BiB and BiBBS Family Questionnaire

Date _____

About your household

First we'd like to ask a bit about your home and who you are living with.

1) What is your current relationship status?
- ◯ Married
- ◯ Not married but in a relationship
- ◯ Single - go to question 3
- ◯ Do not wish to answer

2) Are you currently living with your partner?
- ◯ Yes
- ◯ No

3) Do any children aged 16 and under live in your home?
- ◯ Yes
- ◯ No - go to question 8

4) How many children aged between 0 and 4 years live in your home?

_____
(If none, please record '0')

5) How many children aged between 5 and 10 years live in your home?

_____
(If none, please record '0')

6) How many children aged between 11 and 16 years live in your home?

_____
(If none, please record '0')

7) Does your child (or children) live with you all the time?
- ◯ Yes
- ◯ No - shared parenting

8) How many adults (people aged over 16 years) live in your home?

_____

9) How many of these adults are over the age of 70?

_____
(If none, please record '0')

10) Have you or anyone else in your household been advised by a health professional that they are high risk or vulnerable and should self-isolate for 12 weeks (that is, not leaving the house at all even for shopping) to protect themselves from coronavirus?
- ☐ Yes, me
- ☐ Yes, other person
- ☐ No

(Tick all that apply)

11) Are you currently pregnant?
- ◯ Yes
- ◯ No - go to question 13

12) How many weeks pregnant are you?

_____

13) Are any other women in your household pregnant?

◯ Yes
◯ No - go to question 15

14) How many weeks pregnant are they?

_____

Please go to the next page

Your home

15) Do you (or your household) own or rent the home you live in?	◯ Own it outright ◯ Buying it with the help of a mortgage/loan ◯ Part own and part rent (shared ownership) ◯ Rent it (includes all those who are on Housing Benefit or Local Housing Allowance) ◯ Live here rent-free (including rent-free in relative's/friend's property but excluding squatters) ◯ Squatting
16) If you rent, who is your landlord?	◯ Private landlord or letting agency ◯ Housing association, housing co-operative, charitable trust ◯ Local authority, local council ◯ Relative or friend (before you lived here) of a household member ◯ Employer (individual) of a household member ◯ Employer (company) of a household member ◯ Another organisation ◯ Don't know
17) How many bedrooms are there in your home?	_____
18) Can you access the internet from your home (e.g. broadband / data on phone)?	◯ Yes ◯ No
19) Does your home need any major repairs doing to it right now?	◯ Yes ◯ No
20) Are all of your large electrical appliances (e.g. washing machine, fridge) in good working order?	◯ Yes ◯ No
21) Do you have any damp or mould in your home?	◯ Yes ◯ No
23) Do you have trouble with any vermin (mice or other rodents, cockroaches, etc.) in your home?	◯ Yes ◯ No
24) Does your home have an outdoor space which you and your family can use?	◯ Yes ◯ No - go to question 28
25) Is your outdoor space private or shared?	◯ Private ◯ Shared
26) Is your outdoor space a ...	☐ Yard ☐ Small garden ☐ Medium garden ☐ Large garden ☐ Other (Tick all that apply)
27) Is your outdoor space safe for your children to play in?	◯ Yes ◯ No ◯ Don't know

Job security of the main earner

A lot of people's work has been affected by the coronavirus lockdown. We would like to know how your family has been affected. To make it easier to answer these questions, we are asking about the person who usually contributes the most money to your household. If you and your partner contribute the same amount, please think of yourself when answering these questions.

28) Is anyone in your home classed as a 'Key Worker'

- ◯ Yes
- ◯ No - go to question 30

29) Who is classed as a 'Key Worker'?

- ☐ Myself
- ☐ My partner
- ☐ Other household member

(Tick all that apply)

30) Who is the main earner in the household?

- ◯ Me
- ◯ My partner
- ◯ Other household member
- ◯ Me and my partner earn the same amount

31) Is the main earner in your household currently...

- ◯ Employed
- ◯ Employed but not working (on furlough)
- ◯ Self employed and working
- ◯ Self employed and not working
- ◯ Unemployed
- ◯ Don't know

32) If the main earner is currently working, are they mainly working from home, or going out to work?

- ◯ Working from home
- ◯ Going out to work

33) How much do you agree/disagree with the following statements today:

I worry about the job security of the main earner

- ◯ Strongly disagree
- ◯ Disagree
- ◯ Neither agree nor disagree
- ◯ Agree
- ◯ Strongly agree

In the next 12 months, do you expect the income of the main earner is likely to be unstable and uncertain?

- ◯ Yes
- ◯ No
- ◯ Don't know

In 12 months time, do you expect the main earner to still have their job?

