OREGON RESEARCH INSTITUTE
SELF REPORT

Thank you for your continued participation in this study. When you have completed this form, please mail it back to the Oregon Research Institute in the postage-paid envelope provided, and we will send you an appreciation check for $5.

MARKING INSTRUCTIONS

- Use a No. 2 pencil only.
- Do not use ink, ballpoint, or felt tip pens.
- Make solid marks that fill the response completely.
- Erase cleanly any marks you wish to change.
- Make no stray marks on this form.

CORRECT: ● INCORRECT: ⊘ ⊗ ◒ ◔

Use the following list of common human traits to describe yourself as accurately as possible. Describe yourself as you are at the present time, not as you wish to be in the future. Describe yourself as you are generally or typically, as compared to other people of your same age and sex.

After each trait, please fill in the number indicating how accurately that trait describes you, using the following rating scale:

①	②	③	④	⑤
Extremely Inaccurate	**Somewhat Inaccurate**	**Neither Accurate nor Inaccurate**	**Somewhat Accurate**	**Extremely Accurate**

I see myself as someone who is...

Bashful	① ② ③ ④ ⑤	**Good-looking**	① ② ③ ④ ⑤	**Shy**	① ② ③ ④ ⑤
Bold	① ② ③ ④ ⑤	**Harsh**	① ② ③ ④ ⑤	**Sloppy**	① ② ③ ④ ⑤
Careless	① ② ③ ④ ⑤	**Imaginative**	① ② ③ ④ ⑤	**Sympathetic**	① ② ③ ④ ⑤
Cold	① ② ③ ④ ⑤	**Inefficient**	① ② ③ ④ ⑤	**Systematic**	① ② ③ ④ ⑤
Complex	① ② ③ ④ ⑤	**Intellectual**	① ② ③ ④ ⑤	**Talkative**	① ② ③ ④ ⑤
Cooperative	① ② ③ ④ ⑤	**Jealous**	① ② ③ ④ ⑤	**Temperamental**	① ② ③ ④ ⑤
Creative	① ② ③ ④ ⑤	**Kind**	① ② ③ ④ ⑤	**Touchy**	① ② ③ ④ ⑤
Deep	① ② ③ ④ ⑤	**Moody**	① ② ③ ④ ⑤	**Unattractive**	① ② ③ ④ ⑤
Disorganized	① ② ③ ④ ⑤	**Organized**	① ② ③ ④ ⑤	**Uncreative**	① ② ③ ④ ⑤
Efficient	① ② ③ ④ ⑤	**Philosophical**	① ② ③ ④ ⑤	**Unenvious**	① ② ③ ④ ⑤
Energetic	① ② ③ ④ ⑤	**Practical**	① ② ③ ④ ⑤	**Unintellectual**	① ② ③ ④ ⑤
Envious	① ② ③ ④ ⑤	**Quiet**	① ② ③ ④ ⑤	**Unsympathetic**	① ② ③ ④ ⑤
Extraverted	① ② ③ ④ ⑤	**Relaxed**	① ② ③ ④ ⑤	**Warm**	① ② ③ ④ ⑤
Fretful	① ② ③ ④ ⑤	**Rude**	① ② ③ ④ ⑤		① ② ③ ④ ⑤

Here are a number of characteristics that may or may not apply to you. How accurate are each of these characteristics as self-descriptions?

①	②	③	④	⑤
Extremely Inaccurate	**Somewhat Inaccurate**	**Neither Accurate nor Inaccurate**	**Somewhat Accurate**	**Extremely Accurate**

I see myself as someone who...

Is talkative	① ② ③ ④ ⑤	**Is emotionally stable, not easily upset**	① ② ③ ④ ⑤
Tends to find fault with others	① ② ③ ④ ⑤	**Is inventive**	① ② ③ ④ ⑤
Does a thorough job	① ② ③ ④ ⑤	**Has an assertive personality**	① ② ③ ④ ⑤
Is depressed, blue	① ② ③ ④ ⑤	**Is original, comes up with new ideas**	① ② ③ ④ ⑤
Is reserved	① ② ③ ④ ⑤	**Can be cold and aloof**	① ② ③ ④ ⑤
Can be somewhat careless	① ② ③ ④ ⑤	**Is not good-looking**	① ② ③ ④ ⑤
Is relaxed, handles stress well	① ② ③ ④ ⑤	**Perseveres until the task is finished**	① ② ③ ④ ⑤
Is full of energy	① ② ③ ④ ⑤	**Values artistic, aesthetic experiences**	① ② ③ ④ ⑤
Starts quarrels with others	① ② ③ ④ ⑤	**Is sometimes shy, inhibited**	① ② ③ ④ ⑤
Can be moody	① ② ③ ④ ⑤	**Is considerate and kind to almost everyone**	① ② ③ ④ ⑤
Is a reliable worker	① ② ③ ④ ⑤	**Does things efficiently**	① ② ③ ④ ⑤
Can be tense	① ② ③ ④ ⑤	**Remains calm in tense situations**	① ② ③ ④ ⑤
Is ingenious, a deep thinker	① ② ③ ④ ⑤	**Prefers work that is routine**	① ② ③ ④ ⑤
Generates a lot of enthusiasm	① ② ③ ④ ⑤	**Is helpful and unselfish with others**	① ② ③ ④ ⑤
Has a forgiving nature	① ② ③ ④ ⑤	**Is outgoing, sociable**	① ② ③ ④ ⑤
Is physically attractive	① ② ③ ④ ⑤	**Is sometimes rude to others**	① ② ③ ④ ⑤
Tends to be disorganized	① ② ③ ④ ⑤	**Makes plans and follows through with them**	① ② ③ ④ ⑤
Worries a lot	① ② ③ ④ ⑤	**Likes to reflect, play with ideas**	① ② ③ ④ ⑤
Has an active imagination	① ② ③ ④ ⑤	**Has few artistic interests**	① ② ③ ④ ⑤
Tends to be quiet	① ② ③ ④ ⑤	**Likes to cooperate with others**	① ② ③ ④ ⑤
Is generally trusting	① ② ③ ④ ⑤	**Is easily distracted**	① ② ③ ④ ⑤
Tends to be lazy	① ② ③ ④ ⑤	**Is sophisticated in art, music, or literature**	① ② ③ ④ ⑤
Gets nervous easily	① ② ③ ④ ⑤	**Is curious about many different things**	① ② ③ ④ ⑤

PLEASE DO NOT WRITE IN THIS AREA

SERIAL #