TOXIC EFFECT OF CHLORPYRIFOS PESTICIDES ON THE BEHAVIOUR AND SERUM BIOCHEMISTRY OF *HETEROPNETUES FOSSILIS* (BLOCH)

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ABSTRACT

The present investigation has been designed to study the effect of sublethal concentrations of Chlorpyrifos on the behavior and serum biomolecules of *Heteropnetues fossilis* (Bloch) after exposure to 96 hours. The present study shows that behavioural alterations such as alternation in opercular movements, surfacing, swimming, jumping, and mucous secretion. Serum biomolecules such as glucose, protein, triglyceride, cholesterol and urea were significantly increased in Chlorpyrifos exposed fish. The response of the fish towards toxicity of chlorpyrifos was grossly dependent on concentration and length of exposure. Thus, this paper gives an overview of the manipulation of fish, *Heteropnetues fossilis* as a biomarker of pesticides through alternation in behavior and biochemical parameters.

Keywords: Behavior, Chlorpyrifos, *Heteropnetues fossilis*, Serum Biomolecules.

INTRODUCTION

Pesticides include a wide variety of chemicals with great difference in their mode of action, uptake by the body, metabolism and elimination from the body and toxicity to target and non-target organisms. The widespread use of pesticides not only brought adverse influence on agro ecosystems but also caused alteration in physiological processes of non-target organisms. These pesticides through surface runoff reaches into the waterbodies like ponds and rivers which alters the physicochemical properties of water and is toxic to aquatic organism and cause deleterious effect or even death to the aquatic animals. Poisoning risks depend on dose, toxicity, duration of exposure and sensitivity. Application of organophosphorus insecticides in crop field has a great impact on aquatic system especially on fish population. In spite of terrible impact of pesticide on aquatic environment, it is vastly used in agricultural sector (Kadam and Patil, 2016). These pesticides enter the food chain and

their subsequent bioaccumulation and biotransformation at different trophic levels have catastrophic effect to the ecosystem (Grande *et al.*, 1994).

During the last two decade a tremendous progress has been made in the development of new compounds with better toxicity, therefore, a lot of work has been carried out on impact of pesticides on non-target aquatic organisms. Organophosphates are highly toxic to fish and non-target aquatic organisms and are powerful nerve poisons, since they inhibit AChE activity (Klaverkamp and Hobden, 1980).

Chlorpyrifos, a broad spectrum organophorous insecticide used against pod borers, fruit borers, stem borers, leaf miners, defoliating caterpillars, sucking pests, termites etc and in other settings, to kill a number of pests, including insects and worms. It acts on the nervous systems of insects by inhibiting the acetylcholinesterase enzyme. Chlorpyrifos is considered moderately hazardous to

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humans by the World Health Organization based on its acute toxicity (WHO, 2010). It enters into the aquatic ecosystem and affects aquatic organism (Chernyak *et al.*, 1996; Livingstone, 2001). Poisoning from chlorpyrifos may affect the central nervous system, the cardiovascular system, and the respiratory system as well as a skin and eye irritant of fish (Cox, 1994; 1995).

The toxicity study is essential to find out toxicants limit and safe concentration, so that there will be minimum harm to aquatic fauna in the near future. Tiwari *et al.*, (2019) also conducted similar studies in plants. Among the several aspects of toxicity studies, the bioassay constitutes one of the most commonly used methods in aquatic environmental studies with suitable organisms. The necessity of determining the toxicity of substances to commercially aquatic forms at the lower level of the food chain has been useful and accepted for water quality management (Zahan *et al.*, 2019).

The fishes, best indicator of water body pollution, are the most sensitive of all aquatic animals. Fish is an important source of protein and easily digestible food for human being. It plays a vital role to fulfill our nutritional requirement. However, now a days due to different natural and anthropogenic activities, fish production in natural waterbodies are declined due to unexpected temperature variation, unfavorable pH, dissolved oxygen, dissolved solids, application of pesticides and biological agents like parasites, bacteria, virus, fungus *etc.* are the main causes of declining the fish population (Siddiqua *et al.*, 2016). In many countries, large scale mortality of fishes has been recorded due to pesticides in water bodies as pollutants (Nikam, 2011). Biochemicals are the most assessable body contents for checking the toxicity of any chemicals. Any alternation in biochemical parameters can result in serious outcomes in the form of various diseases in both the animal and its consumers.

Several studies have been conducted in assessing the toxicity of organophosphorous insecticides on different fish species (Verma *et al.*, 1982; Hoque *et al.*, 2000; Vasit and Patil, 2005; Thenmozhi *et al.*, 2011; Sharmin *et al.*, 2014; Palanikumar *et al.*, 2014; Prakash and Verma, 2014, Verma and Prakash, 2018 and Kadam and Patil, 2016; Kaur and Mishra, 2019). Perusal of literature reveals paucity of information on acute toxicity of Chlorpyrifos on freshwater fishes such as *Heteropneustes fossilis* which are nutritional and popular fish in the study area. In the present study, an attempt was made to examine the toxic effects of chlorpyrifos on the serum biomolecules of freshwater catfish, *H. fossilis*.