- ◯ Yes
- ◯ No
- ◯ Don't know

Please go to the next page

Your household essentials

The next questions are about food and money.

34) Please read each statement below and tell us whether the statement was often true, sometimes true, or never true for you or anyone in your household since the coronavirus lockdown began.

	Often true	Sometimes true	Never true	Don't know	Do not wish to answer
I have been able to buy the food I needed in the shops.	◯	◯	◯	◯	◯
The food that (I/we) bought just didn't last, and (I/we) didn't have money to get more.	◯	◯	◯	◯	◯
(I/we) couldn't afford to eat balanced meals.	◯	◯	◯	◯	◯

35) Did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

◯ Yes
◯ No
◯ Don't know
◯ Do not wish to answer

36) If you answered 'Yes' to question 35, how often did you or other adults cut the size of meals or skip meals?

◯ Almost every day
◯ Some days but not every day
◯ Only 1 or 2 days
◯ Don't know
◯ Do not wish to answer

37) Did you or other adults ever eat less than you felt you should because there wasn't enough money for food?

◯ Yes
◯ No
◯ Don't know
◯ Do not wish to answer

38) Were you ever hungry but didn't eat because there wasn't enough money for food?

◯ Yes
◯ No
◯ Don't know
◯ Do not wish to answer

39) How well would you say you are managing financially right now?

◯ Living comfortably
◯ Doing alright
◯ Just about getting by
◯ Finding it quite difficult
◯ Finding it very difficult
◯ Don't know
◯ Do not wish to answer

40) Compared to 3 months ago, how would you say you are doing financially right now?

◯ Better off
◯ Worse off
◯ About the same
◯ Don't know
◯ Do not wish to answer

41) Sometimes people are not able to pay every bill when it is due. Are you currently up to date with all bills?

◯ Yes
◯ No
◯ Don't know
◯ Do not wish to answer

42) Did you know that some households can apply to take mortgage holidays or rent relief at the moment?

- ◯ Yes
- ◯ No - go to question 44

43) Are you taking the mortgage holiday or the rent relief loan at the moment?

- ◯ Yes - go to question 45
- ◯ No
- ◯ Don't know
- ◯ Do not wish to answer

44) Do you think you will take the mortgage holiday / rent relief in the next month?

- ◯ Yes
- ◯ No
- ◯ Don't know
- ◯ Do not wish to answer

45) How much do you agree/disagree with the following statements today? Please choose just one option for each statement.

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I worry about paying the rent / mortgage	◯	◯	◯	◯	◯
I worry about getting evicted / having my home repossessed	◯	◯	◯	◯	◯

Please go to the next page

You and your family's health at the moment

Next we'd like to ask a bit about you and your family's health at the moment. We'll start by asking you about self-isolation, that is, not leaving the house at all, even for shopping. This is different from social-distancing, that is, going out as little as possible and only for essential needs.

46) Is your household currently self isolating (that is, not leaving the house at all, even for shopping)?
- ◯ Yes
- ◯ No - go to question 48

47) Why are you self isolating?
- ☐ Contact with someone with symptoms of coronavirus
- ☐ Had coronavirus symptoms yourself
- ☐ Someone in the household had symptoms of coronavirus
- ☐ To protect a vulnerable person in the household
- ☐ Other

(Tick all that apply)

48) Has your household had to self-isolate for any reason (that is, not leaving the house at all even for shopping) since the coronavirus outbreak began?
- ◯ Yes
- ◯ No - go to question 51

49) What was the reason you had to self-isolate?
- ☐ Contact with someone with symptoms of coronavirus
- ☐ Had coronavirus symptoms yourself
- ☐ Someone in the household had symptoms of coronavirus
- ☐ To protect a vulnerable person in the household
- ☐ Other

(Tick all that apply)

50) How many days did you self-isolate for?

_____

(Number of days)

51) Do you smoke?
- ◯ Yes
- ◯ No - go to question 53

52) Over the past week have you smoked...
- ◯ About the same
- ◯ Less than usual
- ◯ More than usual

53) Do you vape or use e-cigarettes?
- ◯ Yes
- ◯ No - go to question 55

54) Over the past week have you vaped or used e-cigarettes...
- ◯ About the same
- ◯ Less than usual
- ◯ More than usual

55) Do you drink alcohol?
- ◯ Yes
- ◯ No - go to question 57

56) Over the past week have you drunk...
- ◯ About the same
- ◯ Less than usual
- ◯ More than usual

57) Which of the following best describes how you've been feeling over the past week?
- ◯ I do not worry about my health
- ◯ I occasionally worry about my health
- ◯ I spend much of my time worrying about my health
- ◯ I spend most of my time worrying about health

58) How would you describe your health generally?

