VITAL VOICES

Issues That Impact
Hispanic/Latino Texas
Adults Age 45 and
Older
December 2020

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INTRODUCTION

There are currently about 117 million Americans who are 50 and older; this number will grow to 157 million by 2050. The 50 and older population is and will continue to be an essential contributor to American society. Understanding the needs and opinions of older Americans is critical to ensuring they live longer and healthier lives.

Vital Voices is a new and exciting program of research undertaken by AARP. Through this research program, we are launching a new initiative that will deliver critical, current, and state-specific data to 53 states on a rolling three-year schedule between 2019 and 2021. We are making this data available to the public to assist with the development of programs, products, and policies for older adults. This data will allow those in leadership positions to:

- Predict the need for a specific program or interest in a particular issue.
- Enhance program and product innovation and development.
- Track issues and attitudes over time to assess shifts in public opinion.
- Take action on critical advocacy issues.

Never before has AARP launched a research program of this size and with this much promise. We give it to you, hoping that it will significantly impact the work you do.

Survey Results for Texas- Health Questions

Issues That Impact
Hispanic/Latino Texas
Adults
Age 45 and Older

ISSUES OF IMPORTANCE

Hispanic/Latino Texas residents age 45+ think many healthcare issues are very important, with staying mentally sharp topping the list.

Important Healthcare Issues

11. For the following list of issues, please indicate how important each is to you personally. (Percent 'extremely important' or 'very important') (n=426)

CARE1. Are you currently providing unpaid help to a relative or friend 18 years or older to help them take care of themselves? (n=426)

CAREGIVING ISSUES

About one-third (34%) of Hispanic/Latino Texas residents age 45+ are currently providing unpaid help to an adult relative or friend.

Percent Providing Unpaid Adult Care

CARE1_A. Have you ever provided this type of unpaid help in the past? (n=284)

CAREGIVING ISSUES

Two out of five (42%) Hispanic/Latino Texas residents age 45+ who are not currently unpaid caregivers have provided this type of care in the past.

Percent Providing Unpaid Adult Care in The Past

■ Yes ■ No ■ Don't know/ refused

CARE37. If you or a loved one needed help when the basic tasks of life become more difficult due to aging or illness, where would you prefer to receive that care or help for yourself or a loved one? (n=426)

LONG-TERM CARE

Hispanic/Latino Texas residents age 45+ would largely prefer care provided at home with caregiver assistance (83%) for themselves or a loved one if needed.

Preferred Long-Term Care Setting

LONG-TERM CARE

As a result of the coronavirus pandemic, half (50%) of Hispanic/Latino Texas residents age 45+ would be less likely to want care for themselves or a loved one in a group setting.

Impact of COVID-19 on Opinion Regarding
Care in a Group Setting

CVD-CG1. As a result of the coronavirus pandemic, how has your opinion changed about having care for yourself or a loved one being provided in a group setting, such as a nursing home or assisted living facility? (n=426)

LONG-TERM CARE

The majority (87%) of Hispanic/Latino Texas residents age 45+ would support re-allocating some long-term care funds so that more people could be cared for at home if needed.

Support for Re-allocation of Long-Term Care Funds for Home Care Instead of Nursing Home Care

LTC-TX. How strongly would you support or oppose the state reallocating some of its long-term care funds so that more people could be cared for in their homes instead of nursing homes? (n=426)

HEALTHCARE

The majority (89%) of Hispanic/Latino Texas residents age 45+ feel that Medicaid services and supports are extremely or very important.

Importance of Medicaid Services and Supports

HC5. Medicaid is a government program that pays for health and long-term care services for low-income seniors, adults with young children, and people with disabilities. Overall, how important are the services and supports provided by Medicaid? (n=426)

TEL-4. About how long would it take you, in minutes, to travel to...? (n=426)
Chart does not equal one-hundred percent due to removal of small cells; see annotation for all categories

HEALTHCARE

Most Hispanic/Latino Texas residents age 45+ live within 30 minutes of a hospital or primary care doctor.

HC6. In the past two years, have you or your family member received unexpected large medical bills for healthcare? (n=426)

HEALTHCARE

In the past two years, nearly one-third (30%) of Hispanic/Latino Texas residents age 45+ have received large, unexpected medical bills (or a family member has).

Received Large, Unexpected Medical Bills
in the Past 2 Years

HEALTHCARE

A majority (79%) of Hispanic/Latino Texas residents age 45+ would support legislation that would prevent companies from charging patients excessively for high-demand products and services.

Support for Legislation to Prevent Charging Patients Excessively for High-Demand Products and Services

HC7. Would you support or oppose legislation to prevent hospitals, drug manufacturers, doctors, and other health care providers from price gouging, or charging patients excessive amounts for products or services when they are in high demand? (n=426)

TELEHEALTH

As of December 2020, half (51%) of Hispanic/Latino Texas residents age 45+ have used telehealth at some point since the onset of the COVID-19 pandemic.

