Codebook - Age 73 Questionnaires

id

		Value
Standard Attributes	Label	Mills participant ID

coresample

		Value
Standard Attributes	Label	Core Sample
Valid Values	0.00	no
	1.00	yes

partic73

		Value
Standard Attributes	Label	Age 73: Participation
Labeled Values	1.00	a little, or demographic info only
	2.00	major omissions
	3.00	all or nearly all

wabbrev

		Value
Standard Attributes	Label	Age 73: Completed Short Version
Labeled Values	0.00	No (Did not complete short version)
	1.00	Yes (Completed short version)

wdatesent

		Value
Standard Attributes	Label	Age 73: Date the participant sent the questionnaire back (use date received if no postmark)

w07bd

		Value
Standard Attributes	Label	Age 73: births and deaths in 2007

Labeled Values	0.00	not answered
	1.00	answered

w07rf

Value

Standard Attributes	Label	Age 73: relationships and family in 2007
Labeled Values	0.00	not answered
	1.00	answered

w07wrf

Value

Standard Attributes	Label	Age 73: work, retirement and finances in 2007
Labeled Values	0.00	not answered
	1.00	answered

w07h

Value

Standard Attributes	Label	Age 73: health
Labeled Values	0.00	not answered
	1.00	answered

w07tm

Value

Standard Attributes	Label	Age 73: travel and moves in 2007
Labeled Values	0.00	not answered
	1.00	answered

w07iaa

Value

Standard Attributes	Label	Age 73: interests, activities and achievements 2007
Labeled Values	0.00	not answered
	1.00	answered

w07o

		Value
Standard Attributes	Label	Age 73: other in 2007
Labeled Values	0.00	not answered
	1.00	answered

w08bd

		Value
Standard Attributes	Label	Age 73: births and deaths in 2008
Labeled Values	0.00	not answered
	1.00	answered

w08rf

		Value
Standard Attributes	Label	Age 73: relationships and family in 2008
Labeled Values	0.00	not answered
	1.00	answered

w08wrf

		Value
Standard Attributes	Label	Age 73: work, retirement and finances in 2008
Labeled Values	0.00	not answered
	1.00	answered

w08h

		Value
Standard Attributes	Label	Age 73: health in 2008
Labeled Values	0.00	not answered
	1.00	answered

w08tm

		Value
Standard Attributes	Label	Age 73: travel and moves in 2008
Labeled Values	0.00	not answered
	1.00	answered

w08iaa

		Value
Standard Attributes	Label	Age 73: interests, activities and achievements in 2008
Labeled Values	0.00	not answered
	1.00	answered

w08o

		Value
Standard Attributes	Label	Age 73: other in 2008
Labeled Values	0.00	not answered
	1.00	answered

w09bd

		Value
Standard Attributes	Label	Age 73: births and deaths in 2009
Labeled Values	0.00	not answered
	1.00	answered

w09rf

		Value
Standard Attributes	Label	Age 73: relationships and family in 2009
Labeled Values	0.00	not answered
	1.00	answered

w09wrf

		Value
Standard Attributes	Label	Age 73: work, retirement and finances in 2009

Labeled Values	0.00	not answered
	1.00	answered

w09h

Value

Standard Attributes	Label	Age 73: health in 2009
Labeled Values	0.00	not answered
	1.00	answered

w09tm

Value

Standard Attributes	Label	Age 73: travel and moves in 2009
Labeled Values	0.00	not answered
	1.00	answered

w09iaa

Value

Standard Attributes	Label	Age 73: interests, activities and achievements in 2009
Labeled Values	0.00	not answered
	1.00	answered

w09o

Value

Standard Attributes	Label	Age 73: other in 2009
Labeled Values	0.00	not answered
	1.00	answered

w10bd

Value

Standard Attributes	Label	Age 73: births and deaths in 2010
Labeled Values	0.00	not answered
	1.00	answered

w10rf

		Value
Standard Attributes	Label	Age 73: relationships and family in 2010
Labeled Values	0.00	not answered
	1.00	answered

w10wrf

		Value
Standard Attributes	Label	Age 73: work, retirement and finances in 2010
Labeled Values	0.00	not answered
	1.00	answered

w10h

		Value
Standard Attributes	Label	Age 73: health in 2010
Labeled Values	0.00	not answered
	1.00	answered

w10tm

		Value
Standard Attributes	Label	Age 73: travel and moves in 2010
Labeled Values	0.00	not answered
	1.00	answered

w10iaa

		Value
Standard Attributes	Label	Age 73: interests, activities and achievements in 2010
Labeled Values	0.00	not answered
	1.00	answered

