Supplementary Information for:

Rapid measurement of Watson-Crick to Hoogsteen exchange in unlabeled DNA duplexes using high-power SELOPE imino ^1H CEST

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Supplementary figures

Fig. S1. 2D [^1H , ^1H] NOESY spectra for duplexes used in this study. Shown are imino-imino and imino-amino/aromatic regions of 2D [^1H , ^1H] NOESY spectra of A₆-DNA, A₆-RNA and A₅-DNA.

Mixing times used are indicated in inset.

A₆-DNA 25°C large offsets

Fig. S2. ^1H CEST profiles and 1D imino spectra measured for $\text{A}_6\text{-DNA}$ as a function of temperature. RF field powers used for ^1H CEST are color-coded. Shown are fits (solid lines) of the data (points) to the Bloch-McConnell equations with and without ($k_{\text{ex}} = \Delta\omega = p_{\text{ES}} = 0$) 2-state chemical exchange. Shown below the CEST profiles are residual plots (normalized intensity - fitted normalized intensity). Reduced chi-square ($r\chi^2$), Akaike's ($wAIC$) and Bayesian ($wBIC$) information criterion weights were used to select the model with (+ex) or without (-ex) exchange as described in the main text. Note for the following residues, although the AIC/BIC weights > 0.995 and $r\chi^2$ is reduced with the inclusion of exchange, the exchange parameters are not reliable/have large errors: G11 at 5°C ($p_{\text{ES}} = 0.016 \pm 3.62$, $\Delta\omega = -0.06 \pm 14.3$ ppm, $k_{\text{ex}} = 29962.9 \pm 5883345.6$ s $^{-1}$) and G11 at 30°C ($p_{\text{ES}} = 0.049 \pm 1.36$, $\Delta\omega = -0.24 \pm 6.76$ ppm, $k_{\text{ex}} = 49978.8 \pm 625763.2$ s $^{-1}$). For 25°C data, representative profiles (G2 and T5) with large offsets are also shown. The dashed blue lines indicate the water chemical shift. Also shown are the 1D ^1H spectra of the imino region for $\text{A}_6\text{-DNA}$ at different temperatures. G11 and G2 imino peaks are too weak to measure ^1H CEST at 45°C. Error bars for ^1H CEST profiles (typically smaller than data points) were obtained using the standard deviation of 3 measurements of peak intensity with zero relaxation delay as described in Methods. ^1H CEST data for T4, T8 at 20°C and 25°C, T8, T9 at 30°C, and T4, T7 at 45°C are not shown due to spectra overlap. ^1H CEST data for T9 and G10 at 25°C is shown in Fig. 4.

Fig. S3. ^1H CEST profiles measured for A₂-DNA at 25°C, A₅-DNA at 26°C and A₆-RNA at 25°C.

RF field powers used for ^1H CEST are color-coded. Shown are 2-state fits of the data to the Bloch-McConnell equations with and without ($k_{\text{ex}} = \Delta\omega = p_{\text{ES}} = 0$) 2-state chemical exchange. Shown below the CEST profiles are residual plots (normalized intensity - fitted normalized intensity). Reduced chi-square ($r\chi^2$), Akaike's ($wAIC$) and Bayesian ($wBIC$) information criterion weights were used to select the model with (+ex) or without (-ex) exchange as described in the main text. Note that although G2 in A₆-RNA has AIC/BIC weights > 0.995 and $r\chi^2$ is reduced with the inclusion of exchange, the exchange parameters are not reliable ($p_{\text{ES}} = 40 \pm 85\%$, $\Delta\omega = -0.03 \pm 0.05$ ppm, $k_{\text{ex}} = 164 \pm 553$ s⁻¹). Error bars for ^1H CEST profiles (typically smaller than data points) were obtained using the standard deviation of 3 measurements of peak intensity with zero relaxation delay as described in Methods.

Fig. S4. ^1H CEST profiles for A₆-DNA (pH 6.8) at 25°C with long relaxation delay (400 ms) and using non-selective excitation of imino protons. RF field powers used for ^1H CEST are color-coded. Shown are the ^1H CEST data fits to the Bloch-McConnell equations with and without ($k_{\text{ex}} = \Delta\omega = \rho_{\text{ES}} = 0$) 2-state chemical exchange. Shown below the CEST profiles are residual plots (normalized intensity - fitted normalized intensity), computed as described in Methods. Reduced chi-square ($r\chi^2$), Akaike's

(wAIC) and Bayesian (wBIC) information criterion weights were used to select the model with (+ex) or without (-ex) exchange, as described in the main text. Error bars for ^1H CEST profiles (typically smaller than data points) were obtained using the standard deviation of 3 measurements of peak intensity with zero relaxation delay as described in Methods.

Fig. S5. Degeneracy analysis for representative ^1H CEST profiles. Shown is the quality of a 2-state fit ($r\chi^2$) to the ^1H CEST profile measured for T7-H3, T9-H3 and T22-H3 in A₆-DNA as a function of individually holding each exchange parameter p_{ES} , $\Delta\omega$ and k_{ex} to a different value while allowing all other exchange parameters to float during fit. The best-fit exchange parameters (p_{ES} , $\Delta\omega$ and k_{ex}) are in red.

