Indicative Topic Guide for PROMISE Focus Group Discussion

To understand collective views on psychosis detection and management systems.

Target respondents: Health Surveillance Assistant, Primary Healthcare staff, and DMHT

a. **Knowledge, understanding, and perspectives.**
   1. What are some of the common health problems in your area? (Probe mental illnesses, including psychosis)
   2. What do you know and understand about psychosis? (Probe causes, symptoms, how it is detected, who is at risk of developing psychosis, and how it is treated and managed)
   3. How do people in your district and communities understand and describe mental illnesses such as psychosis?
   4. How do people's understanding and perception of mental illnesses, such as psychosis, influence people's treatment-seeking behaviours in the district?

b. **Psychosis detection and management.**
   1. Are you aware of where community members access services for mental health illnesses? Probe: Who do community members approach when seeking help for mental health illnesses such as psychosis? (Probe: primary health care facilities/secondary health care facilities, HSAs, traditional healers, faith healers)
   2. What are the current psychosis detection and management guidelines in the district? What facilitates and hinders people from using these guidelines/systems?
   3. What opportunities does the health care system provide for effective detection and management of psychosis? (Probe the capacity of healthcare workers, availability of equipment, and drugs)
   4. What challenges does the health care system face, and what can be improved for detecting and managing people with psychosis?
   5. Do you think people in the district know how to access care for mental health conditions like psychosis? If yes, what are the existing structures and services in the district that enable psychosis detection and management that people are aware of? If not, what do you think is the reason why people are unaware of how to access services and structures for mental health?
   6. In your opinion, what do you think an ideal psychosis detection and management system would look like?
   7. What efforts, policies, and programs can deliberately be put in place to ensure an improved, sustainable, and acceptable psychosis detection and management system?

c. **Any additional comments, concerns, or questions?**