Web of Science

Search Strategy

1: (((((TS=(Exercises)) OR TS=(Physical Activity)) OR TS=(Activities, Physical)) OR TS=(Aerobic Exercise)) OR TS=(Isometric Exercises)) OR TS=(Exercise Training)

2: (((((TS=(COVID 19)) OR TS=(2019-nCoV Infection)) OR TS=(SARS-CoV-2 Infection)) OR TS=(Infection, SARS-CoV-2)) OR TS=(COVID 19 Virus Infection)) OR TS=(COVID-19 Pandemic)

3: TS=(Randomized Controlled Trial)

4: (((TS=(Mental Health)) OR ALL=(Health, Mental)) OR ALL=(Mental Hygiene)) OR ALL=(Hygiene, Mental)

5: (((((TS=(Depression)) OR ALL=(Depressive Symptoms)) OR ALL=(Depressive Symptom)) OR ALL=(Symptom, Depressive)) OR ALL=(Emotional Depression)) OR ALL=(Depression, Emotional)

6: (((((((TS=(Anxiety)) OR ALL=(Angst)) OR ALL=(Social Anxiety)) OR ALL=(Anxieties, Social)) OR ALL=(Anxiety, Social)) OR ALL=(Social Anxieties)) OR ALL=(Hypervigilance)) OR ALL=(Nervousness)) OR ALL=(Anxiousness)

7: #4 OR #5 OR #6

8: #7 AND #3 AND #2 AND #1

9: (((TS=(Randomized Controlled Trial)) OR ALL=(Clinical Study)) OR ALL=(Clinical Trial)) OR ALL=(Controlled Clinical Trial)

10: #9 AND #7 AND #2 AND #1

CNKI

Search Strategy

TI = (隔离 + 封城 + 社交距离+方舱 + 心理 + 心理健康+精神卫生+精神疾病+心理疾病+污名 + 耻辱 + 羞辱 + 恐惧 + 焦虑 + 抑郁 + 孤独 + 压力 + 中午 + 创伤 +创伤后 + 愤怒 + 情绪 + 情绪 + 易怒 + 情绪+心理障碍+哀伤 + 悲伤 + 悲痛 + 悲哀 + 忧郁 + 倦怠)*(新冠 + 新型冠状) OR AB = (隔离 + 封城 + 社交距离+方舱+心理+心理健康+精神卫生+精神疾病+疾病+污名+耻辱+羞辱+恐惧+焦虑+抑郁+自我+压力+中部+创伤+创伤后+愤怒+情绪+情绪+易怒+情绪障碍+心理障碍+哀伤+悲伤+悲痛+悲哀+忧郁+倦怠)*(新冠+新型冠状) AND SU = '锻炼'+'体育锻炼'+'身体锻炼'+'活动'+'身体活动'+'太极拳'+'慢跑'+'瑜伽'+'气功'+'自行车'+'垒球'+'散步'+'快走'+'跑步机'+'有氧训练'+'无氧训练'+'体育活动'+'运动'+'体育运动"

Wanfang

Search Strategy

(“隔离” or 封城 or “社交距离” or 方舱 or 心理 or “心理健康” or “精神卫生” or “精神疾病” or “心理疾病” or 污名 or 耻辱 or 羞辱 or 恐惧 or 焦虑 or 抑郁 or 孤独 or 压力 or 应激 or 创伤 or “创伤后” or 愤怒 or 情绪 or 心情 or 易怒 or “情绪障碍” or “心理障碍” or 哀伤 or 悲伤 or 悲痛 or 悲哀 or 忧郁 or 倦怠) and (“新冠” or “新型冠状”) and("锻炼"or "体育锻炼" or "身体锻炼" or "活动" or "身体活动" or "太极拳" or "慢跑" or "瑜伽" or "气功" or "自行车" or "垒球" or "散步" or "快走" or "跑步机" or "有氧训练" or "无氧训练" or "体育活动" or "运动" or "体育运动") and("实验"or "双盲法实验" or "随机对照实验" or "临床实验" or "对照临床实验" or "RCT")

