Comparison of the adverse renal effects of different types of NSAID based on COX inhibition in patients with headaches

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Abstract

Migraine is a common headache disorder that causes significant disabilities. Non-selective cyclooxygenase (COX) inhibitors (piroxicam, ketoprofen and ibuprofen) are most widely-prescribed NSAIDs treatment of headaches. Celecoxib is another NSAID therapy that has been approved in the last several years, with different mechanisms of action. The purpose of the study is to follow the renal function and comparisons of nephrotoxicity of different types of NSAID based on COX inhibition, in patients with cefalea-migraine that has been treated for a long period.

Besides conventional markers of renal function (serum/urine creatinine determined by Jaffe's methods of enzymatic assay for urea in serum), we used nephelometry by β_2 microglobulin (β_2 M) and photoelectric colorimetry for microalbuminuria in urine, to monitor glomerular and tubular functioning. Any history of kidney diseases was exclusion criteria to enter the study.

The results show that the greatest deviations are observed in β_2 M in terms of its increase in all patients treated with piroxicam and ketoprofen, in 91.7% of the patients treated with ibuprofen, and in 50% of patients treated with celecoxib. The most frequent decrease was shown in creatinine values in urine, in 50% of the patients of piroxicam-treated group, 66.7% of the group treated with ketoprofen and ibuprofen, and 75% of the patients treated with celecoxib.

Following the levels of specific biomarkers in urine we can recommend constant monitoring of renal functions during usage of different groups of NSAIDs and be careful while using analgesic-anti-inflammatory drugs.

Keywords: adverse renal effects, non-steroidal anti-inflammatory drugs, migraine

Introduction

Migraine is the most common cause of headache and contributes to severe neurological disorder with serious socioeconomic burden. Its prevalence ranges between

12% and 20% in different countries worldwide, more common in women than in men. According to Lipton et al. (2001), Rozen et al. (1999) and Stewart et al. (1992), 80% of the patients report a family history. Despite introducing triptans, a new class of migraine-specific drugs more than a decade ago, with superior efficacy,

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non-steroidal anti-inflammatory drugs (NSAIDs) remains among the most commonly used migraine attack therapies, suggested by the European Federation of Neurological Societies - EFNS (Evers et al., 2009). Some groups of treatments are available in pharmacies without a prescription and are usually much cheaper than triptans, which contributes to their abuse among patients suffering from migraine. According to Tulunay et al. (2000) their usage in treatment of migraine is followed by their analgesic, anti-inflammatory and antipyretic effects, including other pain etiologists, supported by indirect evidence that prostaglandins are involved in the pathophysiology of migraines

According to the results of the studies of Derry et al. (2014), Rothrock et al. (2011) and Quiralte et al. (2007), diclofenac has been shown to be one of the world's most widely prescribed NSAIDs as an inhibitor - both cyclooxygenase 1 (COX-1) and cyclooxygenase 2 (COX-2) and presenting great efficacy in ranking the therapeutic options for migraine therapy with advantages over oral sumatriptan. Conventional NSAIDs are an nonselective inhibitors of both isoforms, unlike COX-2-specific NSAIDs, which are also effective in relieving the symptoms of migraine. New COX-2 inhibitors (coxibi) are highly effective and more rapidly absorbed by non-selective inhibitors, providing benefits in rapid mechanism of action for acute drug therapy and preventing the development of central sensitization, which reduces the likelihood of a successful outcome. Meloxicam is another selective COX-2 inhibitor that NSAIDs had approved in recent years (Furst et al., 1997). According to Sagar et al. (2011), the efficacy of a new oral liquid formula of celecoxib intended for the acute treatment of adults with episodic migraine.

Based on the selective COX inhibition in accordance to COX-1/COX-2 - IC50 coefficient NSAIDs are divided into:

- Selective COX-1 inhibitors such as aspirin with COX-1/COX-2 coefficient IC50 of 0.01.
- Non-selective COX inhibitors (the drug equally inactivates the two cyclooxygenase isoforms): with COX-1/COX-2 - IC50 coefficient between 0.5 and 3;
- Relatively selective COX-2 inhibitors - are characterized by a lower inactivation of the COX-1 enzyme such as: meloxicam, nimesulide, diclofenac, with COX-1/COX-2 - IC50 coefficient between 10 and 20; Highly selective COX-2 inhibitors, a celecoxib prototype with COX-1/COX-2 - IC50 coefficients between 140 and 250, placebo-controlled COX-2 only, are known as coxibs and referred to as selective COX-2 inhibitors (Sylejman et al., 2007; Yzeiri Havziu, 2014).

