Dataset Codes

Sociodemographic variables		
soc1	age	
soc2	sex	1.male 2.female
soc3	occupation	1. Employed 2. Unemployed 3. Houseworker 4. Retird due to disability 5. Retired due to length of service or age 6. Self-employed 7. others
soc4	education	1. Primary school or less 2. Secondary school 3. Higher education
soc5	religion	1. Catholicism 2. Prostestant 3. Spiritism 4. Agnostic 5. Other
soc6	Income (I)	1.<=2 minimum wage (MW) 2. 2MW<I<=4MW 3. I>4MW
soc7	ethinicity	1. Black 2. Caucasian 3. Mixed race 4. Other
soc8	Civil state	1. Single 2. Married/stable union 3. Divorced
Mood diagnosis		
depr	Diagnosis of a current depressive episode Based on MINI 7.02	1. Yes 2. No* (euthymic) *In our sample we excluded individuals with current (hypo)manic symptoms. Then, we considered euthymic those not depressed currently
mania	Past (hypo)manic episodes based on MINI 7.02	1. Past mania 2. Past hypomania 3. Past hypomaic symptoms 4. Without bipolarity

spect	Mood spectrum	1. Bipolar spectrum 2. Unipolar (without past manic/hypomanic episodes or symptoms)
Psychopharmacotherapy		
psych	Number of used psychopharmaceutcals by the subject	
Scales		
yfas1 to yfas13	mYFAS 2.0 itens (1 to 13)	
FA1 to FA13	Threshold to food addiction symptoms (itens 1,2,4,7,8,9,10,11,12,13) and psychosocial impairment (itens 5 and 6)	0. no endorsed 1. endorsed
yfas_symp	Number of endorsed symptoms	
yfas_psych	number of impairments	
yfas_diag	YFAS diagnosis	1. Food addiction 2. No food addiction
yfas_sev	Food addiction severity	0. No food addiction 1. Mild 2. Moderate 3. Severe
bes1 to bes16	Binge Eating Scale (BES) itens (1 to 16)	
bes17	BES total score	
madrs1 to madrs10	MADRS itens (1 to 10)	
madrs11	MADRS total score	
gad1 to gad7	GAD7 itens (1 to 7)	
gad8	GAD7 total score	
nico2 nico3 nico4 nico6 nico7	Nicotine ASSIST 3.0 subscale itens (2,3,4,6,7)	
nico8	Nicotine ASSIST 3.0 subscale total score	
alc2 to alc7	Alcohol ASSIST 3.0 subscale itens (2 to 7)	
alc8	Alcohol ASSIST 3.0 subscale total score	