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Optimization of Antibacterial Compounds with Ultrasonic/Microwave Assisted Extraction from *Alpinae Oxyphyllae Fructus* and its Antibacterial Activities

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The work was to optimize to enhance the antibacterial activities of ethanol extracts from *alpinae oxyphyllae fructus* with ultrasonic-microwave assisted extraction method. And the optimum conditions were as follows: ethanol concentrations 73 %, extract temperature 54 °C, liquid-material ratio 15 and extract time 46 min. Under these conditions, the significant antibacterial activities expressed as the diameter of inhibition zones could reach 10.43 ± 1.29 mm, which was higher than traditional hot water extraction methods. On the basis of it, the minimum inhibitory concentration of extract against *E. coli*. and *S. aureus*, respectively was 3.00 and 1.50 mg/mL. Moreover, the content of total polyphenols and flavonoids were obtained, whose content were 7.34 ± 0.19 % and 5.95 ± 0.32 % respectively. On further study, the results showed the content of total polyphenols and flavonoids was highly correlated with the antibacterial activities with each $p < 0.01$ ($p = 0.007$ and $p = 0.006$).

Keywords: *Alpinae oxyphyllae fructus*, Optimization, Antibacterial activities, Polyphenols content, Flavonoids content.

INTRODUCTION

Alpinia oxyphylla MIQ (Zingiberaceae) is a usual conventional Chinese pharmacological and medicinal herb whose fruits are widely used to treat diarrhea, gastralgia, tonic, polyuria, aphrodisiac, anti-salivation and neuroprotection¹⁻⁴. Studies about *alpinae oxyphyllae fructus* (AOF), like, the pharmacological mechanism for *alpinae oxyphyllae fructus* was attributed to anti-aging and sexual-reinforcing activities in experimental *in vitro* and *in vivo* systems^{5,6}; the protective effect of *alpinae oxyphyllae fructus* against 6-OHDA-induced neuronal injury involved anti-inflammatory action⁷ and A β -induced cell death was protected by the application of water extract of *alpinae oxyphyllae fructus* in a dose-dependent manner and the effect to protect primary cultured neurons from N-methyl-D-aspartate (NMDA) receptor-mediated glutamate toxicity⁸.

There is considerable interest in alternative/adjuvant approaches for the eradication of infections using biologically active compounds, as food preservatives. The safety of food products with synthetic chemicals can in some cases be in doubt and the products can thus potentially be detrimental to human health⁹. Amongst plants are important sources of bioactive compounds having antibacterial activity and other pharmaceutical effects¹⁰. In the process of screening for naturally occurring substances with antibacterial effects, we discovered

that ultrasonic/microwave assisted extraction (UMAE) on the fruits of *alpinae oxyphyllae fructus* exhibited significant *in vitro*.

However, there are few reports regarding the application of preservatives from *alpinae oxyphyllae fructus*, especially optimization of ultrasonic/microwave assisted extraction (UMAE) of antibacterial compounds from it. This higher efficiency could be attributed to action of microwave irradiation, which produces the disruptions of tissues and cell walls leading to a greater contact area between solid and liquid phase, better access of solvent to valuable components¹¹. The possible benefits of ultrasound in extraction are mass transfer intensification, cell disruption, improved penetration and capillary effects¹². Combining ultrasonic with microwave would show their several advantages.

Plant-derived polyphenols and flavonoids are a large group of naturally occurring phenyl-chromones found in fruits, vegetables, tea and wine. They have been shown to have a wide range of biological activities, including antiallergic, antibacterial, antidiabetic, antiinflammatory, antiviral, antiproliferative, antimutagenic, antithrombotic, anti-carcinogenic and antioxidant activities¹³. This study was to research the relationship between the total polyphenols and flavonoids content with the antibacterial activities.

The first purpose of the present study is to optimize the ultrasonic/microwave assisted extraction (UMAE) conditions

and compare with traditional hot water extraction. Moreover, there is little information about the MIC of the extract. Consequently, the second purpose is to evaluate the relationship between antibacterial activities of alpine oxyphyllae fructus and its polyphenols and flavonoids content. It is believed that the extract can be a good chemotherapeutic agent from a naturally occurring material and induce multiple bio-functions in human being.