The main effect of conventional NSAIDs is the nonselective inhibition of both isoforms, unlike Coxibs, a class of non-steroidal anti-inflammatory drugs (NSAIDs)

that perform selective inhibition only COX-2. According to Raz et al. (2002) and Parezela et al. (2001), the paradox is that most NSAIDs also block COX-1 and not only COX-2, which means that they block the synthesis of all prostaglandins, effecting the normal physiological renal function. Wilam et al. (2000) have confirmed that concomitant prostaglandin inhibition in the kidney can reduce renal blood flow and glomerular filtration rate (GFR). Thereby, promoting sodium and water retention, where renal hypoperfusion may result in acute kidney injury (AKI). This risk is present even when COX-2 selective NSAIDs are used. Up to 20% of patients who take nonselective NSAID and have more than one of these risk factors may manifest alterations in renal function (Raymond et al., 2006).

Many studies have suggested that COX-2-selective inhibitors cause less renal side effects, including decreased glomerular filtration rate (GFR), elevated serum creatinine (CrS) and hypertension, comparing to non-selective NSAIDs (Silverstein et al, 2000; Whelton et al., 2000). On the other hand, other studies did not show significant differences in renal risk between COX-2 - selective inhibitors and non-selective NSAIDs (Swan et al., 2000; Whelton et al., 2000).

According to the study of Weir et al. (2002), based on clinical trials on comparing renal changes between non-selective NSAIDs and coxibi, the results indicate only subtle changes in renal hemodynamics. They found that the renal effects of celecoxib are similar to non-selective NSAIDs. The highest incidence of AKI (Acute kidney injury) is reported during usage of Indomethacin in combination with ibuprofen and piroxicam (Griffin et al., 2000). Celecoxib, a selective COX-2 inhibitor, has a lower risk of developing AKI, compared to other non-selective NSAIDs (Schneider et al., 2006; Winkelmayr et al., 2008). According to Swan et al. (2006), diclofenac sodium, compared to meloxicam resulted in a higher degree of nephrotoxicity. So they suggested that diclofenac sodium can be replaced with meloxicam. The damaging effects of diclofenac sodium and meloxicam on kidney tissue in animals are well documented in the literature.

Many nephrologists report that NSAIDs have been classified into the second group, after nephrotoxicity and aminoglycosides as the cause of AKI (Schrier et al., 1984). More recent studies have summarized enumerated phases of nephrotoxicity caused by NSAID as following conditions: acute renal impairment, chronic renal impairment, interstitial nephritis, and subclinical nephrotoxicity. It is clear that all NSAID groups are associated with all forms of renal impairment, but however, if detected early, acute syndromes have a good prognosis. However, this assumption does not apply to chronic renal impairment (Clive et al., 1984; Ejaz et al., 2004; Yzeiri Havziu, 2014).

Traditional laboratory analyzes for the detection of renal impairment, which includes creatinine, creatinine

clearance, urea, electrolytes, are not only sensitive and specific, but they also do not allow early detection of renal impairment. That effects the adequate detection of differentiation between the various degrees of AKI and as such cannot be used as a signal for stopping therapy with drugs that exhibit strong nephrotoxicity (Liangos et al., 2007). In fact, until recently the rise in serum creatinine (CrS) was widely considered to be the "gold standard" for detecting AKI. It is now clear that CrS changes when 50% of renal function is lost. It is therefore very important, in addition to these parameters, to follow certain biomarkers, which were previously determined *in vivo* conditions on experimental animals and then used as modeling systems for the human organism (Prasad et al., 2005; Yzeri Havziu, 2014).

Recent literature data suggests the possibility of monitoring the bioindicator early detection of nephrotoxicity occurring during NSAIDs (Spasovski et al., 2007; Yzeri Havziu, 2014) proteins and albumin that can be of serum or urinary origin are used as biomarkers. Excretion of high molecular weight albumin and protein (> 80000) in urine indicates damage to glomeruli (Davis et al., 1994), and low molecular weight proteins and albumin: β 2M, indicates changes in the tubules.

There is relatively little data to compare the nephrotoxicity of different types of NSAIDs based on COX inhibition in patients with cephalgia-migraines, treated in different periods times. The purpose of the study is to compares renal function based on COX inhibition and detect early nephrotoxicity using specific bioindicators.

