Mills Follow-up, 1963 Name_____

Introduction

*Please describe briefly what you have done and where you have been in the five and one-half years since you were graduated from Mills College.

*How have you changed since you left college? (Are you broader or narrower, deeper or more superficial, happier or unhappier, more adequate or less adequate, more idealistic or less idealistic, etc., than you were as a college senior?) How do you feel about your present self?

Subject:_____

Mills Follow-up 1963

A. Graduate or Professional School

*1. Where did you go to graduate or professional school?

*2. How long were you there?

*3. What did you study?

*4. Did you get a degree? If so, what degree? If not, why did you leave?

*5. Did you enjoy graduate school? Why or why not?

*6. What were you strongest and weakest characteristics as a student in graduate or professional school?

*7. How would you compare your abilities and your outlook with those of other students? Men students in particular? Other women students?

*8. How were you supported in graduate school?

*9. If you wrote a thesis, how did you choose and how did you get along with your thesis director?

*10. Did you model yourself on faculty members in graduate school?

*11. Did you begin to think of yourself as a member of your profession? Or did you think of yourself otherwise?

*12. Some people say that graduate school requirements are congenial to academic male psychology but do not bring out the best in most women. What do you think?

*13. Describe your social life in graduate school. How did it compare with your social life in college?

B. Work

*1. Are you now working? (If S has been engaged in activity she intends to resume later, ask about that.)

2. What are your hours? (Regular, irregular, part-time, full-time)

3. What remuneration is there?

*4. What does life as a _____ turn out to be like? What do you actually do?

*5. What do you like about this work?

*6. What do you not like about it?

*7. How well do you do it?

*8. Is there other work you would prefer?

*9. Are there factors which effect your work adversely?

*10. What factors affect your work favorably?

*11. What factors determine "success" in your work?

*12. How successful do you think you will be? What future do you see for yourself in your work?

C. Personal Life (for single women)

*1. Do you have interests outside your work? Please describe.

*2. How do your interests compare with those you had in college?

3. What are your living arrangements?

*4. Do you see your parents often? Brothers or sisters? Is your relationship with them different from what it was when you were in college? Do you like your relationships with them?

*5. Do you go out with men? Could you describe them briefly? Are you interested in marrying one of them? Do these relationships present any problems for you?

*6. Do you have friends? What are your friendships like? Are they as close and meaningful as you would desire? Do they present any proglems?

*7 How do you feel about being single? What do you find are the main advantages and/or disadvantages ofsingle life?

*8. What future do you see for yourself in five years' time? (If not mentioned) How do you feel about marriage?

D. Marriage

*1. Briefly, what kind of man is your husband?

2. Did you seriously consider marrying someone other than your present husband? Why didn't you marry this other man (or men)?

*3. How did you meet the man you married?

*4. Why did you decide to marry him? What did you like about him?

5. What did he like about you?

*6. Did your family like him before you were married? Did your friends like him?

*7. Did you have reservations about getting married?

*8. What were your main problems when you were first married?

*9. What do you think of marriage as an institution? Does it suit you, or do you think it should be arranged differently?

*10. What wifely roles do you like to play best? Least? What roles of a husband does your husband like to play most and least?

*11. What interests do you share with your husband?

*12. What topics do you and your husband disagree about?

*13. What effect has marriage had on your work or on your artistic or intellectual interests?

*14. Every marriage has its sources of tension. Would you check off on this sheet the degree to which each of these items is a source of tension in your marriage? Use 4 to mean "very much so," 3 to mean "somewhat so," 2 to mean "slight," and 1 to mean "not at all a source of tension."

*16. Have you changed as a result of your marriage? If so, how?

*17. Has your husband changed as a result of your marriage? If so, how?

*18. Have your ideas about masculinity and femininity changed as a result of your marriage? Your own masculinity and femininity?

*19. What do you think are the strongest and weakest aspects of your marriage?

(If no children)

*20. Do you and your husband want to have children? Why or why not?

(If yes)

*21. When do you expect to have them?

Please indicate how true each of the following items is in your marriage. Put a 4 to mean "very true," a 3 to mean "somewhat true," a 2 to mean "slightly true," and a 1 to mean "not at all true."

___ Husband too bossy
___ Wife too bossy
___ Husband wants too much affection
___ Wife wants too much affection
___ Husband not affectionate and personal enough
___ Wife not affectionate and personal enough
___ Husband not sociable
___ Wife not sociable
___ Husband doesn't make enough money
___ Wife doesn't make enough money
___ Husband spends too much money
___ Wife spends too much money
___ Husband doesn't carry out his responsibilities
___ Wife doesn't carry out her responsibilities
___ Husband resents wife's admired qualities
___ Wife resents husband's admired qualities
___ Husband resents wife's lack of admired qualities
___ Wife resents husband's lack of admired qualities
___ Husband too dependent
___ Wife too dependent
___ Husband too independent
___ Wife too independent
___ Husband tense and irritable
___ Wife tense and irritable
___ Husband's views differ from wife's
___ Wife's views differ from husband's
___ Husband not happy in sexual relations
___ Wife not happy in sexual relations
___ Husband doesn't respect wife
___ Wife doesn't respect husband
___ Husband jealous
___ Wife jealous
___ Other _____

E. Pregnancy and Childbirth

1. How often have you been pregnant?

*2. Have your pregnancies been planned?

