Child wellbeing qualitative interviews

Parent consent script and interview guide: version 2 08.06.2020

Introduction: Thank you for taking the time to speak to me today. Can I check that you have read the information sheet about the study and had a chance to discuss the research with your child? Do you have any questions?

Can you please answer Yes or No to the following questions so that we can be sure that you are happy for you and your child to take part in this study. Can you please confirm that you understand that:

- the interviews will be audio recorded, transcribed into words and stored in the Born in Bradford online secure database.
- You and your child's participation in this interview is voluntary and you are both able to stop the interview at any time without giving a reason. You and your child can also withdraw from the study at anytime by contacting us using the details on the information sheet.
- the information you and your child give us will be used anonymously for this study and in published reports.
- We will keep you and your child's information confidential unless we have concerns that you, your child, or someone else, is at risk of harm. In this case we would have to let the relevant healthcare services (e.g. your GP or school nurse) know.
- You are happy for you and your child [NAME] to take part in this study

Questions

How would you describe your child's mental wellbeing before the start of the pandemic and lockdown? (Prompt to give meaning of wellbeing: day to day mood and behaviour, relationships with family members/friends, eating/sleeping habits, confidence in social situations, how they are getting on at school, physical complaints such as headaches/sickness/tiredness)

Have you noticed any changed in mood or behaviour since lockdown?

How has their routine changed? What are they doing anything differently day to day?

How do you think not attending school has impacted on them?

How do you think having more limited social contact with other family and friends has impacted on them? Have they been communicating over the phone/via facetime/zoom/whatsapp?

Have they missed any extra-curricular activities? How do you think this has affected them?

What has been different about home and the family environment since lockdown (e.g. parents working from home or not working, more/less people in the house, mealtimes etc.)? How do you think this has impacted on their mental wellbeing?