Variable Codebook for "The Unseen Scars of Experiential Learning: Secondary Trauma in Political Science Internships"

VARIABLE NAME	LABEL	VALUES
post	Post-survey indicator	1 = Post-survey; 0 = Pre-survey
finished	Finished survey	1 = Finished; 0 = Otherwise
time	Number of times R completed survey	Numeric
id	ID	Unique identifier
msu	University	1 = MSU; 0 = WMU
intern_type	Internship placement type	1 = Advocacy/Lobbying; 2 = Judicial/Legal; 3 = Executive; 4 = Legislative/Congress; 5 = Local; 6 = Nonprofit; 7 = Campaign/Political Party; 8 = Other
paid	Paid internship	1 = Paid; 0 = Unpaid
hours	Internship hours per week	Numeric
intern_prior	Prior internship experience	1 = Yes; 0 = No
intern_prior_number	Number of prior internships	Numeric
primary_trauma	Primary trauma exposure	1 = No exposure; 5 = Extensive exposure
secondary_trauma_heard	Heard term 'secondary trauma'	1 = Yes; 0.5 = Maybe; 0 = No
secondary_trauma_exp	Experienced secondary trauma	1 = Yes; 0.5 = Maybe; 0 = No
secondary_trauma_anticipate	Anticipated STS in internship	1 = Definitely not; 5 = Definitely
secondary_trauma_familiar	Familiarity with secondary trauma	1 = Not at all; 5 = Extremely
actionplan	Created secondary trauma action plan	1 = Yes; 0 = No
symptoms_numb	"I felt emotionally numb, "	1 = Never; 5 = Very often
symptoms_heart	"My heart started pounding when I thought about my work with clients, constituents, or customers"	1 = Never; 5 = Very often
symptoms_reliving	"It seemed as if I was reliving the trauma(s) experienced by my clients, constituents, or customers"	1 = Never; 5 = Very often
symptoms_sleep	"I had trouble sleeping"	1 = Never; 5 = Very often
symptoms_despondent	"I felt discouraged about the future"	1 = Never; 5 = Very often
symptoms_upset	"Reminders of my work with clients, constituents, or customers upset me"	1 = Never; 5 = Very often
symptoms_antisocial	"I had little interest in being around others"	1 = Never; 5 = Very often
symptoms_jumpy	"I felt jumpy"	1 = Never; 5 = Very often
symptoms_lessactive	"I was less active than usual"	1 = Never; 5 = Very often
symptoms_preoccupied	"I thought about my work with clients, constituents, or customers when I didn't intend to"	1 = Never; 5 = Very often
symptoms_distracted	"I had trouble concentrating"	1 = Never; 5 = Very often
symptoms_avoidance	"I avoided people, places, or things that reminded me of my work with clients, constituents, or customers"	1 = Never; 5 = Very often
symptoms_dreams	"I had disturbing dreams about my work with clients, constituents, or customers"	1 = Never; 5 = Very often
symptoms_avoidsome	"I wanted to avoid working with some clients, constituents, or customers"	1 = Never; 5 = Very often

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symptoms_annoyed	"I was easily annoyed"	1 = Never; 5 = Very often
symptoms_fear	"I expected something bad to happen to me"	1 = Never; 5 = Very often
symptoms_memory	"I noticed gaps in my memory about client, constituent, or customer sessions"	1 = Never; 5 = Very often
physical_eatregularly	" Eat regularly (e.g., breakfast and lunch)"	1 = Never; 5 = Very often
physical_eathealthy	" Eat healthfully"	1 = Never; 5 = Very often
physical_exercise	" Exercise or go to the gym"	1 = Never; 5 = Very often
physical_healthcheckup	" Get regular medical care for prevention"	1 = Never; 5 = Very often
physical_sicktime	" Take time off when you are sick"	1 = Never; 5 = Very often
physical_sleep	" Get enough sleep"	1 = Never; 5 = Very often
physical_notechnology	" Get away from stressful technology, such as phones, tablets, and computers"	1 = Never; 5 = Very often
physical_other	Other (frequency)	1 = Never; 5 = Very often
physical_other_text	Other (description)	Text
psychological_therapy	" Go to see a therapist or counselor for yourself"	1 = Never; 5 = Very often
psychological_stress	" Take a step to decrease stress in your life"	1 = Never; 5 = Very often
psychological_dreams	" Notice your inner experience---your dreams, thoughts, imagery, and feelings"	1 = Never; 5 = Very often
psychological_cultural	" Engage your intelligence in a new area---go to an art museum, performance, sports event, exhibit, or other cultural event"	1 = Never; 5 = Very often
psychological_sayno	" Say no to extra responsibilities"	1 = Never; 5 = Very often
psychological_outdoors	" Spend time outdoors"	1 = Never; 5 = Very often
psychological_other	Other (frequency)	1 = Never; 5 = Very often
psychological_other_text	Other (description)	Text
emotional_connect	" Stay in contact with important people in your life"	1 = Never; 5 = Very often
emotional_outrage	" Express your outrage in a constructive way"	1 = Never; 5 = Very often
emotional_selftalk	" Treat yourself kindly (supportive inner dialogue or self-talk)"	1 = Never; 5 = Very often
emotional_comforts	" Identify and seek out comforting activities, objects, people, relationships, places"	1 = Never; 5 = Very often
emotional_cry	" Allow yourself to cry"	1 = Never; 5 = Very often
emotional_laugh	" Find things that make you laugh"	1 = Never; 5 = Very often
emotional_emotions	" Process emotions by opening up to others"	1 = Never; 5 = Very often
emotional_other	Other (frequency)	1 = Never; 5 = Very often
emotional_other_text	Other (description)	Text
professional_chat	" Take time to chat with coworkers"	1 = Never; 5 = Very often
professional_time	" Make time to complete tasks"	1 = Never; 5 = Very often
professional_growth	" Identify projects or tasks that are exciting, growth promoting, and rewarding for you"	1 = Never; 5 = Very often
professional_support	" Get support from colleagues who have similar experiences"	1 = Never; 5 = Very often
professional_peer	" Have a peer support group"	1 = Never; 5 = Very often
professional_other	Other (frequency)	1 = Never; 5 = Very often

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professional_other_text	Other (description)	Text
class	Class standing	1 = First-year; 5 = Graduate student
age	Age in years	Numeric
status	Enrollment status	1 = In-state; 2 = Out-of-state; 3 = International
gpa	GPA	Numeric
minority	Racial/ethnic minority	1 = Yes; 0 = No
female	Identify as female	1 = Yes; 0 = No
firstgen	First-generation student	1 = Yes; 0 = No
financialaid	Receive need-based aid	1 = Yes; 0 = No
satisfaction	Satisfaction with internship	1 = Extremely dissatisfied; 5 = Extremely satisfied
valuable	Internship evaluation	1 = Not fulfilling; 4 = Extremely valuable

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Data Availability and Access: Research documentation and data supporting this study's findings are openly available at the Harvard Dataverse at https://doi.org/10.7910/DVN/GWC8I8. To ensure the privacy of participants, any identifying information has been removed.

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