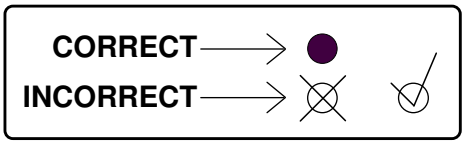
Descriptions of Some Types of People

MARKING INSTRUCTIONS

- Make solid marks that fill the circle completely.
- Erase cleanly any marks you wish to change.
- Make no stray marks on this form.



Who else are you most like? How close is your personality to that of each of these people? Please use the following scale:

1	2	3	4	5	6	7	8	9
Extremely unlike me		Moderately unlike me		Neither like nor unlike me		Moderately like me		Exactly like me

I love large parties. I start conversations easily and end up talking to a lot of different people at parties. You could say I'm the life of the party.... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I take no time for others and am not interested in other people's problems. I'm generally indifferent to the feelings of others..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I complete tasks on time and according to plan. I usually prepare for things ahead of time to avoid making mistakes. I actually like to plan ahead..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I get upset and stressed out easily. My mood changes a lot..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I enjoy learning things and find abstract ideas interesting. I also have a rich vocabulary and show a mastery of language..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I'm hard to get to know and tend to keep others at a distance. I reveal little about myself to others ..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I am always prepared. I am not easily distracted so I can get working right away and carry out my plans. In general, I am able to handle tasks smoothly..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I have difficulty imagining things and struggle to come up with new ideas..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I respect authority and try to follow rules. I avoid taking advantage of people and respect the privacy of others..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I panic easily and am easily hurt. I become overwhelmed by events and feel crushed by setbacks..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

I'm not afraid of providing criticism or making demands on others. I dare to say anything and don't mind being the center of attention..... ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 ○ 6 ○ 7 ○ 8 ○ 9

1	2	3	4	5	6	7	8	9
Extremely unlike me		Moderately unlike me		Neither like nor unlike me		Moderately like me		Exactly like me

I am not bothered by messy people or by disorder. It's okay if things do not proceed according to plan..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I enjoy spending time by myself in contemplation and reflecting on things. I often prefer to be alone..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I try not to think about the needy and tend to dislike soft-hearted people. I tend to look down on any weakness..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I experience very few emotional highs and lows, and am not disturbed by events. I am relaxed most of the time..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I am not really interested in other people. I rarely take time out for others or show my gratitude..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I love order and regularity, and I want everything to add up perfectly. I want things done my way..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I take charge and am the first to act. I know how to captivate people and can express myself easily. I suppose you could say I have leader-like qualities..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I tend to make rash decisions, often doing the opposite of what is asked. I disregard rules and occasionally do improper things..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I have no problems working with complex problems or comprehending a lot of information. I usually get the idea of things right away. You could say I catch on to things quickly..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I am not afraid of conflict or confrontation. I value competition over cooperation..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I easily resist temptations and am able to control my cravings. I rarely overindulge..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I enjoy silence and seek it. I like to be alone and don't like crowded events..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I believe in a logical answer for everything and do things in a logical order..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I rarely look for a deeper meaning in things or feel the need to understand my motives..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I am on good terms and have a good word for nearly everyone. I am easy to satisfy..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

1	2	3	4	5	6	7	8	9
Extremely unlike me		Moderately unlike me		Neither like nor unlike me		Moderately like me		Exactly like me

I tend to put little time and effort into my work. I don't pay attention and seldom notice details..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I'm good at turning plans into actions. I know what I want, take charge, and can easily push myself forward..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't have a soft side. I only pretend to be concerned for others. I am not in touch with my feelings..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I am not easily annoyed and rarely get irritated. I am rarely in a bad mood..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I believe in the importance of art. I have a vivid imagination and enjoy wild flights of fantasy..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I seldom joke around or act wild and crazy. I tend to deal with others in a formal manner..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I listen to my heart rather than my brain. I show my feelings and believe crying helps me feel better..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I'm not fond of art and literature. I don't enjoy watching dance performances or attending concerts..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I feel comfortable around most people. I have a lot of fun and am not easily embarrassed..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I try to outdo others and tend to put people under pressure. I know that I am better than most others..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