EXPERIMENTAL

Alpine oxyphyllae fructus was purchased from Shounanshan Ginseng Industry Co., Ltd (Wuzhishan, Hainan, China). The antibacterial activity was screened against the Gram-positive bacteria *Staphylococcus aureus* and Gram-negative bacteria *E. coli*, obtained from the Food Microbiology Laboratory of Hainan University. All the other chemicals used were of analytical grade.

Extraction procedure

Pre-treatment of alpine oxyphyllae fructus: The alpine oxyphyllae fructus (AOF) samples were vacuum-dried at 60 °C for 24 h, then smashed and comminuted to pass 40-mesh sieve.

Ultrasonic/microwave assisted extraction: The pre-treated alpine oxyphyllae fructus powder (15 g) was weighed accurately and then transferred into the flask. Then the flask was transferred into the chamber of the apparatus connected with condensing tubes. Finally, the door of chamber was closed and the program of different microwave temperature and extraction time was set. And the ultrasonic power was always 50 W. When extraction was accomplished, the flask was removed from apparatus. The treated mixture was suction filtrated and supernatants were combined and evaporated with a rotary evaporator and obtained at -4 °C¹⁴.

Assays for antibacterial activity

Microorganisms: All the bacterial cultures were maintained on nutrient agar at 4 °C with monthly subcultures in our laboratory.

Disc diffusion assay: The antibacterial activity of the extract was measured by a diffusion test¹⁵. Sterilized paper discs (6 mm) were impregnated with different extract prepared in aqueous methanol and placed onto nutrient agar. The plates were incubated at 4 °C for 1 h to allow diffusion of the active compounds. Negative controls were prepared using the same solvent. Incubation of plates was performed at 37 °C for 24 h. Inhibition zones in mm (without disc paper diameter) around discs were measured. The antibacterial activity was expressed as the diameter of inhibition zones produced by the extract against test microorganisms.

Termination of minimum inhibitory concentration (MIC): Different concentrations 80 mg/mL, 240 mg/mL, 120 mg/mL, 60 mg/mL, 30 mg/mL, 15 mg/mL, 7.5 mg/mL of extract were tested; 1 mL of each solution was mixed with 9 mL of Muller Hinton medium and poured into plates. Immediately after solidification, the plates were spot into suspension containing 10⁶ cfu/mL of each bacterium. The plates were incubated at 37 °C for 24 h. MIC value was taken as the lowest concentration that produced no visible bacterial growth¹⁶.

Experimental design of response surface methodology:

After determining the preliminary range of the extraction variables through preliminary experiments, a four-variable with ethanol volume (X₁), solid-liquid ratio (X₂), extraction time (X₃), temperature (X₄) three-level (-1, 0, 1) Box-Benken design (BBD)^{17,18} was applied to determine the best combination of extraction variables for the antibacterial activities. Twenty-seven experiments were augmented with three times and carried out at the center points to evaluate the pure error. And the bacteria tested by the disc diffusion assay in this RSM was *E. coli*.

Regression analysis was performed for the experimental data and was fitted into the empirical second order polynomial model, as shown in the following equation:

$$Y + \alpha_0 = \sum_{i=1}^4 \alpha_i X_i + \sum_{i=1}^4 \alpha_{ii} X_i^2 + \sum_{i=1}^3 \sum_{j=i+1}^4 \alpha_{ij} X_i X_j \quad (1)$$

where Y represents the response variables, α_0 is a constant, α_i , α_{ii} and α_{ij} are the linear, quadratic and interactive coefficients, respectively. X_i, X_j are the levels of the independent variables.

Traditional hot water extraction: A water bath was used to extract polysaccharides from alpine oxyphyllae fructus with traditional hot water extraction at the optimum extraction condition: extraction temperature of 60 °C, extraction concentration of 80 % and solid/ethanol ratio of 1: 9 based on the preliminary three-factor and three level designed orthogonal optimal experiments.

