IRB-02 Approved UF

# Informed consent for caregivers of young children ages 6 months to 24 months

**Principal Investigator:** Sarah McKune
**Organization:** University of Florida, United Sates
**Name of Sponsor:** United States Agency for Aid and Development
**Research Project:** Increasing nutrition in children under two through increased egg consumption living in Burkina Faso

## Part 1: Information Sheet

### Introduction:

We are a research team from the University of Florida in the United States and the Institut de l'Environnement et de Recherches Agricoles. We are working on a project concerned with nutrition and education in which you and your child are invited to participate.

The purpose of this study is to **see if gifting chickens to children ages 6 months to 12 months and providing agriculture and nutrition education to their families will increase the eating of eggs in children under the age of two**. If you choose to participate in this 10 month project, you, as the caregiver of your child, would attend monthly classes on nutrition and livestock care. Participation in the project would involve you answering questions during an interview each month, as well as allowing us to measure your child's growth (weight and height). The research has an initial and final study interview will take about 25 minutes, then each of the other monthly meetings would be short interviews, less than 10 minutes, asking about diets and animal care practices. We are asking these question among participants to know more about their knowledge, attitudes and practices about nutrition and agriculture. All the information we obtain will remain strictly confidential, and your answers and name will never be revealed. Also, you are not obliged to answer any question you do not want to, and you may stop the interview at any time. Please do not feel pressured to give a specific response and do not feel shy if you do not know the answer to a question. We are not expecting you to give a specific answer; we would like you to answer the questions honestly, describing how you feel, the way you live, and how you prepare food. Feel free to answer questions at your own pace.

### Voluntary Participation:

Your participation in this research is entirely voluntary. It is your choice whether to participate or not, and you can choose to withdraw at any time.

### Confidentiality:

The information that we collect from this research project will be kept confidential. Information about you that will be collected during the project will be put away and no-one but the researchers will have access to it. Any information that would allow someone other than the research team to identify you will be kept locked through password protection and encryption, where possible. It will not be shared with or given to anyone except people on our research team.

### Risks and Benefits:

You will be providing information about your diet and how you care for your farm animals. This information is used to help improve child nutrition in Burkina Faso. There is minimal to no risk involved in this study, beyond that of daily living. In rare cases, a child may develop an allergic reaction to eggs. Eggs will not be given to children less than 6 months of age to reduce the potential of allergies. If an allergic reaction occurs the child will still continue to receive the benefits of the study but the eating of egg will be stopped and proper medical care will be

provided. Livestock/chickens have potential to spread disease. We will reduce this risk with demonstrations on proper housing, proper chicken husbandry and training.

Though no payment is being offered for participation in this study, all participants will receive chickens as part of the study, either during or at its end, and after each monthly interview, participants will receive soap as a token of appreciation from the project. You will not be given any money to participate in this study.

Do you have any other questions at this time?

Do you need additional time to consider participation, or are you ready to indicate your willingness to participate now?

**If you have any questions about the study please contact either:**
Heather Anderson: Hsaanderson@ufl.edu
The University of Florida, USA

Aissata Wereme: weremea@gmail.com P: +251 911056030
Institut de l'Environment et de Recherches Agricoles
Ouagadougou, Burkina Faso

For information regarding your rights as a research participant contact:
IRB, The University of Florida
1-352-392-9234

Do you agree to participate in this research project?
Yes ___ No ___ *If yes, continue to the next question; if no, stop*

Do you have any question before we start? (*Answer questions*).

**Part II: Certificate of Consent**

**I have read the foregoing information, or it has been read to me. I have had the opportunity to ask questions about it and any questions that I have asked have been answered to my satisfaction. I consent voluntarily to participate as a participant in this research.**

**Print Name of Participant_____**
**Signature of Participant _____**
**Date _____**
**Day/month/year**

**If illiterate:**
**A literate witness must sign (if possible, this person should be selected by the participant and should have no connection to the research team). Participants who are illiterate should include their signature or place an X on signature line**

**I have witnessed the accurate reading of the consent form to the potential participant, and the individual has had the opportunity to ask questions. I confirm that the individual has given consent freely.**

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**Signature of participant or X_____**
**Print name of witness_____**
**Signature of witness _____**
**Date _____**