When I make plans I stick to them. Indeed, I finish what I start and complete tasks thoroughly and in a timely manner..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I tend to have intense emotional reactions to things, and tend to barge in on conversations and shoot my mouth off..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I seek explanations for things and learn quickly. I excel in what I do..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I often feel blue and am easily threatened. I am filled with doubts about things and dislike myself..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I purchase only practical things, never spending more than I can afford. I always take precautions and never splurge..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

1	2	3	4	5	6	7	8	9
Extremely unlike me		Moderately unlike me		Neither like nor unlike me		Moderately like me		Exactly like me

I'm a talker. In fact, when I'm with others I do most of the talking. I often make myself the center of attention, speaking loudly and making a lot of noise..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

Emotions overwhelm me easily. It doesn't take much at all to make me cry. If I see something that moves me I'm likely to burst into tears.... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I like order and enjoy tidying up. I follow a schedule and work according to a routine..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I have difficulty understanding abstract ideas and am not interested in speculating about things..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I can't make up my mind sometimes and mess things up. I tend to avoid my responsibilities and occasionally don't see things through completely..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I respect and sympathize with others' feelings and appreciate their viewpoints..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't plan ahead and tend to leave my work undone. I often take things too lightly and end up neglecting my responsibilities..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I am not easily frustrated or bothered by things, and I seldom take offense..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I'm not interested in abstract ideas. I generally dislike learning and have a poor vocabulary..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I have no problems making friends. I warm up to others quite quickly. I act comfortably around people and am able to talk openly about myself. ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't talk a lot. I don't like to draw attention to myself so I keep in the background and am quiet around strangers. I tend to keep my thoughts and feelings to myself..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I'm full of ideas. In fact, I have no problem generating new perspectives and developing bold plans..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't care about rules and occasionally break them. I sometimes take advantage of others and act at their expense..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I am calm even in tense situations and don't lose my head. I can stand criticism and am not easily offended..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

1	2	3	4	5	6	7	8	9
Extremely unlike me		Moderately unlike me		Neither like nor unlike me		Moderately like me		Exactly like me

I can't stand confrontations. I don't like providing criticism and am careful in what I say..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I want every detail taken care of and continue until everything is perfect. I want everything to be "just right"..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't like to ponder over things, and I can't stand being alone. I don't spend time in contemplation or introspection..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I take an interest in other people's lives and am deeply moved by others' misfortunes. I like to do things for others..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I experience my emotions intensely and have frequent mood swings. I can be stirred up easily..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I know how to comfort others. I make people feel welcome and at ease..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

Order and regularity are not important to me. It doesn't bother me if things are not done my way..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I'm the type of person who lets others make the decisions and lead the way. I have difficulty expressing my feelings and am afraid to draw attention to myself..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I behave properly, following directions and sticking to the rules. I also appreciate good manners..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I have a hard time understanding complex things so I avoid them. For example, I tend to put off reading material that is complex and steer clear of complicated people..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I value cooperation over competition. I avoid conflicts and criticizing other people..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't know why I do some of the things I do. I do things I later regret. I am guided by my moods..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I like being around people and can't do without the company of others. I enjoy being part of a loud crowd..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I am not as strict as I should be. I let my mind wander off and do things in a half-way manner..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I look for hidden meanings in things and tend to analyze things. I like to get lost in thought and enjoy examining my life and myself. ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

1	2	3	4	5	6	7	8	9
Extremely unlike me		Moderately unlike me		Neither like nor unlike me		Moderately like me		Exactly like me

