R4S 1.2: An exploratory, mixed-method study of family planning self-care in Nepal, Niger, and Uganda

Codebook Women and Men

Themes	Subthemes	Description
1. Personal descriptions		Parent code - only use if other personal codes don't apply
	1a. General health	Any discussion about personal health
	1b. Family composition	Description of members of family
	1c. Family dynamics	Description of interactions among family members, daily life in the household
2. Employment		Description of job, studies, or sources of income (all IDIs)
3. Menstrual cycle		Any discussion about menstrual cycle, correct or not
4. Fertility intentions		Women's and men's discussions about pregnancy, childbirth, desire to contracept or not
5. Acceptability of FP		General discussion about whether FP is culturally acceptable, or acceptable to a partner or self. (May come more from community leader interviews.)
6. FP Self-care		Park any text - especially long excerpts delivered by the interviewer - here. All participant responses and, when the interviewer's question helps to understand the participants response - in the child nodes.
	6a. Definition	Responses to the question about "What self-care for FP means to you''. If an initial response is more about general self-care, code at the "other self-care" code. If an emergent definition of self-care for FP is offered - later and not directly in response to the question, also use this code.
	6b. Examples of FP self-care access to information	Any description of where, how and by whom participants access FP information
	6c. Examples of FP self-care access to products	Any description of where, how and by whom participants access FP products

	6d. Examples of FP self-care management	Any discussions on behaviors, products, services a participant might see to manage their utilization of FP methods
	6e. No FP self-care involvement	e.g. home testing, IUD removal, or other
7. Other Selfcare		Parent code - only use if other personal codes don't apply
	7a. General definition	Responses to the question about "What self-care means to you''
	7b. Examples of self-care access to products/services	Any description of where, how and by whom participants access products/services related to health in general
	7c. Examples of self-care management	Any discussions on behaviors, products, services a participant might see to maintain general health, or take care of an illness that is not specifically related to FP
	7d. Other self-care access to information	Any description of where, how and by whom participants access information related to health in general
8. FP decision-making process		Parent code - only use if other personal codes don't apply
	8a. Role of men	Any description of the role of men/husbands in the FP decision-making process
	8b. Role of providers	Any description of the interaction with a healthcare provider to take a decision about FP
	8c. Role of women	Any description of the role of women/wives in the FP decision-making process
9. FP method used		When a participant specifies the FP method they are currently using or have used in the past
	9a. No method	When a participant states that they are not currently using or have never used a contraceptive method
10. FP service delivery		Parent code - only use if other FP service delivery codes don't apply
	10a. Clinic/provider type	Any description of the type of clinic or provider to which respondents refer for access to FP services
	10b. Client profile	Any description of the profile of FP clients in a healthcare facility
	10c. Methods/services sought or provided	Any description of the FP methods/services sought or provided at the level of healthcare facility
11. Side effects		Description of side effects - double code with self-care management

12. Methods		Parent code - only use if other personal codes don't apply
	12a. Oral contraceptives and emergency contraception	Code for detailed/specific info on Oral contraceptives and emergency contraception
	12b. Injections	Code for detailed/specific info on Injections
	12c. Implants	Code for detailed/specific info on Implants
	12d. IUDs	Code for detailed/specific info on IUDs
	12e. Condoms	Code for detailed/specific info on Condoms
	12f. Other traditional/natural methods	Code for detailed/specific info on Other traditional/natural methods
13. Sexual health services		Treatment-seeking behavior related to sexual health
14. Other services		Treatment-seeking behavior related to other health issues
15. Info source		Parent code - only use if other personal codes don't apply
	15a. Accessed	How information obtained
	15b. Preference	Could be preferred or not preferred
16. Types of info		Parent code - only use if other personal codes don't apply
	16a. Obtained/provided	Type of info obtained/provided by/to FP clients
	16b. Desired	Type of info desired by FP clients
17. COVID		Anything related to COVID including access, fear, etc. Also code "COVID didn't affect anything"
18. Self-care clinic linkages		Parent code - only use if other personal codes don't apply
	18a. Accessing services outside clinic	Any description of services/products obtained outside clinic
	18b. Advantages/ disadvantages	Advantages and disadvantages to obtain or have access of services outside clinic
	18c. Impact on services	Use this code for any description of the impact of self-care on services
	18d. Recommendations to expand self-care	Any suggestion made in relation to the expansion or improvement of self-care practices

19. Structural factors		Use this parent code if other issues are discussed that impact use of services, not including cost, access and quality.
	19a. Cost	Discussions about the cost of services
	19b. Access	General discussion about the healthcare system, where services can be accessed (any difference between private and gov't sectors) and ease or difficulty of accessing services - due to geography, COVID, internet access, or discrimination
	19c. Quality	Discussions - whether positive or negative about the quality of information or services provided - including how interactions with providers are perceived.