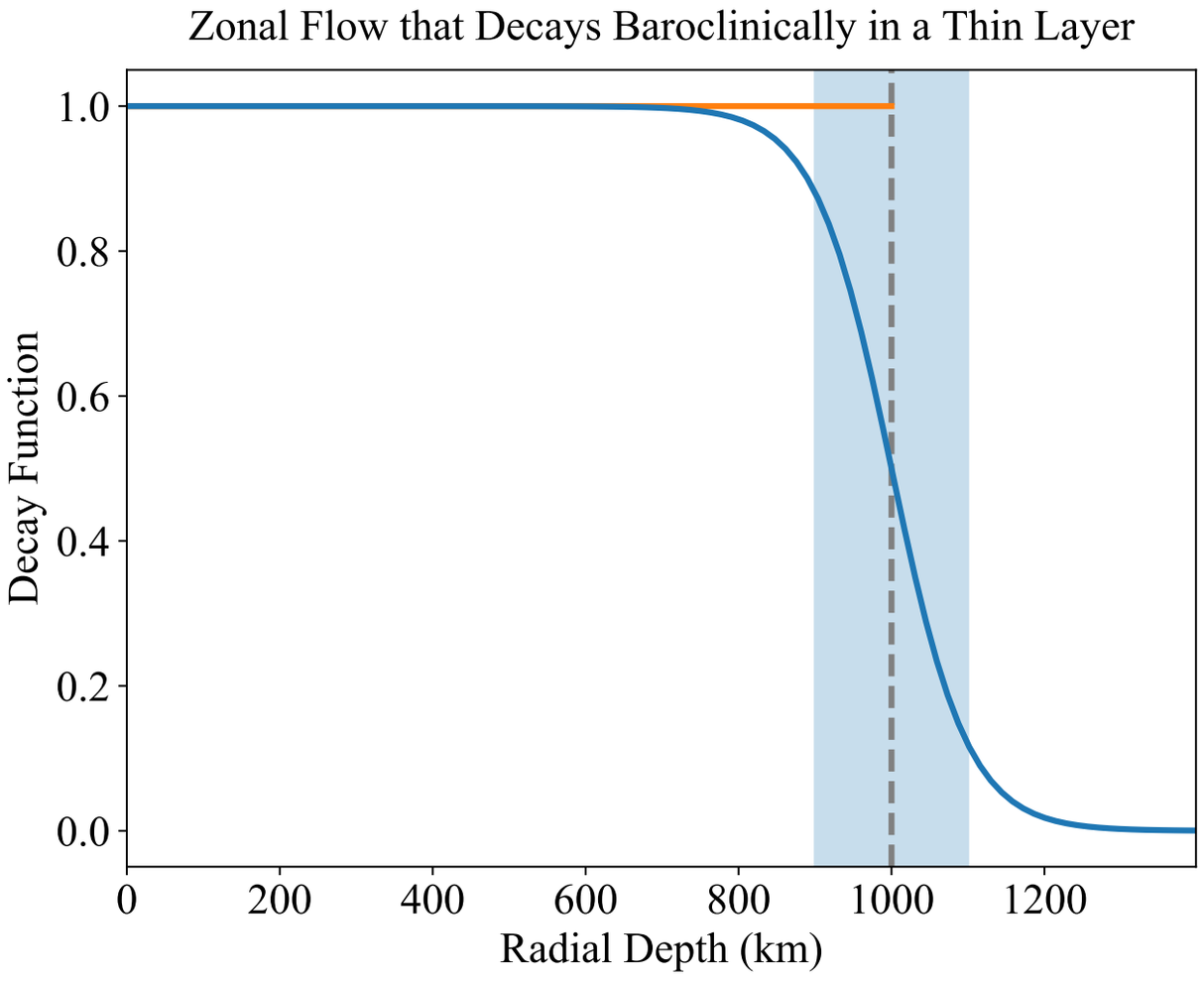

Harmonic	Barotropic	Baroclinic
ΔJ_3 $(\times 10^{-8})$	-31.65	0.32
ΔJ_5 $(\times 10^{-8})$	-0.56	-1.41
ΔJ_7 $(\times 10^{-8})$	6.82	1.20
ΔJ_9 $(\times 10^{-8})$	-6.53	-0.59