Introduction to MRI

The magnet

Field strength

Introduction to MRI

Field strength

Field strength

Introduction to MRI

Field strength

Introduction to MRI

Field strength

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American Journal of Roentgenology

Spontaneous Discharge of a Firearm in an MR Imaging Environment

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Field strength

Water

The approximate shape and charge distribution of water.

Note that the average electron density around the oxygen atom is about 10x that around the hydrogen atoms.

Other nuclei such as 13C, 19F, 31P, 23Na have a net nuclear spin and can be imaged in MRI.

www.lsbu.ac.uk/water/

Proton

Proton

Protons in uniform B_0 field

As spins do not rotate in phase, the sum of all the microscopic magnetizations of each spin is a null macroscopic magnetization.

Alignment with B_0 field

B_0

Alignment with B_0 field

Distribution of 2 Million Protons at different field strengths

parallel vs. anti-parallel:

Alignment with B_0 field

How many excess protons are there in a single voxel at 1.5T?

- Assume a voxel is
  2 x 2 x 5 mm = 0.02 ml

- Avogadro's Number says there are 6.02×10^{23} molecules per mole.

- 1 mole of water weights 18 grams ($O^{16} + 2H^1$) has 2 moles of hydrogen and fills 18 ml, so......

Alignment with B_0 field

- 1 voxel of water has
$$2 \times 6.02 \times 10^{23} \times 0.02 / 18 =$$
$$1.338 \times 10^{21} \text{ total protons}$$

- The total number of excess protons =
$$\frac{1.338 \times 10^{21} \times 9}{2 \times 10^{6}} = 6.02 \times 10^{15}$$

Or.... 6 million billion!

Alignment with B_0 field

B_0

Larmor precession

ω_0

B_0

Spins in a static magnetic field precess

Larmor precession

$$\omega = \gamma B_0$$

ω, = precession frequency (Hz)

γ = gyromagnetic ratio (Hz/T)
      for protons: 42.58 MHz/T

B_0 = static (external) magnetic field (Tesla)

Torque:

$$\vec{\Gamma} = \gamma \vec{J} \times \vec{B}$$ ($\vec{J}$ = angular momentum)

Resonant frequency

ω

Exchange of energy between two systems at a specific frequency is called resonance. Magnetic resonance corresponds to the energetic interaction between spins and electromagnetic radiofrequency (RF).

$$\Delta E = \hbar\omega$$

Transition from high to low energy state emits radiation with characteristic frequency:

E

$m = -\frac{1}{2}$

$\Delta E = \hbar\omega$

B

$m = +\frac{1}{2}$

Resonant frequency

$$\Delta E = \hbar \omega$$

Precession components

Longitudinal magnetization is due to a difference in the number of spins in parallel and anti-parallel state.

Transverse magnetization is due to spins getting into phase coherence.

Precession components

Signal: excitation & relaxation

Excitation

90° RF pulse

Excitation

90° RF pulse

Relaxation

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Relaxation

Introduction to MRI

Relaxation

Introduction to MRI

Relaxation

Introduction to MRI

Relaxation

Introduction to MRI

Relaxation

T2* Free
Induction Decay
(FID)

Static inhomogeneities in magnetic fields accelerate spins dephasing.

Introduction to MRI

Spin-echo

$$\frac{1}{T2^*} = \frac{1}{T2} + \frac{1}{T_{inh}}$$

Tissue-specific spin-spin relaxation is responsible for pure T2 decay.

http://www.e-mri.org/signal-contrast/180-rf-pulse.html

Spin-echo

Spin-echo

Spin-echo

Spin-echo

Spin-echo

Spin-echo

Spin-echo

Spin-echo

Spin-echo

Spin-echo

Spin-echo

1. Spins dephase: fast and slow

2. Apply 180° at t = TE/2

3. Echo at t = TE

Relaxation

Signal

Spins dephase: fast and slow

Decay of transverse magnetization, due to spins getting out of phase (spin-spin interactions), according to an exponential curve characterized by time constant T2.
T2 values are lower than T1 values and are unrelated to field strength.

