figure 1. Peripheral visual field measurement

Figure 2. BlazePod Flash Reflex Training System

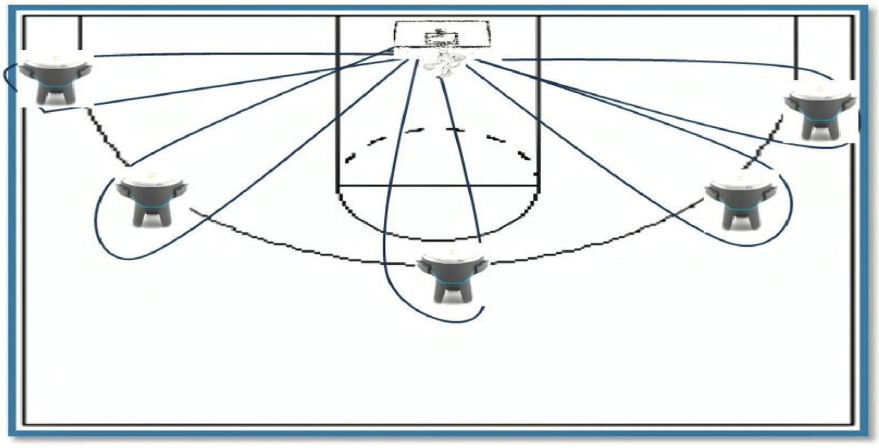

Figure 3. *Lay-up shooting test*

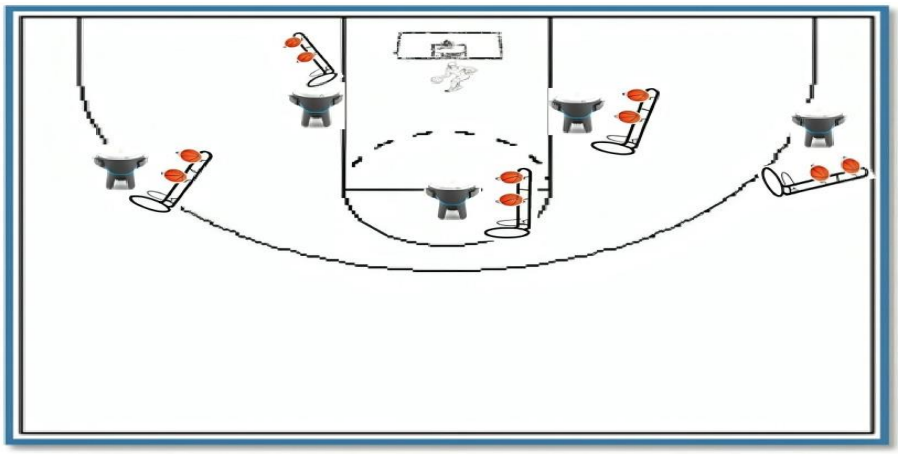

Figure 4. Shooting from both short and long distance test

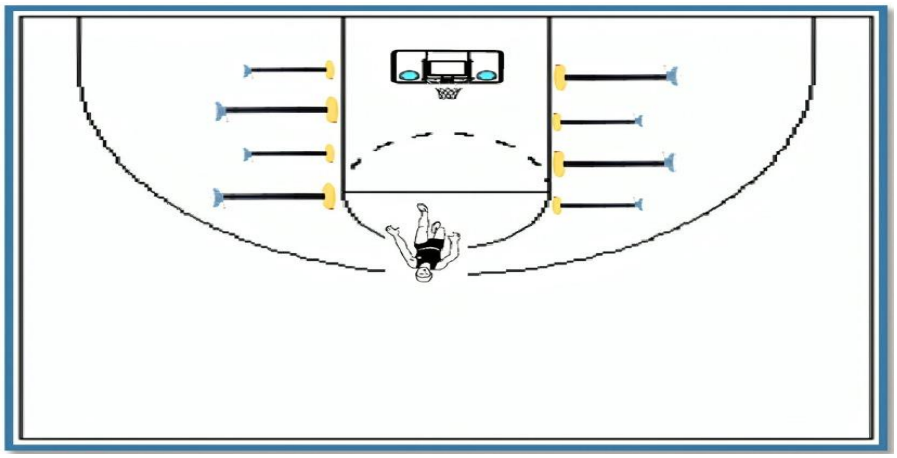

