CARE

case report guidelines

CARE Checklist of information to include when writing a case report

Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report".	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Abstract.
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	L 41-42
	3b	Main symptoms and/or important clinical findings	35-36
	3c	The main diagnoses, therapeutic interventions, and outcomes	L 42-44
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	L 43-44
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	L 48-63
Patient Information	5a	De-identified patient specific information.	L Done
	5b	Primary concerns and symptoms of the patient.	L 75-84
	5c	Medical, family, and psycho-social history including relevant genetic information	L 63-74
	5d	Relevant past interventions with outcomes	L 83-84
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings.	L 89-95
Timeline	7	Historical and current information from this episode of care organized as a timeline	L 100 AF3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	L A10 173
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	L 88-182
	8c	Diagnosis (including other diagnoses considered)	L 88 A82
	8d	Prognosis (such as staging in oncology) where applicable	L 88 A82
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care).	L 88 A82
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	L 88 A82
	9c	Changes in therapeutic intervention (with rationale)	L 88 A82
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	L 88 A82
	10b	Important follow-up diagnostic and other test results	L 88 A82
	10c	Intervention adherence and tolerability (How was this assessed?)	L 88 A82
	10d	Adverse and unanticipated events	L 88 A82
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Discussion
	11b	Discussion of the relevant medical literature with references.	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion . .	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received. . . .	No the examiner
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes ☒ No ☐