Statistical analysis: All experiments were conducted in triplicate and results are expressed as mean ± standard deviation (SD). Analysis of variance was performed by ANOVA procedure with one factor for the determination of moisture and the diameters of inhibition zones. Statistical analysis of antibacterial activities and the content of polyphenols and flavonoids were performed by analysis of variance with two factors in the software i-Differences were considered to be significant at p < 0.05.

Extraction and determination of the total polyphenols content: Flavonoid content was determined by using a method described by Sakanaka *et al.*¹⁹.

The amount of total polyphenols in the extract was determined using the Folin-Ciocalteu reagent and gallic acid as standard as described by Singleton and Rossi²⁰.

RESULTS AND DISCUSSION

The antibacterial activities influenced by different extraction concentration from 20 to 100 % is shown in Fig. 1(a). The extraction was carried out under the following conditions: extraction time 1 h, ratio of water to raw material 15 mL/g and extract temperature 50 °C. The results implied the inhibition zones of alpine oxyphyllae fructus were enhanced to the critical value (4.20 ± 0.60 mm) at extraction concentration of 80 %.

The inhibition zones of alpine oxyphyllae fructus influenced by different extraction temperature from 30 to 60 °C is shown in Fig. 1(b). The extraction was carried out under the following conditions: ethanol concentration 80 %, ratio of water to raw material 15 mL/g and extraction time 1 h. The results implied the activities of alpine oxyphyllae fructus

enhanced to the critical value (3.10 ± 0.57 mm) at extraction temperature of 50°C and avoiding the compounds deactivation, the temperature is less than 60°C .

The extract time is a factor that would influence the extraction efficiency. The antibacterial activities of *alpiniae oxyphyllae fructus* affected by different ratio of water to raw material is shown in Fig. 1(c), when other parameters (extraction concentration and extraction temperature) were fixed at 80 % and 50°C . The results showed that the inhibition zones began to increase to 2.80 ± 0.32 mm, as seen in Fig. 1(c). However, the activities of *alpiniae oxyphyllae fructus* no longer obviously changed, when ratio of water to raw material always continued to increase. A longer extraction time also presents a positive effect on the antibacterial activities from 30 to 50 min.

Fig. 1. Effect of ethanol concentration (a) extract temperature (b) solid-liquid ratio (c) and extracting time (d) on the inhibition zones of extract

The activities of *alpiniae oxyphyllae fructus* affected by different extraction time is seen in Fig. 1(d), when other parameters (extraction concentration, extract temperature and ratio of water to raw material) were fixed at 80 %, 50°C and 15 mL/g. The results indicate that there is an effect of extracting time on the activities of *alpiniae oxyphyllae fructus* when less than 1 h, the effect is not significant when extracting time is higher than 20 min. Therefore, 45 min was selected as the center point of extracting time in the response surface methodology experiments as higher time will bring about the energy waste and cost increase for extraction process.

According to the single-parameter study, we adopted extraction concentration from 60 to 80 %, extract temperature from 35 to 55°C , ratio of water to raw material from 10 to 20 and extraction time from 35 to 55 min for RSM experiments.

Modeling the extraction: According to the experimental design, 27 experimental results are shown in Table-1. The design matrix and the corresponding results of RSM experiments are shown in Table-1. Close agreement between experimental and predicted values was found. Result also showed that the inhibition zones ranged from 7.20 to 10.85 mm. These conditions varied depending on the response required. Therefore, optimum process condition should be investigated in order to obtain high antibacterial activities.

No.	X_1	X_2	X_3	X_4	Diameter of inhibition zones (mm)
1	20	10	50	52.5	7.60
2	20	25	50	52.5	7.32
3	80	10	50	52.5	10.35
4	80	25	50	52.5	10.39
5	50	17.5	35	30	9.20
6	50	17.5	35	75	8.85
7	50	17.5	65	30	10.35
8	50	17.5	65	75	8.70
9	20	17.5	50	30	7.10
10	20	17.5	50	75	7.56
11	80	17.5	50	30	9.50
12	80	17.5	50	75	9.50
13	50	25	35	52.5	10.23
14	50	25	65	52.5	9.93
15	50	10	35	52.5	10.70
16	50	10	65	52.5	10.51
17	20	17.5	35	52.5	7.20
18	20	17.5	65	52.5	7.50
19	80	17.5	35	52.5	10.29
20	80	17.5	65	52.5	9.50
21	50	25	50	30	9.15
22	50	25	50	75	8.71
23	50	10	50	30	10.15
24	50	10	50	75	10.78
25	50	17.5	50	52.5	10.85
26	50	17.5	50	52.5	10.63
27	50	17.5	50	52.5	10.34