w10o

		Value
Standard Attributes	Label	Age 73: other in 2010
Labeled Values	0.00	not answered
	1.00	answered

w11bd

		Value
Standard Attributes	Label	Age 73: births and deaths in 2011
Labeled Values	0.00	not answered
	1.00	answered

w11rf

		Value
Standard Attributes	Label	Age 73: relationships and family in 2011
Labeled Values	0.00	not answered
	1.00	answered

w11wrf

		Value
Standard Attributes	Label	Age 73: work, retirement and finances in 2011
Labeled Values	0.00	not answered
	1.00	answered

w11h

		Value
Standard Attributes	Label	Age 73: health in 2011
Labeled Values	0.00	not answered
	1.00	answered

w11tm

		Value
Standard Attributes	Label	Age 73: travel and moves in 2011

Labeled Values	0.00	not answered
	1.00	answered

w11iaa

Value

Standard Attributes	Label	Age 73: interests, activities and achievements in 2011
Labeled Values	0.00	not answered
	1.00	answered

w11o

Value

Standard Attributes	Label	Age 73: other in 2011
Labeled Values	0.00	not answered
	1.00	answered

wstres07

Value

Standard Attributes	Label	Age 73: 2007 stress level
Labeled Values	1.00	not at all
	5.00	extremely

whap07

Value

Standard Attributes	Label	Age 73: 2007 happiness level
Labeled Values	1.00	not at all
	5.00	extremely

wsat07

Value

Standard Attributes	Label	Age 73: 2007 satisfaction level
Labeled Values	1.00	not at all
	5.00	extremely

wstres08

		Value
Standard Attributes	Label	Age 73: 2008 stress level
Labeled Values	1.00	not at all
	5.00	extremely

whap08

		Value
Standard Attributes	Label	Age 73: 2008 happiness level
Labeled Values	1.00	not at all
	5.00	extremely

wsat08

		Value
Standard Attributes	Label	Age 73: 2008 satisfaction level
Labeled Values	1.00	not at all
	5.00	extremely

wstres09

		Value
Standard Attributes	Label	Age 73: 2009 stress level
Labeled Values	1.00	not at all
	5.00	extremely

whap09

		Value
Standard Attributes	Label	Age 73: 2009 happiness level
Labeled Values	1.00	not at all
	5.00	extremely

wsat09

		Value
Standard Attributes	Label	Age 73: 2009 satisfaction level
Labeled Values	1.00	not at all
	5.00	extremely

wstres10

		Value
Standard Attributes	Label	Age 73: 2010 stress level
Labeled Values	1.00	not at all
	5.00	extremely

whap10

		Value
Standard Attributes	Label	Age 73: 2010 happiness level
Labeled Values	1.00	not at all
	5.00	extremely

wsat10

		Value
Standard Attributes	Label	Age 73: 2010 satisfaction level
Labeled Values	1.00	not at all
	5.00	extremely

wstres11

		Value
Standard Attributes	Label	Age 73: 2011 stress level
Labeled Values	1.00	not at all
	5.00	extremely

whap11

		Value
Standard Attributes	Label	Age 73: 2011 happiness level

Labeled Values	1.00	not at all
	5.00	extremely

wsat11

Value

Standard Attributes	Label	Age 73: 2011 satisfaction level
Labeled Values	1.00	not at all
	5.00	extremely

wlivnow

Value

Standard Attributes	Label	Age 73: How many people live in your household?

wlifesat

Value

Standard Attributes	Label	Age 73: Is this time of your life?
Labeled Values	1.00	not so good
	2.00	fair
	3.00	good
	4.00	first-rate

whealth

Value

Standard Attributes	Label	Age 73: How would you rate your general state of health?
Labeled Values	1.00	poor
	2.00	below average
	3.00	average
	4.00	above average
	5.00	excellent

wenergy

Value

Standard Attributes	Label	Age 73: How would you rate your energy level?
Labeled Values	1.00	low
	5.00	high

wrelstat

Value

Standard Attributes	Label	Age 73: Relationship Status
Labeled Values	1.00	single
	2.00	stable couple relationship
	3.00	married
	4.00	widowed

wsingle

Value

Standard Attributes	Label	Age 73: Relationship status: Checked "Single"
Labeled Values	0.00	no
	1.00	yes

wwid

Value

Standard Attributes	Label	Age 73: Relationship status: Checked "Widowed"
Labeled Values	0.00	no
	1.00	yes

wstable

Value

Standard Attributes	Label	Age 73: Relationship status: Checked "In a stable couple relationship"
Labeled Values	0.00	no
	1.00	yes

wmarr

Value

Standard Attributes	Label	Age 73: Relationship status: Checked "Married"
Labeled Values	0.00	no
	1.00	yes

wrelsat

Value

Standard Attributes	Label	Age 73: If you are married/coupled, how satisfied are you in your relationship?
Labeled Values	0.00	very dissatisfied
	5.00	very satisfied

wgch

Value

Standard Attributes	Label	Age 73: Do you have any grandchildren?
Labeled Values	0.00	No
	1.00	Yes

wgcnum

Value

Standard Attributes	Label	Age 73: If yes, how many grandchildren do you have?