Materials and methods

To accomplish the goal of this study we used urine and venous blood from randomly selected patients of Clinical Center-Neurology-Tetovo (Polog Region of R.N.M), with chronic headache--migraine, with normal renal function. The study included a total of 48 patients with an average age of 42.047 ± 7.41 years, with a range of 35-65 years with mean follow-up of up to 120 ± 12.6 months treated with different groups of NSAID: non

selective COX inhibitors (piroxicam, ketoprofen and ibuprofen) and selective COX-2 inhibitors (celecoxib). The dose, treatment period, migraine episodes and drug usage frequency are displayed in Table 1.

Patients included in the examination were informed about the method of implementation and the purpose of the research before giving their written consent. They were also asked not to use any other medicines before taking the examinations. Patients with prior renal disease were excluded from the study. The examination was conducted according to the designed protocol, respecting the ethical principles of the Helsinki Declaration on Medical Research on People and Licenses from the Ethic Committee of the Faculty of Medical Sciences at the University "Goce Delcev" – Stip (WMA, 2000). The results represent the average value of the three measurements, made under identical conditions. In purpose of analysis sample was used 5 mL of blood, collected in special tubes, without anticoagulants. All materials for analysis are measured in the laboratories of Clinical Hospital in Tetovo.

To determine of creatinine and specific biomarkers (β 2M and microalbuminuria), the first morning urine was used. The samples were processed according to the protocol described by Yzeri Havziu et al. (2016) and subsequently used for further biochemical characterization.

For testing the creatinine serum/urine, we used the Jaffe method - during the reaction of the creatinine with the basic reagents (Flex reagent cartridge), a complex of red color is formed, which is followed by measuring the change of absorbance at a time interval of 510 nm (Dimension Rx1) (Yzeri Havziu et al., 2017).

Urea serum, the enzymatic-urea hydrolysis under the influence of the urease enzyme, the formed ammonia (NH_3) reacts with the catalytic effect of the GLDH (Flex Reagent Cartridge), α -KG (Flex Reagent Cartridge) and NADH (Flex Reagent Cartridge). As a result of the reaction, glutamic acid and NAD are formed. The decrease in absorbance due to the reduced NADH oxidation is proportional to the release of the urea NH_3 , measured at a value of 340 and 383 nm (Dimension Rx1) (Yzeri Havziu, et al., 2017).

Table 1. Drugs, Dose, treatment period, migraine episodes and drug usage frequency

Drugs	N	Dose Mg (per day)	Period of Treatment (per year)	Migraine Episodes (days in month)	Drug Usage Frequency (days in month)
Piroxicam	12	20	>5 to10	<15	<15
Ketoprofen	12	100	>5 to10	<15	<15
Ibuprofen	12	600	5	<15	<15
Celecoxib	12	200	1	<15	<15

Table 2. Comparison of the mean and median values of the analyzed parameters (BUN, CrS, CrU, NaS) of Piroxicam, Ketoprofen, Ibuprofen and Celecoxib.

Biochemical Parameters	median (25-75 percentiles)		p-level			
			intergroup differences			
				Ketoprofen	Ibuprofen	Celecoxib
1BUN	4.4 (3.75-4.75)	H=20.79	Piroxicam	ns	ns	0.0030
	5.55 (4.7-7.05)	p=0.0001 sig	Ketoprofen		0.0450	ns
	4.15 (4.11-4.7)		Ibuprofen			0.0004
	6.4 (6.3-6.6)		Celecoxib			
1CrS	65.5 (59.5-78.5)	H=6.42	Piroxicam			
	63 (50.5-71)	p=0.0900 ns	Ketoprofen			
	68 (61.5-83)		Ibuprofen			
	82 (74.5-82.5)		Celecoxib			
1CrU	13.25 (8.8-17.7)	H=3.88	Piroxicam			
	8.8 (6.6-15.5)	p=0.2700 ns	Ketoprofen			
	8.8 (8.8-17.7)		Ibuprofen			
	4.4 (4.4-13.25)		Celecoxib			
1NaS	140 (138.5-140.5)	H=9.38	Piroxicam	ns	ns	0.0330
	139.5 (137.5-140.5)	p=0.02500 sig	Ketoprofen		ns	ns
	138 (138-140.5)		Ibuprofen			ns
	137 (137-137.5)		Celecoxib			

*H (Kruskal-Wallis test)

*post - hoc (Mann-Whitney test)

*BUN - serum urea, CrS - serum creatinine, CrU - urinary creatinine, NaS - sodium in serum

Serum electrolytes - Ion Selective Electrodes (ISE) - determine the difference in the electrochemical potential between the glass or liquid membrane electrode (Flex Reagent Cartridges) and the reference electrode (Flex Reagent Cartridges) that is proportional to the concentration of electrolytes in the serum.