I am quick to judge and criticize others' shortcomings.
I'm a person hard to satisfy..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I have an eye for detail and detect mistakes easily. I also think ahead
and complete tasks successfully..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't know what I want and am not highly motivated to succeed.
I don't automatically take charge..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I'm good at sensing others' wishes and anticipating their needs. I love to reflect on things
and try to stay in touch with myself..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I lose my temper and get angry easily. I am often in a bad mood
and snap at people..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I do not like art or enjoy going to art museums. I seldom daydream
or get lost in thought..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I joke around a lot and like to amuse others. I often let myself go
and am open about myself to others..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't get excited about things and don't understand
people who get emotional..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I love beautiful things. I see beauty where others might not notice. I especially enjoy the beauty
of nature, art, music, and literature..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I don't feel comfortable around most people. I find it difficult to approach
people and even retreat from others. I really only feel comfortable
around friends..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I think of others first and have a soft heart. I go out of my way
for others..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I have difficulty starting tasks and need a push to get started. I find it difficult to get down to work
and waste my time instead..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I keep my emotions under control and don't react to things intensely. I let others finish
what they are saying..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I generally struggle to meet challenges and need some things explained to me
more than once before I 'get it'..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I'm the type of person who looks on the bright side of life.
I feel comfortable with myself..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

1	2	3	4	5	6	7	8	9
Extremely unlike me		Moderately unlike me		Neither like nor unlike me		Moderately like me		Exactly like me

I am easily talked into doing silly things. I'm always making last minute plans or acting completely on a whim. I guess you could say I jump into things without thinking..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I seldom get emotional and don't cry easily. I'm not the type of person who wears my heart on my sleeve..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I usually leave a mess in my room with my belongings lying around. I dislike routines and don't do things by the book..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I enjoy solving complex problems and having theoretical and philosophical discussions..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

I rarely talk. When I do, I tend to speak softly and dislike talking about myself. I'm quiet..... ○1 ○2 ○3 ○4 ○5 ○6 ○7 ○8 ○9

Your Personal Interests

Here are some things that people sometimes do. Please indicate how frequently you have done each of them, using the following scale:

1	2	3	4	5
Never in my life	Not in the past year	One or two times in the past year	Three to ten times in the past year	More than ten times in the past year

Listened to music on the radio..... ○1 ○2 ○3 ○4 ○5

Discussed religion or spirituality..... ○1 ○2 ○3 ○4 ○5

Used a computer..... ○1 ○2 ○3 ○4 ○5

Discussed sports..... ○1 ○2 ○3 ○4 ○5

Washed dishes..... ○1 ○2 ○3 ○4 ○5

Went running or jogging..... ○1 ○2 ○3 ○4 ○5

Attended a public lecture..... ○1 ○2 ○3 ○4 ○5

Took a trip..... ○1 ○2 ○3 ○4 ○5

Cared for a potted plant..... ○1 ○2 ○3 ○4 ○5

Used a computer for social networking..... ○1 ○2 ○3 ○4 ○5

Went on a picnic..... ○1 ○2 ○3 ○4 ○5

1 Never in my life	2 Not in the past year	3 One or two times in the past year	4 Three to ten times in the past year	5 More than ten times in the past year

Made an entry in a diary or journal	○ 1	○ 2	○ 3	○ 4	○ 5
Had someone over for dinner	○ 1	○ 2	○ 3	○ 4	○ 5
Played with a child	○ 1	○ 2	○ 3	○ 4	○ 5
Read a news magazine	○ 1	○ 2	○ 3	○ 4	○ 5
Obtained stock market prices	○ 1	○ 2	○ 3	○ 4	○ 5
Tried something completely new	○ 1	○ 2	○ 3	○ 4	○ 5
Signed a petition	○ 1	○ 2	○ 3	○ 4	○ 5
Spent 10 minutes or more in a non-grocery store	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote a love letter	○ 1	○ 2	○ 3	○ 4	○ 5
Worked on a crossword puzzle	○ 1	○ 2	○ 3	○ 4	○ 5
Used public transportation	○ 1	○ 2	○ 3	○ 4	○ 5
Ate dinner alone	○ 1	○ 2	○ 3	○ 4	○ 5
Chewed gum	○ 1	○ 2	○ 3	○ 4	○ 5
Watched television	○ 1	○ 2	○ 3	○ 4	○ 5
Drove a car or truck	○ 1	○ 2	○ 3	○ 4	○ 5
Drank beer or wine	○ 1	○ 2	○ 3	○ 4	○ 5
Played with a pet animal	○ 1	○ 2	○ 3	○ 4	○ 5
Spent more than 10 minutes thinking about what to wear	○ 1	○ 2	○ 3	○ 4	○ 5
Watched an educational channel on TV	○ 1	○ 2	○ 3	○ 4	○ 5
Worked on my collection	○ 1	○ 2	○ 3	○ 4	○ 5
Listened to music while working	○ 1	○ 2	○ 3	○ 4	○ 5
Prayed (not including blessings at meals)	○ 1	○ 2	○ 3	○ 4	○ 5
Sent a message by electronic mail (e-mail)	○ 1	○ 2	○ 3	○ 4	○ 5