wwork

Value

Standard Attributes	Label	Age 73: At present I work for pay
Labeled Values	1.00	very little or not at all
	2.00	part-time
	3.00	full-time

wworkpay

Value

Standard Attributes	Label	Age 73: If you are not working now, what year did you last work for pay?

wwrksat

		Value
Standard Attributes	Label	Age 73: How satisfied are you with your current or most recent work?
Labeled Values	1.00	not at all
	5.00	very much

wret

		Value
Standard Attributes	Label	Age 73: Retirement status: Retired
Labeled Values	0.00	no
	1.00	yes

wretyear

		Value
Standard Attributes	Label	Age 73: Retirement year

wptlret

		Value
Standard Attributes	Label	Age 73: Retirement status: Partially retired
Labeled Values	0.00	no
	1.00	yes

wpartret

		Value
Standard Attributes	Label	Age 73: Partial retirement year

wnyret

		Value
Standard Attributes	Label	Age 73: Retirement status: Not yet retired
Labeled Values	0.00	no
	1.00	yes

wplretyr

		Value
Standard Attributes	Label	Age 73: Year planning to retire

wretna

		Value
Standard Attributes	Label	Age 73: Retirement status: Retirement does not apply
Labeled Values	0.00	no
	1.00	yes

wretwhy

		Value
Standard Attributes	Label	Age 73: If retirement does not apply, why?
Labeled Values	0.00	I never worked much.
	1.00	I continue to work, whether for pay or not.
	2.00	Other

welse

		Value
Standard Attributes	Label	Age 73: Is there anything else that happened to you or loved ones since 2007 that you feel we should know?
Labeled Values	0.00	not answered/blank
	1.00	answered

wryff1

		Value
Standard Attributes	Label	Age 73: In general, I feel in charge of the situation in which I live.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff2

		Value

Standard Attributes	Label	Age 73: Some people wander aimlessly through life, but I am not one of them.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wswls1

Value

Standard Attributes	Label	Age 73: If I could live my life over, I would change almost nothing.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wmatval1

Value

Standard Attributes	Label	Age 73: I don't pay much attention to the material objects other people own.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wftp1

Value

Standard Attributes	Label	Age 73: My future is filled with possibilities.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wfinsec2

Value

Standard Attributes	Label	Age 73: In general, I feel a high amount of stress about my personal finances.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff5

Value

Standard Attributes	Label	Age 73: I think it is important to have new experiences that challenge how you think about yourself and the world.

Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff6

	Value	
Standard Attributes	Label	Age 73: The demands of everyday life often get me down.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff7

	Value	
Standard Attributes	Label	Age 73: I live life one day at a time and don't really think about the future.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wsise

	Value	
Standard Attributes	Label	Age 73: I have high self-esteem.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wftp4

	Value	
Standard Attributes	Label	Age 73: Many opportunities await me in the future.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wfinsec3

	Value	
Standard Attributes	Label	Age 73: I am confident that I could find the money to pay for a financial emergency that costs about $1000.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff9

		Value
Standard Attributes	Label	Age 73: For me, life has been a continuous process of learning, changing and growth.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wswls4

		Value
Standard Attributes	Label	Age 73: The conditions of my life are excellent.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff10

		Value
Standard Attributes	Label	Age 73: I am quite good at managing the responsibilities of my daily life.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff11

		Value
Standard Attributes	Label	Age 73: I sometimes feel as if I've done all there is to do in my life.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff13

		Value
Standard Attributes	Label	Age 73: I gave up trying to make big improvements or changes in my life a long time ago.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wswls5

		Value
Standard Attributes	Label	Age 73: I am satisfied with my life.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff15

		Value
Standard Attributes	Label	Age 73: I am not interested in activities that will expand my horizons.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wftp5

		Value
Standard Attributes	Label	Age 73: I have the sense that time is running out.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff16

		Value
Standard Attributes	Label	Age 73: I do not fit very well with the people and community around me.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wfinsec4

		Value
Standard Attributes	Label	Age 73: I often have the experience of wanting to go out to eat or to a movie but not going because I can't afford to.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff17

