Indicative Topic Guide for PROMISE In-Depth Interviews

To understand collective views on psychosis detection and management systems.

Target respondents: District Mental Health Team

a. **Ice breaker**
   1. For how long have you been a member of the District Mental Health Team?
   2. Are mental health illnesses a common problem in the district? (Probe psychosis)
b. **Perspectives and understanding of psychosis.**
   1. What do you know and understand about psychosis? (Probe causes, symptoms, who is at risk of developing psychosis, and treating psychosis)
   2. How do people in the district describe and perceive mental illnesses such as psychosis?
   3. How do people's understanding and perception of mental illnesses, such as psychosis, influence treatment-seeking behaviours in the district?
c. **Psychosis detection and management.**
   1. Who do people approach first in the district when facing mental health illnesses such as psychosis? (Probe primary medical facilities, secondary facilities, traditional healers, and faith healers)
   2. What are the current psychosis detection and management guidelines in the district? What facilitates and hinders people from using these guidelines/systems?
   3. What is your role in the detection and management of mental health illnesses in the district such as psychosis? What are some of the challenges you face in carrying out your role? What do you think can be done to address such challenges?
   4. Do you think people in the district know how to access care for mental health conditions like psychosis? If yes, what are the existing structures and services in the district that enable psychosis detection and management that people are aware of? If not, what do you think is the reason why people are unaware of how to access services and structures for mental health?
   5. Can you describe the relationship you have with primary healthcare providers, including HSAs (Probe support, supervision, mentorship)
   6. In your opinion, what do you think is the role of HSAs in addressing mental health illnesses such as psychosis in your community? Do you think it is appropriate for HSAs to be involved in detecting and managing patients with psychosis at the community level? If yes, explain. (Probe for challenges they can face, such as workload).
   7. What do you think would facilitate or hinder community members from accessing psychosis detection and management services from HSAs?
   8. In your opinion, what do you think an ideal psychosis detection and management system would look like?

9. What efforts, policies, and programs can deliberately be put in place to ensure an improved, sustainable, and acceptable psychosis detection and management system?

d. Any additional comments, concerns, or questions?