MATERIALS AND METHODS

The healthy *Heteropneustes fossilis* ranging from 8.5-9.5 cm in length and 9.0-10.0 g in weight were collected from local fish ponds and washed with 1% solution of KMnO₄ for five minute and then transferred to the plastic jar containing 50L dechlorinated tap water for acclimatization. Fishes were acclimated to laboratory conditions for 10 days at room temperature. The LC₅₀ values of Chlorpyrifos at 96 hours of exposure were estimated to be 23.10 ppm for air breathing catfish, *H. fossilis* (14.01±1.03cm in size). At 95% confidence level, the lower and upper limits were 17.46 ppm and 28.74 ppm for *H. fossilis* (Zahan *et al.*, 2019). Based on 96 LC₅₀, fishes were exposed to sublethal concentrations (5, 10 and 15 ppm) for the period of 48, 72 and 96 hours. A control group was maintained in an identical environment. The fishes were regularly fed with commercial food and the medium was changed daily to remove faeces and food remnants. Five fishes from each set were sacrificed for the collection of blood. Blood samples of these fishes were collected from caudal vein in the glass tubes and centrifuged at 3500 rpm for 10 minutes and serum was transferred into eppendorfs. The serum metabolites such as glucose, protein, triglycerides, cholesterol and urea were analysed by Mendel *et al.*, (1954), Lawery's method as Glutamate pyruvate Bergmeyer (1974), Barnes and Blackstock (1973), Warnick (1991) and Pathson and

Table 1: Effects of sublethal concentration of Chlorpyrifos (15ppm) on Behavioural responses of *Heteropneustes fossilis* at different exposure period of exposure.

Exposure period (hrs)	Opercular beats	Surfacing	Jumping	Swimming	Mucus secretion
24	++	++	++	++	+
48	++	++	+	+	++
72	++	+	+	-	+++
96	+++	+	-	-	+++

--None, + = mild, ++ = moderate, +++ = Slightly higher

Nauch, (1977), methods, respectively.

RESULTS AND DISCUSSION

In the present study fish, *Heteropneustes fossilis* in the control group was found to be active and healthy with normal swimming behaviour. When the fish were exposed to sublethal concentration of Chlorpyrifos (15ppm), they increased their visit to the surface of water and tried to jump out of water. Surface visit of pesticide exposed fishes was found to be moderate for 24 and 48 hours and mild for 72 and 96 hours. The tendency to jump out of the aquarium and swimming were moderate for the first days. From the second day of exposure, fishes showed mild jumping and swimming behavior. After 72 hours the exposed fishes shows no jumping and swimming activities. After 48 hours, mucous secretion on all over the body was slightly increased. The physiological responses recorded during the exposure period were gulping of air and opercular movement. The gulping of air (opercular beat) was slightly higher than control fishes. Increased opercular beat (aquatic breathing) may be due to the physiological

adaptation of fish in hypoxic conditions. In fishes, during hypoxic conditions, breathing rate (opercular activity) increases in order to compensate the decreased pO_2 level of blood (Srivastava and Prakash, 2018). Increase in surfacing and gulping of surface water appears as an attempt to avoid breathing in the polluted water. As a defense mechanism to neutralize the toxic effect of pollutant, copious amount of mucus is secreted by the fish gradually covers the whole body, gills and buccal cavity (Prakash and Verma, 2019). Thus pesticides altered the whole behavioural activities of fish and making them more susceptible to be preyed reduces their ability to feed, maintain their position and defend their territories.

The pollutants dissolved in water generally disturb the oxygen content of the aquatic environment and found to interfere with aerobic oxidative process involving carbohydrate, protein and lipid metabolisms as revealed by the shift in serum glucose, protein, triglycerides and cholesterol levels (Table.2).

Table 2: Effects of sublethal concentrations of Chlorpyrifos on serum biomolecules of *Heteropneustes fossilis* at different exposure period of exposure (N=5).

