Bradford Teaching Hospitals NHS
NHS Foundation Trust

Parent Information Sheet
Born in Bradford: Early adolescent mental wellbeing under Coronavirus measures

Born in Bradford (BiB) researchers are carrying out a small study on 20 BiB families. We are trying to understand the impact of coronavirus and subsequent government measures on the mental wellbeing of children aged 11-14. This will be used to inform key decision makers in Bradford and help in Bradford's recovery from the coronavirus.

What will we do?

The study involves each family taking part in two short phone/video interviews with a BiB researcher, Dr Bridget Lockyer. The first interview is with one parent and will take around 15-20 minutes. The second interview will involve your child who is part of the BiB study and will take around 30-40 minutes. It can be conducted in three different ways:

1. With a parent
2. With a similarly aged sibling (aged between 10-16)
3. On their own

It is up to you and your child what you both feel most comfortable with. Both interviews will focus on your child's day to day life under lockdown/not attending school and how they have been feeling. The interviews will be audio-recorded, transcribed and used in our research.

What happens to the information?

- The interviews will be kept confidential and will only be used for research purposes.
- All the information will be held by the Born in Bradford study, and will be stored with a study code (rather than a name) so that it will not be possible for anyone to see information connected to you or your child.
- What is said in the phone or video call will be typed up word for word afterwards and this interview transcript will be analysed anonymously and results will be reported anonymously so it will not be possible to identify any individuals.
- Your family's information will not be passed on to any other organisation unless there were safeguarding concerns.

Who is leading the project?

This project is being led by Rosie McEachan, Josie Dickerson, Laura Sheard and Bridget Lockyer who are all researchers working in the Born in Bradford study team. The study has been reviewed and approved by the ethics approval.

How can I find out more information?

If you would like to find out more about the study or you do not wish to be contacted again about this study please contact Bridget Lockyer on bridget.lockyer@bthft.nhs.uk or 07857671043

How will I find out the results of the study?

The results of this study will be reported and available here https://www.bradfordresearch.nhs.uk/c-sag/ as well as reported in academic journals and conferences.

What do I need to do if I want my family to be involved in this study?

If you are interested in your family taking part in this study we would ask you to discuss it with your child who is part of the BiB study and consider any questions you and your family might have about the study. The researcher will phone you in the next couple of weeks to ask if you would like

your family to be involved in the study. We will ask if you have read this sheet and if you or anyone else in your family has any questions. If you want to go ahead, we will ask your family's preference for the child interview and arrange a day/time for the interviews. We will confirm your consent for you and your family to take part in the interview just before your interview and also confirm your child's consent just before their interview. You can withdraw from the study at any time without giving a reason.

What do I need to do if I DO NOT want my family to be involved in this study?

There is no obligation for your family to take part in the study, if you do not wish to be contacted again about this particular study, either email bridget.lockyer@bthft.nhs.uk or confirm you are not interested during the initial call with the researcher. You can also withdraw from the study at anytime without giving a reason.