Cochrane Library

Search Strategy

ID Search Hits

#1 MeSH descriptor: [Exercise] explode all trees

#2 Exercises or Physical or Physical Activities or Exercise, Physical or Activities, Physical or Physical Exercises or Activity, Physical or Exercises or Physical Activity or Physical Exercise or Acute Exercise or Acute Exercises or Exercise, Acute or Exercises, Acute or Training, Exercise or Exercise Trainings or Exercise Training or Trainings, Exercise or Exercises, Isometric or Isometric Exercises or Exercise, Isometric or Isometric Exercise or Aerobic Exercise or Exercises, Aerobic or Exercise, Aerobic or Aerobic Exercises (Word variations have been searched)

#3 MeSH descriptor: [COVID-19] explode all trees

#4 COVID-19 PandemicCOVID-19 Pandemic or Pandemic, COVID-19 or COVID 19 Pandemic or COVID-19 Pandemics or COVID 19 Virus Disease or Coronavirus Disease-19 or Coronavirus Disease 2019 or 2019 nCoV Disease or SARS-CoV-2 Infection or Virus Disease, COVID-19 or COVID 19 or COVID 19 Virus Infection or Disease, COVID-19 Virus or COVID19 or COVID-19 Virus Diseases or COVID-19 Virus Disease or SARS-CoV-2 Infections or Disease 2019, Coronavirus or Infection, SARS-CoV-2 or 2019 Novel Coronavirus Infection or SARS Coronavirus 2 Infection or COVID-19 Virus Infection or Coronavirus Disease 19 or 2019 Novel Coronavirus Disease or SARS CoV 2 Infection or Virus Infection, COVID-19 or COVID-19 Virus Infections or Severe Acute Respiratory Syndrome Coronavirus 2 Infection or 2019 nCoV Infection or Infection, COVID-19 Virus; (Word variations have been searched)

#5 #1 or #2

#6 #3 or #4

#7 MeSH descriptor: [Randomized Controlled Trial] explode all trees

#8 MeSH descriptor: [Mental Health] explode all trees

#9 Hygiene, Mental or Health, Mental or Mental Hygiene (Word variations have been searched)

#10 #8 or #9

#11 MeSH descriptor: [Depression] explode all trees

#12 Emotional Depression or Symptom, Depressive or Depressive Symptom or Depressive Symptoms or Depression, Emotional) (Word variations have been searched (Word variations have been searched)

#13 #11 or #12

#14 MeSH descriptor: [Anxiety] explode all trees

#15 Anxieties, Social or Anxiety, Social or Social Anxiety or Social Anxieties or Hypervigilance or Anxiousness or Angst or Nervousness (Word variations have been searched)
#16 #14 or #15
#17 #5 and #6 (Word variations have been searched)
#18 #10 or #13 or #16
#19 #17 and #18 with Cochrane Library publication date Between Jan 2019 and Jun 2023 (Word variations have been searched)