1 Never in my life	2 Not in the past year	3 One or two times in the past year	4 Three to ten times in the past year	5 More than ten times in the past year

Watched a televised sports event	○ 1	○ 2	○ 3	○ 4	○ 5
Looked up a word in a dictionary	○ 1	○ 2	○ 3	○ 4	○ 5
Played bingo for money	○ 1	○ 2	○ 3	○ 4	○ 5
Made a bed	○ 1	○ 2	○ 3	○ 4	○ 5
Lifted weights	○ 1	○ 2	○ 3	○ 4	○ 5
Visited an art exhibition	○ 1	○ 2	○ 3	○ 4	○ 5
Went sightseeing	○ 1	○ 2	○ 3	○ 4	○ 5
Gardened	○ 1	○ 2	○ 3	○ 4	○ 5
Read someone's personal web-page	○ 1	○ 2	○ 3	○ 4	○ 5
Went on a hike	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote a postcard	○ 1	○ 2	○ 3	○ 4	○ 5
Went to a small party	○ 1	○ 2	○ 3	○ 4	○ 5
Let a child win a game	○ 1	○ 2	○ 3	○ 4	○ 5
Read the editorial page of a newspaper	○ 1	○ 2	○ 3	○ 4	○ 5
Went to the movies alone	○ 1	○ 2	○ 3	○ 4	○ 5
Produced a work of art	○ 1	○ 2	○ 3	○ 4	○ 5
Attended a rally or demonstration	○ 1	○ 2	○ 3	○ 4	○ 5
Fed a pet animal	○ 1	○ 2	○ 3	○ 4	○ 5
Went on a date	○ 1	○ 2	○ 3	○ 4	○ 5
Worked on a jigsaw puzzle	○ 1	○ 2	○ 3	○ 4	○ 5
Composted food scraps or yard waste	○ 1	○ 2	○ 3	○ 4	○ 5
Read a book on a financial topic	○ 1	○ 2	○ 3	○ 4	○ 5
Ate candy	○ 1	○ 2	○ 3	○ 4	○ 5

1 Never in my life	2 Not in the past year	3 One or two times in the past year	4 Three to ten times in the past year	5 More than ten times in the past year

Watched television news	○ 1	○ 2	○ 3	○ 4	○ 5
Rode a motorcycle	○ 1	○ 2	○ 3	○ 4	○ 5
Surfed the Internet	○ 1	○ 2	○ 3	○ 4	○ 5
Spent an hour or more in a non-grocery store	○ 1	○ 2	○ 3	○ 4	○ 5
Drank whiskey, vodka, gin, or other hard liquor	○ 1	○ 2	○ 3	○ 4	○ 5
Read a self-help book	○ 1	○ 2	○ 3	○ 4	○ 5
Bought something for my collection	○ 1	○ 2	○ 3	○ 4	○ 5
Downloaded music from the Internet	○ 1	○ 2	○ 3	○ 4	○ 5
Read the Bible or other sacred text	○ 1	○ 2	○ 3	○ 4	○ 5
Spent more than an hour thinking about what to wear	○ 1	○ 2	○ 3	○ 4	○ 5
Attended an athletic event	○ 1	○ 2	○ 3	○ 4	○ 5
Gambled with cards or dice	○ 1	○ 2	○ 3	○ 4	○ 5
Cleaned the house	○ 1	○ 2	○ 3	○ 4	○ 5
Used an exercise machine	○ 1	○ 2	○ 3	○ 4	○ 5
Visited a museum	○ 1	○ 2	○ 3	○ 4	○ 5
Took travel photographs	○ 1	○ 2	○ 3	○ 4	○ 5
Did yard work	○ 1	○ 2	○ 3	○ 4	○ 5
Made an entry on a personal web-page	○ 1	○ 2	○ 3	○ 4	○ 5
Walked on a beach	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote a handwritten letter	○ 1	○ 2	○ 3	○ 4	○ 5
Went to a large party	○ 1	○ 2	○ 3	○ 4	○ 5
Took a child on an outing	○ 1	○ 2	○ 3	○ 4	○ 5
Read news on the Internet	○ 1	○ 2	○ 3	○ 4	○ 5

