Table 2. Positive Subjective Effects During KA-EMDR Sessions

Positive Effects	N (%)
Compassion for others	6 (85.7%)
Clarity	6 (85.7%)
Self-compassion	5 (71.4%)
Relaxation	5 (71.4%)
Peacefulness	5 (71.4%)
Enhanced access to memory/traumatic material	4 (57.1%)
Expansiveness	4 (57.1%)
Mystical/spiritual experiences	4 (57.1%)
Feelings of love	4 (57.1%)
Joy	3 (42.9%)
Euphoria	2 (28.6%)