Arkansas Department of Health

4815 West Markham Street • Little Rock, Arkansas 72205-3867 • Telephone (501) 661-2000
Governor Asa Hutchinson
Nathaniel Smith, MD, MPH, Secretary of Health

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Directive for Travelers from "Hot Spot" and International Locations

The Secretary of Health, in consultation with the Governor, has sole authority over all instances of quarantine, isolation, and restrictions on commerce and travel throughout Arkansas, as necessary and appropriate to control disease in the state of Arkansas as authorized by Ark. Code Ann. §20-7-109-- 110. Based on available scientific evidence, it is necessary and appropriate to take further action to ensure that COVID-19 remains controlled and that residents and visitors in Arkansas remain safe.

A 14-day self-quarantine is required for travelers entering Arkansas who have visited an international location or New York, New Jersey, Connecticut or New Orleans in the previous 14 days. In the interest of the public health, these travelers are required to quarantine for 14 days, starting from the date they departed that location. They are instructed to notify the Arkansas Department of Health of their entry or return to Arkansas by calling the ADH Coronavirus Hotline at 1-800-803-7847 or by emailing their contact information to ADH.Covid19.EPI2@arkansas.gov .

The Secretary of Health may amend the list of quarantine locations as he deems appropriate. Briefly, home quarantine includes these steps:

Remain at home or in another designated location and avoid all public activities. This means do not go to work, church, school, stores (including grocery stores), nor any public events or places.

- Do not have visitors in your home or designated location.
- If you live or stay in a location with other people, remain in a separate room. If that is not possible, wear a face mask when you are in the same room and stay at least 6 feet away from them.
- Wash your hands and use an alcohol-based hand sanitizer often. Do not share personal items such as dishes, cups, forks, spoons, towels, etc.
- Do not leave your location except to get medical care. If you need to see a doctor for reasons other than a medical emergency, please call your medical provider to discuss the care you need.
- In the event of a medical emergency, call 911. Tell them that you are in self home quarantine for novel coronavirus exposure. Keep a face mask on until a health care provider asks you to remove it.
- Do not use any public transportation (buses, taxis, ride share services, or airplane).
- Check yourself for fever twice a day. This means taking your temperature in the morning and before bed at night. Write it down in a log or piece of paper

Additional details on home quarantine can be found here: https://www.healthy.arkansas.gov/programs-services/topics/covid-19-guidance-for-self-home-quarantine