Embase

Search Strategy
Session Results
.....
#2 AND #3 AND #5 AND [2019-2024]/py
No. Query Results Results Date
#15. ((('exercise'/exp OR 'biometric exercise' OR 30 Jun 2023
'effort' OR 'exercise capacity' OR 'exercise performance' OR 'exercise training' OR 'exertion' OR fitness training' OR 'fitness workout' OR 'physical conditioning, human' OR 'physical effort' OR 'physical exercise' OR 'physical exertion' OR 'physical work-out' OR 'physical workout' OR 'exercise' OR aerobics) AND exercise OR 'aerobic dance' OR 'aerobic dancing' OR 'aerobics' OR 'aerobics exercise' OR 'dancing, aerobic' OR 'exercise, aerobic' OR 'low impact aerobic exercise' OR 'low impact aerobics' OR 'step aerobics' OR 'aerobic exercise' OR 'anaerobic exercise work' OR 'anaerobic work' OR 'anaerobic exercise' OR anaerobic）) AND (('coronavirus disease 2019'/exp OR 'covid 19') AND pneumonia OR '2019 novel coronavirus disease' OR '2019 novel coronavirus epidemic' OR '2019 novel coronavirus infection' OR '2019-ncov disease' OR '2019-ncov infection' OR 'coronavirus disease 2' OR 'coronavirus disease 2010' OR 'coronavirus disease-19' OR 'coronavirus infection 2019' OR 'covid' OR 'covid 19' OR 'covid 2019' OR 'covid-10' OR 'covid-19' OR 'covid19' OR 'ncov 2019 disease' OR 'ncov 2019 infection' OR 'novel coronavirus 2019 disease' OR 'novel coronavirus 2019 infection' OR 'novel coronavirus disease 2019' OR 'novel coronavirus infection 2019' OR 'paucisymptomatic coronavirus disease 2019' OR 'sars coronavirus 2 infection' OR 'sars-cov-2 disease' OR 'sars-cov-2 infection' OR 'sars-cov2 disease' OR 'sars-cov2 infection' OR 'sarscov2 disease' OR 'sarscov2 infection' OR 'severe acute respiratory syndrome 2' OR 'severe acute respiratory syndrome coronavirus 2 infection' OR 'severe acute respiratory syndrome coronavirus 2019 infection' OR 'severe acute respiratory syndrome cov-2 infection' OR 'wuhan coronavirus disease' OR 'wuhan coronavirus infection' OR 'coronavirus disease 2019' OR '2019-ncov pneumonia' OR 'coronavirus disease 2019 pneumonia' OR 'covid 19 induced pneumonia' OR 'covid-19 induced pneumonia' OR 'covid-19 pneumonitis' OR 'covid-2019 pneumonia' OR 'new coronavirus pneumonia' OR 'novel coronavirus infected pneumonia' OR 'novel coronavirus pneumonia' OR 'pneumonia by sars-cov-2' OR 'pneumonia caused by sars-cov-2' OR 'pneumonia caused by sarscov-2' OR 'pneumonia due to sars-cov-2' OR 'pneumonia due to sarscov-2' OR 'sars coronavirus 2 pneumonia' OR 'sars-cov-2 pneumonia' OR 'sars-cov-2 pneumonitis' OR 'sars-cov-2 viral pneumonia' OR 'sars-cov-2 virus pneumonia' OR 'sarscov2 pneumonia' OR 'severe acute respiratory syndrome 2 pneumonia' OR 'covid-19 pneumonia') AND ('mental health'/exp OR

'condition, mental' OR 'health, mental' OR 'mental care' OR 'mental condition' OR 'mental factor' OR 'mental help' OR 'mental service' OR 'mental state' OR 'mental status' OR 'mental status schedule' OR 'psychic health' OR 'mental health' OR 'depression'/exp OR 'central depression' OR 'clinical depression' OR 'depressive disease' OR 'depressive disorder' OR 'depressive episode' OR 'depressive illness' OR 'depressive personality disorder' OR 'depressive state' OR 'depressive symptom' OR 'depressive syndrome' OR 'mental depression' OR 'parental depression' OR 'depression' OR 'anxiety'/exp)) AND ('randomized controlled trial'/exp OR 'controlled trial, randomized' OR 'randomised controlled study' OR 'randomised controlled trial' OR 'randomized controlled study' OR 'trial, randomized controlled' OR 'randomized controlled trial')

#14. 'randomized controlled trial'/exp OR 'controlled trial, randomized' OR 'randomised controlled study' OR 'randomised controlled trial' OR 'randomized controlled study' OR 'trial, randomized controlled' OR 'randomized controlled trial' 30 Jun 2023

