Bradford Teaching Hospitals NHS
NHS Foundation Trust

Child Information Sheet
Born in Bradford: Early adolescent mental wellbeing under Coronavirus measures

Born in Bradford (BiB) researchers are carrying out a small study on 20 BiB families. We are trying to understand the impact of coronavirus and subsequent government measures on the mental wellbeing of people aged 11-14. This will be used to inform key decision makers in Bradford and help in Bradford's recovery from the coronavirus.

What will we do?

The study involves your family taking part in two short phone/video interviews with a BiB researcher, Dr Bridget Lockyer. The first interview is with your parent and will take around 15-20 minutes. The second interview will be with you and will take around 30 minutes. It can be conducted in three different ways:

1. With your parent
2. With your brother or sister (if they are aged between 10-16)
3. On your own

It is up to you and your parent what you both feel most comfortable with. The interview will focus on your day to day life under lockdown/not attending school and how you have been feeling. The interviews will be audio-recorded, written-up and used in our research.

What happens to your interview?

- The interviews will only be used for research purposes.
- Your name will be removed from the written-up interview and no-one will be able to tell that you took part in this study.
- Everything you say in the interview will be kept private, unless we have concerns about your safety and health. If we do have concerns, we may tell your parent or an appropriate organisation that can help you.

What do I need to do if I want to be involved in this study?

If you want to take part in the study discuss it with your family and think of any questions you want to ask the research team. The researcher will phone in the next couple of weeks to ask if your family would like to be involved in the study. We will answer any questions you and your family might have. If you want to go ahead, we will ask your family's preference for your interview and arrange a day/time for the interviews. You will be asked to confirm that you are happy to take part in the interview before it starts. You will also be able to pause or stop the interview at anytime without giving a reason.

What do I need to do if I DO NOT want to be involved in this study?

If you do not want to be involved in this study, talk to your family and ask them to let the researcher know that you do not want to take part. If you decide on the day that you do not want to do the interview, tell the researcher (Bridget) and she will not go ahead with the interview.