For the determination of urinary albumin, microalbuminuria, we used visual Reading urine tape test in Combilyzer 13 - a test is based on the "protein error" principle of the indicator, which is caused by the presence of albumin. Sulfanephthalein has a high sensitivity to albumin. The color fields correspond to following values: 10, 30, 80 and 150 mg/L urinary albumin.

For β 2M determination immunonephelometry by BN II/BN ProSpec^R System was used.

Statistical data processing

Statistical data processing was performed in SPSS for Windows 23.0 statistical software.

Shapiro-Wilks tests, as well as skewness and kurtosis measures were used to test the normality of the data distribution.

Nonparametric and parametric tests for independent samples (H Kruskal-Wallis test) and post - hoc (Mann-Whitney test), were used to compare the analyzed groups.

The data of interest are shown in tables and graphs. P values <0.05 were considered statistically significant

Results and discussion

Results of comparison of mean and median values of the analyzed parameters (biochemical parameters and specific bioindicators) of 48 patients treated with piroxicam, ketoprofen, ibuprofen and celecoxib are shown in Tables 2 and 3.

From the results presented in Table 2 and 3 it is observed that patients treated long-term with piroxicam, ketoprofen, ibuprofen and celecoxib, who had shown migraine episodes lasting less than 15 days per month, had significantly different serum urea (BUN), sodium in serum, microalbuminuria and β 2M levels. Significant difference was observed for patients treated with piroxicam, ketoprofen, ibuprofen and celecoxib with respect to serum urea concentrations at p=0.0001. This overall significance was due to significantly higher urea values in the group treated with ketoprofen compared to the group treated with ibuprofen (median 5.55 vs 4.15, p=0.045), and significantly higher values in the group treated with celecoxib compared to the treated group of piroxicam and ibuprofen (median 6.4 vs 4.4, p=0.003; 6.4 vs 4.15, p=0.0004).

Table 3. Comparison of the mean and median values of the analyzed parameters (KS, CIS, MA and β 2M) of Piroxicam, Ketoprofen, Ibuprofen and Celecoxib.

Biochemical Parameters	median (25-75 percentiles)	p-level	Groups			
			Group 2/3/8/9	Ketoprofen	Ibuprofen	Celecoxib
KS	4.4 (4.1-4.55)	H=3.59	Piroxicam			
	4.55 (4.15-5.1)	p=0.3100 ns	Ketoprofen			
	4.2 (4.2-4.65)		Ibuprofen			
	4.2 (4.2-4.35)		Celecoxib			
CIS	100.5 (98.5-101.5)	H=3.41	Piroxicam			
	99 (98-100)	p=0.3300 ns	Ketoprofen			
	97.5 (97-100.5)		Ibuprofen			
	99 (99-100)		Celecoxib			
MA	20 (10-30)	H=10.12	Piroxicam	ns	ns	ns
	30 (20-30)	p=0.0170 sig	Ketoprofen		ns	0.0480 sig
	10 (10-30)		Ibuprofen			ns
	10 (10-10)		Celecoxib			
β 2 M	0.206 (0.206-0.209)	H=18.53	Piroxicam	ns	ns	0.0130 sig
	0.206 (0.206-0.213)	p=0.0003 ns	Ketoprofen		ns	0.0030 sig
	0.206 (0.203-0.206)		Ibuprofen			ns
	0.201 (0.186-0.206)		Celecoxib			

*H (Kruskal-Wallis test)

*post - hoc (Mann-Whitney test)

CIS -chlorides in serum, MA- microalbuminuria, β 2M - β 2 microglobulin.

Post-hoc analysis of the inter-group differences between piroxicam, ketoprofen, ibuprofen and celecoxib comparing to the serum sodium concentrations showed that this overall significance was due to a significantly higher serum sodium level in patients treated with piroxicam compared to patients receiving celecoxib (median 140 vs 137, $p=0.033$). The results were of great clinical relevance because they indicate that NSAIDs, as cyclooxygenase inhibitors (non-selective COX-1 inhibitor and selective COX-2 inhibitor) influence the increase in degradation products (serum urea, creatinine in serum and urine) as well as changes in tubular electrolyte reabsorption. The results correspond to those of Kim and Clive (2007) and their associates who followed patients with an increased predisposition to nephrotoxicity when treated with non-selective NSAID and selective COX-2 inhibitors - celecoxib. Both groups showed changes in electrolyte status, with marked hyponatraemia and hyperkalemia. On the other hand, Hegazy et al. (2011) following serum creatinine, clearance creatinine, and serum electrolytes, concluded that patients treated with ibuprofen had significantly higher serum creatinine values compared to patients treated with celecoxib. In both patient groups, insignificant changes in serum electrolyte levels were observed.