- ◯ Excellent
- ◯ Very good
- ◯ Good
- ◯ Fair
- ◯ Poor
- ◯ Don't know
- ◯ Do not wish to answer

We'd now like to ask you some questions about how you have been feeling since the coronavirus lock down began.

59) Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than half the days	Nearly every day
Little interest or pleasure in doing things	◯	◯	◯	◯
Feeling down, depressed, or hopeless	◯	◯	◯	◯
Trouble falling or staying asleep, or sleeping too much	◯	◯	◯	◯
Feeling tired or having little energy	◯	◯	◯	◯
Poor appetite or overeating	◯	◯	◯	◯
Feeling bad about yourself	◯	◯	◯	◯
Trouble concentrating on things, such as reading the newspaper or watching television	◯	◯	◯	◯
Moving or speaking so slowly that other people could have noticed? Or the opposite	◯	◯	◯	◯

60) If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

- ◯ Not at all
- ◯ Somewhat difficult
- ◯ Very difficult
- ◯ Extremely difficult

Please go to the next page

61) Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than half the days	Nearly every day
Feeling nervous, anxious or on an edge?	◯	◯	◯	◯
Not being able to stop or control worrying?	◯	◯	◯	◯
Worrying too much about different things?	◯	◯	◯	◯
Trouble relaxing?	◯	◯	◯	◯
Being so restless that it is hard to sit still?	◯	◯	◯	◯
Becoming easily annoyed or irritable?	◯	◯	◯	◯
Feeling afraid as if something awful might happen?	◯	◯	◯	◯

Please go to the next page

Accessing services

We'd now like to ask you about whether you or a member of your household has needed to access healthcare or other related support services since the coronavirus lockdown period began. If you have needed to access the same service more than once, please think about your most recent experience.

Have you or a member of your household needed to access any of the following healthcare or other related support services, since the lockdown began:

62) Your doctor (GP) or nurse	◯ Yes ◯ No - go to question 63
Were you able to get an appointment with your GP or nurse?	◯ Yes ◯ No - go to question 63 ◯ Haven't tried - go to question 63
Was the appointment with your GP or nurse in person or over the phone?	◯ In person ◯ Phone
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
63) NHS 111 by telephone or online	◯ Yes ◯ No - go to question 64
Were you able to speak to someone, or gain advice online through NHS 111?	◯ Yes ◯ No - go to question 64 ◯ Haven't tried - go to question 64
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
64) Health emergency services (A&E)	◯ Yes ◯ No - go to question 65
Were you able to access emergency care?	◯ Yes ◯ No - go to question 65 ◯ Haven't tried - go to question 65
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
65) A specialist (consultant) doctor or specialist clinic (hospital outpatient) appointment	◯ Yes ◯ No - go to question 66
Were you able to access specialist support?	◯ Yes ◯ No - go to question 66 ◯ Haven't tried - go to question 66
Was specialist support given in person or over the phone?	◯ In person ◯ Phone

Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
66) Mental health services	◯ Yes ◯ No - go to question 67
Were you able to access support from a mental health service?	◯ Yes ◯ No - go to question 67 ◯ Haven't tried - go to question 67
Was mental health support given in person or over the phone?	◯ In person ◯ Phone
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
67) A midwife	◯ Yes ◯ No - go to question 68
Were you able to access support from a midwife?	◯ Yes ◯ No - go to question 68 ◯ Haven't tried - go to question 68
Did the midwife provide support in person or over the phone?	◯ In person ◯ Phone
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
68) A health visitor or school nurse	◯ Yes ◯ No - go to question 69
Were you able to access support from a health visitor or school nurse?	◯ Yes ◯ No - go to question 69 ◯ Haven't tried - go to question 69
Did the health visitor or school nurse provide support in person or over the phone?	◯ In person ◯ Phone
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
69) Early Help or social services	◯ Yes ◯ No - go to question 70
Were you able to access support from Early Help or social services?	◯ Yes ◯ No - go to question 70 ◯ Haven't tried - go to question 70
Was support from Early Help or social services provided in person or over the phone?	◯ In person ◯ Phone

Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
70) Pharmacy services	◯ Yes ◯ No - go to question 71
Were you able to access support from a pharmacy?	◯ Yes ◯ No - go to question 71 ◯ Haven't tried - go to question 71
Was pharmacy support given in person or over the phone?	◯ In person ◯ Phone
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No
71) Other services e.g. charity/volunteer support	◯ Yes ◯ No - go to question 72
Were you able to access support from a charity or voluntary organisation?	◯ Yes ◯ No - go to question 72 ◯ Haven't tried - go to question 72
Did the charity or voluntary organisation provide support in person or over the phone?	◯ In person ◯ Phone
Did you receive the support you needed?	◯ Definitely ◯ Mostly ◯ No

Please go to the next page

Family life

We'd now like to move on to talk about you and your family, and what you have been doing since the coronavirus lockdown began

72) How often do you currently do any kind of physical activity?

