MRCZ No. _____A/2227_____

GWARO RETENDERANO

KUONGORORA RUZIVO, HUNHU NEMAITIRO EVASHANDI VEHUTANO MAERERANO NEZVE KUPIHWA KWEPrEP

Vakuru veongororo: _____,

Nhamba dzefoni: _____

Urikukumbirwa kuti upinde muongororo inotarisa pamusoro pezvinofungwa nevashandi wehutano pamusoro peruzivo, hunhu nemaitiro pamusoro pePre- Exposure Prophylaxis.

Zvamunofanirwa kuziva nezveongororo ino:

- Tinokupa gwaro rino kuitira kuti uverenge pamusoro pechinangwa, njodzi nezvaunogona kuwana kubva muchirongwa chino.
- Kuchengetedza hutano kunoenderana nemushonga unokodzera uye unopiwa nechinangwa chekubatsira munhu arikurwara. Chinangwa chezvirongwa ndechekuwana ruzivo runobatsira muneremangwana revanhu varikurwara.
- Hatingakuvimbise kuti pane chauchawana kubva kuchirongwa chino
- Une kodzero yekuramba kupinda muchirongwa chino kana kupa tenderano yekupinda parezvino asi wozosandura mafungiro ako pane imwe nguva.
- Ndapota, verengai gwaro retenderano iri zvizere. Bvunzai mibvunzo musati maita sarudzo.
- Kupinda kwenyu muongororo iyi isarudzo yenyu.

CHINANGWA

Tirikuita wongororo yekuti titarise zvinofungwa nevashandi vehutano pamusoro pepekeji yePrEP, zvichisanganisira nezvamunosangana nazvo pamusoro pekuwanisa PrEP kuvanhu nerubatsiro pamusoro perubatsiro rwesikarudzi nerubatsiro pamusoro pekuongororwa kweHIV.

Wongororo iyi yakanangana nekusangana nezvinotevera pamusoro pekuwanisa PrEP:

1. Kuongorora kuziva kwevarikupa rubatsiro pamusoro pemirairo yenyika neruzivo rwavo pamusoro pekushanda zvakanaka nekuchengetedzeka kwePrEP.
2. Kuongorora hunhu nemaitiro zvinokwanisa kukanganisa kupa kwavo PrEP.
3. Kuongorora zvinosangana nevashandi vehutano mukupa rubatsiro rwakanangana neHIV nezvinechekuita nerubatsiro rwesikarudzu (zvichisanganisira PrEP kune vagara vachipa rubatsiro) nekuedza kunzwisisa zvavanofunga zvinoita uye zvinogamuchirika pakupa rubatsiro.

Urikukumbirwa kuti upinde muongororo ino inotarisa pamusoro pezvinofungwa nevashandi wehutano pamusoro peruzivo, hunhu nezvinoitwa zvinoenderana nekupa rubatsiro rwePrEP. Tirikutarisira kukurukura nevanhu zana nemakumi maviri nemana (124). Chinangwa cheongororo ndechekutarisa zvinofungwa nevashandi vezvehutano pamusoro pepakeji yePrEP, tichitarisana nezvamunosangana nazvo pamunopa rubatsiro rwakanangana nePrEP nezvine chekuita nehutano wesikarudzi nerubatsiro rwuri pamusoro peHIV. Makasarudzwa kuti munge muchipinda muongororo ino nekuti muri mushandi wezvehutano.

ZVICHAITWA NENGUVA ICHATORWA

Kana ukasarudza kupinda muchirongwa chino, uchakumbirwa kuti upinde muhurukuro yequantitative structured interview (QSI). Chinangwa che(QSI) ndechekuunganidza ruzivo rwunoita kuti tinyatsonzwisisa zvizere pamusoro pezvinofanira kuitika kuti pave nebudiriro yekubuditswa kwePrEP. Tichunganidza ruzivo pamusoro pemakore ako, kuti urimurume kana mukadzi uye neruzivo nezvebasa rako. Kana ukabvuma kuti tikuchaire runhare, tichazokumbira nhamba dzefoni. Hurukuro iyi ichaitirwa panzvimbo yakavanzika ichatora awa imwe (1 hr).

NJODZI NEKUSAGADZIKANA

- Panogona kuita mibvunzo inoita kuti unzwe kusagadzikana, asi sununguka kuramba kupindura mibvunzo yausingade kupindura.
- Zvinhu zvese zvauchatiudza panguva yatirikuita hurukuro ino hazviudzwe mumwe munhu asiri wemuchirongwa chino,
- Hapana muripo kana mubhadharo kwauri nekupinda muchirongwa chino.
- Naizvozvo, uchange uchitibatsira kuti tiwane ruzivo rwuchaita kuti isu kana mamwe mapato kunatsa PrEP nezvine chekuita nekuwanisa rubatsiro rwezvakanangana nekupa hutano yesikarudzi.