#13. (('exercise'/exp OR 'biometric exercise' OR 'effort' OR 'exercise capacity' OR 'exercise performance' OR 'exercise training' OR 'exertion' OR 'fitness training' OR 'fitness workout' OR 'physical conditioning, human' OR 'physical effort' OR 'physical exercise' OR 'physical exertion' OR 'physical work-out' OR 'physical workout' OR 'exercise' OR aerobics) AND exercise OR 'aerobic dance' OR 'aerobic dancing' OR 'aerobics' OR 'aerobics exercise' OR 'dancing, aerobic' OR 'exercise, aerobic' OR 'low impact aerobic exercise' OR 'low impact aerobics' OR 'step aerobics' OR 'aerobic exercise' OR 'anaerobic exercise work' OR 'anaerobic work' OR 'anaerobic exercise' OR anaerobic）) AND (('coronavirus disease 2019'/exp OR 'covid 19') AND pneumonia OR '2019 novel coronavirus disease' OR '2019 novel coronavirus epidemic' OR '2019 novel coronavirus infection' OR '2019-ncov disease' OR '2019-ncov infection' OR 'coronavirus disease 2' OR 'coronavirus disease 2010' OR 'coronavirus disease-19' OR 'coronavirus infection 2019' OR 'covid' OR 'covid 19' OR 'covid 2019' OR 'covid-10' OR 'covid-19' OR 'covid19' OR 'ncov 2019 disease' OR 'ncov 2019 infection' OR 'novel coronavirus 2019 disease' OR 'novel coronavirus 2019 infection' OR 'novel coronavirus disease 2019' OR 'novel coronavirus infection 2019' OR 'paucisymptomatic coronavirus disease 2019' OR 'sars coronavirus 2 infection' OR 'sars-cov-2 disease' OR 'sars-cov-2 infection' OR 'sars-cov2 disease' OR 'sars-cov2 infection' OR 'sarscov2 disease' OR 'sarscov2 infection' OR 'severe acute respiratory syndrome 2' OR 'severe acute respiratory syndrome coronavirus 2 infection' OR 'severe acute respiratory syndrome coronavirus 2019 infection' OR 'severe acute respiratory syndrome cov-2 infection' OR 'wuhan coronavirus disease' OR 'wuhan coronavirus infection' OR 'coronavirus disease 2019' OR '2019-ncov pneumonia' OR 'coronavirus disease 2019 pneumonia' OR 'covid 19 induced pneumonia' OR 'covid-19 induced pneumonia' OR 'covid-19 pneumonitis' OR 'covid-2019 pneumonia' OR 'new coronavirus pneumonia' OR 'novel coronavirus infected pneumonia' OR 'novel coronavirus pneumonia' OR 'pneumonia by sars-cov-2' OR 'pneumonia caused by sars-cov-2' OR 'pneumonia caused by sarscov-2' OR 'pneumonia due to sars-cov-2' OR 'pneumonia due to sarscov-2' OR 'sars coronavirus 2 pneumonia' OR 'sars-cov-2 pneumonia' OR 'sars-cov-2 pneumonitis' OR 'sars-cov-2 viral pneumonia' OR 'sars-cov-2 virus pneumonia' OR 'sarscov2 pneumonia' OR 'severe acute respiratory syndrome 2 pneumonia' OR 'covid-19 pneumonia') AND ('mental health'/exp OR 'condition, mental' OR 'health, mental' OR 'mental care' OR 'mental condition' OR 'mental factor' OR 'mental help' OR 'mental service' OR 'mental state' OR 'mental status' OR 'mental status schedule' OR 'psychic health' OR 'mental health' OR 'depression'/exp OR 'central depression' OR 'clinical depression' OR 'depressive disease' OR 'depressive disorder' OR 'depressive episode' OR 30 Jun 2023

'depressive illness' OR 'depressive personality disorder' OR 'depressive state' OR 'depressive symptom' OR 'depressive syndrome' OR 'mental depression' OR 'parental depression' OR 'depression' OR 'anxiety'/exp)

#12. 'mental health'/exp OR 'condition, mental' OR 30 Jun 2023

'health, mental' OR 'mental care' OR 'mental condition' OR 'mental factor' OR 'mental help' OR 'mental service' OR 'mental state' OR 'mental status' OR 'mental status schedule' OR 'psychic health' OR 'mental health' OR 'depression'/exp OR 'central depression' OR 'clinical depression' OR 'depressive disease' OR 'depressive disorder' OR 'depressive episode' OR 'depressive illness' OR 'depressive personality disorder' OR 'depressive state' OR 'depressive symptom' OR 'depressive syndrome' OR 'mental depression' OR 'parental depression' OR 'depression' OR 'anxiety'/exp