In fact, while until recently elevated serum creatinine was largely considered the "gold standard" for detecting AKI. Nowadays, it is clear that serum creatinine changes when 50% of renal function is lost. According the results of the study conducted by Mahrukh et al. (2017), the

blood urea (BUN) levels can be falsely elevated in subjects with protein diet, tissue disorders, gastrointestinal bleeding, total parenteral nutrition and dehydrated individuals.

It is therefore very important, in addition to these parameters, to follow specific biomarkers for early identification of renal impairment such as low molecular protein (microalbuminuria and β 2M).

Urinary albumin excretion was significantly different in the groups treated with piroxicam, ketoprofen, ibuprofen, and celecoxib ($p=0.017$). Intergroup trials and comparisons have shown that treatment with ketoprofen significantly increases microalbuminuria (marker for early detection of glomerular damage) compared to treatment with celecoxib (median 30 vs 10, $p=0.048$). At $p=0.0003$, a significant overall difference between the four groups of patients and β 2M (markers for early detection of proximal tubular damage) values was confirmed. Values of this parameter were significantly lower in patients treated with celecoxib compared to patients treated with piroxicam ($p=0.013$) and ketoprofen ($p=0.003$). Mean β 2M values in patients treated with piroxicam, ketoprofen, ibuprofen and celecoxib were 0.206 vs 0.201. The results are of great clinical relevance because they indicate that in patients with cephalo-migraines, changes in glomeruli and proximal tubules have been identified, whereas in patients with celecoxib they have been found to be significantly lower in values or smaller changes in renal function, is believed to be due to shorter treatment time for patients with Celecoxib 200

mg over a 12-month period compared to other NSAID groups treated over a longer period of 5 to 10 years, the sensitivity of biomarkers is also confirmed. These results correspond with the claims of Pedersen et al. (1995), that biomarker microalbuminuria is a more sensitive indicator for the identification of renal dysfunction and should be used as a useful tool for the management of non-clinical patients. According to Swan et al. (2000), relatively selective COX-2 inhibitors are more renoprotective than COX-1 inhibitors, consequently, there is evidence of a higher incidence of acute kidney injury (AKI) in patients treated with COX-1 inhibitors (indomethacin, ibuprofen and piroxicam) (Griffin et al., 2003; Silverstein et al., 2000). To confirm the sensitivity of specific biomarkers the comparison of piroxicam, ketoprofen, ibuprofen and celecoxib with respect to the analyzed parameters are presented in Table 4.

Table 4 is showing the distribution of the frequency of increased or reduced values of the parameters analyzed in groups piroxicam, ketoprofen, ibuprofen and celecoxib. The results show that the greatest deviations were observed in $\beta 2M$ in terms of its increase in all patients treated with piroxicam and ketoprofen, in 91.7% of the patients treated with ibuprofen, and in 50% of the patients treated with celecoxib. Tested difference of the distribution of patients with normal values and deviations from the reference values among the three drug groups was statistically significant for chlorides ($p=0.016$),

microalbuminuria ($p=0.029$) and $\beta 2M$ ($p=0.002$). The most frequent decrease was in creatinine values in the urine, i.e. 50% of patients in the group treated with piroxicam, 66.7% of the group treated with ketoprofen and ibuprofen, and 75% of patients treated with celecoxib had decreased creatinine in the urine, which from a clinical biochemical point of view have no clinical significance.

Based on the data obtained for microalbuminuria and $\beta 2M$ in patients with chronic headache-migraine, the identified changes in the tubules. From a biochemical point of view, this suggests that cyclooxygenase inhibitors have a significant effect on changes in epithelial cells of proximal tubules which is directly related to the increase in urinary excretion of low molecular protein $\beta 2M$ (as early marker for identifying tubular dysfunction) and catabolism in the proximal tubules. Based on monitoring of microalbuminuria (as a marker for early identification of renal impairment at the glomerular level), changes in glomeruli have been detected, which once again confirm the sensitivity of specific biomarkers.

On the basis of monitoring the frequency distribution of increased or decreased values of the analyzed parameters according to the nephrological protocol serum urea (BUN), serum creatinine (CrS), urinary creatinine (CrU) in the groups, an increase was observed only in the values of urea serum (BUN) but it does not have particular clinical importance since (Mahrukh et al., 2017).

