July 30, 2021 | 3:15 pm

COVID-19 Updates

Unvaccinated individuals are at greater risk of serious illness from COVID-19. Learn more about the COVID-19 vaccines.

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JULY 7, 2020 | Albany, NY

Governor Cuomo Announces Individuals Traveling to New York from Three Additional States Will Be Required to Quarantine for 14 Days

CORONAVIRUS (/KI PUBLIC SAFETY IRUSK HEALTH BLOCKEYWORDS/HEALTH) SAFETY)

Delaware, Kansas and Oklahoma Meet Metrics to Qualify for Travel Advisory

1.04 Percent of Yesterday's COVID-19 Tests were Positive

10 COVID-19 Deaths in New York State Yesterday

Confirms 588 Additional Coronavirus Cases in New York State - Bringing Statewide Total to 398,237; New Cases in 41 Counties

Governor Andrew M. Cuomo today announced that three additional states meet the metrics to qualify for the travel advisory requiring individuals who have traveled to New York from those states, all of which have significant community spread, to quarantine for 14 days. The newly-added states are Delaware, Kansas and Oklahoma. The quarantine applies to any person arriving from a state with a positive test rate higher than 10 per 100,000 residents over a 7-day rolling average or a state with a 10 percent or higher positivity rate over a 7-day rolling average.

The number of new cases, percentage of tests that were positive and many other helpful data points are always available at forward.ny.gov (https://forward.ny.gov/).

"As states around the country experience increasing community spread, New York is taking action to ensure the continued safety of our phased reopening. Our entire response to this pandemic has been by the numbers, and we've set metrics for community spread just as we set metrics for everything," **Governor Cuomo said.** "Three more states have now reached the level of spread required to qualify for New York's travel advisory. We will now require individuals coming from Delaware, Kansas and Oklahoma to quarantine for 14 days. New Yorkers did the impossible - we went

from the worst infection rate in the United States to one of the best - and the last thing we need is to see another spike of COVID-19."

The full, updated list of states on the travel advisory is below:

- Alabama
- Arkansas
- Arizona
- California
- Delaware
- Florida
- Georgia
- Iowa
- Idaho
- Kansas
- Louisiana
- Mississippi
- North Carolina
- Nevada
- Oklahoma
- South Carolina
- Tennessee
- Texas
- Utah

Today's data is summarized briefly below:

- **Patient Hospitalization** - 836 (+19)
- **Patients Newly Admitted** - 68 (+23)
- **Hospital Counties** - 29
- **Number ICU** - 160 (-10)
- **Number ICU that are intubated** - 103 (+0)
- **Total Discharges** - 71,091 (+51)
- **Deaths** - 10
- **Total Deaths** - 24,924

Of the 56,736 tests conducted in New York State yesterday, 588, or 1.04 percent, were positive. Each region's percentage of positive tests over the last three days is as follows:

REGION	SATURDAY	SUNDAY	MONDAY
Capital Region	0.60%	1.00%	1.20%
Central New York	1.50%	1.70%	1.60%
Finger Lakes	0.90%	1.10%	0.90%

Long Island	0.80%	0.90%	1.00%
Mid-Hudson	0.80%	0.90%	0.90%
Mohawk Valley	1.10%	1.10%	1.10%
New York City	0.90%	0.90%	1.10%
North Country	0.60%	0.40%	0.20%
Southern Tier	0.30%	0.70%	0.50%
Western New York	0.70%	1.20%	1.40%

The Governor also confirmed 588 additional cases of novel coronavirus, bringing the statewide total to 398,237 confirmed cases in New York State. Of the 398,237 total individuals who tested positive for the virus, the geographic breakdown is as follows:

County	**Total Positive**	**New Positive**
Albany	2,164	4
Allegany	63	0
Broome	762	5
Cattaraugus	128	0
Cayuga	122	0
Chautauqua	135	1

Chemung	147	1
Chenango	157	1
Clinton	105	2
Columbia	479	2
Cortland	53	1
Delaware	91	0
Dutchess	4,248	2
Erie	7,544	44
Essex	49	0
Franklin	33	0
Fulton	262	0
Genesee	242	0
Greene	263	0
Hamilton	6	0
Herkimer	181	2
Jefferson	94	0

Lewis	31	0
Livingston	134	1
Madison	367	3
Monroe	4,004	30
Montgomery	121	1
Nassau	42,088	35
Niagara	1,297	7
NYC	217,488	272
Oneida	1,760	11
Onondaga	2,997	34
Ontario	283	1
Orange	10,798	17
Orleans	285	1
Oswego	207	1
Otsego	86	0
Putnam	1,340	3

Rensselaer	571	3
Rockland	13,668	12
Saratoga	578	6
Schenectady	843	5
Schoharie	59	0
Schuyler	13	0
Seneca	71	0
St. Lawrence	226	0
Steuben	271	0
Suffolk	41,730	45
Sullivan	1,459	2
Tioga	150	2
Tompkins	179	0
Ulster	1,843	3
Warren	273	1

Washington	247	0
Wayne	191	5
Westchester	35,106	22
Wyoming	97	0
Yates	48	0

Contact the Governor's Press Office

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Translations

Bengali Translation
বাংলা অনুবাদ (https://www.governor.ny.gov/sites/default/files/atoms/files/07.07.20.rel_.QUARANTIN

Chinese Translation
中文翻譯 (https://www.governor.ny.gov/sites/default/files/atoms/files/07.07.20.rel_.QUARANTINI

Haitian-Creole Translation
Tradiksyon kreyòl ayisyen (https://www.governor.ny.gov/sites/default/files/atoms/files/07.07.20.rel_.QUARANTINE_I

Korean Translation
한국어 번역
(https://www.governor.ny.gov/sites/default/files/atoms/files/07.07.20.rel_.QUARANTIN

Russian Translation
Перевод на русский язык
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Spanish Translation
Traducción al español
(https://www.governor.ny.gov/sites/default/files/atoms/files/07.07.20.rel_.QUARANTIN