#11. 'depression'/exp 30 Jun 2023

#10. 'mental health'/exp OR 'condition, mental' OR 30 Jun 2023

'health, mental' OR 'mental care' OR 'mental condition' OR 'mental factor' OR 'mental help' OR 'mental service' OR 'mental state' OR 'mental status' OR 'mental status schedule' OR 'psychic health' OR 'mental health'

#9. ('coronavirus disease 2019'/exp OR 'covid 19') 30 Jun 2023

AND pneumonia OR '2019 novel coronavirus disease' OR '2019 novel coronavirus epidemic' OR '2019 novel coronavirus infection' OR '2019-ncov disease' OR '2019-ncov infection' OR 'coronavirus disease 2' OR 'coronavirus disease 2010' OR 'coronavirus disease-19' OR 'coronavirus infection 2019' OR 'covid' OR 'covid 19' OR 'covid 2019' OR 'covid-10' OR 'covid-19' OR 'covid19' OR 'ncov 2019 disease' OR 'ncov 2019 infection' OR 'novel coronavirus 2019 disease' OR 'novel coronavirus 2019 infection' OR 'novel coronavirus disease 2019' OR 'novel coronavirus infection 2019' OR 'paucisymptomatic coronavirus disease 2019' OR 'sars coronavirus 2 infection' OR 'sars-cov-2 disease' OR 'sars-cov-2 infection' OR 'sars-cov2 disease' OR 'sars-cov2 infection' OR 'sarscov2 disease' OR 'sarscov2 infection' OR 'severe acute respiratory syndrome 2' OR 'severe acute respiratory syndrome coronavirus 2 infection' OR 'severe acute respiratory syndrome coronavirus 2019 infection' OR 'severe acute respiratory syndrome cov-2 infection' OR 'wuhan coronavirus disease' OR 'wuhan coronavirus infection' OR 'coronavirus disease 2019' OR '2019-ncov pneumonia' OR 'coronavirus disease 2019 pneumonia' OR 'covid 19 induced pneumonia' OR 'covid-19 induced pneumonia' OR 'covid-19 pneumonitis' OR 'covid-2019 pneumonia' OR 'new coronavirus pneumonia' OR 'novel coronavirus infected pneumonia' OR 'novel coronavirus pneumonia' OR 'pneumonia by sars-cov-2' OR 'pneumonia caused by sars-cov-2' OR 'pneumonia caused by sarscov-2' OR 'pneumonia due to sars-cov-2' OR 'pneumonia due to sarscov-2' OR 'sars coronavirus 2 pneumonia' OR 'sars-cov-2 pneumonia' OR 'sars-cov-2 pneumonitis' OR 'sars-cov-2 viral pneumonia' OR 'sars-cov-2 virus pneumonia' OR 'sarscov2 pneumonia' OR 'severe acute respiratory syndrome 2 pneumonia' OR 'covid-19 pneumonia'

#8. 'coronavirus disease 2019'/exp 30 Jun 2023

#7. ('exercise'/exp OR 'biometric exercise' OR 30 Jun 2023

'effort' OR 'exercise capacity' OR 'exercise performance' OR 'exercise training' OR 'exertion' OR 'fitness training' OR 'fitness workout' OR 'physical conditioning, human' OR 'physical effort' OR 'physical exercise' OR 'physical exertion' OR 'physical work-out' OR 'physical workout' OR 'exercise' OR aerobics) AND exercise OR 'aerobic dance' OR 'aerobic dancing' OR 'aerobics' OR 'aerobics exercise' OR 'dancing, aerobic' OR 'exercise, aerobic' OR 'low impact aerobic exercise' OR 'low impact aerobics' OR 'step aerobics' OR 'aerobic exercise' OR 'anaerobic exercise work' OR

