Focus Group Discussion Guide for Adolescents - Boys

Total number of Males:	
Population group:	White: ☐ Black: ☐ Coloured: ☐ Indian: ☐ Other:_____
Home language:	isiXhosa: ☐ isiZulu: ☐ isiSwati: ☐ Ndebele: ☐ SeSotho: ☐ Sepedi: ☐ Setswana: ☐ Xitsonga: ☐ TshiVenda: ☐ English: ☐ Afrikaans: ☐ Other:_____
Province:	
Township:	
School name:	
Discussion start time:	
Discussion end time:	
Date of the interview:	
Scriber/note taker:	

Section 1: Background & Experiences in GAP Year

1. Let's talk about your experiences in GAP Year. a) What was your experience like in GAP Year? b) What did you think GAP Year was before taking part in it?

a) b)

2. After becoming part of GAP Year, what do you understand it to be? What is it all about?

3. GAP Year provided a snack. How has this influenced your participation in GAP Year? *Would you say that having food provided after the sessions influenced your attendance? If there was no food/snack provided in GAP Year, would you have joined? Why yes? Why No?*

_____

_____

_____

_____

Section 2 – Environmental safety

4. a) What do you understand by the term safe (place)? b) Other than home and school, where is a safe place that you go to meet with your friends? c) Why do you choose to meet at this place?

a) b)

c)

Section 3 – Social capital

5. a) If there is a person in your community that you can talk to about your problems, challenges and ask for guidance from, who is this person (what is their relationship to you e.g. aunt, family friend)? b) Why do you prefer to talk to this person?

a)

b)

6. Who is responsible for your wellbeing? a) Health? b) Financial? c) Educational

a)

b)

c)

7. Is there a person other than your parents/guardians and teachers that can give you money when you need it? What is this person's relation to you?

Section 4 – Education

8. What do you think are the challenges with staying in school and doing well? Why do think that your other learners have failed a grade?

Boys: Girls:

9. What can be done to help girls and boys to perform (pass a grade, stay in school) better?

Section 5 – Health

***Let's watch another video clip and discuss it. (Video clip on healthy relationships)**

10. You know sometimes in relationships (friendships and romantic relationships) people have disagreements. I would like to find out from you, if you had a disagreement with your boyfriend/girlfriend/intimate partner, and you felt provoked by them, how would you handle the situation?

11. When you fall ill, what do you do? Where do you seek medical help? If not, why? How are you received at the healthcare centre?

12. Before you joined GAP Year: What did you know about sexual and reproductive health? What do you know now that you have taken part in GAP Year?

13. a) Before you joined GAP Year, what did you know about puberty? b) Now that you have gone through GAP Year what do you know about puberty?

a)

b)

14. Please tell me what you understand sexual intercourse to be. If you were to explain it to me. What would you say sexual intercourse is? *Kissing, French kissing, touching, thigh sex, penetrative sex (vaginal or anal sex)?*

15. You know how teenagers/adolescents tend to experiment in different things such as kissing, hugging and even sex. When you experiment, how far would you go? What do you do? What is off the limits for you?

16. Who makes the decision to participate in the different acts (hugging, kissing and penetrative sex)?

Let us now talk about prevention methods (contraceptives). Can you please give me examples of prevention methods that you are aware/know of?

17. Which contraceptives do you as young people prefer? Why do you prefer these contraceptives?

_____

_____

What have you heard about these methods? What are some of the myths that people hold with regards to young people/adolescents using prevention methods? How have the myths affected your decision when it comes to using prevention methods? If you wated to prevent a pregnancy, What would influence your choice of contraception? To what extend are you influenced by what you have heard about contraceptives when it comes to preventing a pregnancy?

_____

_____

In future, there may be contraceptives that prevent pregnancies, HIV and STIs. How do you think these contraceptives can work for adolescents? *How often would you take/administer these? Where would you prefer to access them from? Who should access them? What would be a barrier(s) when it comes to using these types of contraceptives?*

_____

_____

As young people: What are some of the measures you would take to prevent a pregnancy? *How important is it to prevent a pregnancy? What do you do to prevent a pregnancy?* If you were to use/are using a prevention method: Which prevention methods would you prefer to use?

_____

_____

a) Why do you prefer this method? i) Injection? ii) Implant? iii) The pill (pills) iv) Loop? v) vi) Traditional medicines (prevention methods)? vii) condoms?

_____

_____

b) What are the benefits of using these prevention methods?

_____

_____

18. I would like to find out from you as adolescent girls, If you do not prefer to use any type of contraceptive: What are your reasons for not using any prevention methods (contraceptives)?

_____

_____

BREAK (5-10 MINUTES)

Section 6 - Gender

*I am now going to introduce a video clip that we are going to watch and we will discuss the video thereafter. (Video clip about on gender norms)

23. Let us talk about gender norms. a) What do you understand gender norms to be? b) Please give me examples of some of the common gender norms that you know of or have observed in your community? c) If there are gender norms in your families, do you mind sharing these with me? d) In what ways have these gender norm (family) affected the way you treat people of the opposite sex? d) What are some of the things that your community expects you to do?

a) b) c) d)

Section 7 – Empowerment

24. What does empowerment mean to you as a boy? How can you empower girls? And boys?

Section 8 – Violence

25. If you were to experience violence, would you report it? a) If Yes, where? b) If No, why not?

a)

b)

Section 9 – Substance use

26. Research shows that teenagers tend to experiment with substances: Why do you think that boys use alcohol? a)What other substances do boys in your community use other than alcohol? b) Where do they buy the substances from?

Why:

a)

b)

Section 10 – Risky behaviours

27. What do you understand risk to be? (What is a risky behaviour?) *Risk in the context of sex?*

28. Let us talk about blessers and blessees. a) Why do you think that boys turn to sugar mommies/mamas? b) What are the consequences of having a sugar mommy/mama? c) How acceptable is the idea of sugar mommies/mamas in your community? d) How do you think sugar mommies affect our society?

a)

b)

c)

d)

29. When it comes to adolescent boys in your community: a) What do you think are some of the reasons why they date sugar mamas? b) What kinds of "blessings" do they get from the sugar mamas?

a) b)

30. As an adolescent boy: How has puberty changed the way you are viewed in your community? b) What are the positive association of puberty? c) What about the negative associations? d) How do you think girls are viewed during puberty in your community?

a) b) c) d)

31. What was your relationship with your coach like? *The way the coach delivered the sessions? How was the relationship, what made it fun to work & talk to the coaches? How did you communicate with your coach outside of the school/sessions? What did not work in terms of your relationship with the coach?*

Thank you for taking the time to participate in the Focus Group Discussion