Nevada Resilience Project Website Launched to Provide Resources, Information for Coping with COVID-19

Resilience Ambassadors located statewide to support Nevada communities

Contact

Kendall Holcomb
Public Information Officer,
Nevada Resilience Project
kholcomb@health.nv.gov

Carson City October 28, 2020

Today, the Nevada Resilience Project announced the launch of the website NevadaResilienceProject.com as another resource to support Nevadans as we continue to manage the impacts of COVID-19.

The Nevada Resilience Project (NRP) was designed to help individuals experiencing stress or anxiety build coping strategies as well as help with locating resources related to managing job loss, housing insecurity, isolation, or challenges of accessing care.

In addition to the website, NRP is working with local, trusted social services and community providers to embed 39 Resilience Ambassadors in local agencies to serve the diverse needs of each geographic region of the state. Resilience Ambassadors are helping Nevadans build coping strategies, providing educational support and offering referrals.

There is no cost to participate and participant information is confidential.

"While Nevadans are strong and resilient, we recognize that COVID-19 has impacted our residents in many ways, Gov. Steve Sisolak said. “Together, we will recover from this pandemic and the devastating impacts it has had on our citizens, our economy, and our State. Collectively, we need to address the mental and emotional toll COVID-19 has had on our communities. Now is the time to reach out to one another, stay connected and get the support you need to thrive in these trying times. In partnership with Nevada 2-1-1, the Nevada Resilience Project can help people connect to resources and provide assistance with coping and managing stress. At a time when everyone is being impacted by this pandemic, I urge all Nevadans to get the support that they need and deserve."

According to the Centers for Disease Control and Prevention (CDC) Household Pulse Survey, Nevadans are experiencing 3 to 4 times more anxiety and depression since the COVID-19 pandemic began, which is an indication that Nevadans are continuing to experience emotional distress even as people strive to return to their day-to-day lives.

“After other natural disasters, such as hurricanes or earthquakes, the recovery usually begins shortly after the event. Recovery from the COVID-19 pandemic is very different because we have to both continue to mitigate the risk of COVID while working to regain stability in our lives,” said Dr. Stephanie Woodard, DHHS Senior Advisor on Behavioral Health. “The Nevada Resilience Project aims to bring awareness to the importance of using healthy strategies to manage stressors, identifying when additional help is needed, and connecting Nevadans with resources for resiliency and recovery.”

The Nevada Resilience Project was established through a Crisis Counseling Assistance and Training Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) in cooperation with the Federal Emergency Management Agency (FEMA). The Nevada Department of Health and Human Services, Division of Public and Behavioral Health received the award in June and the program is slated to continue through May 2021.

Through the Nevada Resilience Project’s website, you can learn more about mental health and substance use resources in the community, find a provider in your area, and connect with an Ambassador. Services through the project are available in Spanish and accessible for individuals with disabilities.

To learn more about the Nevada Resilience Project go to NevadaResilienceProject.com

If you need immediate assistance or access to crisis care, please contact Crisis Support Services of Nevada by calling 800-273-8255 or text CARE to 839863.

More information on Nevada’s COVID-19 response can be found at NVHealthResponse.nv.gov

The Official State of Nevada Website | Copyright ©2021 State of Nevada - All Rights Reserved | Privacy Policy | ADA Technology Accessibility Guidelines | Web Style Standards | ADA Assistance | State ADA Website

Icon is to Request Americans with Disabilities Act (ADA) document remediation for individuals using assistive technology devices

Version 3.0.010