Table 1. Paired samples t-test statistics for the mean changes between baseline and post-treatment (*n* = 8).

	N	**Baseline mean (sd)**	**Post-treatment mean (sd)**	***t***	**Sig.**	**Effect Size (*g*)**
ITQ PTSD Total Score	8	15.50 (2.98)	9.88 (4.94)	3.21	0.015	1.01
ITQ PTSD Functional Impairment Score	8	8.50 (2.78)	5.25 (3.24)	2.60	0.035	0.82