Codebook: Covid-19 University Stress Test (CUST)

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Concerns

Very concerned = 1
Concerned = 2
Neither / nor = 3
Unconcerned = 4
Not at all concerned = 5

Concerns_1: How concerned are you about your own health these days?

Concerns_2: How concerned are you about your close family health these days?

Concerns_3: How concerned are you about your own economic situation these days?

Concerns_4: How concerned are you about the state of the economy in general?

Concerns_5: How concerned are you about your social life these days?

Concerns_6: How concerned are you that you would have to handle by yourself a crisis situation?

Concerns_7: How concerned are you about the impact on your relationship with your partner?

Concerns_8: How concerned are you about the impact on your relationship with your family?

Concerns_9: How concerned are you about the impact on your educational performance?

Concerns_10: How concerned are you about your future prospects after graduation?

Coping

Tell us what you do differently during these times than before the pandemic.

Less = 1
Same = 2
More = 3
Does not apply to me = 4

Coping_1: Exercise
Coping_2: Eat
Coping_3: Study
Coping_4: Sleep
Coping_5: Drink
Coping_6: Use substances
Coping_7: Call others (on phone, Skype, WhatsApp, etc.)
Coping_8: Follow news in the media (TV, Google News, news sites)
Coping_9: Browse social media
Coping_10: Participate (write, share) on social media
Coping_11: Engage in altruistic work (buy groceries for others, donate online, help with medical care, etc.)
Coping_12: Pray

Health related

Which of these health-related experiences apply to you?

Yes, past months = 1
Yes, currently = 2
Does not apply to me = 3

Health_related_1: Tested positively for Covid-19
Health_related_2: Experienced symptoms of Covid-19
Health_related_3: Family member with Covid-19
Health_related_4: Close friend with Covid-19

Health_related_5: Lost someone close due to Covid-19
Health_related_6: Having been in hospital due to Covid-19
Health_related_7: Having been in self-quarantine due to Covid-19

Life related

Which of these life-related experiences apply to you?

Yes, past months = 1
Yes, currently = 2
Does not apply to me = 3

Life_related_1: My university switched to online teaching
Life_related_2: I could not return to my country of study due to the situation
Life_related_3: I could not return home to see my family
Life_related_4: I lost my job
Life_related_5: I was unable to pay rent anymore
Life_related_6: I was unable to cover my education costs anymore
Life_related_7: I split with my partner

General tendencies

Please tell us whether you agree or disagree with the following statements.

Fully disagree = 1
Somewhat disagree = 2
Neither / nor = 3
Somewhat agree = 4
Fully agree = 5

General_tendencies_1: I generally feel that I can control my life
General_tendencies_2: As a rule, I can stop worrying when I choose to
General_tendencies_3: I am a believer in astrology in general
General_tendencies_4: I think we brought this pandemic upon ourselves
General_tendencies_5: I think this pandemic happened by accident
General_tendencies_6: These days, I feel low from morning to night
General_tendencies_7: I think someone should take the blame for this pandemic
General_tendencies_8: I think Covid-19 is a lab-engineered bioweapon
General_tendencies_9: It is God who decides who lives or not, and not Covid-19
General_tendencies_10: I think we need to hear more from scientists and less from politicians
General_tendencies_11: I think the world is coming to an end

Policy

What policy consequences do you think there should be?

Completely disagree = 1

Rather disagree = 2
Neither / nor = 3
Rather agree = 4
Completely agree = 5

Policy_1: I think both jobs and lives are important, but if the government needs to choose, saving as many lives as possible should be prioritized versus a full economic recovery

Policy_2: The government should raise taxes so to cover the pandemic bill

Policy_3: I think countries should prioritize their own citizens when distributing a vaccine

Policy_4: I think our country should produce itself whatever is needed for the health of our people

Policy_5: I think migration should be curtailed from now on

Policy_6: I think trading across borders without restrictions should be reconsidered

Policy_7: I think the pandemic proved that the world should strive to have more equality between nations

Policy_8: I think the pandemic proved that environment should be a key spending area for policy

Policy_9: I think restrictions of public life should continue until the world is completely free of this virus

Policy_10: The pandemic has made me realize how big the gap in this country is between the rich and the poor, and that something must be done to more fairly distribute our country's wealth

Institutional performance

Now please tell us how you assess the performance of these situations during the pandemic:

Strongly disagree = 1
Somewhat disagree = 2
Neither / nor = 3
Somewhat agree = 4
Strongly agree = 5

Inst_performance_1: I think the government (of the country you study in) has managed the health situation well

Inst_performance_2: I think most people can be trusted to respect public health rules

Inst_performance_3: I would trust the government with my tracing data in exchange for keeping us all safe

Inst_performance_4: I think my university managed to cope with the health situation well

Inst_performance_5: I think the World Health Organization has managed the pandemic well

Inst_performance_6: I generally believe that most people would try to take advantage of me if they got a chance rather than treating me fairly

Inst_performance_7: I think the pandemic showed how important solidarity among people is versus a world where everyone cares only for oneself

Trust in government

Variable name: Trust_gov

In general, how much do you trust the government of your current country of residence to implement the appropriate measures to deal with the COVID-19 pandemic?

Completely = 1
Somewhat = 2
Neither, nor = 3
Very little = 4
Not at all = 5

Compliance with measures

Most governments have put COVID-19 measures in place to lower the number of infections. These restrictions often include keeping distance/avoiding crowds, washing hands and wearing a mask. Which of these restrictions do you obey or disobey in your everyday life?

Always = 1
Often = 2
Somewhat = 3
Rarely = 4
Never = 5
I do not know or no measure in place = 6

Comp_measures_1: Keeping distance / avoiding crows
Comp_measures_2: Washing hands
Comp_measures_3: Wearing mask

Socio-demographic variables

Gender

Variable name: **Gender**

What is your gender?

Male = 1
Female = 2
Other =3

Age

Variable name: **Age**

In what year were you born?

[Text entry]

Location

Variable name: **Location**

What is your country of residence?

[Text entry]

Relationship

Variable name: **Relationship**

Are you currently …?

Single = 1
In a relationship = 2
Married = 3

Children

Variable name: **Children**

Do you have any children?

No = 1
Yes = 2

English programme

Variable name: **Engl_progrm**

Are you enrolled in an English-speaking programme?

No = 1
Yes = 2

Degree

Variable name: **Degree**

In which kind of academic programme are you currently enrolled?

Bachelor = 1
Master = 2
PhD = 3
None, I left university last year = 4
Other = 5

Institution

Variable name: **Instituion**

Which university/academic institution do you attend?

[Text entry]

Study country

Variable name: **Study_country**

Are you currently studying in your own country?

Yes = 1
No = 2

Income

Variable name: **Income**

Have your earnings managed to cover your bills last month?

Yes = 1
No = 2

Religion

Variable name: **Religion**

What is your present religion, if any? Are you

Protestant = 1
Roman Catholic = 2
Orthodox such as Greek or Russian Orthodox = 3
Jewish = 4
Muslim = 5
Buddhist = 6
Hindu = 7
Atheist = 8
Agnostic = 9
None = 10

Variable name: **Religion_text**

[Text entry]