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Governor Kate Brown Announces Two-Week Pause on Social Activities to Help Stop Rapid Spread of COVID-19

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Measures take effect Nov. 11 in Malheur, Marion, Multnomah, Jackson, and Umatilla Counties, with five additional counties close to triggering these measures

Portland, OR—Governor Kate Brown today announced new measures pausing social activities to help stop the rapid spread of COVID-19 in counties where community transmission is on the rise. These pause measures will be in effect for two weeks, from Nov. 11 through Nov. 25, for Malheur, Marion, Multnomah, Jackson, and Umatilla Counties. Based on increasing statewide case counts, as well as increased sporadic case rates in these five counties, the new public health measures to reduce spread are an effort to save lives in Oregon.

Five additional counties——Washington, Baker, Union, Clackamas, and Linn——are close to the COVID-19 thresholds that would necessitate adding them to the Two-Week Pause. The Oregon Health Authority will examine their COVID-19 metrics on Monday to

"It is alarming that recent high case rates are not linked to any specific outbreaks, but rather reflective of sporadic community spread," said Governor Brown. "We are seeing in real time how this virus can quickly snowball out of control. This Two-Week Pause is a series of measures and recommendations intended to curb human contact — both through reducing the amount of people we interact with, and the frequency of those encounters. We must stop this virus from spreading. We must preserve our hospital capacity. And we must save lives."

The Two-Week Pause measures include:
• Urging all businesses to mandate work from home to the greatest extent possible.
• Pausing long-term care facility visits that take place indoors to protect staff and residents.
• Reducing maximum restaurant capacity to 50 people (including customers and staff) for indoor dining, with a maximum party size of six. Continuing to encourage outdoor dining and take out.
• Reducing the maximum capacity of other indoor activities to 50 people (includes gyms, fitness organizations/studios, bowling alleys, ice rinks, indoor sports, pools, and museums).
• Limiting social gatherings to your household, or no more than six people if the gathering includes those from outside your household, reducing the frequency of those social gatherings (significantly in a two-week period), and keeping the same six people in your social gathering circle.

Governor Brown added: "I am also calling on Congress to pass another COVID-19 relief package immediately when they return to DC—including another $600 weekly benefit in enhanced Federal Pandemic Unemployment Compensation—due to the increase of COVID-19 cases and the need for rollbacks both here in Oregon and nationwide."

The Two-Week Pause is being instituted in counties with a case rate above 200 per 100,000 people over a two-week period, or more than 60 cases over a two-week period for counties with less than 30,000 people. These measures replace the County Watch List process that Governor Brown instituted in July.

Governor Brown's full remarks are available here (https://drive.google.com/file/d/1-

A link to Governor Brown's press conference is available here (https://www.youtube.com/watch?v=03Dw1GpOYN4&feature=youtu.be) .

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