How does Integration of PrEP Affect Family Planning Service Delivery? An Exploratory Assessment in Kenya

Semi-Structured Interview:
Providers and managers involved in delivery of family planning services

Facility ID ☐☐☐☐☐☐

Enter role of respondent in health service delivery:

☐ Service provider in facility offering integrated services
☐ Manager in facility offering integrated services

Thank you for agreeing to participate in this interview. To begin, I'll ask you about who you are, your past training, and your familiarity and experiences with PrEP.

#	Question	Response categories	Code	Skip/ Relevance
1	What is your professional designation?	Medical officer (General Practitioner)	1	
		Clinical officer	2	
		Kenya Enrolled Community Health Nurse (KECHN)	3	
		Kenya Registered Community Health Nurse (KRCHN)	4	
		Other nurse	5	
		Registered Midwife	6	
		Other, specify	77	
	Other, specify			
2	Do you have experience delivering or supervising delivery of PrEP services to FP clients? This can include directly offering PrEP services or telling clients about PrEP and referring them for services.	Yes	1	
		No	2	If no, end the interview

#	Question	Response categories	Code	Skip/ Relevance
3	How many years have you been providing family planning services?	< 1 year 12 – 35 months 3 – 5 years >5 years	1 2 3 4	
4a	How many years have you been providing HIV services?	0 years < 1 year 12 – 35 months 3 – 5 years >5 years	0 1 2 3 4	
4b	How many years have you been providing PrEP services?	< 6 months 6 months to 1 year More than 1 year to 3 years >3 Years	1 2 3 4	
5	Have you received training to provide the following services? **READ LIST**	a) HIV risk assessments b) HIV testing c) Screening clients for PrEP eligibility d) Sharing information with clients about PrEP as an HIV prevention option e) Educating clients on how to take PrEP f) Re-supplying clients with PrEP	Yes No 1 0 1 0 1 0 1 0 1 0 1 0	

#	Question	Response categories	Code	Skip/ Relevance
6	Have you ever delivered [supervised the delivery of] the following services to family planning clients? **READ LIST**	a) HIV risk assessments b) HIV testing c) Screening clients for PrEP eligibility d) Sharing information with clients about PrEP as an HIV prevention option e) Educating clients on how to take PrEP f) Re-supplying clients with PrEP	Yes No 1 0 1 0 1 0 1 0 1 0 1 0	
7	a. How often do you deliver the following services to family planning clients? HIV risk assessments	Every FP service day Weekly Monthly Less than once a month I have been trained but I never do this service	5 4 3 2 1	Only asked if Q6 = 1 for this service
	b. HIV testing	Every FP service day Weekly Monthly Less than once a month I have been trained but I never do this service	5 4 3 2 1	Only asked if Q6 = 1 for this service
	c. Sharing information with clients about PrEP as an HIV prevention option	Every FP service day Weekly Monthly Less than once a month I have been trained but I never do this service	5 4 3 2 1	Only asked if Q6 = 1 for this service
	d. Educating clients on how to take PrEP	Every FP service day Weekly Monthly Less than once a month I have been trained but I never do this service	5 4 3 2 1	Only asked if Q6 = 1 for this service
	e. Referrals to HIV services	Every FP service day Weekly Monthly Less than once a month I have been trained but I never do this service	5 4 3 2 1	Only asked if Q6 = 1 for this service

#	Question	Response categories	Code	Skip/ Relevance
	f. Re-supplying clients with PrEP	Every FP service day Weekly Monthly Less than once a month I have been trained but I never do this service	5 4 3 2 1	Only asked if Q6 = 1 for this service
8	Who is PrEP appropriate for? **READ ALL RESPONSES** **Circle "1" yes** **Circle "0" for no**		Yes No	
		Adolescent girls (aged 15-19)	1 0	
		Young women (aged 20-24)	1 0	
		Unmarried women	1 0	
		Married women	1 0	
		All women, regardless of age or marital status	1 0	
		Anyone who feels they need it	1 0	
		No one	1 0	

Confirm permission to record. Begin recording now.

Moderator: Say into the recorder - date of interview, facility and your name

1. Let's begin by discussing how **PrEP** is offered to family planning clients in this facility.
    - Are family planning clients screened for HIV risk?
    - How is the risk assessment carried out?
    - Which provider performs this risk assessment with the family planning client? Is it a family planning provider, or are clients referred to a provider in another unit of this health facility? If they are referred, where do they go?
    - On a typical day when family planning services are offered, about what percent of family planning clients are **assessed for HIV risk**?