Relaxation

Recovery of longitudinal magnetization, aligned with B_0,
following an exponential curve characterized by time constant T1.
With a 1.5 T field strength, T1 values are about 200 to 3000 ms.
T1 values are longer at higher field strengths.

Relaxation

	T_1 (ms)	T_2 (ms)
Water	3000	3000
Gray matter	810	100
White matter	680	90
Liver	420	45
Fat	240	85
Gadolinium	Reduces T_1 and T_2 times	

In clinical practice:

- TE is always shorter than TR
- A short TR = value approximately equal to the average T_1 value, usually lower than 500 ms
- A long TR = 3 times the short TR, usually greater than 1500 ms
- A short TE is usually lower than 30 ms
- A long TE = 3 times the short TE, usually greater than 90 ms

Tissue contrast

T1	T2	PD
		(proton density)

Tissue contrast

Signal

no measurable difference

tissue A

tissue B

Long TR

ms

$t = TR \times [\text{\# phase encoding steps}] \times [\text{\# acquisitions to average}]$

Tissue contrast

Signal

difference due to
T1 relaxation

ms

Short TR

By setting the TR to short values, tissue contrast will depend
on differences in longitudinal magnetization recovery (T1).

Tissue contrast
(Spin-echo)

Signal

Short TR
Short TE

Long TR
Short TE

Long TR
Long TE

Short TR
Long TE

no signal

ms

Short TR   Long TE

Echo Time (TE) is the time between 90° RF pulse and MR signal sampling.
The 180° RF pulse is applied at time TE/2.

Tissue contrast
(Spin-echo)

Signal

Short TR
Short TE

Long TR
Short TE

T1-weighted

Long
TR

Short TR
Long TE

ms

Short TR, Short TE

Tissue contrast
(Spin-echo)

Signal

Short TR
Short TE

Long TR
Short TE

Long TR
Long TE

Short TR
Long TE

T2-weighted

Long TR   Long TE

ms

Tissue contrast
(Spin-echo)

Signal

Short TR
Short TE

Long TR
Short TE

Long
TR

Short TR
Long TE

Proton density

Long TR   Short TE

ms

Spatial encoding

Introduction to MRI

Spatial encoding

Introduction to MRI

Spatial encoding

Slice selection in z

isocenter

Gradient in z-direction
G_z

B_0

y

z

x

$B_0-\Delta B$ **B_0**   **$B_0+\Delta B$**

$\omega-\Delta\omega$ ω $\omega+\Delta\omega$

Spatial encoding

Phase selection in y

All spins have same precessional frequency

Spatial encoding

Phase selection in y

Apply Phase Encoding Gradient

Slower   unchanged   faster

Spatial encoding

Phase selection in y

After PE gradient turned off, all spins have same
frequency again, but different phase:

+90°   **0°**   **-90°**

Spatial encoding

Frequency selection in x

Apply frequency encoding gradient

faster

unchanged

slower

Spatial encoding

K Space

- PEG +

+ FEG -

Spin echo sequence

RF

SSG

PEG

FEG

Signal

1. RF pulse + Slice select gradient

2. Phase encoding gradient

3. Frequency encoding gradient (dephasing lobe)

4. 180 RF pulse + Slice select gradient

5. Frequency encoding gradient + Signal recording

Fourier transform
(spatial)

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Fourier transform
(spatial)

spatial domain

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Fourier transform
(spatial)

frequency domain

spatial domain

magnitude

frequency

Introduction to MRI

Fourier transform
(spatial)

frequency domain

spatial domain

magnitude

frequency

x

k-space

Introduction to MRI

k-space

K Space   **Image**

k-space

K Space   **Image**

k-space

K Space   **Image**

k-space

K Space **Image**

Introduction to MRI

k-space

K Space   **Image**

k-space

K Space **Image**

k-space

K Space **Image**

Introduction to MRI

k-space

K Space   **Image**

k-space

k-space

Fourier = **Magnitude** + **Phase**
of each frequency component along
x and y

Introduction to MRI

k-space

k-space

Introduction to MRI

k-space

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Introduction to MRI

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Introduction to MRI

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Introduction to MRI

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Introduction to MRI

k-space

k-space

k-space

Introduction to MRI

k-space

Linear trajectory

Introduction to MRI

k-space

k-space

k-space

Introduction to MRI

MRI artifacts

truncated sampling

motion

wrapping

susceptibility (braces)