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Bought or sold stocks or bonds	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote poetry	○ 1	○ 2	○ 3	○ 4	○ 5
Donated money to charity	○ 1	○ 2	○ 3	○ 4	○ 5
Cared for a pet animal	○ 1	○ 2	○ 3	○ 4	○ 5
Went dancing	○ 1	○ 2	○ 3	○ 4	○ 5
Played cards	○ 1	○ 2	○ 3	○ 4	○ 5
Walked or rode a bicycle to work	○ 1	○ 2	○ 3	○ 4	○ 5
Went to a concert or theater alone	○ 1	○ 2	○ 3	○ 4	○ 5
Traded something in my collection	○ 1	○ 2	○ 3	○ 4	○ 5
Watched a television soap opera	○ 1	○ 2	○ 3	○ 4	○ 5
Read a car magazine or book	○ 1	○ 2	○ 3	○ 4	○ 5
Drank in a bar or night club	○ 1	○ 2	○ 3	○ 4	○ 5
Played a computer game	○ 1	○ 2	○ 3	○ 4	○ 5
Read a fashion-related magazine	○ 1	○ 2	○ 3	○ 4	○ 5
Bought a self-help book	○ 1	○ 2	○ 3	○ 4	○ 5
Ate in a restaurant	○ 1	○ 2	○ 3	○ 4	○ 5
Traded music with a friend	○ 1	○ 2	○ 3	○ 4	○ 5
Gave a blessing at a meal	○ 1	○ 2	○ 3	○ 4	○ 5
Bought something other than groceries	○ 1	○ 2	○ 3	○ 4	○ 5
Played a team sport	○ 1	○ 2	○ 3	○ 4	○ 5
Looked something up in an encyclopedia	○ 1	○ 2	○ 3	○ 4	○ 5
Purchased a scratch ticket	○ 1	○ 2	○ 3	○ 4	○ 5
Ironed linens or clothes	○ 1	○ 2	○ 3	○ 4	○ 5

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Exercised for 40 minutes or longer	○ 1	○ 2	○ 3	○ 4	○ 5
Attended a ballet performance	○ 1	○ 2	○ 3	○ 4	○ 5
Stayed in a hotel, motel, or resort	○ 1	○ 2	○ 3	○ 4	○ 5
Planted or transplanted a plant	○ 1	○ 2	○ 3	○ 4	○ 5
Participated in an online discussion group	○ 1	○ 2	○ 3	○ 4	○ 5
Went swimming	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote a thank-you note	○ 1	○ 2	○ 3	○ 4	○ 5
Planned a party	○ 1	○ 2	○ 3	○ 4	○ 5
Served as a baby sitter	○ 1	○ 2	○ 3	○ 4	○ 5
Read a book	○ 1	○ 2	○ 3	○ 4	○ 5
Bought or sold real estate	○ 1	○ 2	○ 3	○ 4	○ 5
Acted in a play	○ 1	○ 2	○ 3	○ 4	○ 5
Donated money to a political campaign or cause	○ 1	○ 2	○ 3	○ 4	○ 5
Bathed or groomed a pet animal	○ 1	○ 2	○ 3	○ 4	○ 5
Dined by candle light	○ 1	○ 2	○ 3	○ 4	○ 5
Played a board game	○ 1	○ 2	○ 3	○ 4	○ 5
Changed a habit to have less impact on the environment	○ 1	○ 2	○ 3	○ 4	○ 5
Chose to spend a day by myself	○ 1	○ 2	○ 3	○ 4	○ 5
Ordered food to be delivered	○ 1	○ 2	○ 3	○ 4	○ 5
Watched a television talk show	○ 1	○ 2	○ 3	○ 4	○ 5
Bought a car, truck, or motorcycle	○ 1	○ 2	○ 3	○ 4	○ 5
Became intoxicated	○ 1	○ 2	○ 3	○ 4	○ 5
Checked the sales ads in a newspaper	○ 1	○ 2	○ 3	○ 4	○ 5