'anaerobic work' OR 'anaerobic exercise' OR anaerobic）

#6. ('exercise'/exp OR 'biometric exercise' OR 30 Jun 2023

'effort' OR 'exercise capacity' OR 'exercise performance' OR 'exercise training' OR 'exertion' OR 'fitness training' OR 'fitness workout' OR 'physical conditioning, human' OR 'physical effort' OR 'physical exercise' OR 'physical exertion' OR 'physical work-out' OR 'physical workout' OR 'exercise' OR aerobics) AND exercise OR 'aerobic dance' OR 'aerobic dancing' OR 'aerobics' OR 'aerobics exercise' OR 'dancing, aerobic' OR 'exercise, aerobic' OR 'low impact aerobic exercise' OR 'low impact aerobics' OR 'step aerobics' OR 'aerobic exercise' OR 'anaerobic exercise work' OR 'anaerobic work' OR 'anaerobic exercise' OR anaerobic

#5. (('exercise'/exp OR 'biometric exercise' OR 30 Jun 2023

'effort' OR 'exercise capacity' OR 'exercise performance' OR 'exercise training' OR 'exertion' OR 'fitness training' OR 'fitness workout' OR 'physical conditioning, human' OR 'physical effort' OR 'physical exercise' OR 'physical exertion' OR 'physical work-out' OR 'physical workout' OR 'exercise' OR aerobics) AND exercise OR 'aerobic dance' OR 'aerobic dancing' OR 'aerobics' OR 'aerobics exercise' OR 'dancing, aerobic' OR 'exercise, aerobic' OR 'low impact aerobic exercise' OR 'low impact aerobics' OR 'step aerobics' OR 'aerobic exercise' OR 'anaerobic exercise work' OR 'anaerobic work' OR 'anaerobic exercise' OR anaerobic) AND exercise AND work

#4. (('exercise'/exp OR 'biometric exercise' OR 30 Jun 2023

'effort' OR 'exercise capacity' OR 'exercise performance' OR 'exercise training' OR 'exertion' OR 'fitness training' OR 'fitness workout' OR 'physical conditioning, human' OR 'physical effort' OR 'physical exercise' OR 'physical exertion' OR 'physical work-out' OR 'physical workout' OR 'exercise' OR aerobics) AND exercise OR 'aerobic dance' OR 'aerobic dancing' OR 'aerobics' OR 'aerobics exercise' OR 'dancing, aerobic' OR 'exercise, aerobic' OR 'low impact aerobic exercise' OR 'low impact aerobics' OR 'step aerobics' OR 'aerobic exercise' OR 'anaerobic exercise work' OR 'anaerobic work' OR 'anaerobic exercise' OR anaerobic) AND exercise AND work

#3. 'biometric exercise'/exp OR 'biometric exercise' 30 Jun 2023

OR 'effort'/exp OR 'effort' OR 'exercise capacity'/exp OR 'exercise capacity' OR 'exercise performance'/exp OR 'exercise performance' OR 'exercise training'/exp OR 'exercise training' OR 'exertion'/exp OR 'exertion' OR 'fitness training'/exp OR 'fitness training' OR 'fitness workout'/exp OR 'fitness workout' OR 'physical conditioning, human'/exp OR 'physical conditioning, human' OR 'physical effort'/exp OR 'physical effort' OR 'physical exercise'/exp OR 'physical exercise' OR 'physical exertion'/exp OR 'physical exertion' OR 'physical work-out'/exp OR 'physical work-out' OR 'physical workout'/exp OR 'physical workout' OR 'exercise'/exp OR 'exercise'

#2. 'exercise'/exp 30 Jun 2023

#1. 'exercise'/exp 30 Jun 2023

Ovid MEDLINE

Search Strategy

1 COVID 19.mp. or exp *COVID-19/

2 exp Exercise Tolerance/ or exp Exercise Movement Techniques/ or exp Plyometric Exercise/ or exp Compulsive Exercise/ or exp Cool-Down Exercise/ or exp Preoperative Exercise/ or exp Exercise Test/ or exp Exercise/ or exp Circuit-Based Exercise/ or exp Warm-Up Exercise/ or exp

Exercise Therapy/
3 mental health.mp. or exp *Mental Health/
4 exp Depression, Chemical/ or exp Depression/
5 exp Test Anxiety/ or exp Anxiety/ or exp Anxiety, Separation/ or exp Anxiety Disorders/ or exp Performance Anxiety/
6 exp Randomized Controlled Trial/
7 3 or 4 or 5
8 1 and 2 and 7