		Value
Standard Attributes	Label	Age 73: I enjoy making plans for the future and working to make them a reality.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wswls2

		Value
Standard Attributes	Label	Age 73: In most ways my life is close to my ideal.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wftp2

		Value
Standard Attributes	Label	Age 73: There is still plenty of time left in my life to make new plans.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff19

		Value
Standard Attributes	Label	Age 73: I am good at juggling my time so that I can fit everything in that needs to get done.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff21

		Value
Standard Attributes	Label	Age 73: I used to set goals for myself, but now that seems like a waste of time.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wftp6

		Value

Standard Attributes	Label	Age 73: I am very aware of the limitations in my future.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff23

Value

Standard Attributes	Label	Age 73: I have the sense that I have developed a lot as a person over time.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wfinsec

Value

Standard Attributes	Label	Age 73: My overall financial situation is secure.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff27

Value

Standard Attributes	Label	Age 73: I am an active person in carrying out the plans I set for myself.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff28

Value

Standard Attributes	Label	Age 73: I generally do a good job of taking care of my personal finances and affairs.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wswls3

Value

Standard Attributes	Label	Age 73: So far I have gotten the important things I want in life.

Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wftp3

Value

Standard Attributes	Label	Age 73: As I get older, I begin to experience that time is limited.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wmatval2

Value

Standard Attributes	Label	Age 73: I admire people who own expensive homes, cars, and clothes.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wryff25

Value

Standard Attributes	Label	Age 73: There is truth to the saying that you can't teach an old dog new tricks.
Labeled Values	1.00	very uncharacteristic
	5.00	very characteristic

wexpbuy1

Value

Standard Attributes	Label	Age 73: Spend money on material goods and products
Labeled Values	1.00	not at all
	7.00	a great deal

wexpbuy2

Value

Standard Attributes	Label	Age 73: Spend money on life experiences
Labeled Values	1.00	not at all

	7.00	a great deal

wisel1

	Value	
Standard Attributes	Label	Age 73: When I need suggestions on how to deal with a personal problem, I know someone I can turn to.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wisel2

	Value	
Standard Attributes	Label	Age 73: If I wanted to have lunch with someone, there are plenty of people I could ask.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wconf1

	Value	
Standard Attributes	Label	Age 73: There is someone in my life that I can confide in.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wisel3

	Value	
Standard Attributes	Label	Age 73: I don't often get invited to do things with others.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wisel4

		Value
Standard Attributes	Label	Age 73: If I need a ride somewhere, there is someone I can call who would come and take me.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wisel5

		Value
Standard Attributes	Label	Age 73: I feel that there is no one I can share my most private worries and fears with.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wisel6

		Value
Standard Attributes	Label	Age 73: If I were sick, I could easily find someone to help me out.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wisel7

		Value
Standard Attributes	Label	Age 73: If a personal crisis arose, it would be difficult to find someone who could give me good advice about how to handle it.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wconf2

		Value
Standard Attributes	Label	Age 73: I have at least one person in my life with whom I can share all of my feelings and thoughts.

Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn24

Value

Standard Attributes	Label	Age 73: Whenever I feel positive emotions, people can easily see exactly what I am feeling.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn25

Value

Standard Attributes	Label	Age 73: I sometimes cry during sad movies.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn26

Value

Standard Attributes	Label	Age 73: People often do not know what I am feeling.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn27

Value

Standard Attributes	Label	Age 73: I laugh out loud when someone tells me a joke that I think is funny.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn28

		Value
Standard Attributes	Label	Age 73: It is difficult for me to hide my fear.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn29

		Value
Standard Attributes	Label	Age 73: When I'm happy, my feelings show.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn30

		Value
Standard Attributes	Label	Age 73: My body reacts very strongly to emotional situations.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn31

		Value
Standard Attributes	Label	Age 73: I've learned it is better to suppress my anger than to show it.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn32

		Value

Standard Attributes	Label	Age 73: No matter how nervous or upset I am, I tend to keep a calm exterior.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn33

Value

Standard Attributes	Label	Age 73: I am an emotionally expressive person.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn34

Value

Standard Attributes	Label	Age 73: I have strong emotions.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn35

Value

Standard Attributes	Label	Age 73: I am sometimes unable to hide my feelings, even though I would like to.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn36

Value

Standard Attributes	Label	Age 73: Whenever I feel negative emotions, people can easily see exactly what I am feeling.
Labeled Values	1.00	strongly disagree
	4.00	neutral

	7.00	strongly agree

wemotn37

Value

Standard Attributes	Label	Age 73: There have been times when I have not been able to stop crying even though I tried to stop.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn38