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Read a fashion-related book	○ 1	○ 2	○ 3	○ 4	○ 5
Studied some subject	○ 1	○ 2	○ 3	○ 4	○ 5
Did aerobic exercise	○ 1	○ 2	○ 3	○ 4	○ 5
Purchased a musical album	○ 1	○ 2	○ 3	○ 4	○ 5
Attended a church or religious service	○ 1	○ 2	○ 3	○ 4	○ 5
Looked up information on the Internet	○ 1	○ 2	○ 3	○ 4	○ 5
Played basketball	○ 1	○ 2	○ 3	○ 4	○ 5
Gambled on a slot machine or video poker game	○ 1	○ 2	○ 3	○ 4	○ 5
Cooked a meal	○ 1	○ 2	○ 3	○ 4	○ 5
Read a book about the things that I collect	○ 1	○ 2	○ 3	○ 4	○ 5
Attended an opera or a concert	○ 1	○ 2	○ 3	○ 4	○ 5
Traveled by train or plane	○ 1	○ 2	○ 3	○ 4	○ 5
Bought or picked flowers	○ 1	○ 2	○ 3	○ 4	○ 5
Read a story to a child	○ 1	○ 2	○ 3	○ 4	○ 5
Went backpacking or camping	○ 1	○ 2	○ 3	○ 4	○ 5
Put pictures in a photo album	○ 1	○ 2	○ 3	○ 4	○ 5
Entertained six or more people	○ 1	○ 2	○ 3	○ 4	○ 5
Volunteered for a club or organization	○ 1	○ 2	○ 3	○ 4	○ 5
Read poetry	○ 1	○ 2	○ 3	○ 4	○ 5
Purchased a commodity as an investment	○ 1	○ 2	○ 3	○ 4	○ 5
Painted a picture	○ 1	○ 2	○ 3	○ 4	○ 5
Used instant messaging to chat online	○ 1	○ 2	○ 3	○ 4	○ 5
Purchased a pet animal	○ 1	○ 2	○ 3	○ 4	○ 5

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Attended a formal dance	○ 1	○ 2	○ 3	○ 4	○ 5
Played chess or checkers	○ 1	○ 2	○ 3	○ 4	○ 5
Used both sides of a piece of paper before discarding it	○ 1	○ 2	○ 3	○ 4	○ 5
Went on a trip by myself	○ 1	○ 2	○ 3	○ 4	○ 5
Ate food while walking or working	○ 1	○ 2	○ 3	○ 4	○ 5
Watched a television reality show	○ 1	○ 2	○ 3	○ 4	○ 5
Raced a car, truck, or motorcycle	○ 1	○ 2	○ 3	○ 4	○ 5
Had a hangover	○ 1	○ 2	○ 3	○ 4	○ 5
Read newspaper ads for non-grocery items	○ 1	○ 2	○ 3	○ 4	○ 5
Bought a fashionable item of clothing	○ 1	○ 2	○ 3	○ 4	○ 5
Learned a new skill	○ 1	○ 2	○ 3	○ 4	○ 5
Bought a book about the things that I collect	○ 1	○ 2	○ 3	○ 4	○ 5
Shopped in a music store	○ 1	○ 2	○ 3	○ 4	○ 5
Listened to a religious program on the radio or TV	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote computer source code or scripts	○ 1	○ 2	○ 3	○ 4	○ 5
Played tennis or golf	○ 1	○ 2	○ 3	○ 4	○ 5
Went to a casino	○ 1	○ 2	○ 3	○ 4	○ 5
Baked a cake, pie, cookies, or bread	○ 1	○ 2	○ 3	○ 4	○ 5
Did yoga or other movement exercises	○ 1	○ 2	○ 3	○ 4	○ 5
Attended a stage play or musical	○ 1	○ 2	○ 3	○ 4	○ 5
Went on a cruise or tour	○ 1	○ 2	○ 3	○ 4	○ 5
Bought plants for a garden or yard	○ 1	○ 2	○ 3	○ 4	○ 5
Used an online dating web-site	○ 1	○ 2	○ 3	○ 4	○ 5

