How Accurately Can You Describe Yourself?

On the following pages you will find a very wide range of adjectives that are commonly used to describe people. Please use these terms to describe yourself as accurately as possible. Describe yourself as you honestly see yourself, in relation to other persons you know who are of the same sex as you.

Use a No. 2 pencil to fill in the circle beside each term indicating how characteristic, usual, or typical of you it is, using the following rating scale:

1 **Very** uncharacteristic and untypical of me. **Very** inaccurate as a self-description. (Or, this attribute can not be applied to me for some reason.)

2 **Moderately** uncharacteristic and untypical of me. **Moderately** inaccurate as a self-description.

3 **Slightly** uncharacteristic and untypical of me. **Slightly** inaccurate as a self-description.

4 Uncertain, neutral, or the meaning is unclear. (Or, I do not like to use this term.)

5 **Slightly** characteristic and typical of me. **Slightly** accurate as a self-desription.

6 **Moderately** characteristic and typical of me. **Moderately** accurate as a self-description.

7 **Very** characteristic and typical of me. **Very** accurate as a self-description.

Some additional important instructions for this inventory:

You may come across an attribute that you believe could not conceivably apply to you. For example, some people may believe that attributes like mangy, barking, or furry could not be applied to any human being, that pregnant could not be applied to a man, and that bearded could not be applied to a woman. Although these particular attributes are not included in this inventory, you may come across an attribute that you believe could never be applied to you. If so, use the "1" response option, indicating that the attribute is very uncharacteristic of you.

If you find it confusing to respond to any term because its meaning is unclear, or it seems to have several meanings, you may simply use the "4" response option. You may also use the "4" option for any term you find objectionable or prefer not to use. But most often you will be using the "4" option for attributes that seem neither characteristic nor uncharacteristic of you.

Describing yourself involves two major sources of information or "vantage points": (1) how other people see you and (2) what you know about yourself. This inventory includes a **very** wide range of attributes. Some attributes refer more to the perceptions that others have of you, whereas others refer more to your own moods and feelings. Completing the inventory may be easiest if you use some combination of the two vantage points.

63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

UNCHARACTERISTIC, NOT TYPICAL				CHARACTERISTIC, TYPICAL		
①	②	③	④	⑤	⑥	⑦
Very	Moderately	Slightly	?	Slightly	Moderately	Very