Value

Standard Attributes	Label	Age 73: I experience my emotions very strongly.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn39

Value

Standard Attributes	Label	Age 73: What I'm feeling is written all over my face.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn2

Value

Standard Attributes	Label	Age 73: When I want to feel more positive emotion (such as joy or amusement), I change what I'm thinking about.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn3

		Value
Standard Attributes	Label	Age 73: I'm careful to seek out people or situations that make me have positive feelings.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn4

		Value
Standard Attributes	Label	Age 73: I keep my emotions to myself.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn6

		Value
Standard Attributes	Label	Age 73: When I want to feel less negative emotion (such as sadness or anger), I change what I'm thinking about.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn7

		Value
Standard Attributes	Label	Age 73: When I choose friends or activities, I don't think much about how they will make me feel.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn8

		Value
Standard Attributes	Label	Age 73: When I am feeling positive emotions, I am careful not to express them.
Labeled Values	1.00	strongly disagree

	4.00	neutral
	7.00	strongly agree

wemotn54

Value

Standard Attributes	Label	Age 73: When negative emotions come up, I allow myself to feel them and then I let them go.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn55

Value

Standard Attributes	Label	Age 73: I do not manage my emotions by seeking out situations and people that i expect will make me feel good.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn9

Value

Standard Attributes	Label	Age 73: When I'm faced with a stressful situation, I make myself think about it in a way that helps me stay calm.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn56

Value

Standard Attributes	Label	Age 73: I pretty much accept my emotions as they are.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn10

		Value
Standard Attributes	Label	Age 73: I control my emotions by carefully choosing the situations I get myself into.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn11

		Value
Standard Attributes	Label	Age 73: I control my emotions by not expressing them.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn57

		Value
Standard Attributes	Label	Age 73: I manage my emotions by allowing myself to feel and then release them.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn58

		Value
Standard Attributes	Label	Age 73: I do not manage my emotions by avoiding situations and people that I expect will make me feel bad.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn13

		Value
Standard Attributes	Label	Age 73: When I want to feel more positive emotion, I change the way I'm thinking about the situation.

Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn59

Value

Standard Attributes	Label	Age 73: Accepting my emotions has not come easily to me.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn14

Value

Standard Attributes	Label	Age 73: I'm careful to avoid people or situations that make me have negative feelings.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn60

Value

Standard Attributes	Label	Age 73: I do not regulate my emotions by hiding what I'm feeling inside.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn16

Value

Standard Attributes	Label	Age 73: I control my emotions by changing the way I think about the situation I'm in.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn61

		Value
Standard Attributes	Label	Age 73: I accept my feelings as a natural response to the particular circumstances I am in.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn17

		Value
Standard Attributes	Label	Age 73: How a situation will make me feel is of little concern to me.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn18

		Value
Standard Attributes	Label	Age 73: When I am feeling negative emotions, I make sure not to express them.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn21

		Value
Standard Attributes	Label	Age 73: I control my emotions by changing the particular situation I happen to be in.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn62

		Value

Standard Attributes	Label	Age 73: I understand I am going to have certain emotions at certain times and that is just fine.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn63

Value

Standard Attributes	Label	Age 73: I control my emotions by avoiding certain situations and activities that I expect will put me in a bad mood.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn23

Value

Standard Attributes	Label	Age 73: When I want to feel less negative emotion, I change the way I'm thinking about the situation.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn64

Value

Standard Attributes	Label	Age 73: I have a hard time letting my negative emotions go.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn65

Value

Standard Attributes	Label	Age 73: I control my emotions by approaching situations and activities that I expect will put me in a good mood.
Labeled Values	1.00	strongly disagree
	4.00	neutral

	7.00	strongly agree

wemotn66

Value

Standard Attributes	Label	Age 73: When I am feeling positive emotions (such as joy or pride), I do not try to suppress them.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn67

Value

Standard Attributes	Label	Age 73: Even in emotional situations, I do not regulate my emotions by changing what the situation means to me.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn68

Value

Standard Attributes	Label	Age 73: I regulate my emotions by avoiding spending time with people that I think will probably make me feel bad.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn69

Value

Standard Attributes	Label	Age 73: I accept that I am going to have negative emotions sometimes.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn70

		Value
Standard Attributes	Label	Age 73: I do not regulate my emotions by thinking differently about whatever is making me emotional.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree

wemotn71

		Value
Standard Attributes	Label	Age 73: I regulate my emotions by choosing to spend time with people that I think will probably make me feel good.
Labeled Values	1.00	strongly disagree
	4.00	neutral
	7.00	strongly agree