CVD-9. Thinking about the period from the start of the COVID-19 pandemic until today, how have you accessed health care services? (n=426)

CVD-TX4. Have you or someone in your immediate family had COVID-19? (n=426)
Small cells have been removed; see annotation for all categories

COVID-19

As of December 2020, 1 in 10 of Hispanic/Latino Texas residents age 45+ reported having had COVID-19.

COVID-19 Among Hispanic/Latino Texas Residents Age 45+ (as of December 2020)

CVD-6. How worried are you about getting coronavirus in the next year? (n=385)

COVID-19

Most Hispanic/Latino Texas residents age 45+ who have not already had COVID-19 are concerned about getting infected in the next year.

Worry About Getting COVID-19 in the Next Year
(as of December 2020)

- Extremely worried/ very worried
- Somewhat worried
- Not very worried/ not at all worried

CVD-10. In the past year, how easy or difficult would you say it was for you to get each of the following? (Percent 'very hard' or 'somewhat hard') (n=426)

COVID-19

More than one-third (36%) of Hispanic/Latino Texas residents age 45+ reported that affordable dental services have been very or somewhat hard to get in the past year.

Difficulty Obtaining Goods and Services (as of December 2020)

Survey Results for Texas- Wealth Questions

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ISSUES OF IMPORTANCE

Hispanic/Latino Texas residents age 45+ find many economic issues important, particularly those related to financial security – including having enough income to retire and being able to afford basic necessities.

Important Economic Issues

11. For the following list of issues, please indicate how important each is to you personally. (Percent 'extremely important' or 'very important') (n=426)

RETIREMENT ISSUES

Hispanic/Latino Texas residents age 45+ have mixed levels of confidence about having enough money to live comfortably throughout their retirement years.

RET3. Overall, how confident are you that you will have enough money to live comfortably throughout your retirement years? Please use a 1 to 10 scale, where 1 means you are not confident at all and 10 means you are extremely confident. (n=426)

WEALTH

About two-thirds (66%) of Hispanic/Latino Texas residents age 45+ are currently relying on (or plan to rely on) Social Security as a source of income as they get older.

Sources of Income Relied On or Planning to Rely On

Q728. Which, if any, of the following sources of income do you currently rely on or plan to rely on as you get older? (Percent 'yes') (n=426)
Small cells have been removed; see annotation for all categories

RET10. Does your employer provide a way for you to save for retirement? (n=139)

RETIREMENT ISSUES

One-third (33%) of Hispanic Texas workers age 45+ (who are not self-employed) do not have a way to save for retirement at work.

Employer Provides a Way to Save for Retirement

RET11. If your employer offered a way to save for retirement at work, how likely would you be to take advantage of it? (n=45)

RETIREMENT ISSUES

Half (50%) of Hispanic Texas workers age 45+ whose employers do not offer a way to save for retirement would be likely to take advantage of a savings option if one were offered.

Likelihood of Taking Advantage of a Retirement Savings Option at Work

■ Extremely likely/ very likely
■ Not very likely/ not likely at all

■ Somewhat likely
■ Don't know/ refused

WORK ISSUES

Nearly seven in ten (69%) Hispanic/Latino Texas residents age 45+ are extremely interested or very interested in having flexible work arrangements.

Interest in Work-Related Activities

WORK2. How interested are you in [ITEM]? (Percent 'extremely interested' or 'very interested') (n=426)

Survey Results for Texas- Livable Community Questions

Issues That Impact
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ISSUES OF IMPORTANCE

Aging in place is extremely or very important to a majority (89%) of Hispanic/Latino Texas residents age 45+.

Important Independent Living Issues

11. For the following list of issues, please indicate how important each is to you personally. (Percent 'extremely important' or 'very important') (n=426)

LIVABLE COMMUNITIES

Half (50%) of Hispanic/Latino Texas residents age 45+ are extremely or very concerned about having streets that are safe for pedestrians and bikers.

Concerns of Hispanic/Latino Texas Adults Age 45+

LIVCOMM1. How concerned are you about the following? (Percent 'extremely concerned' or 'very concerned') (n=426)

LIVCOMM2. How would you describe where you live?
(n=426)

HOUSING

Hispanic/Latino Texas residents age 45+ live in a variety of settings across the state.

HOUSING

Four in five (80%) Hispanic/Latino Texas residents age 45+ reside in a single-family house.

COMM10_1. Which of the following best describes where you currently live? (n=426)

LIVCOMM3. Do you rent or own your home? (n=426)

HOUSING

Seventy percent of Hispanic/Latino Texas residents age 45+ are homeowners.