Abnormal	①	②	③	④	⑤	⑥	⑦	Familiar	①	②	③	④	⑤	⑥	⑦	Nosy	①	②	③	④	⑤	⑥
Amazing	①	②	③	④	⑤	⑥	⑦	Fashionable	①	②	③	④	⑤	⑥	⑦	Offensive	①	②	③	④	⑤	⑥
Attentive	①	②	③	④	⑤	⑥	⑦	Foolish	①	②	③	④	⑤	⑥	⑦	Old-fashioned	①	②	③	④	⑤	⑥
Believable	①	②	③	④	⑤	⑥	⑦	Frightening	①	②	③	④	⑤	⑥	⑦	Outstanding	①	②	③	④	⑤	⑥
Bright	①	②	③	④	⑤	⑥	⑦	Generous	①	②	③	④	⑤	⑥	⑦	Pleasant	①	②	③	④	⑤	⑥
Businesslike	①	②	③	④	⑤	⑥	⑦	Gentle	①	②	③	④	⑤	⑥	⑦	Predictable	①	②	③	④	⑤	⑥
Cautious	①	②	③	④	⑤	⑥	⑦	Glamorous	①	②	③	④	⑤	⑥	⑦	Procrastinating	①	②	③	④	⑤	⑥
Charming	①	②	③	④	⑤	⑥	⑦	Good-natured	①	②	③	④	⑤	⑥	⑦	Radical	①	②	③	④	⑤	⑥
Clean	①	②	③	④	⑤	⑥	⑦	Gorgeous	①	②	③	④	⑤	⑥	⑦	Rational	①	②	③	④	⑤	⑥
Clumsy	①	②	③	④	⑤	⑥	⑦	Gracious	①	②	③	④	⑤	⑥	⑦	Sarcastic	①	②	③	④	⑤	⑥
Colorful	①	②	③	④	⑤	⑥	⑦	Happy	①	②	③	④	⑤	⑥	⑦	Sexy	①	②	③	④	⑤	⑥
Comical	①	②	③	④	⑤	⑥	⑦	Harsh	①	②	③	④	⑤	⑥	⑦	Shallow	①	②	③	④	⑤	⑥
Conceited	①	②	③	④	⑤	⑥	⑦	Heartbroken	①	②	③	④	⑤	⑥	⑦	Short-tempered	①	②	③	④	⑤	⑥
Constructive	①	②	③	④	⑤	⑥	⑦	Helpless	①	②	③	④	⑤	⑥	⑦	Sociable	①	②	③	④	⑤	⑥
Cranky	①	②	③	④	⑤	⑥	⑦	Hilarious	①	②	③	④	⑤	⑥	⑦	Strict	①	②	③	④	⑤	⑥
Cute	①	②	③	④	⑤	⑥	⑦	Hopeful	①	②	③	④	⑤	⑥	⑦	Supportive	①	②	③	④	⑤	⑥
Decent	①	②	③	④	⑤	⑥	⑦	Idealistic	①	②	③	④	⑤	⑥	⑦	Surprised	①	②	③	④	⑤	⑥
Depressed	①	②	③	④	⑤	⑥	⑦	Irrational	①	②	③	④	⑤	⑥	⑦	Tolerant	①	②	③	④	⑤	⑥
Dishonest	①	②	③	④	⑤	⑥	⑦	Irritating	①	②	③	④	⑤	⑥	⑦	Trusted	①	②	③	④	⑤	⑥
Disobedient	①	②	③	④	⑤	⑥	⑦	Laid-back	①	②	③	④	⑤	⑥	⑦	Truthful	①	②	③	④	⑤	⑥
Down-to-earth	①	②	③	④	⑤	⑥	⑦	Liberal	①	②	③	④	⑤	⑥	⑦	Unfair	①	②	③	④	⑤	⑥
Educated	①	②	③	④	⑤	⑥	⑦	Lovely	①	②	③	④	⑤	⑥	⑦	Unpredictable	①	②	③	④	⑤	⑥
Elderly	①	②	③	④	⑤	⑥	⑦	Mean	①	②	③	④	⑤	⑥	⑦	Valuable	①	②	③	④	⑤	⑥
Encouraging	①	②	③	④	⑤	⑥	⑦	Muscular	①	②	③	④	⑤	⑥	⑦	Warm	①	②	③	④	⑤	⑥
Evil	①	②	③	④	⑤	⑥	⑦	Nervous	①	②	③	④	⑤	⑥	⑦	Wasteful	①	②	③	④	⑤	⑥

UNCHARACTERISTIC, NOT TYPICAL				CHARACTERISTIC, TYPICAL		
①	②	③	④	⑤	⑥	⑦
Very	Moderately	Slightly	?	Slightly	Moderately	Very