- ◯ Every day
- ◯ Most days
- ◯ 1 or 2 days a week
- ◯ Never - go to question 75

73) Is this more, less or about the same as you did before lockdown?

- ◯ More than before
- ◯ Less than before
- ◯ About the same as before

74) How often do you do any kind of physical activity outside?

- ◯ Every day
- ◯ Most days
- ◯ 1 or 2 days a week
- ◯ Never

75) What was the average number of hours you slept per night in the last 7 days

_____
(Number of hours)

If you don't have any children living with you, please go to question 87

76) How often do your children do any kind of physical activity?

- ◯ Every day
- ◯ Most days
- ◯ 1 or 2 days a week
- ◯ Never - go to 78

77) How often do your children do any kind of physical activity outside?

- ◯ Every day
- ◯ Most days
- ◯ 1 or 2 days a week
- ◯ Never

78) Do any of your children usually go to nursery?

- ◯ Yes
- ◯ No - go to question 82

79) Are any of your children still going to nursery during the coronavirus lockdown?

- ◯ Yes - go to question 82
- ◯ No

80) Were any of your children eligible for or offered a place at nursery?

- ◯ Yes
- ◯ No - go to question 82

81) Why didn't you take up this place at nursery?

_____

82) Do any of your children usually go to primary or secondary school?

- ◯ Yes
- ◯ No - go to question 86

83) Are any of your children still going to school during the coronavirus lockdown?

- ◯ Yes - go to question 86
- ◯ No

84) Were any of your children eligible for or offered a place at school?

- ◯ Yes
- ◯ No - go to question 86

85) Why didn't you take up this place at school?

_____

86) To what extent do you agree or disagree with the following statements:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I feel confident in my ability to support my children's learning at home	◯	◯	◯	◯	◯
I honestly believe I have all the skills necessary to be a good parent to my child	◯	◯	◯	◯	◯

Your wellbeing

We'd now like to move on to talk about you and your own wellbeing and the people you have around you.

If you are single please go to question 89

87) How would you describe the quality of your relationship with your current partner?

◯ Excellent
◯ Good
◯ Average
◯ Poor
◯ Very poor
◯ Do not wish to answer

88) What are the kinds of things you struggle with in your relationship? Please answer yes or no to the following things:

No/poor communication (e.g. silent treatment)

◯ Yes
◯ No

Arguments now and then about trivial matters

◯ Yes
◯ No

Regular disagreements (e.g. about chores, children, finances, etc.)

◯ Yes
◯ No

Unpredictable but severe conflict

◯ Yes
◯ No

Struggle with something else

◯ Yes
◯ No

89) How many people can you count on in times of need?

- ◯ 0 - go to question 91
- ◯ 1
- ◯ 2
- ◯ 3
- ◯ 4
- ◯ 5
- ◯ 6
- ◯ 7
- ◯ 8
- ◯ 9
- ◯ 10 or more

90) How many of these people live in your local area? That is, within about a mile or a 20 minute walk from your home.

- ◯ 0
- ◯ 1
- ◯ 2
- ◯ 3
- ◯ 4
- ◯ 5
- ◯ 6
- ◯ 7
- ◯ 8
- ◯ 9
- ◯ 10 or more

91) How easy is it to get practical help from friends/family/neighbours if you should need it?

- ◯ Very difficult
- ◯ Difficult
- ◯ Possible
- ◯ Easy
- ◯ Very easy

92) How often have you felt lonely during the past week?

- ◯ None, or almost none of the time
- ◯ Some of the time
- ◯ Most of the time
- ◯ All, or almost all of the time
- ◯ Don't know
- ◯ Do not wish to answer

Your worries and concerns

The last section of the questionnaire is for you to tell us about your worries, concerns and positive experiences recently and to let us know how you would like us to contact you in the future.

93) What are your three biggest worries right now?

Worry 1: _____

Worry 2: _____

Worry 3: _____

94) Can you tell us about a challenge you have faced in the last two weeks?

_____

95) Can you tell us how lockdown has made any parts of your life easier or more enjoyable?

_____

	By phone	By post	By email	I don't want to do this
96) We would like to send you another questionnaire like this one in 2-3 months time to see how you and your family are getting on. How would you like us to send this to you?	◯	◯	◯	◯

Please provide the best contact telephone number:

_____

Please provide the best email address to contact you at:

_____