Table-2 presents the results of fitting quadratic model to the data, the different significances of all variation sources were obtained. The effect of linear variables X_1 was statistically very significant at $p < 0.01$; the quadratic variables X_1^2 and the cross variable X_1X_3 , had significant influences ($p < 0.05$).

TABLE-2
ANALYSIS OF VARIANCE (ANOVA) FOR THE
QUADRATIC POLYNOMIAL MODEL

Source	DF	SS	MS	F	Pr > F
X ₁	1	17.934	17.934	77.519	0.0001
X ₂	1	1.9683	1.9683	8.5079	0.0129
X ₃	1	0.0140	0.0140	0.0605	0.8097
tX ₄	1	0.1541	0.1541	0.6662	0.4302
X ₁ *X ₁	1	12.093	12.093	52.274	0.0001
X ₁ *X ₂	1	0.0169	0.0169	0.0730	0.7915
X ₁ *X ₃	1	0.2970	0.2970	1.2838	0.2793
X ₁ *X ₄	1	0.0529	0.0529	0.2286	0.6411
X ₂ *X ₂	1	0.0098	0.0098	0.0424	0.8401
X ₂ *X ₃	1	0.0625	0.0625	0.2701	0.6126
X ₂ *X ₄	1	0.2916	0.2916	1.2604	0.2835
X ₃ *X ₃	1	0.7939	0.7939	3.4318	0.0886
X ₃ *X ₄	1	0.4225	0.4225	1.8262	0.2014
X ₄ *X ₄	1	3.9636	3.9636	17.132	0.0013
Model	14	36.707	2.6219	11.333	0.0001
(Linear)	4	20.070	5.0176	21.688	0.0001
(Quadratic)	4	15.493	3.8733	16.742	0.0001
(Cross Product)	6	1.1434	0.1905	0.8237	0.5728
Error	12	2.7761	0.2313		
(Lack of fit)	10	2.6453	0.2645	4.0427	0.2144
(Pure Error)	2	0.1308	0.0654		
Total	26	39.483			

And as the model value was at $p < 0.05$ and lack of fit value was at $p > 0.1$, it means that this model can predict experiment results exactly. And the final predictive equation obtained was as follows:

$$Y_1 = 16.60667 + 1.2225*X_1 + 0.405*X_2 + 0.034167*X_3 - 0.113333*X_4 - 1.505833*X_1*X_1 - 0.065*X_1*X_2 - 0.2725*X_1*X_3 - 0.115*X_1*X_4 + 0.042917*X_2*X_2 + 0.125*X_2*X_3 + 0.27*X_2*X_4 - 0.385833*X_3*X_3 - 0.325*X_3*X_4 - 0.862083*X_4*X_4$$

and in conclusion, by observing linear and quadratic coefficients, we concluded that the order of factors influencing the response value of the extraction yield of flavonoids was as follows: ethanol concentration > extract temperature > extract time > the solid-liquid ratio.

Validation of the models: Based on the experimental data, the maximum predict for the extraction of alpiniae oxyphyllae fructus was obtained under the following conditions: ethanol concentrations 73%, extract temperature 54 °C, liquid-material ratio 15 and extract time 46 min. The predicted diameter of inhibition zones was 10.43 mm, which was consistent with the practical of 10.57 mm. The strong correlation between the real and predicted results confirm that the response model was adequate to reflect the expected optimization.