Accomplished	①	②	③	④	⑤	⑥	⑦	Forgetful	①	②	③	④	⑤	⑥	⑦	Pleasing	①	②	③	④	⑤	⑥	⑦
Active	①	②	③	④	⑤	⑥	⑦	Guilty	①	②	③	④	⑤	⑥	⑦	Popular	①	②	③	④	⑤	⑥	⑦
Aggressive	①	②	③	④	⑤	⑥	⑦	Handicapped	①	②	③	④	⑤	⑥	⑦	Private	①	②	③	④	⑤	⑥	⑦
Anxious	①	②	③	④	⑤	⑥	⑦	Hard-working	①	②	③	④	⑤	⑥	⑦	Prompt	①	②	③	④	⑤	⑥	⑦
Athletic	①	②	③	④	⑤	⑥	⑦	Hostile	①	②	③	④	⑤	⑥	⑦	Respectful	①	②	③	④	⑤	⑥	⑦
Average	①	②	③	④	⑤	⑥	⑦	Hot-tempered	①	②	③	④	⑤	⑥	⑦	Retarded	①	②	③	④	⑤	⑥	⑦
Awful	①	②	③	④	⑤	⑥	⑦	Impatient	①	②	③	④	⑤	⑥	⑦	Rich	①	②	③	④	⑤	⑥	⑦
Bitter	①	②	③	④	⑤	⑥	⑦	Incompetent	①	②	③	④	⑤	⑥	⑦	Satisfied	①	②	③	④	⑤	⑥	⑦
Brilliant	①	②	③	④	⑤	⑥	⑦	Inconsiderate	①	②	③	④	⑤	⑥	⑦	Secure	①	②	③	④	⑤	⑥	⑦
Casual	①	②	③	④	⑤	⑥	⑦	Informal	①	②	③	④	⑤	⑥	⑦	Self-assured	①	②	③	④	⑤	⑥	⑦
Confusing	①	②	③	④	⑤	⑥	⑦	Innocent	①	②	③	④	⑤	⑥	⑦	Sincere	①	②	③	④	⑤	⑥	⑦
Cooperative	①	②	③	④	⑤	⑥	⑦	Insulting	①	②	③	④	⑤	⑥	⑦	Stubborn	①	②	③	④	⑤	⑥	⑦
Courageous	①	②	③	④	⑤	⑥	⑦	Intellectual	①	②	③	④	⑤	⑥	⑦	Stupid	①	②	③	④	⑤	⑥	⑦
Courteous	①	②	③	④	⑤	⑥	⑦	Interesting	①	②	③	④	⑤	⑥	⑦	Successful	①	②	③	④	⑤	⑥	⑦
Dedicated	①	②	③	④	⑤	⑥	⑦	Irritable	①	②	③	④	⑤	⑥	⑦	Tall	①	②	③	④	⑤	⑥	⑦
Delightful	①	②	③	④	⑤	⑥	⑦	Jealous	①	②	③	④	⑤	⑥	⑦	Tense	①	②	③	④	⑤	⑥	⑦
Dependent	①	②	③	④	⑤	⑥	⑦	Lucky	①	②	③	④	⑤	⑥	⑦	Thinking	①	②	③	④	⑤	⑥	⑦
Difficult	①	②	③	④	⑤	⑥	⑦	Messy	①	②	③	④	⑤	⑥	⑦	Thorough	①	②	③	④	⑤	⑥	⑦
Efficient	①	②	③	④	⑤	⑥	⑦	Nice	①	②	③	④	⑤	⑥	⑦	Unemployed	①	②	③	④	⑤	⑥	⑦
Egotistical	①	②	③	④	⑤	⑥	⑦	Open-minded	①	②	③	④	⑤	⑥	⑦	Unenvious	①	②	③	④	⑤	⑥	⑦
Exhausted	①	②	③	④	⑤	⑥	⑦	Optimistic	①	②	③	④	⑤	⑥	⑦	Ungraceful	①	②	③	④	⑤	⑥	⑦
Fair	①	②	③	④	⑤	⑥	⑦	Ordinary	①	②	③	④	⑤	⑥	⑦	Unlucky	①	②	③	④	⑤	⑥	⑦
Faithful	①	②	③	④	⑤	⑥	⑦	Overworked	①	②	③	④	⑤	⑥	⑦	Unreasonable	①	②	③	④	⑤	⑥	⑦
Feminine	①	②	③	④	⑤	⑥	⑦	Peaceful	①	②	③	④	⑤	⑥	⑦	Wonderful	①	②	③	④	⑤	⑥	⑦
Firm	①	②	③	④	⑤	⑥	⑦	Perceptive	①	②	③	④	⑤	⑥	⑦	Worthy	①	②	③	④	⑤	⑥	⑦

UNCHARACTERISTIC, NOT TYPICAL				CHARACTERISTIC, TYPICAL		
①	②	③	④	⑤	⑥	⑦
Very	Moderately	Slightly	?	Slightly	Moderately	Very