Pubmed

Search Strategy

Search number Query Sort By Filters Search Details Results Time

16 #13 and #14 and #15 from 2019/1/1 - 2023/6/30 (("Exercise"[MeSH Terms] OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "activity"[All Fields]) OR "physical activity"[All Fields] OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("activities"[All Fields] AND "physical"[All Fields]) OR "activities physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("activity"[All Fields] AND "physical"[All Fields]) OR "activity physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "activities"[All Fields]) OR "physical activities"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "physical"[All Fields]) OR "exercise physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "physical"[All Fields]) OR "exercises physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "Exercise"[All Fields]) OR "physical exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "exercises"[All Fields]) OR "physical exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("acute"[All Fields] AND "Exercise"[All Fields]) OR "acute exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("acute"[All Fields] AND "exercises"[All Fields]) OR "acute exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "acute"[All Fields]) OR "exercise acute"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "acute"[All Fields]) OR "exercises acute"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "isometric"[All Fields]) OR "exercise isometric"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "isometric"[All Fields]) OR "exercises isometric"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("isometric"[All Fields] AND "exercises"[All Fields]) OR "isometric exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("isometric"[All Fields] AND "Exercise"[All Fields]) OR "isometric exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "aerobic"[All Fields]) OR "exercise aerobic"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("aerobic"[All Fields] AND "Exercise"[All Fields]) OR "aerobic exercise"[All Fields]) OR ("Exercise"[MeSH

Terms] OR "Exercise"[All Fields] OR ("aerobic"[All Fields] AND "exercises"[All Fields]) OR "aerobic exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "aerobic"[All Fields]) OR "exercises aerobic"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "training"[All Fields]) OR "exercise training"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "trainings"[All Fields]) OR "exercise trainings"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("training"[All Fields] AND "Exercise"[All Fields]) OR "training exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("trainings"[All Fields] AND "Exercise"[All Fields]))) OR ("Exercise"[MeSH Terms] OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "activity"[All Fields]) OR "physical activity"[All Fields] OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("activities"[All Fields] AND "physical"[All Fields]) OR "activities physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("activity"[All Fields] AND "physical"[All Fields]) OR "activity physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "activities"[All Fields]) OR "physical activities"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "physical"[All Fields]) OR "exercise physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "physical"[All Fields]) OR "exercises physical"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "Exercise"[All Fields]) OR "physical exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("physical"[All Fields] AND "exercises"[All Fields]) OR "physical exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("acute"[All Fields] AND "Exercise"[All Fields]) OR "acute exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("acute"[All Fields] AND "exercises"[All Fields]) OR "acute exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "acute"[All Fields]) OR "exercise acute"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "acute"[All Fields]) OR "exercises acute"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "isometric"[All Fields]) OR "exercise isometric"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "isometric"[All Fields]) OR "exercises isometric"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("isometric"[All Fields] AND "exercises"[All Fields]) OR "isometric exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("isometric"[All Fields] AND "Exercise"[All Fields]) OR "isometric exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "aerobic"[All Fields]) OR "exercise aerobic"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("aerobic"[All Fields] AND "Exercise"[All Fields]) OR "aerobic exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("aerobic"[All Fields] AND "exercises"[All Fields]) OR "aerobic exercises"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("exercises"[All Fields] AND "aerobic"[All Fields]) OR "exercises aerobic"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND "training"[All Fields]) OR "exercise training"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("Exercise"[All Fields] AND

"trainings"[All Fields]) OR "exercise trainings"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("training"[All Fields] AND "Exercise"[All Fields]) OR "training exercise"[All Fields]) OR ("Exercise"[MeSH Terms] OR "Exercise"[All Fields] OR ("trainings"[All Fields] AND "Exercise"[All Fields])))))) AND ("COVID-19"[MeSH Terms] OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov infection"[All Fields] OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov infections"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "infection 2019 ncov"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars cov 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "infection sars cov 2"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars cov 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars cov 2 infections"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 novel coronavirus disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 novel coronavirus infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus infections"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "infection covid 19 virus"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "virus infection covid 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "coronavirus disease 2019"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "disease 2019 coronavirus"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "coronavirus disease 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "coronavirus disease 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "severe acute respiratory syndrome coronavirus 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "disease covid 19 virus"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "virus disease covid 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars coronavirus 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov diseases"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "disease 2019 ncov"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 pandemic"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 pandemic"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "pandemic covid 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 pandemics"[All Fields])) OR ("COVID-19"[MeSH Terms] OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov infection"[All Fields] OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019

