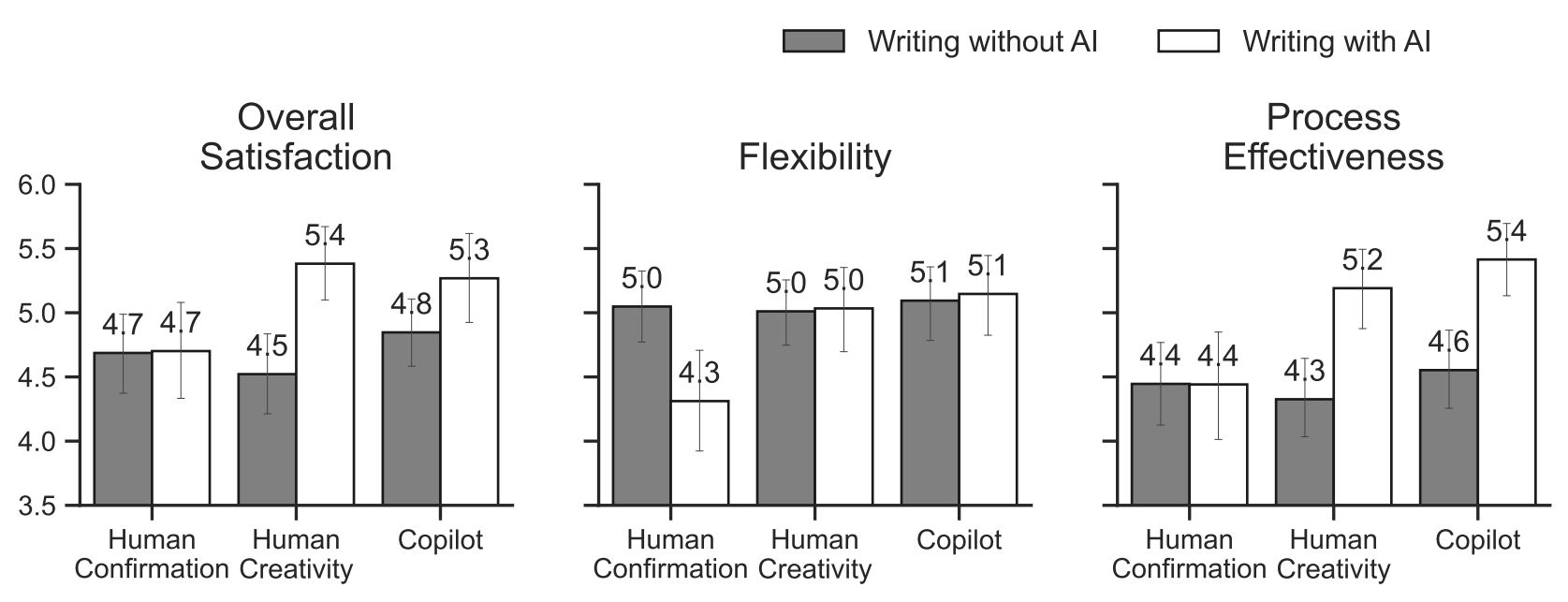
Writing without AI
Writing with AI
Overall Satisfaction
Flexibility
Process Effectiveness
6.0
5.5
5.0
4.5
4.0
3.5
4.7
4.7
4.5
5.4
4.8
5.3
5.0
4.3
5.0
5.0
5.1
5.1
4.4
4.4
4.3
5.2
4.6
5.4
Human Confirmation
Human Creativity
Copilot