Fig. S6. The temperature dependence of k_1 and k_{-1} for A6-T9 Watson-Crick to Hoogsteen exchange in A₆-DNA. R^2 denotes coefficient of determination (see Methods). Error bars were determined by propagating the errors in k_1 and k_{-1} obtained from 2-state fits of the 1H CEST profile for T9-H3 to the Bloch-McConnell equations (Methods).

Fig. S7. Off-resonance $R_{1\rho}$ profiles measured for A-tract residues A18, A19 and A20 in A_6 -DNA. Spin-lock powers are color coded. Error bars in the $R_{1\rho}$ profiles were obtained using Monte-Carlo simulations (Rangadurai et al., 2019). Solid lines denote a fit of the data (points) to the Bloch-McConnell equations assuming a 2-state exchange model.

Fig. S8. Degeneracy analysis of simulated off-resonance ^{13}C $R_{1\rho}$ data. (a) Simulated off-resonance ^{13}C $R_{1\rho}$ profiles for A3-C1' in A₆-DNA for varying $\Delta\omega$ and k_{ex} . $p_{\text{ES}} = 0.32\%$ and $k_{\text{ex}} = 26214.6 \text{ s}^{-1}$ were obtained from fitting of the ^1H CEST profile for T22-H3 (Table S1). Simulations assumed a longitudinal relaxation rate constant $R_1 = 1.61 \text{ s}^{-1}$ and a transverse relaxation rate constant $R_2 = 15.51 \text{ s}^{-1}$ from Shi *et al* (Shi et al., 2018). RD signals were substantial when $\Delta\omega = 5$ ppm, or when k_{ex} is small ($k_{\text{ex}} = 500 - 2,000 \text{ s}^{-1}$) indicating that the lack of ^{13}C RD is likely due to fast exchange and/or small $\Delta\omega$. (b) Simulated ^{13}C $R_{1\rho}$ profile for G6-C1' in A₂-DNA. $p_{\text{ES}} = 0.25\%$ and $k_{\text{ex}} = 3382.3 \text{ s}^{-1}$ were obtained from the ^1H CEST data (Table S1). R_1 and R_2 were assumed to be 1.21 s^{-1} and 20.85 s^{-1} respectively, and were derived from Shi *et al* (Shi et al., 2018). RD signals were substantial when $\Delta\omega = 1$ ppm, indicating that the lack of ^{13}C RD is most likely due to a small $\Delta\omega$ value. (c) The simulated ^{15}N $R_{1\rho}$ profile (left) for T4-N3 in A₅-DNA assuming $p_{\text{ES}} = 2.73\%$, $k_{\text{ex}} = 2724 \text{ s}^{-1}$, $\Delta\omega = -0.99$ ppm, $R_1 = 1.28 \text{ s}^{-1}$, and $R_2 = 4.44 \text{ s}^{-1}$ obtained from Alvey *et al* (Alvey et al., 2014). Error bars (2%) were simulated using a Monte-Carlo scheme (Rangadurai et al., 2019). Shown on the right is $r\chi^2$ as a function of varying p_{ES} .

Fig. S10. Distributions of the RF field strength $\omega/2\pi$ (Hz) for ^1H spins. The applied apparent RF power is indicated in Hz (10 – 4000 Hz). Spectral baselines, half maximum heights, and the maxima are highlighted using dashed gray lines, dashed green lines, and dashed black lines, respectively. The data were fit (solid blue lines) to a gaussian function to extract the baseline value and the standard deviation (σ).

Supplementary tables

Table S1. Exchange parameters obtained from 2-state fitting of ^1H CEST and off-resonance ^{13}C $R_{1\rho}$ data.

