused?	○	?	○
If the lid of a jam jar is difficult to unscrew, do you examine it carefully and try to think why?	○	?	○
If you stumbled across a group of people fighting, would curiosity cause you to stop and watch even though there was a danger of getting involved?	○	?	○
Would you pull out of an amateur dramatic production if you were having trouble learning your lines?	○	?	○
If you were suddenly confronted with a ferocious looking dog, would you probably run away immediately?	○	?	○

Personal Experiences

We hope that you trust us to keep your responses in complete confidence and privacy; this is the reason that we ask you not to include your name on any of our questionnaires. Nonetheless, if you feel uncomfortable answering any of the more intimate questions in this section, just skip them, and go on to the next section.

For each item below, please mark one response in the columns labeled "Before Age 18" AND one response in the columns labeled "Age 18 or Older."

Have each of the following events happened to you, and if so, how often?	BEFORE AGE 18			AGE 18 or OLDER		
	NEVER	ONE or TWO TIMES	MORE THAN THAT	NEVER	ONE or TWO TIMES	MORE THAN THAT
1. Been in a major earthquake, fire, flood, hurricane, or tornado that resulted in significant loss of personal property, serious injury to yourself or a significant other, the death of a significant other, or the fear of your own death	○	○	○	○	○	○
2. Been in a major automobile, boat, motorcycle, plane, train, or industrial accident that resulted in similar consequences	○	○	○	○	○	○
3. Witnessed someone with whom you were very close (such as a parent, brother or sister, caretaker, or intimate partner) committing suicide, being killed, or being injured by another person so severely as to result in marks, bruises, burns, blood, or broken bones. This might include a close friend in combat	○	○	○	○	○	○
4. Witnessed someone with whom you were not so close undergoing a similar kind of traumatic event	○	○	○	○	○	○
5. Witnessed someone with whom you were very close deliberately attack another family member so severely as to result in marks, bruises, blood, broken bones, or broken teeth	○	○	○	○	○	○
6. Witnessed someone with whom you were not so close deliberately attack a family member that severely	○	○	○	○	○	○
7. You were deliberately attacked that severely by someone with whom you were very close	○	○	○	○	○	○
8. You were deliberately attacked that severely by someone with whom you were not so close	○	○	○	○	○	○
9. You were made to have some form of sexual contact, such as touching or penetration, by someone with whom you were very close (such as a parent or lover)	○	○	○	○	○	○
10. You were made to have such sexual contact by someone with whom you were not so close	○	○	○	○	○	○
11. You were emotionally or psychologically mistreated over a significant period of time by someone with whom you were very close (such as a parent or lover)	○	○	○	○	○	○
12. You were emotionally or psychologically mistreated over a significant period of time by someone with whom you were not close	○	○	○	○	○	○
13. Experienced the death of one of your own children	○	○	○	○	○	○
14. Experienced a seriously traumatic event not already covered in any of these questions	○	○	○	○	○	○

More About Your Personal Experiences

If Any of Events #7 to #12 Happened to You:

The person who did this to you was :

	Their Sex/Gender		**Their Relationship With You**						
	Male	Female	Parent or Guardian	Other Family Member	Husband, Wife, or Romantic Partner	Babysitter or Nanny	Teacher, Doctor, Coach, Religious, Counselor, or Other Professional	Friend or Acquaintance	Stranger
7.	○	○	○	○	○	○	○	○	○
8.	○	○	○	○	○	○	○	○	○
9.	○	○	○	○	○	○	○	○	○
10.	○	○	○	○	○	○	○	○	○
11.	○	○	○	○	○	○	○	○	○
12.	○	○	○	○	○	○	○	○	○

14. (continued) For any seriously traumatic event NOT included in Items 1 to 13:

In the space below, please describe the event, including your relationship with the person who caused it, his or her sex, the nature of the traumatic event, and how often it occurred.

Perceptions of Personal Qualities

On the following pages you will find a series of statements that individuals can use to describe themselves. For each statement, please give your best estimate of how well it describes you.

① Very Inaccurate	② Moderately Inaccurate	③ Neither Inaccurate nor Accurate	④ Moderately Accurate	⑤ Very Accurate

