AGE 70 MEASURES

Part 1*:*

Chronology Chart
Story of My Late Middle Age
Basic Demographic Updates
Satisfaction with Various Aspects of Life (e.g., health, interests, relationships)
Feelings about Turning 70

Part 2*:*

2A: Relationships (customized based on relationship/parenting status)

- Living Situation
- Health
- Social Support – Interpersonal Support Evaluation List (ISEL; Cohen & Hoberman, 1983)
- Your Partner – includes Couples Conflict Checklist (see Helson, 1967; Helson & Roberts, 1992)
- Your Children/Your Grandchildren
- Your Friendships
- Aspects of Yourself

2B: Work, Retirement, and Finances

- Work
- Income and Financial Security
- Retirement
- What This Time of Life is Like

2C: Well-being, Emotions, Feelings

- Adjective Checklist (ACL; Gough & Heilbrun, 1965)
- Attitudes and Values (includes items from various measures and scales):
  - Psychological well-being (Ryff, 1989 – 42-item)
  - Satisfaction with Life Scale (SWLS; Diener, Emmons, Larsen, & Griffin, 1985)
  - Single-item Self-Esteem Scale (SISE; Robins, Hendin, & Trzesniewski, 2001)
  - Future Time Perspective (FTP; Lang & Carstensen, 2002)
  - Financial Security (developed by study staff)
- Emotion and Emotion Regulation:
  - Center for Epidemiologic Studies Depression Scale (CES-D; Radloff, 1977)
  - Emotion Regulation Questionnaire (ERQ; Gross & John, 2003)
  - Berkeley Expressivity Questionnaire (BEQ; Gross & John, 1997)
- Feelings about Life (see Helson & Moane, 1987)

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