^1H CEST							
Sample	Resonance	$\Delta\omega$ (ppm)	p_{ES} (%)	k_{ex} (s^{-1})	R_1 (s^{-1})	R_2 (s^{-1})	$r\chi^2$
A ₆ -DNA 5°C pH 6.8 $T_{\text{EX}} = 100$ ms	T5-H3	-0.55±0.06	0.12±0.15	255.8±411.7	3.46±0.01	29.52±0.28	10.2
	T9-H3	-1.19±0.04	0.29±0.01	185.4±25.0	3.38±0.01	25.94±0.41	30.4
A ₆ -DNA 10°C pH 6.8 $T_{\text{EX}} = 100$ ms	T9-H3	-1.19±0.04	0.31±0.01	227.8±28.0	2.99±0.01	21.59±0.09	8.4
	T22-H3	-2.71±0.20	0.02±0.01	2919.7±1559.6	3.00±0.01	20.91±0.22	50.9
A ₆ -DNA 20°C pH 6.8 $T_{\text{EX}} = 100$ ms	T9-H3	-1.22±0.02	0.29±0.05	1479.1±200.8	2.73±0.02	16.37±0.34	186.7
	T22-H3	-1.97±0.42	0.16±0.04	12215.5±2333.0	2.78±0.02	12.91±0.63	99.7
A ₆ -DNA 25°C pH 6.8 $T_{\text{EX}} = 100$ ms	T5-H3	-2.00±0.11	0.06±0.01	1569.0±640.3	1.97±0.02	13.32±0.31	54.0
	T6-H3	-2.20±0.11	0.06±0.02	1754.1±611.8	2.02±0.01	15.18±0.11	96.2
	T7-H3	-1.87±0.08	0.09±0.03	1413.6±628.2	2.05±0.02	13.45±0.27	19.3
	T9-H3	-1.21±0.03	0.38±0.02	3753.9±172.7	2.73±0.01	15.58±0.08	4.9
	G10-H1	-1.97±0.20	0.03±0.01	2700.1±1165.1	3.30±0.02	17.23±0.08	16.9
	T22-H3	-2.00±0.41	0.32±0.07	26214.6±4290.4	2.87±0.02	9.28±0.62	15.5
A ₆ -DNA 25°C pH 6.8 $T_{\text{EX}} = 400$ ms	G2-H1	-2.42±0.19	0.05±0.01	5977.2±1582.2	4.14±0.02	15.61±0.56	2.8
	T5-H3	-2.13±0.04	0.07±0.01	2780.8±319.0	1.88±0.02	13.73±0.17	3.5
	T6-H3	-2.21±0.02	0.08±0.01	2244.7±142.6	1.89±0.01	13.72±0.17	12.7
	T7-H3	-2.00±0.03	0.10±0.01	1931.4±176.3	1.96±0.02	14.01±0.21	7.6
	T9-H3	-1.52±0.09	0.25±0.07	3561.5±511.6	2.55±0.03	14.72±0.57	20.3
	G10-H1	-2.47±0.10	0.05±0.01	5922.7±1195.7	3.04±0.02	15.13±0.33	11.8
	T22-H3	-2.7±0.2	0.08±0.02	10688.5±1716.3	2.68±0.01	13.45±0.63	8.0
A ₆ -DNA 30°C pH 6.8 $T_{\text{EX}} = 100$ ms	G2-H1	-3.34±4.06	0.55±0.66	68316.0±54714.9	6.06±0.02	5.07±5.67	29.6
	T4-H3	-1.60±0.03	0.29±0.02	4096.7±264.2	2.54±0.02	11.49±0.28	46.1
	T5-H3	-1.70±0.06	0.18±0.02	4452.4±528.5	1.87±0.02	11.95±0.41	31.0
	T6-H3	-2.07±0.04	0.13±0.01	2974.1±278.3	2.03±0.02	12.27±0.22	14.8
	T7-H3	-1.78±0.05	0.20±0.02	3472.5±314.9	2.13±0.02	12.63±0.45	31.1
	G10-H1	-2.11±0.20	0.07±0.02	5498.5±1515.4	3.26±0.02	13.11±0.59	21.0
	T22-H3	-1.68±0.53	0.32±0.10	27127.5±6510.8	3.59±0.02	11.61±0.61	56.8
A ₆ -DNA 45°C pH 6.8 $T_{\text{EX}} = 80$ ms	T5-H3	-1.83±0.21	0.19±0.06	10889.3±1837.5	11.24±0.06	18.65±0.47	6.0
	T6-H3	-2.06±0.13	0.25±0.03	9594.5±985.2	11.41±0.04	18.42±0.46	10.0
	T9-H3	-0.90±0.17	0.70±0.17	12362.5±2348.9	14.25±0.05	19.72±0.56	2.5
A ₂ -DNA 25°C pH 5.4 $T_{\text{EX}} = 100$ ms	G6-H1	-1.39±0.07	0.25±0.04	3382.3±555.6	7.34±0.03	19.23±0.77	20.1
	T8-H3	-1.60±0.02	0.65±0.07	3596.8±193.0	2.22±0.02	9.93±0.72	29.9
	T9-H3	-1.16±0.05	0.78±0.14	5110.6±429.6	2.96±0.02	15.66±0.96	10.6
	G10-H1	-2.00±0.02	0.84±0.25	2484.5±118.7	7.74±0.04	17.08±0.83	12.0
	T18-H3	-1.64±0.05	0.41±0.05	6013.3±485.7	5.35±0.02	15.91±0.77	9.5
	G20-H1	-1.46±0.09	0.28±0.06	3870.7±813.1	6.69±0.04	17.09±1.23	53.6
	G23-H1	-1.41±0.12	0.26±0.08	5246.0±1262.4	12.48±0.04	26.13±1.23	31.3
A ₅ -DNA 26°C pH 5.2 $T_{\text{EX}} = 100$ ms	T4-H3	-1.93±0.06	0.20±0.03	3570.8±398.1	2.34±0.03	12.07±0.56	4.5
	T5-H3	-2.28±0.09	0.14±0.02	3241.6±506.5	1.95±0.03	12.49±0.68	13.0
	T6-H3	-2.30±0.05	0.11±0.02	2054.8±482.7	2.18±0.02	13.22±0.26	62.2
	T7-H3	-2.04±0.03	0.23±0.05	1559.6±208.1	2.14±0.03	12.62±0.44	4.0
	T8-H3	-1.94±0.03	0.33±0.07	2790.3±273.3	3.61±0.03	15.24±0.52	2.2
	T22-H3	-1.58±0.54	0.03±0.03	5440.7±4846.8	3.00±0.02	17.79±0.57	4.7
	G16-H1	-1.97±0.12	0.24±0.18	1307.0±807.9	9.28±0.09	28.32±1.33	28.3
^{13}C $R_{1\rho}$							
A ₆ -DNA 25°C pH 6.8	A18-C1'	2.56±0.17	0.27±0.03	1303.6±225.5	2.20±0.06	14.41±0.14	0.3
	A19-C1'	3.44±0.15	0.13±0.04	637.2±218.2	2.13±0.03	15.12±0.05	0.1
	A20-C1'	2.56±0.18	0.19±0.02	1181.0±212.6	2.10±0.05	15.65±0.11	0.3

Table S2. RF field powers and offsets used in ^1H CEST experiments.

