Assessment of Family Planning and PrEP Integration in Lesotho

In-depth Interview Guide: Family Planning users who may consider using PrEP

Location of interview: _____
Interview Conducted by: _____
Date Interviewed: _____
Start time: _____
End time: _____

Note to RA: Please record if this IDI is of a woman who was recruited from the facility or DREAMS

___ Facility
___ DREAMS/Community

Introduction

My name is _____. Thank you again for your willingness to join this discussion. The primary aim of our time together today is to understand how you would feel about getting PrEP at the same time as you receive your family planning services. Please know there are no right or wrong answers or opinions about the topics we are discussing, so feel free to share your thoughts openly. We're simply looking to collect opinions, experiences, and beliefs from a range of women, which may help us to improve delivery of family planning and PrEP services.

As mentioned earlier, I will be taking notes to document our conversation. Do you have any questions before we begin?

Warm-up

1. I have a few basic questions about you. Can you please share:
    - Your age
    - Marital status
    - Level of schooling
    - Number of children
    - If you are planning to have a child or more children in the future

Family Planning Use

2. Where do you go to get family planning services?
   Probe for:
    - Do you have to go to more than one place? If so, what are all the places?
    - How often do you come to the facility/community site for family planning services?

- How long does it take you to get to this facility (or community service delivery point)?

3. Which method of family planning do you use?
    - If condoms or pills, do you usually receive or purchase more than one month supply at a time? If yes, how many months resupply of condoms or pills covers?
    - If injectable:
        - Do you get your injection every 2 or 3 months? [If doesn't know, probe for name of injectable – Depo vs Noristerat]
        - Do you come to the same place each time to get your injection?
    - If IUD or Implant, did you return (for any reason) to family planning provider after your method was inserted? How often?

4. Think about the last time you started a family planning method or switched to a different FP method. During this time, did you receive family planning method you wanted to use?
    - If not, probe for what method was not available to her.

5. If during your family planning visit you could get more than one service that you wanted or needed, would you be willing to have a longer visit?
   Probe for:
    - What overall length of the visit involving provision of more than one service would be acceptable?

6. What do you like about your experience getting family planning services and how do you think this experience can be improved?
   Probe for:
    - Choice of methods and availability of desired method
    - Privacy and confidentiality
    - Information provided and opportunities to ask questions
    - Provider attitude and interpersonal relations
    - Quality of services and continuity of care
    - Convenient hours, cost, wait time

7. How do you think your partner and/or other members of your family and community feel about you using contraceptive method?
   Probe for:
    - Fear of stigma associated with use of contraception
    - Partner's support for use of contraception
    - Fear of intimate partner violence
    - Need to keep use of contraceptive method private

<u>Familiarity with PrEP and willingness to use</u>

8. I'm interested to learn what you know about PrEP.

Probe for:

- What it is used for
- Who can/should use it
- Where can you get it
- How often you take it

Note to the interviewer: *After recording the answers, use PrEP fact sheet to provide key information on PrEP/fill the gaps as needed.*

9. If you are already using PrEP or used it in the past, tell us about your experience with it.
   Probe for:
   - What do you like about taking PrEP?
   - What do you dislike about taking PrEP?
   - For how long are you planning to continue using PrEP?
   - Do you envision your needs for PrEP will change?
10. Do you think that some women you know (and/or their partners) would consider using PrEP in the future?
    Probe for:
    - The reasons why or why not.
    - The need to educate community about availability of PrEP and its benefits.
11. Where do you go to get PrEP (or would go if not taking PrEP yet)? Where would you prefer to get it?
    Probe for:
    - Would you prefer to get PrEP from a health care provider at facility or at community level or from another place/provider?.
    - Why a particular provider is preferred?

<u>Service integration acceptability</u>

12. What would be your preference for getting PrEP and FP services:
    - At the same visit, but from two different providers? Probe for reasons why or why not. If not mentioned, probe for acceptability of waiting in two different lines to receive services separately.
    - Both services -- PrEP and FP -- from the same provider at facility or community level? Probe for reasons why or why not. If not mentioned, probe for acceptability of a longer visit to receive both services.
    - Other?
    - Need to keep use of PrEP or FP private
13. If you are using PrEP/considering using PrEP, how would you feel about getting PrEP follow-up/resupply, at a time of family planning follow-up visit (e.g. when you are getting resupply of your contraceptive pills or condoms, or getting contraceptive re-injection)?
    Probe for:

- Would it make it more likely that you continue taking PrEP if you can align PrEP refills with your family planning visits schedule?
- If you can't align your family planning and PrEP refills visits, would you prefer to still come for PrEP to family planning provider or to receive PrEP in some other setting (e.g. HIV prevention community-based or clinic-based program)?

14. How do you feel about integrating family planning and PrEP services.
    Probe for:
    - What would make you more likely to seek PrEP and family planning services at the same visit?
    - What would make you less likely to seek PrEP and family planning services at the same visit?
    - What suggestions do you have for integrating the two services?
15. How do you think your partner and/or other members of your family and community will feel about you using PrEP in addition to contraception?
    Probe for:
    - Fear of stigma associated with PrEP use
    - Partner's support for use of PrEP and/or family planning
    - Fear of intimate partner violence

Wrap-up

16. Do you have anything else to share that you think is important?