AGE 52 MEASURES

Total sample – completed by mail

"White Sheet" (basic demographic info)

Questionnaire Packets (customized for each participant):

- Chronology Chart
- Aspects of Your Life
- Feelings about Life Now and Ten Years Ago (see Helson & Moane, 1987)
- Difficult Times, Times of Change
- Goals and Values
- Work and Work-Like Commitments
- Marriage and Marriage-Like Relationship; Your Partner*;*
- Couples Conflict Checklist (see Helson, 1967; Helson & Roberts, 1992)
- Divorce/Ending a Relationship; Divorce in Perspective
- Being Single
- Friends and Attachment Style
- Your Child (Still in Household/ Not at Home)
- Current Relationship with Your Parents; Your Parents' Aging; Deaths
- Health
- Appearance/Menopause
- Political Attitudes
- Impact of Social and Historical Events
- Facets of the Self

Adjective Checklist (ACL; Gough & Heilbrun, 1965)

California Psychological Inventory (CPI; Gough, 1957) -- 472-item

References

Gough, H. G. (1957). *Manual for the California Psychological Inventory*. Palo Alto, CA: Consulting Psychologists Press.

Gough, H. G., & Heilbrun, A. B. (1965). *The Adjective Checklist manual*. Palo Alto: Consulting Psychologists Press.

Helson, R., Mitchell, V., & Moane, G. (1984). Personality and patterns of adherence and nonadherence to the social clock. *Journal of Personality and Social Psychology*, *46*, 1079-1096.

Helson, R., & Moane, G. (1987). Personality change in women from college to midlife. *Journal of Personality and Social Psychology*, *53*, 176-186.