Informed Consent

CONSENT FORM

I agree to take part in this study on emotional and cognitive capabilities in daily life, which involves completing a **20 minute survey.**

The benefits that I may expect from the study are:

(a) financial compensation of $1

(b) an opportunity to contribute to scientific research

The questions posed to participants in the survey are minimally invasive and pertain to thoughts and feelings that I may commonly experience in daily life. I may choose to skip questions that I do not feel comfortable answering. I can withdraw from the study at any time and still receive compensation for the works that I have completed up to that point. If I wish to withdraw my responses from this study at any time, I will contact Chong He (Chong.He16@mail.rotman.utoronto.ca), and the researchers will discard my responses immediately. In addition, I can withdraw my responses even after completing the study. If I choose to withdraw, my data will be destroyed and not used by the researchers.

I realize my data will be treated in a secure manner, and that this web site will not covertly collect any information that could identify me (such as machine identifiers). Furthermore, I am aware that every effort will be made to ensure confidentiality of any information that is obtained in connection with this study. I will be asked to provide my Turk Prime ID on each of the surveys I will complete to enable the matching of my responses on the different surveys. My Turk Prime ID will be converted to a code number after all data have been matched and before data analyses. After any identifying information is removed, the researchers may post the dataset on research database sites for reviewers or colleagues to verify the analyses.

I understand that I may contact the principal investigator, Stéphane Côté, (Tel: 416-978-5704; Email: scote@rotman.utoronto.ca) or the University of Toronto's Ethics Review

office (Tel: 416-946-3273; email: ethics.review@utoronto.ca) if I have any concerns or questions about my involvement in the study.

Upon completion of my participation, I will receive a full written explanation about the purpose of this research. The research study I am participating in may be reviewed for quality assurance to make sure that the required laws and guidelines are followed. If chosen, (a) representative(s) of the Human Research Ethics Program (HREP) may access study-related data and/or consent materials as part of the review. All information accessed by the HREP will be upheld to the same level of confidentiality that has been stated by the research team.

I have read the information letter and the consent form and understand that participation in this study is completely confidential and voluntary.

○ Yes
○ No

Raven

PLEASE READ THESE INSTRUCTIONS.

In the following task you will complete a cognitive task. In the following page there will be **patterns with a gap**. According to the size, each of the pieces underneath fits into gap of the pattern, but **only one piece supplements the pattern correctly.** Have a thorough look at every piece. When you have found the right piece, **select the respective letter (a, b, c, d, e, f, g, or h)**. At the beginning, the patterns are simple, and then the patterns become more and more difficult.

At first, there are two practice patterns, which will **not** be included in the test results. Please try to solve these two tasks as just explained. The correct answer to the practice patterns will be presented.

To start the test, please press the next button.

Practice Question 1

What is the correct answer?

a	b	c	d	e	f	g	h
O	O	O	O	O	O	O	O

The correct answer to the first practice question is **H.**

Practice Question 2

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

The correct answer to the second practice question is **D.**

The practice tasks are completed.

Now the actual test begins. **You have 20 minutes.** When the time is over, the test will stop automatically. If you are finished before the time, you must wait until the end of the 20 minutes to move to the next task. It is not important to be fast. It is more important to solve as many of the tasks correctly as possible.

Important: For each task, there is only one appropriate answer.

All of the tasks will appear **on the same page**. From now on, you have to work on the test independently until the end.

To start please click the next button.

These page timer metrics will not be displayed to the recipient.

First Click: *0 seconds*

Last Click: *0 seconds*

Page Submit: *0 seconds*

Click Count: *0 clicks*

1 9 5 8

What is correct answer?

a	b	c	d	e	f	g	h
O	O	O	O	O	O	O	O

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a   b   c   d   e   f   g   h

What is the correct answer?

a
b
c
d
e
f
g
h

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

What is the correct answer?

a	b	c	d	e	f	g	h
O	O	O	O	O	O	O	O

What is the correct answer?

a	b	c	d	e	f	g	h
O	O	O	O	O	O	O	O

What is the correct answer?

a	b	c	d	e	f	g	h
O	O	O	O	O	O	O	O

What is the correct answer?

a	b	c	d	e	f	g	h
○	○	○	○	○	○	○	○

Self-Assessment of Cognitive Ability

In the previous section, you were asked to complete 15 questions that measured your cognitive ability. How many questions do you believe you answered correctly? Do **not** count the practice questions. Choose a number **between 0 and 15** that you believe is the number of question that you answered correctly.

[▼]

Demographics

On the next few pages, you will answer some demographic questions. Your responses will allow us to compare performance on the emotion recognition test. Recall that your responses are confidential and anonymous. Therefore, please answer these questions as honestly as possible.

What is your age?

[▼]

Please indicate your highest level of education.

○ Less than high school

○ High school graduation or some university

○ University graduation

○ Masters degree

○ PhD degree

○ Professional degree (MD or JD)

○ [   ] Other (please specify):

Please provide your best estimate of your **gross personal income for 2015** (i.e., money you received yourself from all sources, including wages, social assistance programs, interest, dividends, bonuses etc., before taxes last year).

○ $0 (no income)

○ $1-$4,999

○ $5,000-$9,999

○ $10,000-$14,999

○ $15,000-$19,999

○ $20,000-$24,999

○ $25,000-$29,999

○ $30,000-$39,999

○ $40,000-$49,999

○ $50,000-$59,999

○ $60,000-$69,999

○ $70,000-$84,999

○ $85,000-$99,999

○ $100,000-$149,999

○ $150,000-$199,999

○ $200,000-$249,999

○ $250,000-$299,999

○ $300,000-$349,999

○ $350,000-$399,999

○ $400,000-$449,999

○ $450,000-$500,000

○ more than $500,000

What is your gender?

○ Male

○ Female

○ [   ] Other (please specify):

Please indicate the broad ethnic group(s) that best describe(s) you (click more than one if applicable):

☐ Caucasian

☐ East Asian

☐ Southeast Asian

☐ West Indian

☐ Middle Eastern

☐ African American

☐ Hispanic

☐ [   ] Other (specify)

Confirmation Code

YOUR CONFIRMATION CODE IS ON THE NEXT PAGE

Debriefing Form

The study you have just participated in was designed to examine whether people who possess accurate self-insight into their emotional and cognitive intelligence have higher well-being. While some philosophers and researchers argue that having self-insight into abilities is better for well-being, others have argued that possessing an enhanced positive illusion about the self (i.e. thinking you have higher ability than you actually do) predicts well-being. Yet another possibility is that abilities are related to well-being regardless of people's beliefs about these abilities. In this study we pitted these competing perspectives against each other to examine whether self-insight predicted well-being.

The results of this research are expected to be extremely valuable to the scientific community, and the results also have real life implications. Past research has not clearly indicated whether people who are accurate in their self-evaluations are happier, with some results showing that people who overestimate their abilities are happier, other results showing that people who underestimate their ability are happier, and finally results showing that people with self-insight are happier. Thus, your participation in this study will help us resolve these conflicting views.

If you are interested in learning about the results of this study, or about related topics, please do not hesitate to contact us.

Thank you again for assisting with this important study!

PRESS SUBMIT TO OBTAIN YOUR CONFIRMATION CODE

Your confirmation code is: Raven

Please click on the arrow below to close the survey. Thank you!

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