LIVABLE COMMUNITIES

Hispanic/Latino Texas residents age 45+ identified home costs as the primary factors that would impact their ability to remain in their home as they age.

Factors Impacting Aging in Place

HOME-1. How much do you think each of the following would impact your ability to remain in your home as you age? (Percent 'a lot') (n=426)

GEN-1. Have you or someone you know had to move from their neighborhood in the past 5 years due to price changes in the housing market? (n=426)

HOUSING

About one in five (19%) Hispanic/Latino Texas residents age 45+ have had to move in the past 5 years due to price changes in the housing market (or know someone who has).

**Had to Move in the Past 5 Years
Due to Price Changes in the Housing Market**

HOUSING

Nearly one-quarter (24%) of Hispanic/Latino Texas residents age 45+ believe that it is at least somewhat likely that they will have to move in the next five years because of changes in the housing market.

Likelihood of Having to Move in the Next 5 Years
Due to Changes in the Housing Market

■ Very likely ■ Somewhat likely ■ Not very likely ■ Not likely at all ■ Don't know/ refused

GEN-3. How likely is it that you will have to move from your current neighborhood because of changes in the housing market in the next 5 years? (n=426)

NDP1_TX. Have you personally experienced a natural disaster as an adult, such as a hurricane, flood, or tornado? (n=426)

DISASTER PREPAREDNESS

Two out of five Hispanic/Latino Texas residents age 45+ have personally experienced a natural disaster as an adult.

Personally Experienced a Natural Disaster

NDP2. Do you have emergency plans in place, in the event of a natural disaster? (n=426)

DISASTER PREPAREDNESS

Over half (55%) of Hispanic/Latino Texas residents age 45+ have emergency plans in place in case of a natural disaster.

Emergency Plans in Place for Natural Disaster

DISASTER PREPAREDNESS

Hispanic/Latino Texas residents age 45+ would turn to a variety of sources for information about recovery assistance in case of a natural disaster.

Sources of Information on Recovery Assistance

NDP7. Where would you go for information about recovery assistance if you experienced a natural disaster? (Coded open-ended responses) (n=426)
See annotation for all categories

METHODOLOGY

In December 2020, AARP engaged ANR Market Research Consultants to conduct a quantitative research study among Texas Adults age 45 and older including an oversample of Hispanics/Latinos. Topics included healthcare, the economy, financial issues, independent living, long-term care, caregiving, and retirement issues.

426 Interviews

**Hispanic/Latino Texas Adults Age 45+
Fielded in December 2020**

ANR completed a total of 426 interviews (120 via landline telephone, 107 via cell phone, and 199 online). Respondents were screened to meet the following criteria:

- Age 45+
- Resident of Texas
- Hispanic/Latino ethnicity

Survey length averaged 27.2 minutes by telephone and 24.3 minutes online.

METHODOLOGY

Sampling Procedure

Landline, cell phone, and online sampling were used for this research, with the telephone sample drawn randomly from a list of Hispanic/Latino Texas residents age 45 and older, purchased from Aristotle, and online sample provided by Fulcrum. A total of 52,471 records were utilized. The list of 9,782,000 Texas residents age 45 and older was randomly divided into 9,782 replicates of 1,000 records for telephone dialing. Initially, 20 replicates were released for calling, with additional replicates being opened as necessary. In all 49 replicates representing a total of 48,343 records were dialed to complete the telephone portion of this study.

The study's base sample of 426 respondents yields a maximum statistical error of $\pm 3.1\%$ at the 95% level of confidence. (This means that in 95 out of 100 samples of this size, the results obtained in the sample would be within ± 3.1 percentage points of the results obtained had everyone in the population been interviewed.)

Interview Methodology

The survey was launched on December 16, 2020 and closed on December 29, 2020, offered in both English and Spanish.

Telephone interviewing was active between 5:30 p.m. and 9:00 p.m., with some additional calling done between 10:00 a.m. and 4:00 p.m. If necessary, up to 8 call attempts per telephone number were made to reach an eligible respondent. All numbers were called at multiple times of the day as well as days of the week to maximize each resident's opportunity for inclusion in the study.

Percentages of some questions may exceed 100% due to rounding or the use of multiple response question formats.

All data have been weighted by age, gender, and race/ethnicity according to 2018 U.S. Census Bureau Current Population Survey (CPS) statistics.

ABOUT AARP

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age. With nearly 38 million members and offices in every state, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands, AARP works to strengthen communities and advocate for what matters most to families with a focus on health security, financial stability and personal fulfillment. AARP also works for individuals in the marketplace by sparking new solutions and allowing carefully chosen, high-quality products and services to carry the AARP name. As a trusted source for news and information, AARP produces the nation's largest circulation publications, AARP The Magazine and AARP Bulletin. To learn more, visit www.aarp.org or follow @AARP and @AARPadvocates on social media.

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This research was designed and
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