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STUDY OF THE CLINICAL AND LABORATORY PROFILE OF PATIENTS WITH SYSTEMIC LUPUS ERYTHEMATUS IN A UNIVERSITY HOSPITAL IN TAUBATÉ

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BACKGROUND

Perform a retrospective study of the clinical and laboratory manifestations of patients diagnosed with systemic lupus erythematosus (SLE) treated at a University Hospital in the city of Taubaté, São Paulo.

MATERIALS AND METHODS

The medical records of 26 patients from the rheumatology outpatient clinic from 2018 to 2020 were reviewed, being statistically analyzed for comparison with the literature. The clinical and laboratory characteristics analyzed are based on epidemiology, diagnostic criteria of the American College of Rheumatology (EULAR/ACR 2019) and other antibodies present.

RESULTS

Of the 26 patients analyzed, the majority were female (88.5%), with predominance between 20 and 45 years. The most frequent SLE criteria were positive ANA (88.5%) and joint disorder (88.5%), followed by skin manifestations (65.4%).

CONCLUSION

In the population studied, cases of SLE were characteristic of young women, with ANA positivity, joint disorder and cutaneous manifestations being the most frequent criteria, demonstrating agreement with the literature. Therefore, the identification of the typical clinical characteristics of the region contributes to greater diagnostic efficiency and patient care.

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