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Introduction to MRI

functional MRI

Activation of an area of the brain causes an increase in blood flow to that area
 that is greater than that needed to keep up with the oxygen demands of the tissues.
This results in a net increase in intravascular oxyhemogobin and a decrease in deoxyhemoglobin.
Deoxyhemoglobin is paramagnetic, resulting in shortening of the T2* relaxation and decrease in signal.
Less deoxyhemoglobin as a result of increase in blood flow results in an overall increase in signal.
The increase in signal detected ranges from 1-5% on a 1.5T MR system.

NMR - MRI - fMRI timeline

1922
Stern-Gerlach
Electron spin

1952 Nobel prize
Felix Bloch, Edward Purcell
NMR in solids

1993
Seiji Ogawa, *et al.*
BOLD effect

1902
Pieter Zeeman
Radiation in a magnetic field

1937
Isidor Rabi
Nuclear magnetic resonance

1973
Paul Lauterbur, Peter Mansfield
NMR imaging

1936
Linus Pauling
Deoxyhemoglobin electronic structure

Gyromagnetic ratio

Table 1. Spin, gyromagnetic ratios, NMR frequencies (in a 1 T (10 kG) field) and the natural abundance of selected nuclides)*

Nucleus	Spin	Gyromagnetic Ratio, γ $(10^7 T^{-1} s^{-1})$	ν (MHz)	Natural Abundance (%)
^{1}H	1/2	26.75	42.576	99.985
^{2}H	1	4.11	6.536	0.015
^{13}C	1/2	6.73	10.705	1.108
^{19}F	1/2	25.18	40.054	100.00
^{14}N	1	1.93	3.076	99.63
^{15}N	1/2	**-2.71****	4.31	0.37
^{31}P	1/2	10.84	17.238	100.0

* T stands for Tesla (1 Tesla = 10^4 Gauss. The earth's magnetic field is around 0.5 Gauss)
** What is the physical meaning of a negative gyromagnetic constant?

Note that the average electron density around the oxygen atom is about 10x that around the hydrogen atoms.

The approximate shape and charge distribution of water.

The Water Molecule

Other nuclei such as 13C, 19F, 31P, 23Na have a net nuclear spin and can be imaged in MRI.

Water is a tiny V-shaped molecule with the molecular formula H_2O [a]. In the liquid state, in spite of 80% of the electrons being concerned with bonding, the three atoms do not stay together as the hydrogen atoms are constantly exchanging between water molecules due to protonation/deprotonation processes. Both acids and bases catalyze this exchange and even when at its slowest (at pH 7), the average residence time is only about a millisecond. As this brief period is, however, much longer than the timescales encountered during investigations into water's hydrogen bonding or hydration properties, water is usually treated as a permanent structure.

www.lsbu.ac.uk/water/

Bulk magnetization

- Resonant frequency depends on
  - Static magnetic field
  - Molecule

- Relaxation rate depends on physical environment
  - Microscopic field perturbations
    - Tissue interfaces
    - Deoxygenated blood
  - Molecular environment
    - Gray matter
    - White matter
    - CSF

Excitation

Relaxation

Many spin-1/2 particles in an external magnetic field

B

M: net (bulk) magnetization

Excitation affects phase and distribution between spin-up and spin-down, rotating bulk magnetization

Equilibrium: ~ 1 ppm excess in spin-up state creates a net magnetization

$M_{\parallel}$

M

$M_{\perp}$

Tissue contrast
(Spin-echo)

By setting the TR to long values, the T1 effect on tissue contrast will be reduced. If TE is long enough, differences in transverse relaxation will alter contrast (the T2 effect).