Comparison of traditional hot water extraction and ultrasonic/microwave assisted extraction: This higher efficiency, 10.43 mm of the diameter, comparing with 8.83 mm of traditional hot water extraction, lead to application of ultrasonic/microwave assisted extraction for alpiniae oxyphyllae fructus. This is because ultrasound and microwave radiation could accelerate the extracting process and may improve extraction of bioactive compounds^{21,22}. Simultaneously, the possible benefits of ultrasound in extraction are mass transfer intensification, cell disruption, improved penetration and capillary effects¹². It was confirmed that UMAE should be an

appropriate and effective extraction technique for extract from alpiniae oxyphyllae fructus because of the maximum extraction values.

Antibacterial activities correlation with polyphenols and flavonoid content: In addition extracts on the basis of total polyphenols extraction, on average, the content of total polyphenols and flavonoids was $7.34 \pm 0.19\%$ and $5.95 \pm 0.32\%$.

Fig. 2 presents diameters of inhibition zones exerted by the total polyphenols and flavonoids extract and the two standards towards tested microorganisms. The extract was effective against the Gram-negative strain (*E. coli*). The diameters of inhibition zones was higher with higher total polyphenols and flavonoids content. The activity of total polyphenols was lower than that of total flavonoids.

Fig. 2. Total polyphenol (a) and flavonoids content (b) against *E. coli*

There was strong correlation between total polyphenols content and inhibition of bacteria when each concentration tested polyphenols ($r = 0.84$, $p = 0.007$) while the total flavonoid with more significant strong correlation ($r = 0.93$, $p = 0.006$). Results from this study suggest that polyphenol compounds are responsible of the antibacterial activity of extract of alpiniae oxyphyllae fructus.

One of the largest classes of naturally-occurring polyphenol compounds are the flavonoids²³. A number of flavones, flavonols, flavanones and isoflavones, as well as some of their methoxy, isoprenyl and acylated derivatives, show antibacterial activity²⁴. It is evident that a structure-activity relationship exists between the various flavonoids and their antimicrobial activity. The advantage of such a synergistic effect is not stronger

activity, but also a reduction in the quality of the agent and fewer consequent side effects²⁵.

Numerous works have reported the antibacterial effects of these metabolites against a wide range of bacteria. Polyphenol compounds are known to be synthesized by plants in response to microbial infection^{26,27}; it is therefore logical that they have been found *in vitro* to be effective antimicrobial substances against a wide array of micro-organisms²⁸.

MIC of alpiniae oxyphyllae fructus extract: Quantitative evaluation of the antibacterial activity of the extract of alpiniae oxyphyllae fructus fruit and of the standards was carried out against selected microorganisms; the MICs of the tested samples are presented in Table-3. MIC values of the alpiniae oxyphyllae fructus was lower for *S. aureus* while it was a more potent inhibitor of *S. aureus* and much less efficient against *E. coli*. In the case, alpiniae oxyphyllae fructus gave comparable MIC of *E. coli* (3.00 mg/mL) compared to that of *S. aureus* (1.50 mg/mL). This is consistent with previous studies reporting that Gram-negative bacteria are more resistant to antimicrobials than Gram-positive microorganisms due to their outer lipopolysaccharide membranes^{29,30}.

TABLE-3
MINIMUM INHIBITORY CONCENTRATION (MIC) OF
ALPINAEE OXYPHYLLAE FRUCTUS EXTRACT

Strain	MIC of alpiniae oxyphyllae fructus (µg/mL)						
	48.00	24.00	12.00	6.00	3.00	1.50	0.75
<i>E. coli</i>	–	–	–	–	–	+	+
<i>S. aureus</i>	–	–	–	–	–	–	+

+ growth of microbe; – outgrowth of microbe.

Conclusion

The results of this study confirmed the optimum conditions, of which results showed high antibacterial activities comparing with traditional hot water extraction. The MIC of alpiniae oxyphyllae fructus extracts, demonstrated significant antibacterial activities against *E. coli*. and *S. aureus*. Further, the results exhibited the content of total polyphenols and flavonoids correlation with the antibacterial activities was significant. Thus, there may be caution with the use of these extracts as food additives and more studies should be performed concerning their safety and toxicity.

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