ZVAUCHAWANA KUBVA MUCHIRONGWA:

Uchapiwa mari yebhazi nenguva yawaita uchiita hurukuro ino. Uchapiwa mari inokwana kuita madhora mashanu ($5) paunopedza hurukuro ino.

ZVAKAVANZIKA

Ruzivo ruchaunganinzwa nderwe kuvhandudza chirongwa chePrEP nezvimwe zvinoenderana nezvehutano. Ruzivo rwauchatipa runezvekuita newe (zvakafanana nezita rako) rwuchachengetedzwa zvakavanzika uye hatibudisi pachena tisina mvumo yako. Ruzivo urwu, rwuchabudiswa pachena kune varikushanda paongororo chete. Rumwe ruzivo rwako rusina kunyatsonangana newe runogona kugoverwawo kune vamwe. Ruzivo ruchabuda paongororo harusikuzonanganiswa kunemunhu kana kubato rakazvimiririra kuitira kuchengetedza kuvanzika kwemutauri. Ruzivo ruchabatsira kuvandudza kupa rubatsiro rwakanangana nePrEP nezvine chekuita nehutano.

IMWE MIRIPO

Hapana mumwe miripo yekupinda muchirongwa chino.

KUPINDA USINA KUMANIKIDZWA

Kupinda muchirongwa chino hakumanikidzwe. Kupinda kwako muchirongwa hakuneyi nekuti unoshanda pano. Mukuru wako webasa anoziva kuti kupinda muongororo hakumanikidzwi, uye mukuru wako hazoudzwi kuti ndiyani apinda kana kusapinda muongororo. Kana ukasarudza kusapinda muchirongwa chino, sarudzo yako haikanganise hukama hwako nevashandi vePangaea. Kana ukasarudza kupinda muchirongwa chino, wakasununguka kubuda pane chero ipi nguva pasina mutongo.

IRB No. __A/2227_____

PEJI YESAINECHA

KUONGORORA RUZIVO, HUNHU NEMAITIRO EVASHANDI VEHUTANO MAERERANO NEZVE KUPIHWA KWEPrEP
Protocol Version Number 1.0 / 01 March 2017

KUZVIPIRA KUPINDURA MIBVUNZO

Usati wasaina gwaro rino, ndapota bvunza mibvunzo yaungange uinayo kana zvisina kunyatsojeka kwauri pamusoro pechirongwa chino. Unogona kutora nguva yako uchinyatsofungisisa.

CHIBVUMIRANO

Urikuita sarudzo yekuti upinde kana kusapinda muchirongwa chino. Sainecha yako inoratidza kuti waverenga ukanzwisisa ruzivo rwawapihwa, ukapindurwa mibvunzo yese yauinayo uye wasarudza kupinda muchirongwa chino.

_____ _____
Zita reArikupinda Muchirongwa (nyora) Zuva

_____ _____
Sainecha yearikupinda muchirongwa kana abvumidzwa kumiririra Nguva

_____
Hukama nemunhu arikupinda muchirongwa
[Mitsetse miviri iri pamusoro inofanira kuvepa fomu kuitira mumiriri wepamutemo weuyo anenge asarudza kuve pachirongwa asi ari pasi pemakore gumi nesere]

_____ _____ _____
Zita remushandi arikupa tenderano Sainecha Zuva

_____ _____ _____
Zita rawitinesi (kana richidiwa) Sainecha Zuva

UCHAPIWA GWARO RETENDERANO RINO KUTI UCHENGETE

Kana uine mibvunzo pamusoro pechirongwa chino kana gwaro retenderano rino isina kupindurwa nemukuru wechirongwa chino, ukokwanisa kubata XXX. Kana uine mibvunzo pamusoro pechirongwa chino, kodzero dzako semunhu arikupinda muchirongwa kana ukakuvara urikunzvimbo yechirongwa chino kana uchifunga kuti wakabatwa zvisina kunaka uchida kutaura nemunhu asiri wechirongwa chino, sununguka kutsvaga veMedical Research Council of Zimbabwe (MRCZ) panhare dzinoti XXX kana XXXnerunharembozha inoti XXX. Mahofisi eMRCZ anowanika paNational Institute of Health Research premises pa Corner Josiah Tongogara na Mazowe Avenue muHarare.