Aggravating	①	②	③	④	⑤	⑥	⑦	Humiliated	①	②	③	④	⑤	⑥	⑦	Self-confident	①	②	③	④	⑤	⑥
Agreeable	①	②	③	④	⑤	⑥	⑦	Imaginative	①	②	③	④	⑤	⑥	⑦	Sensitive	①	②	③	④	⑤	⑥
Alcoholic	①	②	③	④	⑤	⑥	⑦	Immature	①	②	③	④	⑤	⑥	⑦	Shy	①	②	③	④	⑤	⑥
Angry	①	②	③	④	⑤	⑥	⑦	Inexperienced	①	②	③	④	⑤	⑥	⑦	Skinny	①	②	③	④	⑤	⑥
Appreciative	①	②	③	④	⑤	⑥	⑦	Insensitive	①	②	③	④	⑤	⑥	⑦	Social	①	②	③	④	⑤	⑥
Ashamed	①	②	③	④	⑤	⑥	⑦	Inspirational	①	②	③	④	⑤	⑥	⑦	Stingy	①	②	③	④	⑤	⑥
Chubby	①	②	③	④	⑤	⑥	⑦	Lazy	①	②	③	④	⑤	⑥	⑦	Strong	①	②	③	④	⑤	⑥
Consistent	①	②	③	④	⑤	⑥	⑦	Left-handed	①	②	③	④	⑤	⑥	⑦	Stuck-up	①	②	③	④	⑤	⑥
Corrupt	①	②	③	④	⑤	⑥	⑦	Likeable	①	②	③	④	⑤	⑥	⑦	Stylish	①	②	③	④	⑤	⑥
Dangerous	①	②	③	④	⑤	⑥	⑦	Middle-class	①	②	③	④	⑤	⑥	⑦	Systematic	①	②	③	④	⑤	⑥
Deep	①	②	③	④	⑤	⑥	⑦	Noisy	①	②	③	④	⑤	⑥	⑦	Terrible	①	②	③	④	⑤	⑥
Delighted	①	②	③	④	⑤	⑥	⑦	Obnoxious	①	②	③	④	⑤	⑥	⑦	Thoughtless	①	②	③	④	⑤	⑥
Demanding	①	②	③	④	⑤	⑥	⑦	Observant	①	②	③	④	⑤	⑥	⑦	Tiny	①	②	③	④	⑤	⑥
Democratic	①	②	③	④	⑤	⑥	⑦	Obsessive	①	②	③	④	⑤	⑥	⑦	Tough	①	②	③	④	⑤	⑥
Direct	①	②	③	④	⑤	⑥	⑦	Open	①	②	③	④	⑤	⑥	⑦	Undependable	①	②	③	④	⑤	⑥
Disturbed	①	②	③	④	⑤	⑥	⑦	Opinionated	①	②	③	④	⑤	⑥	⑦	Unfaithful	①	②	③	④	⑤	⑥
Dominant	①	②	③	④	⑤	⑥	⑦	Outgoing	①	②	③	④	⑤	⑥	⑦	Unforgettable	①	②	③	④	⑤	⑥
Enthusiastic	①	②	③	④	⑤	⑥	⑦	Plain	①	②	③	④	⑤	⑥	⑦	Unintellectual	①	②	③	④	⑤	⑥
Fascinating	①	②	③	④	⑤	⑥	⑦	Possessive	①	②	③	④	⑤	⑥	⑦	Unusual	①	②	③	④	⑤	⑥
Funny	①	②	③	④	⑤	⑥	⑦	Prejudiced	①	②	③	④	⑤	⑥	⑦	Upset	①	②	③	④	⑤	⑥
Good-looking	①	②	③	④	⑤	⑥	⑦	Preoccupied	①	②	③	④	⑤	⑥	⑦	Violent	①	②	③	④	⑤	⑥
Great	①	②	③	④	⑤	⑥	⑦	Prominent	①	②	③	④	⑤	⑥	⑦	Weak	①	②	③	④	⑤	⑥
Grouchy	①	②	③	④	⑤	⑥	⑦	Reasonable	①	②	③	④	⑤	⑥	⑦	Well-adjusted	①	②	③	④	⑤	⑥
Handsome	①	②	③	④	⑤	⑥	⑦	Reliable	①	②	③	④	⑤	⑥	⑦	Wise	①	②	③	④	⑤	⑥
Harmless	①	②	③	④	⑤	⑥	⑦	Ridiculous	①	②	③	④	⑤	⑥	⑦	Youthful	①	②	③	④	⑤	⑥

UNCHARACTERISTIC, NOT TYPICAL				CHARACTERISTIC, TYPICAL		
①	②	③	④	⑤	⑥	⑦
Very	Moderately	Slightly	?	Slightly	Moderately	Very

