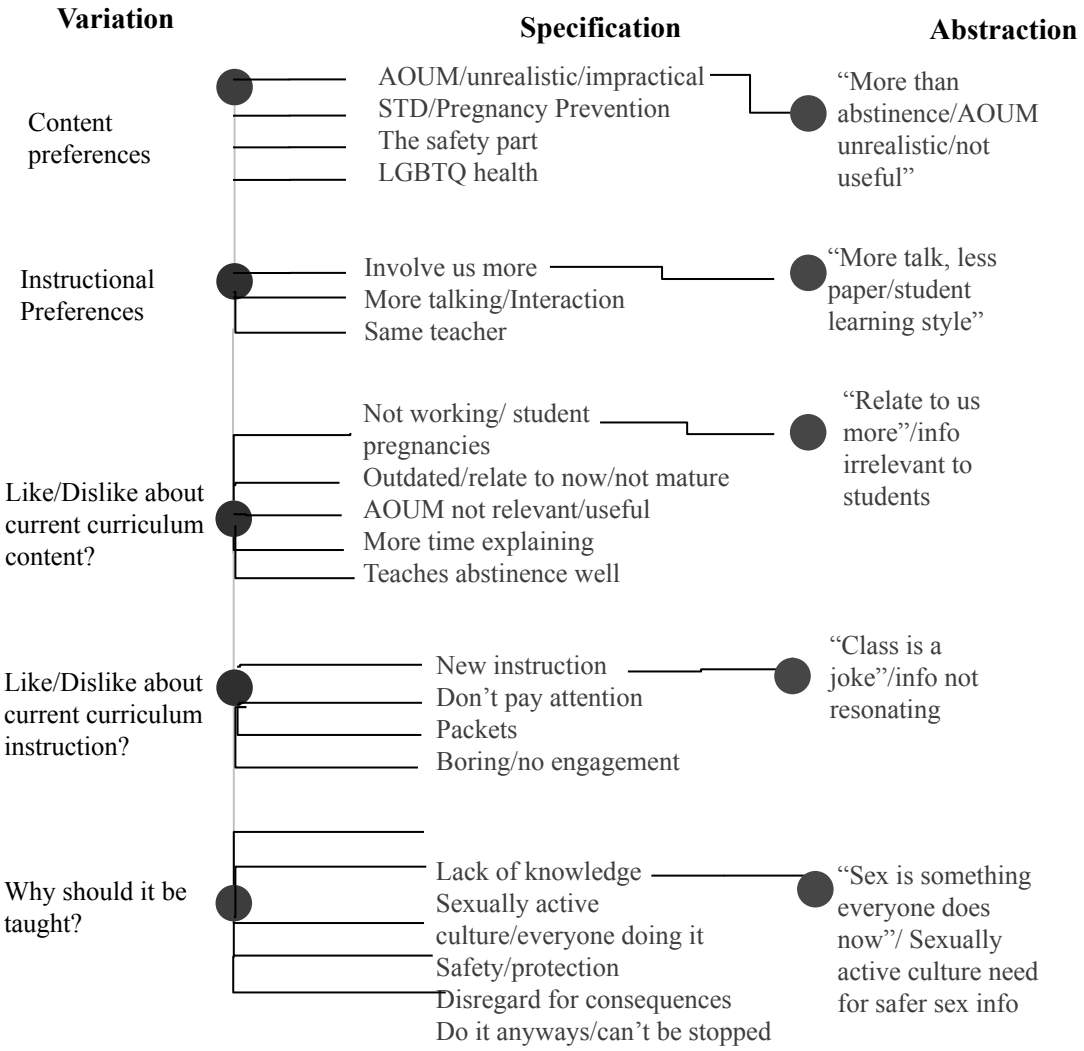

Internal verification	External verification
Irrelevant-sexual health and sexuality related information is perceived by participants to not be timely, age appropriate and applicable to their current attitudes, behaviors, and culture.	Students tune out information not relevant to their sexual activity (Gowen & Winges-Yanez, 2014; Hillier, Harrison, & Dempsey, 1999).
Unreliable-curriculum does not include information that addresses a variety of sexual orientations and activities that students can use to guide their behaviors	Lack of relevant safe sex information a contributor to high STI incidence in adolescents (Lindsay, Smith, and Rosenthal 1997; Pingel, E. S., Thomas, L., Harmell, C., & Bauermeister).
Unrelatable-health messages and instruction do not make personal connection to students' lived experiences or their learning preferences	Students support developmentally appropriate, comprehensive, "real" sex education (Herrman, Kelley, & Haigh, 2017; Pound, Langford, & Campbell, 2016).