Table 4. Comparison-Piroxicam, Ketoprofen, Ibuprofen and Celecoxib, with respect to the parameters analyzed (normal values and values deviating from the reference).

Biochemical parameters	Ref. value	Unites	Values	Group				
				N	Piroxicam N=12	Ketoprofen N=12	Ibuprofen N=12	Celecoxib N=12
BUN p-level	2.5-6.4	mmol/L	Increased ^b 0.097 ns	10	2 (16.67)	3 (25)	0	5 (41.67)
CrS p-level	49-90	μ mol/L	Reduced ^b 0.173 ns	4	0	3 (25)	0	1 (8.33)
CrU p-level	13.3-22.1	mmol/L	Reduced ^b 0.716 ns	31	6 (50)	8 (66.67)	8 (66.67)	9 (75)
NaS	136-143	mmol/L	Reduced	2	0	0	1 (8.33)	1 (8.33)
ClS p-level	3.5-5.1	mmol/L	Reduced ^b 0.016 sig	9	2 (16.67)	0	6 (50)	1 (8.33)
MA p-level	<20	mg/L	Increased ^a 0.029 ns	21	6 (50)	9 (75)	4 (33.33)	2 (16.67)
$\beta 2M$ p-level	<0.2	mg/L	Increased ^b 0.002 sig	41	12 (100)	12 (100)	11 (91.67)	6 (50)

^a BUN - serum urea, CrS - serum creatinine, CrU - urinary creatinine, NaS - sodium in serum, ClS - chlorides in serum, MA - microalbuminuria, $\beta 2M$ - $\beta 2$ microglobulin.

Conclusion

Sensitivity of specific bioindicators to detect early stage nephrotoxicity at glomerular level – microalbuminuria, as well as at tubular level – and β_2 M has been demonstrated in the treatment of patients with cephalgia with non-selective COX inhibitors (piroxicam, ketoprofen and ibuprofen) and selective COX-2 inhibitors (celecoxib). Based on the results, we confirm the renoprotection of celecoxib. Individualized and rational use of NSAIDs is recommended, due to the danger of increasing the potential for nephrotoxicity over the duration of therapy as well as constant monitoring of renal function in patients.

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Резиме

Споредба на негативни бубрежни ефекти на различни видови на НСАИЛ врз основа на инхибиција на СОХ кај пациенти со главоболки

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Клучни зборови: несакани бубрежни ефекти, нестероидни антиинфламаторни лекови, мигрена

Мигрената претставува вообичаена главоболка, која предизвикува значајни пореметувања. Неселективните инхибитори на циклооксигеназата (СОХ): пироксикам, кетопрофен и ибупрофен се најчесто препишуваните нестероиди антиинфламаторни лекови (НСАИЛ) наменети за третман на главоболка. Целекоксиб е уште еден НСАИЛ којшто е одобрен во последните неколку години, кој се карактеризира со различни механизми на делување. Целта на оваа студија е да се следи реналната функција и да се споредат нефротоксичните делувања на различните видови НСАИЛ чие што дејство се заснова на инхибиција на СОХ, кај пациентите со цефалгеа-мигрена кои што се третирани подолг период.

Покрај конвенционалните маркери на реналната функција (креатинин во серум/урина, определен според Jaffe-овата метода и уреа во серум, определена со ензимска метода), со цел мониторирање на гломеруларните и тубуларните функции, користевме нефелометрија за определување на β_2 Microglobulin (β_2 M) и фотоелектрична колориметрија за определување на микроалбуминуријата во урината. Било каква историја на заболување на бубрезите беше критериум за исклучување на пациентите од оваа студија.

Резултатите покажуваат дека постои голем пораст на нивоата на β_2 M кај сите пациенти кои беа под терапија со пироксикам и кетопрофен, кај 91,7% од пациентите под терапија со ибупрофен, и кај 50% од пациентите под терапија со целекоксиб. Најчестото зголемување беше забележано кај вредностите на креатининот во урината, кај 50% од пациентите третирани со пироксикам, 66,7 % од пациентите третирани со кетопрофен и ибупрофен, и 75% од пациентите третирани со целекоксиб.

Врз основа на добиените резултати за нивоата на специфичните биомаркери во урината, ние препорачуваме постојано следење на реналните функции при користење на различни групи НСАИЛ и внимателност при користење аналгетици и антиинфламаторни лекови.