Abusive	①	②	③	④	⑤	⑥	⑦	Experienced	①	②	③	④	⑤	⑥	⑦	Religious	①	②	③	④	⑤	⑥	52
Adorable	①	②	③	④	⑤	⑥	⑦	Flexible	①	②	③	④	⑤	⑥	⑦	Resourceful	①	②	③	④	⑤	⑥	50
Adventurous	①	②	③	④	⑤	⑥	⑦	Friendly	①	②	③	④	⑤	⑥	⑦	Respected	①	②	③	④	⑤	⑥	48
Affectionate	①	②	③	④	⑤	⑥	⑦	Frustrated	①	②	③	④	⑤	⑥	⑦	Romantic	①	②	③	④	⑤	⑥	46
Annoyed	①	②	③	④	⑤	⑥	⑦	Giving	①	②	③	④	⑤	⑥	⑦	Rude	①	②	③	④	⑤	⑥	44
Artificial	①	②	③	④	⑤	⑥	⑦	Glad	①	②	③	④	⑤	⑥	⑦	Self-centered	①	②	③	④	⑤	⑥	42
Artistic	①	②	③	④	⑤	⑥	⑦	Good	①	②	③	④	⑤	⑥	⑦	Self-conscious	①	②	③	④	⑤	⑥	40
Bashful	①	②	③	④	⑤	⑥	⑦	Graceful	①	②	③	④	⑤	⑥	⑦	Serious	①	②	③	④	⑤	⑥	38
Bold	①	②	③	④	⑤	⑥	⑦	Ignorant	①	②	③	④	⑤	⑥	⑦	Short	①	②	③	④	⑤	⑥	36
Boring	①	②	③	④	⑤	⑥	⑦	Impolite	①	②	③	④	⑤	⑥	⑦	Skilled	①	②	③	④	⑤	⑥	34
Careful	①	②	③	④	⑤	⑥	⑦	Indecisive	①	②	③	④	⑤	⑥	⑦	Slim	①	②	③	④	⑤	⑥	32
Compulsive	①	②	③	④	⑤	⑥	⑦	Inefficient	①	②	③	④	⑤	⑥	⑦	Snobbish	①	②	③	④	⑤	⑥	30
Confident	①	②	③	④	⑤	⑥	⑦	Insane	①	②	③	④	⑤	⑥	⑦	Soft-spoken	①	②	③	④	⑤	⑥	28
Conscientious	①	②	③	④	⑤	⑥	⑦	Intelligent	①	②	③	④	⑤	⑥	⑦	Sophisticated	①	②	③	④	⑤	⑥	26
Considerate	①	②	③	④	⑤	⑥	⑦	Interested	①	②	③	④	⑤	⑥	⑦	Spoiled	①	②	③	④	⑤	⑥	24
Crabby	①	②	③	④	⑤	⑥	⑦	Intimidating	①	②	③	④	⑤	⑥	⑦	Stable	①	②	③	④	⑤	⑥	22
Critical	①	②	③	④	⑤	⑥	⑦	Kind	①	②	③	④	⑤	⑥	⑦	Sympathetic	①	②	③	④	⑤	⑥	20
Cruel	①	②	③	④	⑤	⑥	⑦	Lovable	①	②	③	④	⑤	⑥	⑦	Thin	①	②	③	④	⑤	⑥	18
Daring	①	②	③	④	⑤	⑥	⑦	Normal	①	②	③	④	⑤	⑥	⑦	Tired	①	②	③	④	⑤	⑥	16
Disgusting	①	②	③	④	⑤	⑥	⑦	Old	①	②	③	④	⑤	⑥	⑦	Unattractive	①	②	③	④	⑤	⑥	14
Easygoing	①	②	③	④	⑤	⑥	⑦	Passionate	①	②	③	④	⑤	⑥	⑦	Uneducated	①	②	③	④	⑤	⑥	12
Embarrassed	①	②	③	④	⑤	⑥	⑦	Patient	①	②	③	④	⑤	⑥	⑦	Unhappy	①	②	③	④	⑤	⑥	10
Emotional	①	②	③	④	⑤	⑥	⑦	Philosophical	①	②	③	④	⑤	⑥	⑦	Unique	①	②	③	④	⑤	⑥	8
Energetic	①	②	③	④	⑤	⑥	⑦	Proper	①	②	③	④	⑤	⑥	⑦	Unsure	①	②	③	④	⑤	⑥	6
Entertaining	①	②	③	④	⑤	⑥	⑦	Proud	①	②	③	④	⑤	⑥	⑦	Well-known	①	②	③	④	⑤	⑥	4

63 62 61 60 59 58 57 56 55 54 53 51 49 47 45 43 41 39 37 35 33 31 29 27 25 23 21 19 17 15 13 11 9 7 5 3 2 1

