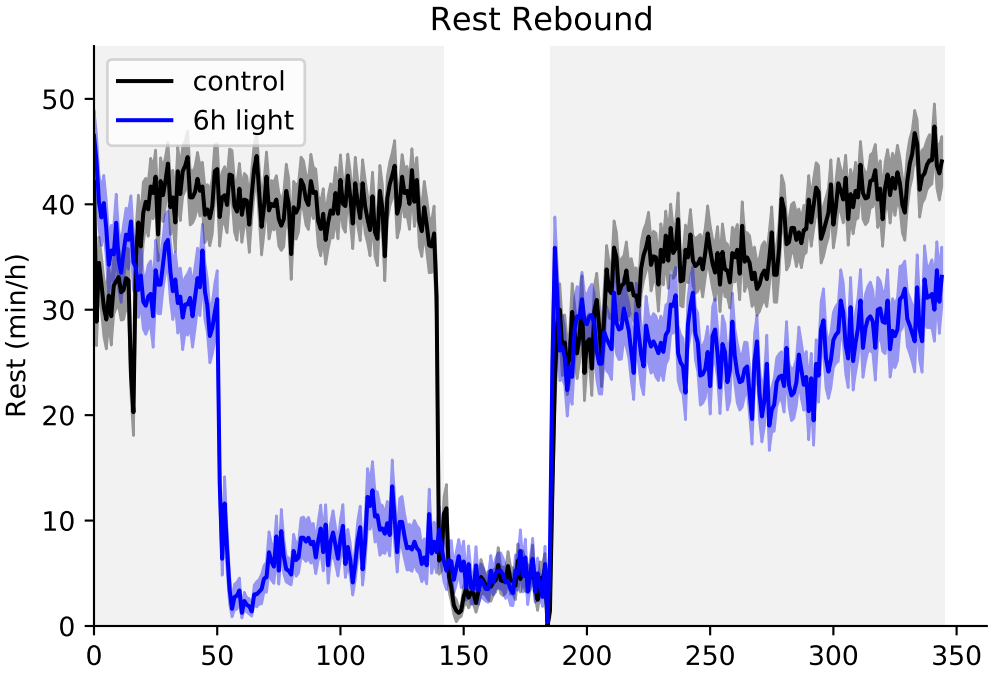
Rest Rebound
control
6h light
Rest (min/h)
0
10
20
30
40
50
0
50
100
150
200
250
300
350