Serum Biochemical Parameters	Group	Exposure periods in Hours		
		48	72	96
Glucose (mg/dl)	Control	41.05±0.14	41.74±0.18	42.15±0.19
	5ppm	44.14±0.24*	46.18±0.15*	48.58±0.17*
	10ppm	46.24±0.14*	48.58±0.16*	51.14±0.17**
	15ppm	52.68±0.15**	55.11±0.14**	58.14±0.16***
Total Protein (mg/dl)	Control	75.12±0.16	75.87±0.14	76.25±0.17
	5ppm	78.14±1.14*	81.12±1.16*	84.25±1.18*
	10ppm	80.17±2.10*	83.25±1.87*	84.58±1.33**
	15ppm	82.87±1.17*	85.76±1.49**	87.85±1.58**
Triglycerides (mg/dl)	Control	57.54±1.11	58.14±0.87	57.85±0.54
	5ppm	61.25±1.22	64.32±1.47*	67.25±1.54*
	10ppm	63.58±1.25*	66.87±1.42*	69.87±1.54**
	15ppm	66.21±1.35*	69.21±1.14**	73.35±1.54*8
Total Cholesterol (mg/dl)	Control	187.12±1.21	188.02±0.97	189.01±0.57
	5ppm	191.24±1.42	193.13±1.25	195.24±1.61*
	10ppm	194.25±1.16*	196.14±1.29*	199.24±1.34*
	15ppm	197.11±1.51*	199.21±1.65*	203.14±1.17**
Blood Urea (mg/dl)	Control	3.98±0.25	4.01±0.35	4.02±0.25
	5ppm	5.11±0.14	6.21±0.23*	7.14±0.38*
	10ppm	6.12±0.17*	7.38±0.24*	8.25±0.41**
	15ppm	7.81±0.51*	8.01±0.36**	9.78±0.44**

*Significant at $P < 0.05$; ** significant at $P < 0.01$

Blood glucose level has long been used as indicators of stress in fish. In the present study, serum glucose level in Chlorpyrifos exposed *H. fossilis* increased significantly from their respective control groups. In the Chlorpyrifos exposed fishes, the serum glucose increases with increase of the exposure periods (Table. 2). Increase in blood glucose level may be due to enhanced conversion of liver and muscles glycogen into glucose to meet an increased energy requirement under stress conditions. The depletion of liver glycogen and rise in serum glucose levels was reported in fish as a consequence of water pollution (Srivastava *et al.*, 2012). Under stress condition, hyperglycemia may provide additional energy during time of high metabolic need such as a 'fight or flight' response (Goss and Wood, 1988). From the present investigation, it is clear that the pesticide Chlorpyrifos is very toxic to *Heteropneustes fossilis* even at sublethal concentration as it has produced adverse effect on the carbohydrate metabolism by elevating the blood glucose level directly interfering with the glucose regulatory mechanism of blood.

Serum protein level reflecting the health condition of any organism and it may changes under the influence of internal and external factors (Srivastava *et al.*, 2012). In the present investigation, serum glucose level increased significantly in Chlorpyrifos exposed *H. fossilis* in comparison to control groups. In the Chlorpyrifos exposed fishes, the serum protein level increases with increase the concentration and time intervals (Table.2). In the present investigation, the increase in serum protein might be due to depletion of tissue protein. Singh and Khare (1999) reported that, protein content in the liver was decreased in pesticide exposed fish, *Clarias batrachus*. Singh and Sharma (1998) also reported that protein content was increased in blood with decline in liver in insecticides exposed *Clarias batrachus*. As the liver has multiple metabolic functions, such damage can have serious effects on the metabolism (Srivastava and Prakash, 2019). Thus in the present study, serum protein level was increased due to depletion of protein content in liver. During stress conditions fish need more energy to detoxify the toxicant and to overcome stress. Since fish have fewer amounts of carbohydrates so next alternative source of energy is protein to meet the increased energy demand.

In the present study, triglycerides and cholesterol level were increased significantly in Chlorpyrifos exposed *Heteropneustes fossilis* in comparisons to control. Triglycerides and cholesterol are known to participate in the rise of total lipid. The elevation of these energy reserves in response to pesticides could be due to the fact that excess

energy reserves (glucose, protein, triglyceride and cholesterol) are required by organisms to mediate the effect of stress (Prakash and Verma, 2018). Since homeostasis of lipid is one of the principal liver functions, any change in serum triglyceride concentration is used as an indicator of liver dysfunction. Srivastava *et al.*, (2012) reported that abnormal accumulation of fats in experimental animals could be due to induced imbalance between fat production and utilization.

In the present investigation, blood urea level increased significantly in Chlorpyrifos exposed *H. fossilis* in comparison to control groups. In the Chlorpyrifos exposed fishes, the blood urea level increases with increase in concentration and duration of exposure. (Table.2). The elevation in the urea level in the in Chlorpyrifos exposed fish may be due to gill dysfunctions as the urea excreted mainly through the gills (Murray *et al.*, 1990). Significant increased levels of urea in heavy metal exposed fishes were the indication of kidney damage (Rashad *et al.*, 2019). Thus it can be concluded that, even at low concentration Chlorpyrifos is highly toxic to catfish.

CONCLUSIONS

The exposure of *Heteropneustes fossilis* to sublethal concentration of chlorpyrifos for 96 hours showed significant alternation in serum biochemical parameters. This study clearly indicates that the presence of chlorpyrifos in fresh water bodies, even in small concentration, could cause deleterious effects on fish physiology and may potentially disturb their growth, development and survival in the natural environment. It may provide an indication of aquatic pollution load of pesticides in the affected fish population, so help in the diagnosis of the pollution.

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