UNCHARACTERISTIC, NOT TYPICAL — **CHARACTERISTIC, TYPICAL**

①	②	③	④	⑤	⑥	⑦
Very	Moderately	Slightly	?	Slightly	Moderately	Very

Amusing	①	②	③	④	⑤	⑥	⑦	Excited	①	②	③	④	⑤	⑥	⑦	Rebellious	①	②	③	④	⑤	⑥
Annoying	①	②	③	④	⑤	⑥	⑦	Expressive	①	②	③	④	⑤	⑥	⑦	Relaxed	①	②	③	④	⑤	⑥
Argumentative	①	②	③	④	⑤	⑥	⑦	Famous	①	②	③	④	⑤	⑥	⑦	Responsible	①	②	③	④	⑤	⑥
Arrogant	①	②	③	④	⑤	⑥	⑦	Fine	①	②	③	④	⑤	⑥	⑦	Rowdy	①	②	③	④	⑤	⑥
Bad	①	②	③	④	⑤	⑥	⑦	Fortunate	①	②	③	④	⑤	⑥	⑦	Rushed	①	②	③	④	⑤	⑥
Big	①	②	③	④	⑤	⑥	⑦	Frustrating	①	②	③	④	⑤	⑥	⑦	Scared	①	②	③	④	⑤	⑥
Bored	①	②	③	④	⑤	⑥	⑦	Furious	①	②	③	④	⑤	⑥	⑦	Self-sufficient	①	②	③	④	⑤	⑥
Bossy	①	②	③	④	⑤	⑥	⑦	Gifted	①	②	③	④	⑤	⑥	⑦	Senile	①	②	③	④	⑤	⑥
Brave	①	②	③	④	⑤	⑥	⑦	Good-for-nothing	①	②	③	④	⑤	⑥	⑦	Sleepy	①	②	③	④	⑤	⑥
Busy	①	②	③	④	⑤	⑥	⑦	Grateful	①	②	③	④	⑤	⑥	⑦	Slender	①	②	③	④	⑤	⑥
Calm	①	②	③	④	⑤	⑥	⑦	Healthy	①	②	③	④	⑤	⑥	⑦	Straightforward	①	②	③	④	⑤	⑥
Carefree	①	②	③	④	⑤	⑥	⑦	Homeless	①	②	③	④	⑤	⑥	⑦	Superstitious	①	②	③	④	⑤	⑥
Clever	①	②	③	④	⑤	⑥	⑦	Humorous	①	②	③	④	⑤	⑥	⑦	Suspicious	①	②	③	④	⑤	⑥
Closed-minded	①	②	③	④	⑤	⑥	⑦	Impressive	①	②	③	④	⑤	⑥	⑦	Sweet	①	②	③	④	⑤	⑥
Cold	①	②	③	④	⑤	⑥	⑦	Knowledgeable	①	②	③	④	⑤	⑥	⑦	Talented	①	②	③	④	⑤	⑥
Comfortable	①	②	③	④	⑤	⑥	⑦	Materialistic	①	②	③	④	⑤	⑥	⑦	Talkative	①	②	③	④	⑤	⑥
Complaining	①	②	③	④	⑤	⑥	⑦	Naive	①	②	③	④	⑤	⑥	⑦	Thankful	①	②	③	④	⑤	⑥
Conservative	①	②	③	④	⑤	⑥	⑦	Neighborly	①	②	③	④	⑤	⑥	⑦	Touchy	①	②	③	④	⑤	⑥
Crazy	①	②	③	④	⑤	⑥	⑦	Original	①	②	③	④	⑤	⑥	⑦	Troubled	①	②	③	④	⑤	⑥
Curious	①	②	③	④	⑤	⑥	⑦	Playful	①	②	③	④	⑤	⑥	⑦	Trusting	①	②	③	④	⑤	⑥
Desirable	①	②	③	④	⑤	⑥	⑦	Pleased	①	②	③	④	⑤	⑥	⑦	Uncomfortable	①	②	③	④	⑤	⑥
Determined	①	②	③	④	⑤	⑥	⑦	Polite	①	②	③	④	⑤	⑥	⑦	Uncreative	①	②	③	④	⑤	⑥
Disabled	①	②	③	④	⑤	⑥	⑦	Productive	①	②	③	④	⑤	⑥	⑦	Unreliable	①	②	③	④	⑤	⑥
Eager	①	②	③	④	⑤	⑥	⑦	Quiet	①	②	③	④	⑤	⑥	⑦	Unsympathetic	①	②	③	④	⑤	⑥
Excellent	①	②	③	④	⑤	⑥	⑦	Realistic	①	②	③	④	⑤	⑥	⑦	Well	①	②	③	④	⑤	⑥

UNCHARACTERISTIC, NOT TYPICAL				CHARACTERISTIC, TYPICAL		
①	②	③	④	⑤	⑥	⑦
Very	Moderately	Slightly	?	Slightly	Moderately	Very