ncov infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov infections"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "infection 2019 ncov"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars cov 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "infection sars cov 2"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars cov 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars cov 2 infections"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 novel coronavirus disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 novel coronavirus infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus infections"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "infection covid 19 virus"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "virus infection covid 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "coronavirus disease 2019"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "disease 2019 coronavirus"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "coronavirus disease 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "coronavirus disease 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "severe acute respiratory syndrome coronavirus 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 virus disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "disease covid 19 virus"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "virus disease covid 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "sars coronavirus 2 infection"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov disease"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "2019 ncov diseases"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "disease 2019 ncov"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 pandemic"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 pandemic"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "pandemic covid 19"[All Fields]) OR ("COVID-19"[MeSH Terms] OR "COVID-19"[All Fields] OR "covid 19 pandemics"[All Fields]))))) AND ("Mental Health"[MeSH Terms] OR ("Mental Health"[MeSH Terms] OR ("Mental Health"[MeSH Terms] OR ("mental"[All Fields] AND "health"[All Fields]) OR "Mental Health"[All Fields] OR ("health"[All Fields] AND "mental"[All Fields]) OR "health mental"[All Fields] OR ("Mental Health"[MeSH Terms] OR ("mental"[All Fields] AND "health"[All Fields]) OR "Mental Health"[All Fields] OR ("mental"[All Fields] AND "hygiene"[All Fields]) OR "mental hygiene"[All Fields]) OR ("Mental Health"[MeSH Terms] OR ("mental"[All Fields] AND "health"[All Fields]) OR "Mental Health"[All Fields] OR ("hygiene"[All Fields] AND "mental"[All Fields]) OR "hygiene, mental"[All Fields]))) OR "Depression"[MeSH Terms] OR ("Depression"[MeSH Terms]

OR "Depression"[All Fields] OR ("depressive"[All Fields] AND "symptoms"[All Fields]) OR "depressive symptoms"[All Fields] OR ("Depression"[MeSH Terms] OR "Depression"[All Fields] OR ("depressive"[All Fields] AND "symptom"[All Fields]) OR "depressive symptom"[All Fields]) OR ("Depression"[MeSH Terms] OR "Depression"[All Fields] OR ("symptom"[All Fields] AND "depressive"[All Fields]) OR "symptom depressive"[All Fields]) OR ("Depression"[MeSH Terms] OR "Depression"[All Fields] OR ("emotional"[All Fields] AND "Depression"[All Fields]) OR "emotional depression"[All Fields]) OR ("Depression"[MeSH Terms] OR "Depression"[All Fields] OR ("Depression"[All Fields] AND "emotional"[All Fields]) OR "depression emotional"[All Fields])) OR "Anxiety"[MeSH Terms] OR ("angst s"[All Fields] OR "Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR "angst"[All Fields] OR ("Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR ("social"[All Fields] AND "Anxiety"[All Fields]) OR "social anxiety"[All Fields]) OR ("Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR ("anxieties"[All Fields] AND "social"[All Fields]) OR "anxieties social"[All Fields]) OR ("Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR ("Anxiety"[All Fields] AND "social"[All Fields]) OR "anxiety social"[All Fields]) OR ("Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR ("social"[All Fields] AND "anxieties"[All Fields]) OR "social anxieties"[All Fields]) OR ("Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR "hypervigilance"[All Fields] OR "hypervigilant"[All Fields]) OR ("Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR "nervousness"[All Fields]) OR ("Anxiety"[MeSH Terms] OR "Anxiety"[All Fields] OR "anxiousness"[All Fields])))) AND (2019/1/1:2023/6/30[pdat]) 3,312