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Went boating or rafting	○ 1	○ 2	○ 3	○ 4	○ 5
Worked on a scrap book	○ 1	○ 2	○ 3	○ 4	○ 5
Read the comics to a child	○ 1	○ 2	○ 3	○ 4	○ 5
Bought a book	○ 1	○ 2	○ 3	○ 4	○ 5
Worked on a retirement plan	○ 1	○ 2	○ 3	○ 4	○ 5
Played a musical instrument	○ 1	○ 2	○ 3	○ 4	○ 5
Shopped on the web	○ 1	○ 2	○ 3	○ 4	○ 5
Participated in an animal show	○ 1	○ 2	○ 3	○ 4	○ 5
Wore formal clothing	○ 1	○ 2	○ 3	○ 4	○ 5
Learned a new board or card game	○ 1	○ 2	○ 3	○ 4	○ 5
Read music-related news	○ 1	○ 2	○ 3	○ 4	○ 5
Spent an entire vacation by myself	○ 1	○ 2	○ 3	○ 4	○ 5
Ate too much	○ 1	○ 2	○ 3	○ 4	○ 5
Recorded a television program	○ 1	○ 2	○ 3	○ 4	○ 5
Drank alcohol during working hours	○ 1	○ 2	○ 3	○ 4	○ 5
Attended a town meeting	○ 1	○ 2	○ 3	○ 4	○ 5
Examined the clothing categories on eBay	○ 1	○ 2	○ 3	○ 4	○ 5
Enrolled in a course of study	○ 1	○ 2	○ 3	○ 4	○ 5
Knitted, quilted, sewed, or crocheted	○ 1	○ 2	○ 3	○ 4	○ 5
Picked up litter	○ 1	○ 2	○ 3	○ 4	○ 5
Read a book about religion or spirituality	○ 1	○ 2	○ 3	○ 4	○ 5
Went fishing or hunting	○ 1	○ 2	○ 3	○ 4	○ 5
Went online to chat with other collectors	○ 1	○ 2	○ 3	○ 4	○ 5

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Participated in an exercise program	○ 1	○ 2	○ 3	○ 4	○ 5
Read a book about some artistic topic	○ 1	○ 2	○ 3	○ 4	○ 5
Bet money on a sports event	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote poetry	○ 1	○ 2	○ 3	○ 4	○ 5
Read in bed before going to sleep	○ 1	○ 2	○ 3	○ 4	○ 5
Sang or played an instrument in public	○ 1	○ 2	○ 3	○ 4	○ 5
Wrote a letter to a newspaper or politician	○ 1	○ 2	○ 3	○ 4	○ 5
Had a blind date	○ 1	○ 2	○ 3	○ 4	○ 5
Recycled one or more items	○ 1	○ 2	○ 3	○ 4	○ 5
Ate or drank while driving	○ 1	○ 2	○ 3	○ 4	○ 5
Watched too much television	○ 1	○ 2	○ 3	○ 4	○ 5
Used eBay to buy or sell something	○ 1	○ 2	○ 3	○ 4	○ 5
Used an mp3 player or Ipod	○ 1	○ 2	○ 3	○ 4	○ 5
Went to a public library	○ 1	○ 2	○ 3	○ 4	○ 5

Thank you for completing this questionnaire!
Please return it to Oregon Research Institute in the postage-paid envelope provided.