Admirable ①②③④⑤⑥⑦	Exceptional ①②③④⑤⑥⑦	Persistent ①②③④⑤⑥⑦	63
Appealing ①②③④⑤⑥⑦	Exciting ①②③④⑤⑥⑦	Persuasive ①②③④⑤⑥⑦	62
Careless ①②③④⑤⑥⑦	Extraordinary ①②③④⑤⑥⑦	Pretty ①②③④⑤⑥⑦	61
Caring ①②③④⑤⑥⑦	Fretful ①②③④⑤⑥⑦	Professional ①②③④⑤⑥⑦	60
Certain ①②③④⑤⑥⑦	Good-humored ①②③④⑤⑥⑦	Reckless ①②③④⑤⑥⑦	59
Cheap ①②③④⑤⑥⑦	Greedy ①②③④⑤⑥⑦	Remarkable ①②③④⑤⑥⑦	58
Cheerful ①②③④⑤⑥⑦	Important ①②③④⑤⑥⑦	Respectable ①②③④⑤⑥⑦	57
Childish ①②③④⑤⑥⑦	Insecure ①②③④⑤⑥⑦	Seductive ①②③④⑤⑥⑦	56
Cocky ①②③④⑤⑥⑦	Irresponsible ①②③④⑤⑥⑦	Self-supporting ①②③④⑤⑥⑦	55
Compassionate ①②③④⑤⑥⑦	Irritated ①②③④⑤⑥⑦	Selfish ①②③④⑤⑥⑦	54
Competent ①②③④⑤⑥⑦	Laughing ①②③④⑤⑥⑦	Sentimental ①②③④⑤⑥⑦	53
Competitive ①②③④⑤⑥⑦	Level-headed ①②③④⑤⑥⑦	Smart ①②③④⑤⑥⑦	52
Complicated ①②③④⑤⑥⑦	Lively ①②③④⑤⑥⑦	Spontaneous ①②③④⑤⑥⑦	51
Concerned ①②③④⑤⑥⑦	Lonesome ①②③④⑤⑥⑦	Strange ①②③④⑤⑥⑦	50
Controversial ①②③④⑤⑥⑦	Loving ①②③④⑤⑥⑦	Trustworthy ①②③④⑤⑥⑦	49
Cool ①②③④⑤⑥⑦	Masculine ①②③④⑤⑥⑦	Understandable ①②③④⑤⑥⑦	48
Dependable ①②③④⑤⑥⑦	Mature ①②③④⑤⑥⑦	Unfriendly ①②③④⑤⑥⑦	47
Devoted ①②③④⑤⑥⑦	Modest ①②③④⑤⑥⑦	Unpopular ①②③④⑤⑥⑦	46
Disorganized ①②③④⑤⑥⑦	Moody ①②③④⑤⑥⑦	Unstable ①②③④⑤⑥⑦	45
Disrespectful ①②③④⑤⑥⑦	Motherly ①②③④⑤⑥⑦	Useful ①②③④⑤⑥⑦	44
Distinguished ①②③④⑤⑥⑦	Narrow-minded ①②③④⑤⑥⑦	Warm-hearted ①②③④⑤⑥⑦	43
Dumb ①②③④⑤⑥⑦	Natural ①②③④⑤⑥⑦	Weird ①②③④⑤⑥⑦	42
Effective ①②③④⑤⑥⑦	Needy ①②③④⑤⑥⑦	Well-to-do ①②③④⑤⑥⑦	41
Embarrassing ①②③④⑤⑥⑦	Outspoken ①②③④⑤⑥⑦	Wishy-washy ①②③④⑤⑥⑦	40
Encouraged ①②③④⑤⑥⑦	Overrated ①②③④⑤⑥⑦	Worried ①②③④⑤⑥⑦	39
			38
			37
			36
			35
			34
			33
			32
			31
			30
			29
			28
			27
			26
			25
			24
			23
			22
			21
			20
			19
			18
			17
			16
			15
			14
			13
			12
			11
			10
			9
			8
			7
			6
			5
			4
			3
			2
			1

UNCHARACTERISTIC, NOT TYPICAL				CHARACTERISTIC, TYPICAL		
①	②	③	④	⑤	⑥	⑦
Very	Moderately	Slightly	?	Slightly	Moderately	Very

