A PILL A DAY HELPS KEEP HIV AWAY

What is PrEP?

PrEP is a new medicine that helps people stay HIV negative. PrEP should be taken every day to protect against HIV. When the medicine is in a persons blood, it will stop HIV from spreading in the body. When the medicine is in your blood, it will stop HIV from spreading in your body.

PrEP CAN STOP HIV.

SPREAD THE WORD. NOT THE VIRUS.
#HIVfreegeneration

WE ARE THE GENERATION THAT WILL END HIV

THIS IS HER MOMENT

SHE IS HER OWN WOMAN.
SHE IS IN CONTROL.

SHE IS PrEPARED
FOR TODAY. FOR THE FUTURE.
FOR LIFE'S TWISTS AND TURNS.

SHE IS **PrEPPED**

PREP IS A NEW WAY TO PROTECT ONESELF FROM HIV.
TAKEN EVERY DAY, IT HELPS ONE STAY HIV FREE. #getPrEPPED

PrEP IS A NEW PILL THAT HELPS PREVENT HIV. IF A PERSON TAKES PREP AND HAS SEX WITH SOMEONE WHO HAS HIV, IT CAN KEEP THEM FROM GETTING INFECTED.

WHY TAKE PrEP?

People may take PrEP for a few different reasons that may change over time. Here are some of them:

"I care about my partner and don't want her to get HIV. I support her taking PrEP."

"With PrEP, I am in charge of my health and I feel more confident."

"I'm lucky I didn't get HIV, but I'd rather not rely on luck anymore."

"It's not always easy to use condoms. PrEP gives us additional protection."

"Sometimes we aren't in the mood to use condoms. With PrEP I know I'm protected."

"My mother was happy to learn that I am taking PrEP. She is HIV+ and doesn't want that for me. We help each other stay motivated; in the morning, I take my PrEP and she takes her HIV treatment."

WHAT TO KNOW ABOUT PrEP?

'PrEP' stands for Pre-Exposure Prophylaxis against HIV. It's like a birth control pill: if you take it every day, you won't fall pregnant. If you take PrEP every day, you won't get HIV. Like all medications, there are some things to keep in mind:

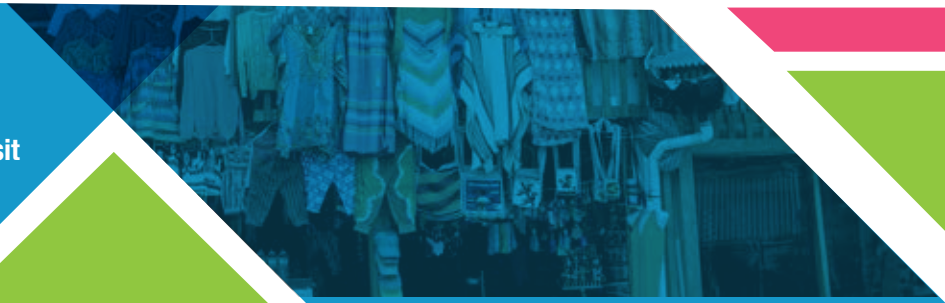
- PrEP isn't a morning after pill and cannot prevent infection if taken right before or after having sex.
- PrEP is for people who are HIV negative. HIV positive people need a different pill to treat HIV.
- If one partner hasn't been tested or is HIV positive, the other partner can take PrEP to prevent HIV infection.
- PrEP does not protect against pregnancy or STIs.

WHAT TO EXPECT WHEN TAKING PrEP?

- Studies have shown that PrEP is very safe.
- A few people people will experience an upset stomach during the short time when their body gets used to the medicine. These side effects are usually mild and go away within a few weeks.
- One must test for HIV before starting PrEP.

CONTACT

To find out more about PrEP studies, visit [clinic name and address].



BE THE GENERATION TO END HIV
3P PREP - POWER - PRIDE
DESMOND TUTU HIV FOUNDATION