Sample	[RF field power] {offset frequencies}
	$[\omega/2\pi \text{ (Hz)}] \{\Omega/2\pi \text{ (Hz)}\}$
A ₆ -DNA 5°C pH 6.8 $T_{\text{EX}} = 100 \text{ ms}$	[10] {-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -945, -883, -820, -757, -694, -631, -568, -505, -442, -378, -315, -252, -189, -126, -63, 0, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913}
	[50] {-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -946, -883, -820, -757, -694, -631, -568, -505, -442, -378, -315, -252, -189, -126, -63, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913}
	[100] {-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -946, -883, -820, -757, -694, -631, -568, -505, -442, -379, -315, -252, -189, -126, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913}
	[200] {-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -946, -883, -820, -757, -694, -631, -568, -505, -442, -379, -315, -252, -189, -126, -63, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913}
	[1000] {-4481, -4224, -3967, -3710, -3453, -3196, -2939, -2682, -2620, -2558, -2496, -2434, -2372, -2310, -2248, -2186, -2124, -2062, -2000, -1938, -1876, -1814, -1752, -1690, -1628, -1566, -1504, -1442, -1380, -1318, -1256, -1194, -1132, -1070, -1008, -946, -883, -820, -757, -694, -631, -568, -505, -442, -379, -315, -252, -189, -126, -63, 62, 125, 189, 252, 315, 377, 439, 501, 563, 625, 687, 749, 811, 873, 935, 997, 1059, 1121, 1183, 1245, 1307, 1369, 1431, 1493, 1556, 1618, 1680, 1742, 1804, 1866, 1928, 1990, 2052, 2114, 2371, 2628, 2885, 3142, 3399, 3656, 3913}
A ₆ -DNA 10°C pH 6.8 $T_{\text{EX}} = 100 \text{ ms}$	[10] {-4050, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 38, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145}
	[50] {-4049, -3810, -3570, -3330, -3090, -2850, -2764, -2679, -2593, -2507, -2422, -2336, -2250, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 38, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145}
	[250] {-4050, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145}
	[500] {-4049, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, -179, -70, 38, 147, 233, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145}
	[1000] {-4050, -3810, -3570, -3330, -3090, -2850, -2765, -2679, -2593, -2508, -2422, -2336, -2251, -2165, -2079, -1994, -1908, -1822, -1737, -1651, -1565, -1480, -1394, -1308, -1223, -1137, -1051, -942, -833, -724, -615, -506, -397, -288, 38, 147, 318, 404, 490, 575, 661, 747, 832, 918, 1004, 1089, 1175, 1261, 1346, 1432, 1518, 1603, 1689, 1775, 1860, 1946, 2186, 2426, 2666, 2906, 3145}