Am a person whose moods go up and down easily.	① ② ③ ④ ⑤
Forget things.	① ② ③ ④ ⑤
Prefer fear to boredom.	① ② ③ ④ ⑤
Feel compelled to count while I am doing things.	① ② ③ ④ ⑤
Prefer friends who are excitingly unpredictable.	① ② ③ ④ ⑤
Like to be thought of as a normal kind of person.	① ② ③ ④ ⑤
Repeatedly check doors, windows, and drawers.	① ② ③ ④ ⑤
Get into moods where I feel very speeded-up and irritable.	① ② ③ ④ ⑤
Would enjoy campaigning for political office.	① ② ③ ④ ⑤
Begin to answer before the other person finishes the question.	① ② ③ ④ ⑤
Talk a lot.	① ② ③ ④ ⑤
Don't finish the things that I start.	① ② ③ ④ ⑤
Might enjoy the thrill of being lost at sea.	① ② ③ ④ ⑤
Collect things that I don't need.	① ② ③ ④ ⑤
Am often fidgety.	① ② ③ ④ ⑤
Might actually enjoy being caught in an earthquake or tornado.	① ② ③ ④ ⑤
Prefer to let others be the center of attention.	① ② ③ ④ ⑤
Am often so assertive or sociable that I surprise myself.	① ② ③ ④ ⑤
Feel that there are good and bad numbers.	① ② ③ ④ ⑤
Know that my achievements will be forgotten after I'm dead.	① ② ③ ④ ⑤
Find that my thoughts are racing.	① ② ③ ④ ⑤
Would love to take off on a trip with no planned route or timetable.	① ② ③ ④ ⑤
Have difficulty keeping my attention on a task.	① ② ③ ④ ⑤
Get upset if others change the way that I have arranged things.	① ② ③ ④ ⑤
Am usually in an average sort of mood, not too high and not too low.	① ② ③ ④ ⑤

① Very Inaccurate	② Moderately Inaccurate	③ Neither Inaccurate nor Accurate	④ Moderately Accurate	⑤ Very Accurate

Would make a good night-club comedian.	① ② ③ ④ ⑤
Think that my moods don't change more than most people's do.	① ② ③ ④ ⑤
Am afraid of large dogs.	① ② ③ ④ ⑤
Feel emotions with extreme intensity.	① ② ③ ④ ⑤
Would be nervous playing the clown in front of other people.	① ② ③ ④ ⑤
Get upset if objects are not arranged properly.	① ② ③ ④ ⑤
Might enjoy a free fall from an airplane.	① ② ③ ④ ⑤
Feel excited or happy for no apparent reason.	① ② ③ ④ ⑤
Feel that I have to repeat certain numbers.	① ② ③ ④ ⑤
Am considered to be kind of eccentric.	① ② ③ ④ ⑤
Tend to feel happy and irritable at the same time.	① ② ③ ④ ⑤
Get upset by unpleasant thoughts that come into my mind.	① ② ③ ④ ⑤
Am afraid of heights.	① ② ③ ④ ⑤
Try to stay inside when the weather is bad.	① ② ③ ④ ⑤
Have been told I'm not listening when others are speaking to me.	① ② ③ ④ ⑤
Don't enjoy doing quiet leisure activities.	① ② ③ ④ ⑤
Try hard to protect myself from threats or dangers.	① ② ③ ④ ⑤
Get so happy or energetic that I am almost giddy.	① ② ③ ④ ⑤
Am a physical coward.	① ② ③ ④ ⑤
Have difficulty getting rid of nasty thoughts.	① ② ③ ④ ⑤
Find it difficult to touch an object that has been touched by others.	① ② ③ ④ ⑤
Wash my hands more often than is necessary.	① ② ③ ④ ⑤
Need things to be arranged in a particular order.	① ② ③ ④ ⑤
Am basically a decent person.	① ② ③ ④ ⑤
Love children's art work.	① ② ③ ④ ⑤
Can slow myself down when I want to.	① ② ③ ④ ⑤
Would fear walking in a high-crime part of a city.	① ② ③ ④ ⑤
Like to do frightening things.	① ② ③ ④ ⑤
Feel restless a lot of the time.	① ② ③ ④ ⑤

① Very Inaccurate	② Moderately Inaccurate	③ Neither Inaccurate nor Accurate	④ Moderately Accurate	⑤ Very Accurate

Have done many terrible things.	①②③④⑤
Hate to wait for my turn in line or in a game.	①②③④⑤
Could be a success in many fields.	①②③④⑤
Have persuaded others to do something really adventurous or crazy.	①②③④⑤
Sometimes have to clean myself simply because I feel contaminated.	①②③④⑤
Think I would make a good actor.	①②③④⑤
Get restless when I spend too much time at home.	①②③④⑤
Understand the reasons when I feel very excited or happy.	①②③④⑤
Have an uncommon ability to persuade or inspire others.	①②③④⑤
Like wild parties.	①②③④⑤
Find it difficult to organize tasks and activities.	①②③④⑤
Don't pay enough attention when others are speaking to me.	①②③④⑤
Find it difficult to sit still for long periods of time.	①②③④⑤
Have saved so many things that they get in the way.	①②③④⑤
Love dangerous situations.	①②③④⑤
Find it difficult to control my own thoughts.	①②③④⑤
Would love to explore strange places.	①②③④⑤
Might get a kick out of the sights and sounds of warfare.	①②③④⑤
Am often so restless that it is impossible for me to sit still.	①②③④⑤
Avoid throwing things away for fear that I might need them later.	①②③④⑤
Make careless mistakes.	①②③④⑤
Am so good at controlling others that it sometimes scares me.	①②③④⑤
Would like to try bungee jumping.	①②③④⑤
Can play many roles convincingly.	①②③④⑤
Check on things more often than necessary.	①②③④⑤
Am able to do most things well enough.	①②③④⑤

Thank you for completing this questionnaire!

Please return it to the Oregon Research Institute in the postage-paid envelope provided.