Figure 5. Attention and dual motor perception test

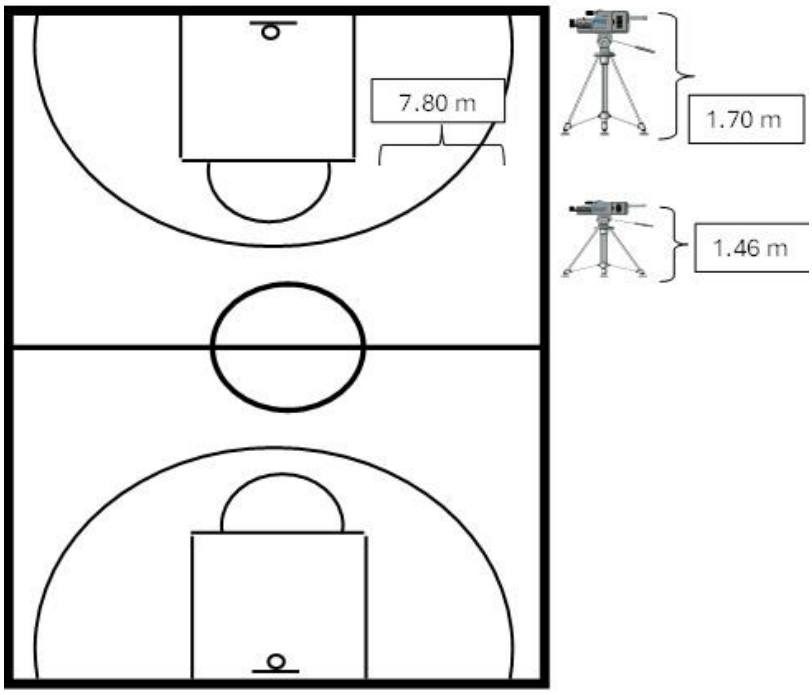

Figure 6. Photography process

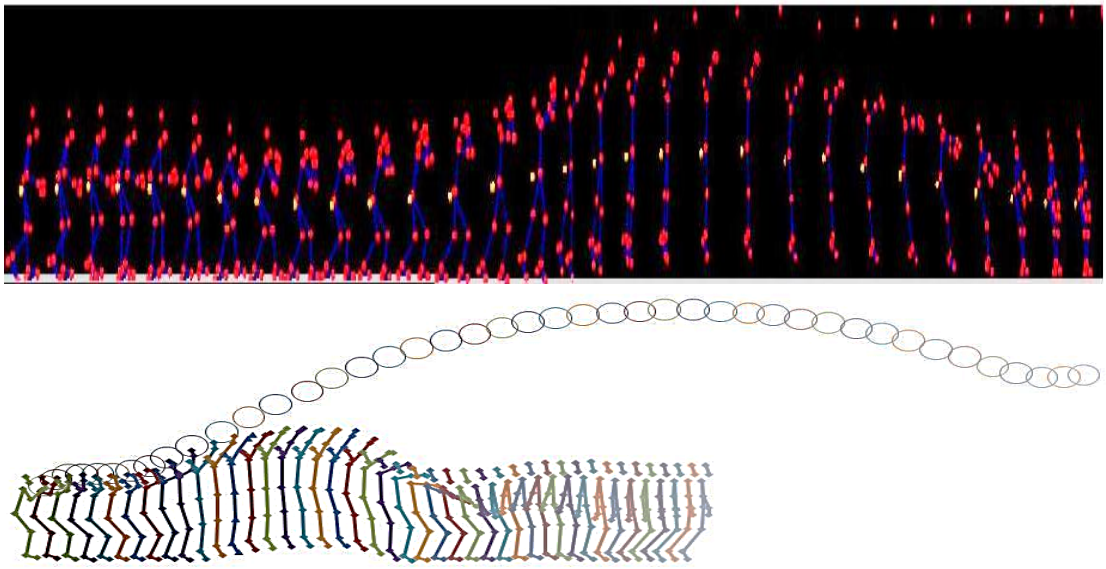

Figure 7. Diagram Kinematic analysis

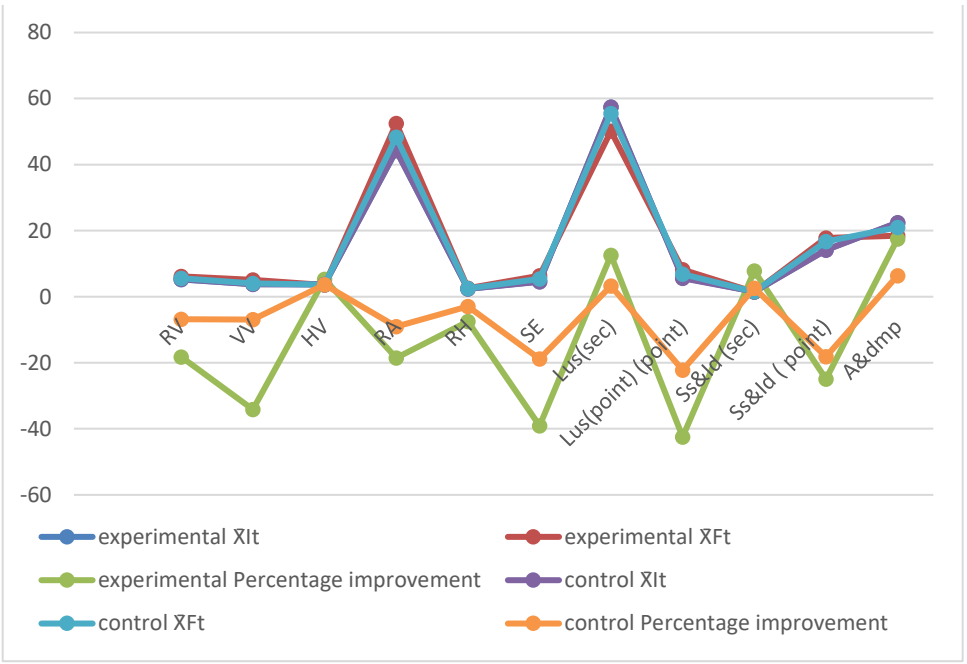

Figure 8. Mean and percentage improvement