<p>A₆-DNA 20°C pH 6.8 T_{EX} = 100 ms</p>	<p>[100] {-4476, -4219, -3962, -3705, -3448, -3191, -2934, -2677, -2615, -2553, -2491, -2429, -2367, -2305, -2242, -2180, -2118, -2056, -1994, -1932, -1870, -1808, -1746, -1684, -1622, -1560, -1498, -1436, -1374, -1312, -1250, -1188, -1126, -1064, -1002, -940, -878, -815, -751, -688, -625, -562, -499, -436, -373, -310, -247, -183, -120, -57, 68, 131, 194, 257, 321, 383, 445, 507, 569, 631, 693, 755, 817, 879, 941, 1003, 1065, 1127, 1189, 1251, 1313, 1375, 1437, 1499, 1561, 1623, 1685, 1747, 1809, 1871, 1933, 1996, 2058, 2120, 2377, 2634, 2891, 3148, 3405, 3662, 3919}</p> <p>[250] {-4476, -4219, -3962, -3705, -3448, -3191, -2934, -2677, -2615, -2553, -2491, -2429, -2366, -2304, -2242, -2180, -2118, -2056, -1994, -1932, -1870, -1808, -1746, -1684, -1622, -1560, -1498, -1436, -1374, -1312, -1250, -1188, -1126, -1064, -1002, -940, -878, -815, -751, -688, -625, -562, -499, -436, -373, -310, -246, -183, -120, 5, 68, 131, 194, 258, 321, 383, 445, 507, 569, 631, 693, 755, 817, 879, 941, 1003, 1065, 1127, 1189, 1251, 1313, 1375, 1437, 1499, 1561, 1623, 1685, 1747, 1809, 1871, 1934, 1996, 2058, 2120, 2377, 2634, 2891, 3148, 3405, 3662, 3919}</p> <p>[500] {-4476, -4219, -3962, -3705, -3448, -3191, -2934, -2677, -2615, -2553, -2491, -2429, -2366, -2304, -2242, -2180, -2118, -2056, -1994, -1932, -1870, -1808, -1746, -1684, -1622, -1560, -1498, -1436, -1374, -1312, -1250, -1188, -1126, -1064, -1002, -940, -878, -815, -751, -688, -625, -562, -499, -436, -373, -310, -246, -183, -120, 5, 131, 194, 258, 321, 383, 445, 507, 569, 631, 693, 755, 817, 879, 941, 1003, 1065, 1127, 1189, 1251, 1313, 1375, 1437, 1499, 1561, 1623, 1685, 1747, 1809, 1871, 1934, 1996, 2058, 2120, 2377, 2634, 2891, 3148, 3405, 3662, 3919}</p>
<p>A₆-DNA 25°C pH 6.8 T_{EX} = 100 ms</p>	<p>[250] {-6424, -6167, -5910, -5653, -5396, -5139, -4882, -4625, -4368, -4111, -3854, -3597, -3340, -3083, -2826, -2748, -2670, -2591, -2513, -2435, -2357, -2279, -2200, -2122, -2044, -1966, -1887, -1809, -1731, -1653, -1575, -1496, -1418, -1340, -1262, -1184, -1105, -1027, -918, -809, -700, -591, -482, -373, -264, -155, 171, 249, 328, 406, 484, 562, 641, 719, 797, 875, 953, 1032, 1110, 1188, 1266, 1344, 1423, 1501, 1579, 1657, 1736, 1814, 1892, 1970, 2227, 2484, 2741, 2998, 3255, 3512, 3769, 4026, 4283, 4540, 4797, 5054, 5311, 5568}</p> <p>[500] {-6410, -6153, -5896, -5639, -5382, -5125, -4868, -4611, -4354, -4097, -3840, -3583, -3326, -3069, -2812, -2733, -2655, -2577, -2499, -2421, -2342, -2264, -2186, -2108, -2030, -1951, -1873, -1795, -1717, -1638, -1560, -1482, -1404, -1326, -1247, -1169, -1091, -1013, -904, -795, -686, -577, -468, -359, -249, -140, -31, 77, 186, 264, 342, 420, 498, 577, 655, 733, 811, 890, 968, 1046, 1124, 1202, 1281, 1359, 1437, 1515, 1594, 1672, 1750, 1828, 1906, 1985, 2242, 2499, 2756, 3013, 3270, 3527, 3784, 4041, 4298, 4555, 4812, 5069, 5326, 5583}</p> <p>[2000] {-6410, -6153, -5896, -5639, -5382, -5125, -4868, -4611, -4354, -4097, -3840, -3583, -3326, -3069, -2812, -2733, -2655, -2577, -2499, -2421, -2342, -2264, -2186, -2108, -2029, -1951, -1873, -1795, -1717, -1638, -1560, -1482, -1404, -1326, -1247, -1169, -1091, -1013, -904, -795, -686, -577, -468, -359, -31, 77, 186, 342, 420, 499, 577, 655, 733, 811, 890, 968, 1046, 1124, 1202, 1281, 1359, 1437, 1515, 1594, 1672, 1750, 1828, 1906, 1985, 2242, 2499, 2756, 3013, 3270, 3527, 3784, 4041, 4298, 4555, 4812, 5069, 5326, 5583}</p> <p>[4000] {-6410, -6153, -5896, -5639, -5382, -5125, -4868, -4611, -4354, -4097, -3840, -3583, -3326, -3069, -2812, -2733, -2655, -2577, -2499, -2421, -2342, -2264, -2186, -2108, -2030, -1951, -1873, -1795, -1717, -1638, -1560, -1482, -1404, -1326, -1247, -1169, -1091, -1013, -904, -795, -686, -577, -359, -140, -31, 264, 342, 498, 577, 655, 733, 811, 890, 968, 1046, 1124, 1202, 1281, 1359, 1437, 1515, 1594, 1672, 1750, 1828, 1906, 1985, 2242, 2499, 2756, 3013, 3270, 3527, 3784, 4041, 4298, 4555, 4812, 5069, 5326, 5583}</p>
<p>A₆-DNA 25°C pH 6.8 T_{EX} = 400 ms</p>	<p>[250] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369, -3112, -2855, -2777, -2698, -2620, -2542, -2464, -2386, -2307, -2229, -2151, -2073, -1995, -1916, -1838, -1760, -1682, -1603, -1525, -1447, -1369, -1291, -1212, -1134, -1056, -947, -838, -729, -620, -511, -402, -293, -184, -75, 33, 221, 299, 377, 455, 533, 612, 690, 768, 846, 925, 1003, 1081, 1159, 1237, 1316, 1394, 1472, 1550, 1629, 1707, 1785, 1863, 1941, 2198, 2455, 2712, 2969, 3226, 3483, 3740, 3997, 4254, 4511, 4768, 5025, 5282, 5539}</p> <p>[500] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369, -3112, -2855, -2777, -2698, -2620, -2542, -2464, -2386, -2307, -2229, -2151, -2073, -1995, -1916, -1838, -1760, -1682, -1603, -1525, -1447, -1369, -1291, -1212, -1134, -1056, -947, -838, -729, -620, -511, -402, -293, 221, 299, 377, 455, 533, 612, 690, 768, 846, 925, 1003, 1081, 1159, 1237, 1316, 1394, 1472, 1550, 1629, 1707, 1785, 1863, 1941, 2198, 2455, 2712, 2969, 3226, 3483, 3740, 3997, 4254, 4511, 4768, 5025, 5282, 5539}</p> <p>[2000] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369, -3112, -2855, -2777, -2698, -2620, -2542, -2464, -2386, -2307, -2229, -2151, -2073, -1994, -1916, -1838, -1760, -1682, -1603, -1525, -1447, -1369, -1291, -1212, -1134, -1056, -947, -838, -729, -402, -75, 299, 612, 768, 846, 1081, 1159, 1237, 1316, 1394, 1472, 1550, 1629, 1707, 1785, 1863, 1941, 2198, 2455, 2712, 2969, 3226, 3483, 3740, 3997, 4254, 4511, 4768, 5025, 5282, 5539}</p> <p>[4000] {-6453, -6196, -5939, -5682, -5425, -5168, -4911, -4654, -4397, -4140, -3883, -3626, -3369, -3112, -2855, -2777, -2698, -2620, -2542, -2464, -2386, -2307, -2229, -2151, -2073, -1995, -1760,</p>

