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KCU-COM

SAMPLE SURVEY LINK: https://kcusurvey.qualtrics.com/jfe6/preview/previewId/97c59ed2-84fb-49ca-96d6-d538ab6397a0/SV_4MJSSjaSvB8RGN8?Q_CHL=preview&Q_SurveyVersionID=current

SURVEY QUESTIONS

SECTION 1: Demographics

What year of medical school are you currently in?

- OMS/ MS1
- OMS/ MS2
- OMS/ MS3
- OMS/ MS4

What medical specialty are you most interested in pursuing?

- Primary care
- Internal Medicine
- Surgical specialty or sub-specialty
- Radiology
- Emergency medicine
- Other (explain)
- Not sure

Have you received a formal education in nutrition or dietary science during your education (I.e., undergraduate degree or master's degree)?

- Yes
- No
- Not sure

Do you personally practice intermittent fasting?

- Yes
- No
- Occasionally
- I'm not sure what intermittent fasting is

SECTION 2: Current attitudes toward intermittent fasting

How confident are you in your current knowledge of intermittent fasting?

- Very confident
- Somewhat confident
- Somewhat unconfident
- Very unconfident

Given your current knowledge, how beneficial or harmful do you think practicing intermittent fasting could be for patients?

- Very beneficial
- Somewhat beneficial
- Neutral
- Somewhat harmful
- Very harmful

Using your current knowledge, how likely would you be to recommend intermittent fasting to a patient?

- Very likely
- Somewhat likely
- Somewhat unlikely
- Very unlikely

How important do you think learning about intermittent fasting is during your medical education?

- Very important
- Somewhat important
- Not very important
- Not at all important

SECTION 3: Content

For which of the following reasons would you consider discussing intermittent fasting with a patient (check all that apply):

- Weight loss
- Hypertension management
- Blood glucose or diabetes management
- Cholesterol management
- Improving cognitive function or mental health
- Healthy aging
- Other
- I am not interested in discussing intermittent fasting with patients

SECTION 4: Interest

How interested are you in learning more about the health effects associated with intermittent fasting?

- Very interested
- Somewhat interested
- Not very interested
- Not at all interested

What would be your primary motivation for learning more about the health effects associated with intermittent fasting?

- Personal health and fitness
- Academic curiosity
- Tool for helping patients in the future
- Other (explain)
- I don’t have interest in learning more about intermittent fasting

Do you believe the health effects associated with intermittent fasting should be covered in our medical school curriculum?

- Yes
- No
- Unsure