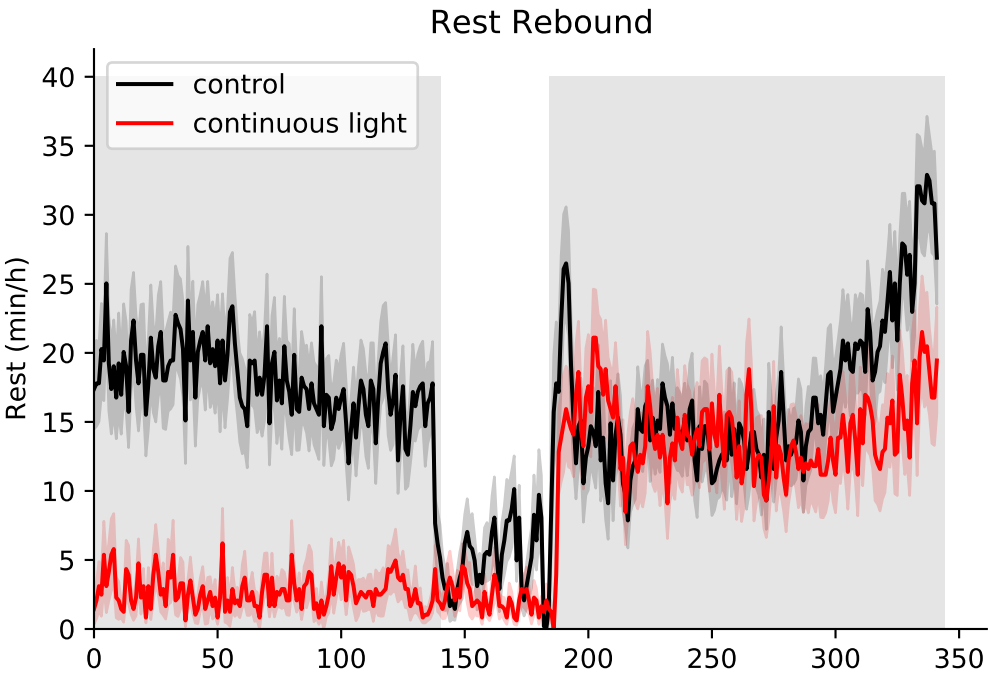
Rest Rebound
control
continuous light
Rest (min/h)
0
5
10
15
20
25
30
35
40
0
50
100
150
200
250
300
350