	-1525, -1369, -1212, -838, -511, -293, -184, -75, 142, 299, 377, 533, 612, 768, 925, 1003, 1081, 1316, 1394, 1707, 1785, 1863, 1941, 2198, 2455, 2712, 2969, 3226, 3483, 3740, 3997, 4254, 4511, 4768, 5025, 5282, 5539}
A ₆ -DNA 30°C pH 6.8 T _{EX} = 100 ms	<p>[100] {-4031, -3791, -3551, -3311, -3071, -2831, -2756, -2681, -2606, -2531, -2456, -2382, -2307, -2232, -2157, -2082, -2007, -1932, -1857, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257, -1182, -1107, -1032, -947, -861, -775, -690, -604, -518, -433, -347, -261, -176, -90, -4, 80, 166, 241, 316, 391, 466, 541, 616, 691, 766, 841, 916, 991, 1066, 1140, 1215, 1290, 1365, 1440, 1515, 1590, 1665, 1740, 1815, 1890, 1965, 2205, 2445, 2685, 2924, 3164}</p> <p>[250] {-4031, -3791, -3551, -3311, -3071, -2831, -2756, -2681, -2606, -2531, -2456, -2382, -2307, -2232, -2157, -2082, -2007, -1932, -1857, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257, -1182, -1107, -1032, -947, -861, -775, -690, -604, -518, -433, -347, -261, -176, 166, 241, 316, 391, 466, 541, 616, 691, 766, 841, 916, 991, 1066, 1140, 1215, 1290, 1365, 1440, 1515, 1590, 1665, 1740, 1815, 1890, 1965, 2205, 2445, 2685, 2924, 3164}</p> <p>[500] {-4031, -3791, -3551, -3311, -3071, -2831, -2756, -2681, -2606, -2531, -2456, -2381, -2307, -2232, -2157, -2082, -2007, -1932, -1857, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257, -1182, -1107, -1032, -947, -861, -775, -690, -604, -518, -433, -347, -261, -176, -90, 80, 166, 241, 316, 391, 466, 541, 616, 691, 766, 841, 916, 991, 1066, 1141, 1215, 1290, 1365, 1440, 1515, 1590, 1665, 1740, 1815, 1890, 1965, 2205, 2445, 2685, 2925, 3164}</p> <p>[750] {-4031, -3791, -3551, -3311, -3071, -2831, -2756, -2681, -2606, -2531, -2456, -2382, -2307, -2232, -2157, -2082, -2007, -1932, -1857, -1782, -1707, -1632, -1557, -1482, -1407, -1332, -1257, -1182, -1107, -1032, -947, -861, -775, -690, -604, -518, -433, -347, -261, -90, 166, 241, 316, 391, 466, 541, 616, 691, 766, 841, 916, 991, 1066, 1140, 1215, 1290, 1365, 1440, 1515, 1590, 1665, 1740, 1815, 1890, 1965, 2205, 2445, 2685, 2924, 3164}</p>
A ₆ -DNA 45°C pH 6.8 T _{EX} = 80 ms	<p>[10] {-6476, -6219, -5962, -5705, -5448, -5191, -4934, -4678, -4421, -4164, -3907, -3650, -3393, -3136, -2879, -2800, -2722, -2644, -2566, -2487, -2409, -2331, -2253, -2175, -2096, -2018, -1940, -1862, -1783, -1705, -1627, -1549, -1471, -1392, -1314, -1236, -1158, -1080, -971, -861, -752, -643, -534, -425, -316, -207, -98, 10, 119, 197, 275, 353, 432, 510, 588, 666, 745, 823, 901, 979, 1057, 1136, 1214, 1292, 1370, 1448, 1527, 1605, 1683, 1761, 1840, 1918, 2175, 2432, 2689, 2946, 3203, 3460, 3717, 3974, 4231, 4488, 4745, 5002, 5259, 5516}</p> <p>[50] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393, -3136, -2879, -2801, -2723, -2645, -2566, -2488, -2410, -2332, -2253, -2175, -2097, -2019, -1941, -1862, -1784, -1706, -1628, -1549, -1471, -1393, -1315, -1237, -1158, -1080, -971, -862, -753, -644, -535, -426, -317, -208, -99, 118, 196, 275, 353, 431, 509, 587, 666, 744, 822, 900, 979, 1057, 1135, 1213, 1291, 1370, 1448, 1526, 1604, 1682, 1761, 1839, 1917, 2174, 2431, 2688, 2945, 3202, 3459, 3716, 3973, 4230, 4487, 4744, 5001, 5258, 5515}</p> <p>[100] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393, -3136, -2879, -2800, -2722, -2644, -2566, -2488, -2409, -2331, -2253, -2175, -2096, -2018, -1940, -1862, -1784, -1705, -1627, -1549, -1471, -1392, -1314, -1236, -1158, -1080, -971, -862, -753, -644, -534, -425, -316, -207, -98, 119, 197, 275, 353, 432, 510, 588, 666, 744, 823, 901, 979, 1057, 1136, 1214, 1292, 1370, 1448, 1527, 1605, 1683, 1761, 1839, 1918, 2175, 2432, 2689, 2946, 3203, 3460, 3717, 3974, 4231, 4488, 4745, 5002, 5259, 5516}</p> <p>[250] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393, -3136, -2879, -2801, -2722, -2644, -2566, -2488, -2410, -2331, -2253, -2175, -2097, -2019, -1940, -1862, -1784, -1706, -1627, -1549, -1471, -1393, -1315, -1236, -1158, -1080, -971, -862, -753, -644, -535, -426, -317, -208, -99, 197, 275, 353, 431, 509, 588, 666, 744, 822, 901, 979, 1057, 1135, 1213, 1292, 1370, 1448, 1526, 1605, 1683, 1761, 1839, 1917, 2174, 2431, 2688, 2945, 3202, 3459, 3716, 3973, 4230, 4487, 4744, 5001, 5258, 5515}</p> <p>[1000] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393, -3136, -2879, -2801, -2722, -2644, -2566, -2488, -2409, -2331, -2253, -2175, -2097, -2018, -1940, -1862, -1784, -1705, -1627, -1549, -1471, -1393, -1314, -1236, -1158, -1080, -971, -862, -753, -644, -535, -426, -317, -99, 119, 197, 275, 353, 431, 510, 588, 666, 744, 823, 901, 979, 1057, 1135, 1214, 1292, 1370, 1448, 1526, 1605, 1683, 1761, 1839, 1918, 2175, 2432, 2689, 2946, 3203, 3460, 3717, 3974, 4231, 4488, 4745, 5001, 5258, 5515}</p> <p>[2000] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393, -3136, -2879, -2801, -2722, -2644, -2566, -2488, -2410, -2331, -2253, -2175, -2097, -2018, -1940, -1862, -1784, -1706, -1627, -1549, -1471, -1393, -1315, -1236, -1158, -1080, -971, -862, -753, -644, -535, -426, 9, 275, 353, 431, 510, 588, 666, 744, 822, 901, 979, 1057, 1135, 1213, 1292, 1370, 1448, 1526, 1605, 1683, 1761, 1839, 1917, 2174, 2431, 2688, 2945, 3202, 3459, 3716, 3973, 4230, 4487, 4744, 5001, 5258, 5515}</p> <p>[4000] {-6477, -6220, -5963, -5706, -5449, -5192, -4935, -4678, -4421, -4164, -3907, -3650, -3393, -3136, -2879, -2801, -2723, -2644, -2566, -2488, -2410, -2332, -2253, -2175, -2097, -2019, -1940,</p>

