Name of the school:

ID Number:	Reason for student's drop out: 1. Migrated 2. Died 3. Temporary unavailable 4. Others (specify)………………..

General

1	Name	
2	Class	
3	Did you have a meal before coming to school today?	1. ☐ Yes 2. ☐ No
4	Of all children in this room, with whom do you play most?	_____ name
5	Of all children in this room, who do you think is the most popular?	_____ name

Taste of Vegetables

How do <u>you</u> like the taste of these vegetables?
(Tick only one per row ☑)

	Like it a lot 😄	Like it 🙂	Neutral 😐	Don't like it 😞	Don't know it
1					
2					
3					
4					
5					
6					
7					

	Like it a lot	Like it	Neutral	Don't like it	Don't know it
8					
9					
10					
11					
12					
13					
14					
15					

Snack Choices

From among the three choices in each row,
which is the one you <u>like most</u> to eat as a snack?
(Tick ☑ one option per row)

1 ☐ ☐ ☐

2 ☐ ☐ ☐

3 ☐ ☐ ☐

4 ☐ ☐ ☐

5 ☐ ☐ ☐

6

7

8

9

10

Insects

Some of the insects shown here are good for plants while others do damage. Tick ☑ all insects that <u>do damage</u>.

Snail
1

Lacewing
2

Caterpillar
3

Dragon fly
4

Ladybug
5

Grasshopper
6

Spider
7

Flea beetle
8

Butterfly
9

Beetle larva
10

Earthworm
11

Bee
12

Diamondback moth
13

White fly
14

Food and Nutrition

Answer these questions to the best of your ability.
Tick ☑ only 1 answer per question.

1	Which food is good for your eyes?	1. ☐ Cucumbers 2. ☐ Beans 3. ☐ Carrots 4. ☐ Chicken meat
2	Which food makes your bones strong?	1. ☐ Cauliflower 2. ☐ Milk 3. ☐ Amaranthus 4. ☐ Eggplant
3	Which food is very high in salt?	1. ☐ Wai Wai noodles 2. ☐ Roti 3. ☐ Sell roti 4. ☐ Bread
4	Which drink makes your teeth strong?	1. ☐ Coca Cola 2. ☐ Fanta 3. ☐ Milk 4. ☐ Water
5	Which food is the most unhealthy if you eat it often?	1. ☐ Rice 2. ☐ Bread 3. ☐ Eggs 4. ☐ Wai Wai noodles
6	Which food makes your muscles strong?	1. ☐ Meat 2. ☐ Tomatoes 3. ☐ Milk 4. ☐ Onions
7	Which condiment is unhealthy if you eat it too much?	1. ☐ Cumin 2. ☐ Salt 3. ☐ Ginger 4. ☐ Garlic

8	Which food is not part of a healthy diet?	1. ☐ Vegetables 2. ☐ Carbonated drinks 3. ☐ Meat 4. ☐ Fruit
9	Which of these is <u>not</u> a name of a nutrient?	1. ☐ Fat 2. ☐ Carbohydrates 3. ☐ Tea 4. ☐ Protein
10	Which food has lots of vitamin A?	1. ☐ Green leafy vegies 2. ☐ Mung bean 3. ☐ Meat 4. ☐ Rice
11	Eating too much of which food makes you fat?	1. ☐ Guava 2. ☐ Steamed rice 3. ☐ Cauliflower 4. ☐ Radish
12	Which food has lots of vitamin C?	1. ☐ Carrots 2. ☐ Chicken meat 3. ☐ Lemons 4. ☐ Rice
13	Which vitamin is good for your eyes?	1. ☐ Vitamin A 2. ☐ Vitamin B 3. ☐ Vitamin C 4. ☐ Vitamin D
14	Which nutrient makes your bones strong?	1. ☐ Iron 2. ☐ Vitamin C 3. ☐ Calcium 4. ☐ Protein
15	Which nutrient builds muscles?	1. ☐ Iron 2. ☐ Vitamin C 3. ☐ Calcium 4. ☐ Protein

Snacks eaten last week

List the 3 "khaja" that you have bought during the last 7 days.

1	
2	
3	

List the 3 "khaja" that your parents gave you during the last 7 days.

1	
2	
3	

(Please mention if your parents have given money to buy Khaja.)

Hygiene Practices

Tick ☑ only 1 answer per question.

