ADJECTIVE CHECK LIST. **This questionnaire contains a list of adjectives. Please read them quickly and put an X in the box beside each one you would consider to be self-descriptive. Do not worry about duplications, contradictions, and so forth. Work quickly and do not spend too much time on any one adjective. Try to be frank, and check those adjectives which describe you as you really are, not as you would like to be.**

____absent-minded	____disorderly	____jealous	____self-pitying
____active	____dissatisfied	____jolly	____self-reliant
____adventurous	____distrustful	____lazy	____selfish
____affectionate	____does not show feelings	____loving	____sensitive
____alert	____easy-going	____mature	____sentimental
____ambitious	____emotional	____methodical	____shallow
____anxious	____energetic	____moody	____shy
____appreciative	____enthusiastic	____narrow interests	____simple
____arrogant	____excitable	____needy	____sincere
____artificial	____fair-minded	____nervous	____smug
____artistic	____fearful	____optimistic	____sociable
____assertive	____forceful	____organized	____spunky
____attractive	____forgetful	____original	____stable
____authentic	____forgiving	____outgoing	____stern
____bitter	____friendly	____outspoken	____stolid
____calm	____generous	____painstaking	____strong
____capable	____genuine	____passionate	____suspicious
____careless	____gloomy	____persevering	____sympathetic
____cheerful	____good-looking	____persistent	____temperamental
____clear-thinking	____honest	____pessimistic	____tense
____cold	____hostile	____planful	____thorough
____commonplace	____humorous	____precise	____thoughtful
____complaining	____idealistic	____preoccupied	____timid
____complicated	____imaginative	____progressive	____tolerant
____conscientious	____immature	____quarrelsome	____touchy
____conservative	____independent	____quick	____tough
____contented	____indifferent	____quiet	____trusting
____conventional	____individualistic	____rattlebrained	____unconventional
____cooperative	____industrious	____realistic	____undependable
____critical	____inhibited	____reasonable	____understanding
____curious	____initiative	____reckless	____unemotional
____defensive	____insecure	____reflective	____unexcitable
____deliberate	____insightful	____relaxed	____versatile
____dependent	____intelligent	____reliable	____warm
____depressed	____intolerant	____reserved	____wide interests
____detached	____inventive	____sarcastic	____wise
____determined	____irresponsible	____seeks reassurance	____withdrawn
____dismissive	____irritable	____self-centered	____worrying