	-1862, -1784, -1706, -1628, -1549, -1471, -1393, -1315, -1237, -1158, -1080, -971, -862, -753, -644, -535, -317, -208, 9, 353, 509, 588, 666, 744, 822, 900, 979, 1057, 1135, 1213, 1291, 1370, 1448, 1526, 1604, 1683, 1761, 1839, 1917, 2174, 2431, 2688, 2945, 3202, 3459, 3716, 3973, 4230, 4487, 4744, 5001, 5258, 5515}
A ₂ -DNA 25°C pH 5.4 T _{EX} = 100 ms	<p>[100] {-4666, -4306, -3946, -3586, -3227, -2867, -2792, -2717, -2642, -2567, -2492, -2417, -2342, -2267, -2192, -2117, -2042, -1967, -1892, -1817, -1743, -1668, -1593, -1518, -1443, -1368, -1293, -1218, -1143, -1068, -982, -897, -811, -725, -640, -554, -468, -383, -297, -211, -126, -40, 45, 130, 205, 280, 355, 430, 505, 580, 655, 730, 805, 880, 955, 1030, 1105, 1180, 1255, 1330, 1405, 1480, 1555, 1630, 1705, 1779, 1854, 1929, 2289, 2649, 3009, 3369, 3728}</p> <p>[250] {-4666, -4306, -3946, -3586, -3227, -2867, -2792, -2717, -2642, -2567, -2492, -2417, -2342, -2267, -2192, -2117, -2042, -1967, -1892, -1817, -1743, -1668, -1593, -1518, -1443, -1368, -1293, -1218, -1143, -1068, -982, -897, -811, -725, -640, -554, -468, -383, -297, -211, 45, 130, 205, 280, 355, 430, 505, 580, 655, 730, 805, 880, 955, 1030, 1105, 1180, 1255, 1330, 1405, 1480, 1555, 1630, 1705, 1779, 1854, 1929, 2289, 2649, 3009, 3369, 3728}</p> <p>[500] {-4666, -4306, -3946, -3586, -3227, -2867, -2792, -2717, -2642, -2567, -2492, -2417, -2342, -2267, -2192, -2117, -2042, -1967, -1892, -1817, -1742, -1668, -1593, -1518, -1443, -1368, -1293, -1218, -1143, -1068, -982, -897, -811, -725, -640, -554, -468, -383, -297, -211, -40, 45, 130, 205, 280, 355, 430, 505, 580, 655, 730, 805, 880, 955, 1030, 1105, 1180, 1255, 1330, 1405, 1480, 1555, 1630, 1705, 1780, 1854, 1929, 2289, 2649, 3009, 3369, 3728}</p>
A ₅ -DNA 25°C pH 5.2 T _{EX} = 100 ms	<p>[250] {-4491, -4234, -3977, -3720, -3463, -3206, -2949, -2692, -2630, -2568, -2506, -2444, -2382, -2320, -2258, -2196, -2134, -2072, -2010, -1947, -1885, -1823, -1761, -1699, -1637, -1575, -1513, -1451, -1389, -1327, -1265, -1203, -1141, -1079, -1017, -955, -893, -830, -767, -704, -640, -577, -514, -451, -388, -325, -262, -199, -135, -72, 53, 116, 179, 242, 305, 367, 429, 492, 554, 616, 678, 740, 802, 864, 926, 988, 1050, 1112, 1174, 1236, 1298, 1360, 1422, 1484, 1546, 1608, 1670, 1732, 1794, 1856, 1918, 1980, 2042, 2104, 2361, 2618, 2875, 3132, 3389, 3646, 3903}</p> <p>[500] {-4464, -4207, -3950, -3693, -3436, -3179, -2922, -2665, -2603, -2541, -2479, -2417, -2355, -2293, -2231, -2169, -2107, -2045, -1983, -1921, -1859, -1797, -1735, -1672, -1610, -1548, -1486, -1424, -1362, -1300, -1238, -1176, -1114, -1052, -990, -928, -866, -803, -740, -677, -614, -550, -487, -424, -361, -298, -235, -172, -109, -45, 80, 206, 269, 332, 394, 456, 518, 580, 642, 704, 767, 829, 891, 953, 1015, 1077, 1139, 1201, 1263, 1325, 1387, 1449, 1511, 1573, 1635, 1697, 1759, 1821, 1883, 1945, 2007, 2069, 2131, 2388, 2645, 2902, 3159, 3416, 3673, 3930}</p>