1	During the past 30 days, how often did you wash your hands before eating?	1. ☐ Never 2. ☐ Sometimes 3. ☐ Most of the time 4. ☐ Always
2	During the past 30 days, how often did you wash your after using toilet or latrines?	1. ☐ Never 2. ☐ Sometimes 3. ☐ Most of the time 4. ☐ Always
3	During the past 30 days, how often did you use soap when washing your hands?	1. ☐ Never 2. ☐ Sometimes 3. ☐ Most of the time 4. ☐ Always
4	During the past 30 days, how often did you use toilets and latrines instead of defecating in the open?	1. ☐ Never 2. ☐ Sometimes 3. ☐ Most of the time 4. ☐ Always
5	During the past 30 days, how many times did you brush or clean your teeth per day?	1. ☐ Never 2. ☐ Less than 1 time per day 3. ☐ Once a day 4. ☐ Twice a day or more

All food eaten yesterday

Use separate logbook sheet prepared in Word

Taste of Vegetables

How do you like the taste of these vegetables?
(Tick only one per row ☑)

	Like it a lot 😄	Like it 🙂	Neutral 😑	Don't like it 😔	Don't know it ?
1					
2					
3					
4					
5					
6					
7					

	Like it a lot	Like it	Neutral	Don't like it	Don't know it
8					
9					
10					
11					
12					
13					
14					
15					

Children's Taste of Vegetables

How do you think <u>your child</u> likes the taste of these vegetables? (Tick only one per row ☑)

	Like it a lot	Like it	Neutral	Don't like it	Don't know it
1					
2					
3					
4					
5					
6					
7					

	Like it a lot	Like it	Neutral	Don't like it	Don't know it
8					
9					
10					
11					
12					
13					
14					
15					

Insects

Some of the insects shown here are good for plants while others do damage. Tick ☑ all insects that <u>do damage</u>.

Snail 1

Lacewing 2

Caterpillar 3

Dragon fly 4

Ladybug 5

Grasshopper 6

Spider 7

Flea beetle 8

Butterfly 9

Beetle larva 10

Earthworm 11

Bee 12

Diamondback moth 13

White fly 14

Food and Nutrition

Answer these questions to the best of your ability.
Tick ☑ only 1 answer per question.

1	Which food is good for your eyes?	1. ☐ Cucumbers 2. ☐ Beans 3. ☐ Carrots 4. ☐ Chicken meat
2	Which food makes your bones strong?	1. ☐ Cauliflower 2. ☐ Milk 3. ☐ Amaranthus 4. ☐ Eggplant
3	Which food is very high in salt?	1. ☐ Wai Wai noodles 2. ☐ Roti 3. ☐ Sell roti 4. ☐ Bread
4	Which drink makes your teeth strong?	1. ☐ Coca Cola 2. ☐ Fanta 3. ☐ Milk 4. ☐ Water
5	Which food is the most unhealthy if you eat it often?	1. ☐ Rice 2. ☐ Bread 3. ☐ Eggs 4. ☐ Wai Wai noodles
6	Which food makes your muscles strong?	1. ☐ Meat 2. ☐ Tomatoes 3. ☐ Milk 4. ☐ Onions
7	Which condiment is unhealthy if you eat it too much?	1. ☐ Cumin 2. ☐ Salt 3. ☐ Ginger 4. ☐ Garlic

8	Which food is not part of a healthy diet?	1. ☐ Vegetables 2. ☐ Carbonated drinks 3. ☐ Meat 4. ☐ Fruit
9	Which of these is <u>not</u> a name of a nutrient?	1. ☐ Fat 2. ☐ Carbohydrates 3. ☐ Tea 4. ☐ Protein
10	Which food has lots of vitamin A?	1. ☐ Green leafy vegies 2. ☐ Mung bean 3. ☐ Meat 4. ☐ Rice
11	Eating too much of which food makes you fat?	1. ☐ Guava 2. ☐ Steamed rice 3. ☐ Cauliflower 4. ☐ Radish
12	Which food has lots of vitamin C?	1. ☐ Carrots 2. ☐ Chicken meat 3. ☐ Lemons 4. ☐ Rice
13	Which vitamin is good for your eyes?	1. ☐ Vitamin A 2. ☐ Vitamin B 3. ☐ Vitamin C 4. ☐ Vitamin D
14	Which nutrient makes your bones strong?	1. ☐ Iron 2. ☐ Vitamin C 3. ☐ Calcium 4. ☐ Protein
15	Which nutrient builds muscles?	1. ☐ Iron 2. ☐ Vitamin C 3. ☐ Calcium 4. ☐ Protein

Snacks eaten last Week

List the 3 "khaja" that you bought or prepared for your child during the last 7 days.

1	
2	
3	