*3. How did you feel when you first found out that you were pregnant?

4. How did your husband react?

*5. How did you feel and what were you like during the different periods of pregnancy? In personality were you pretty much the same as always or were you changed?

6. How did you get along with your husband?

*7. What worries or anxieties or preoccupations did you have? Do you recall as interesting or significant any dreams that you had during regnancy?

*8. Did you spend much time thinking about what your baby would be like and how you would take care of it?

*9. What were your experiences of labor?

*10 What were your experiences in childbirth?

*11. Have you learned anything from your experiences in pregnancy and childbirth? If so, what?

*12. What aspects of pregnancy and childbirth do you find most pleasant and unpleasant?

*13. Do you look forward to being pregnant again?

F. Motherhood

*1. What was it like for you after your first child was born?

*2. Did your relationship with your husband change? If so, how and why?

*3. Did you try breast-feeding? How did you feel about it?

*4. Did having children turn out to be pretty much the way you expected it to be, or were there some surprises?

*5. What have you found most gratifying in motherhood?

*6. What aspects have you found most trying?

*7. Are you a "good mother"? What and/or why not?

*8. How does your style of mothering compare with your mother's?

*9. Has your relationship with your mother changed since you became a mother?

*10. Is your husband a good father? Why and/or why not?

*11. Please describe your children.

*12. How many children do you expect to have?

*13. Has your attitude toward your (artistic or professional) work changed at times as a result of pregnancy and motherhood? If so, when and how?

14. (If appropriate) Do you feel that it is (would be) good for you to work? That is, are you (would you be) happier or less irritable?

Below are questions about your opinions and ideas about family life and child rearing. We are interested in your opinions whether you have children or not.

Read each of the statements below and then rate them as follows:

A	a	d	D
Strongly agree	Mildly agree	Mildly disagree	Strongly disagree

Indicate your opinion by drawing a circle around the "A" if you strongly agree, around the "a" if you mildly agree, around the "d" if you mildly disagree, and around the "D" if you strongly disagree.

There are no right or wrong answers, so answer according to your own opinion.

1.	A young mother feels "held down" because there are lots of things she wants to do while she is young.	A	a	d	D
2.	Raising children is a nerve-wracking job.	A	a	d	D
3.	A married woman knows that she will have to take the lead in family matters.	A	a	d	D
4.	A good mother wants to have a share in all her child's experiences.	A	a	d	D
5.	Parents deserve the highest esteem and regard of their children.	A	a	d	D
6.	People who think they can get along in marriage without arguments just don't know the facts.	A	a	d	D
7.	Most young mothers are bothered more by the feeling of being shut up in the home than by anything else.	A	a	d	D
8.	It's a rare mother who can be sweet and even tempered with her children all day.	A	a	d	D
9.	The whole family does fine if the mother puts her shoulder to the wheel and takes charge of things.	A	a	d	D
10.	A child should never keep a secret from his parents.	A	a	d	D
11.	Loyalty to parents comes before everything else.	A	a	d	D
12.	No matter how well a married couple love one another, there are always differences which cause irritation and lead to arguments.	A	a	d	D

13.	One of the bad things about raising children is that you aren't free enough of the time to do just as you like.	A	a	d	D
14.	Children will get on any woman's nerves if she has to be with them all day.	A	a	d	D
15.	Children and husbands do better when the mother is strong enough to settle most of the problems.	A	a	d	D
16.	It is a mother's duty to make sure she knows her child's innermost thoughts.	A	a	d	D
17.	A child soon learns that there is no greater wisdom than that of his parents.	A	a	d	D
18.	Sometimes it's necessary for a wife to tell off her husband in order to get her rights.	A	a	d	D
19.	One of the worst things about taking care of a home is a woman feels that she can't get out.	A	a	d	D
20.	Mothers very often feel that they can't stand their children a moment longer.	A	a	d	D
21.	If a mother doesn't go ahead and make rules for the home the children and husband will get into troubles they don't need to.	A	a	d	D
22.	An alert parent should try to learn all her child's thoughts.	A	a	d	D
23.	The child should be taught to revere his parents above all other grown-ups.	A	a	d	D
24.	It's natural to have quarrels when two people who both have minds of their own get married.	A	a	d	D
25.	Having to be with the children all the time gives a woman the feeling her wings have been clipped.	A	a	d	D
26.	It's natural for a mother to "blow her top" when children are selfish and demanding.	A	a	d	D
27.	A mother has to do the planning because she is the one who knows what's going on in the home.	A	a	d	D
28.	A mother should make it her business to know everything her children are thinking.	A	a	d	D
29.	More parents should teach their children to have unquestioning loyalty to them.	A	a	d	D
30.	There are some things which just can't be settled by a mild discussion.	A	a	d	D

G. Personal Life (for married women)

1. Do you live in a house or in an apartment?

2. Do you have domestic help? If so, what kind and how much?

*3. Do you have interests outside your household (and your job)?

*4. How do your interests now compare with those you had as a senior in college?

*5. Do you have friends? Are your friendships as close, meaningful, interesting, etc. as you would like?

*6. Are there respects in which you would like to arrange your life differently?

*7. How do you expect your life to be different five years from now?