Table S3. Spin lock powers and offsets used in the $R_{1\rho}$ experiments.

Nuclei	[spin lock power] {offset frequencies}
	$[\omega/2\pi \text{ (Hz)}] \{\Omega_{\text{eff}}/2\pi \text{ (Hz)}\}$
A₆-DNA 25°C pH 6.8	
A18-C1'	[150, 200, 250, 300, 400, 500, 600, 700, 900, 1000, 1200, 1400, 1600, 2000, 2500, 3000] {0}
	[150] {-675, -625, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225, -175, -125, -75, 25, 125, 225, 375, 625}
	[400] {-1975, -1575, -1375, -1175, -975, -825, -675, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225, -175, -75, 75, 225, 425, 625, 825, 1225, 1625}
	[600] {-2975, -2575, -2175, -1775, -1375, -1175, -975, -775, -675, -575, -475, -445, -415, -395, -375, -355, -335, -305, -275, -175, -75, 25, 225, 425, 625, 1025, 1425, 1825, 2225, 2625}
	[1000] {-3375, -2775, -2175, -1575, -1275, -975, -675, -525, -425, -375, -325, -225, -75, 225, 525, 825, 1425, 2025, 2625, 3125}
A19-C1'	[150, 200, 250, 300, 400, 500, 600, 700, 900, 1000, 1200, 1400, 1600, 2000, 2500, 3000] {0}
	[150] {-675, -625, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225, -175, -125, -75, 25, 125, 225, 375, 625}
	[400] {-1975, -1575, -1375, -1175, -975, -825, -675, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225, -175, -75, 75, 225, 425, 625, 825, 1225, 1625}
	[600] {-2975, -2575, -2175, -1775, -1375, -1175, -975, -775, -675, -575, -475, -445, -415, -395, -375, -355, -335, -305, -275, -175, -75, 25, 225, 425, 625, 1025, 1425, 1825, 2225, 2625}
	[1000] {-3375, -2775, -2175, -1575, -1275, -975, -675, -525, -425, -375, -325, -225, -75, 225, 525, 825, 1425, 2025, 2625, 3125}
A20-C1'	[150, 200, 250, 300, 400, 500, 600, 700, 900, 1000, 1200, 1400, 1600, 2000, 2500, 3000] {0}
	[150] {-675, -625, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225, -175, -125, -75, 25, 125, 225, 375, 625}
	[400] {-1975, -1575, -1375, -1175, -975, -825, -675, -575, -525, -475, -455, -435, -415, -395, -375, -355, -335, -315, -295, -275, -225, -175, -75, 75, 225, 425, 625, 825, 1225, 1625}
	[600] {-2975, -2575, -2175, -1775, -1375, -1175, -975, -775, -675, -575, -475, -445, -415, -395, -375, -355, -335, -305, -275, -175, -75, 25, 225, 425, 625, 1025, 1425, 1825, 2225, 2625}
	[1000] {-3375, -2775, -2175, -1575, -1275, -975, -675, -525, -425, -375, -325, -225, -75, 225, 525, 825, 1425, 2025, 2625, 3125}

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