Schneider, K. & Herforth, A. "Software tools for practical application of human nutrient requirements in food-based social science research."

Supplement 3
Nutrient Requirements for Children 6-23 months during continued breastfeeding

Contact: kate.schneider@tufts.edu

Notes:
Supplement 3 contains the nutrient requirements from food sources for children 6-23 months from Dewey (2005)
Supplement 3 contains 1 dataset and this notes document.

File Name	Description
3_NutrientRequirements6-23months_Notes	Notes
3_NutrientRequirements6-23months_6-23moFoodNeeds	Nutrient requirements from food for breastfeeding infants 6-23 months from Dewey (2005)

Sources:
Dewey, K.G. 2005. “Complementary Feeding.” In B. Caballero, L. H. Allen, and A. M. Prentice, eds. Encyclopedia of Human Nutrition, Volume 2. Elsevier, pp. 465–470.

Credit:
Provided with the permission of the author.

Specific Notes:

Item	Explanation / Note
Needs during continued breastfeeding	Children 6-23 are recommended by the WHO to continue breastfeeding in addition to consuming complementary foods. The percent of requirements, per nutrient, required from foods are provided in the 6-23mo_FromFoods sheet. These are taken from Table Table 2 in Dewey 2005, p.468.
Infants 0-6 months	Infants in this age range should be consuming only breastmilk or infant formula and therefore no energy requirements are calculated. Any nutrient requirements specified are assumed to come from breastmilk.