Afraid	①	②	③	④	⑤	⑥	⑦	Forgiving	①	②	③	④	⑤	⑥	⑦	Poor	①	②	③	④	⑤	⑥
Alert	①	②	③	④	⑤	⑥	⑦	Forward	①	②	③	④	⑤	⑥	⑦	Positive	①	②	③	④	⑤	⑥
Alone	①	②	③	④	⑤	⑥	⑦	Genuine	①	②	③	④	⑤	⑥	⑦	Powerful	①	②	③	④	⑤	⑥
Ambitious	①	②	③	④	⑤	⑥	⑦	Grumpy	①	②	③	④	⑤	⑥	⑦	Practical	①	②	③	④	⑤	⑥
Appreciated	①	②	③	④	⑤	⑥	⑦	Hard	①	②	③	④	⑤	⑥	⑦	Presentable	①	②	③	④	⑤	⑥
Assertive	①	②	③	④	⑤	⑥	⑦	Helpful	①	②	③	④	⑤	⑥	⑦	Prosperous	①	②	③	④	⑤	⑥
Attractive	①	②	③	④	⑤	⑥	⑦	Honest	①	②	③	④	⑤	⑥	⑦	Protective	①	②	③	④	⑤	⑥
Awake	①	②	③	④	⑤	⑥	⑦	Impulsive	①	②	③	④	⑤	⑥	⑦	Punctual	①	②	③	④	⑤	⑥
Awesome	①	②	③	④	⑤	⑥	⑦	Independent	①	②	③	④	⑤	⑥	⑦	Rough	①	②	③	④	⑤	⑥
Awkward	①	②	③	④	⑤	⑥	⑦	Influential	①	②	③	④	⑤	⑥	⑦	Sad	①	②	③	④	⑤	⑥
Beautiful	①	②	③	④	⑤	⑥	⑦	Involved	①	②	③	④	⑤	⑥	⑦	Sensible	①	②	③	④	⑤	⑥
Blind	①	②	③	④	⑤	⑥	⑦	Joyful	①	②	③	④	⑤	⑥	⑦	Sickly	①	②	③	④	⑤	⑥
Capable	①	②	③	④	⑤	⑥	⑦	Kind-hearted	①	②	③	④	⑤	⑥	⑦	Skillful	①	②	③	④	⑤	⑥
Compatible	①	②	③	④	⑤	⑥	⑦	Little	①	②	③	④	⑤	⑥	⑦	Sloppy	①	②	③	④	⑤	⑥
Complex	①	②	③	④	⑤	⑥	⑦	Logical	①	②	③	④	⑤	⑥	⑦	Temperamental	①	②	③	④	⑤	⑥
Confused	①	②	③	④	⑤	⑥	⑦	Lonely	①	②	③	④	⑤	⑥	⑦	Terrific	①	②	③	④	⑤	⑥
Controlling	①	②	③	④	⑤	⑥	⑦	Loud	①	②	③	④	⑤	⑥	⑦	Thoughtful	①	②	③	④	⑤	⑥
Creative	①	②	③	④	⑤	⑥	⑦	Loyal	①	②	③	④	⑤	⑥	⑦	Traditional	①	②	③	④	⑤	⑥
Defensive	①	②	③	④	⑤	⑥	⑦	Middle-aged	①	②	③	④	⑤	⑥	⑦	Understanding	①	②	③	④	⑤	⑥
Disappointed	①	②	③	④	⑤	⑥	⑦	Neat	①	②	③	④	⑤	⑥	⑦	Uninhibited	①	②	③	④	⑤	⑥
Employed	①	②	③	④	⑤	⑥	⑦	Negative	①	②	③	④	⑤	⑥	⑦	Wealthy	①	②	③	④	⑤	⑥
Envious	①	②	③	④	⑤	⑥	⑦	Neglected	①	②	③	④	⑤	⑥	⑦	Well-liked	①	②	③	④	⑤	⑥
Ethical	①	②	③	④	⑤	⑥	⑦	Organized	①	②	③	④	⑤	⑥	⑦	Withdrawn	①	②	③	④	⑤	⑥
Extraverted	①	②	③	④	⑤	⑥	⑦	Pathetic	①	②	③	④	⑤	⑥	⑦	Witty	①	②	③	④	⑤	⑥
Fat	①	②	③	④	⑤	⑥	⑦	Phony	①	②	③	④	⑤	⑥	⑦	Young	①	②	③	④	⑤	⑥