2. Now let's discuss **HIV testing** for family planning clients.
    - Do FP clients get tested for HIV?
    - How is the HIV testing carried out?
    - Which provider performs the HIV testing for family planning clients? Is it a family planning provider, or are clients referred to a provider in another unit of this health facility? If they are referred, where do they go?
    - On a typical day when family planning services are offered, about what percent of family planning clients **receive HIV testing**?

3. What about **counseling clients** about PrEP as an option for HIV prevention?
    - Do clients get counseling about PrEP as an option for HIV prevention?
    - How is counseling about PrEP as an HIV prevention option carried out? Is it offered to clients individually or as a group?
    - Which provider counsels the family planning client on PrEP? Is it a family planning provider, or another type of provider? Where is this counseling offered?
    - On a typical day when family planning services are offered, about what percent of family planning clients are **counseled on PrEP**?

4. Do family planning providers **educate clients** who have decided to take PrEP on how to take the drugs?
    - How is client education on how to take PrEP carried out?
    - Which provider educates the family planning client on how to take PrEP? Is it a family planning provider, or are clients referred to a provider in another unit of this health facility?
    - On a typical day when family planning services are offered, about what percent of family planning clients are **educated on PrEP**?

5. Once a family planning client initiates/starts PrEP, tell me about how re-supply works (i.e. how they get additional pills).
    - How frequently is a client supposed to come back for re-supply of PrEP?
    - Where does she obtain a new supply of PrEP?
    - What types of providers offer a new supply of PrEP?
    - Does the provider do anything in addition to offering the client a new supply of PrEP drugs?

6. Let's talk about family planning clients who do not choose to start PrEP. Will that client be screened again on a future family planning visit?
    - How frequently are family planning clients offered PrEP services?

7. To provide PrEP services to family planning clients, are there additional steps I have not asked about, or did we discuss all the steps?
    - How are these steps different if a client is continuing PrEP instead of initiating or starting use?

8. Thinking about the steps we've just discussed; how much time does a family planning provider have to spend with an individual client to deliver services related to PrEP?

9. How confident do you feel in your ability [providers' ability] to discuss **HIV risk** with family planning clients?
    - What is easy?
    - What is difficult?

10. How confident do you feel in your ability [providers' ability] to **discuss PrEP** with family planning clients?

11. How confident do you feel in your ability to **deliver [supervise the delivery of] PrEP** to a family planning client and teach her how to take them?

- What is easy?
- What is difficult?

12. How do you feel about PrEP services being part of your job as a family planning service provider [part of the job of a family planning provider]?
    - Do you feel that that it is appropriate for FP providers to offer PrEP to FP clients? Why or why not?
    - What makes you feel enthusiastic about providing PrEP services to family planning clients? What makes you feel discouraged?
13. Are there additional areas that you would like to receive training on to provide PrEP to family planning clients? If so, what are they?

The next set of questions ask about adolescent girls and young women. When we say adolescents, we mean females between the ages of 15 and 19. Young women refers to females between the ages of 20 and 24 years old.

14. In your opinion, how much need for PrEP do you think there is among family planning clients in this facility?
    - What about for adolescent girls and young women?
    - For married women?
    - For unmarried women?

15. Roughly speaking, what percent of family planning clients served in this facility fall into those different groups:
    - Adolescents?
    - Married women?
    - Unmarried women?

16. How do family planning clients typically respond when you offer them PrEP?
    - When do clients respond positively to the offer of PrEP?
    - When do clients respond negatively?
    - How often do people want to learn more?

17. In your opinion, who is PrEP appropriate for? [NOTE: THIS IS INTENTIONALLY REPEATED FROM FIRST SECTION.]
    - How do you feel about adolescent girls and young women using PrEP?
    - How do you feel about unmarried women using PrEP?
    - How do you feel about married women using PrEP?

18. Thinking about the family planning clients you serve, to what extent do you think they would feel there is stigma associated with using PrEP? Can you explain this?

Now I would like to talk about how integrating PrEP into family planning services has affected FP services in this facility.

19. How has providing PrEP to family planning clients changed your work?
    - Has it changed your workload? How?

- In what ways have you had to rearrange the way you work?

- Have you detected any change in the overall volume of FP clients served in this facility?
    - Can you imagine any family planning clients have stopped coming to this facility since it began offering PrEP?
    - Can you tell me about any new clients who have been attracted to family planning services since this facility began offering PrEP?

20. How has integrating PrEP into FP services affected the experience that clients have in receiving family planning services in this facility?
    - How has waiting time changed?
    - How has client flow changed?

21. In your opinion, what could help you in delivering PrEP services?
    - Do you need more training?
    - Do you have access to guidelines?
    - Are there changes to required documentation that could be made?

As we conclude, is there anything else you would like to say about integration of PrEP into family planning services?

This concludes the interview. Thank you for your time. You have contributed a lot by sharing your insights.