S3 Table

*PRE-CSTI items not included in Swiss CSTI*

|  |
| --- |
| **Changes in cognitions and affects** |
|  I feel dead inside. |
|  My beliefs / my faith have / has been challenged by the event. |
|  My values have changed. |
|  I think too much, which I suffer from. |
| **Changed world views** |
|  I feel let down by the good forces in the world. |
| **Interpersonal changes** |
|  The balance in my family has been disrupted. |
|  I think that you can never know who will harm you. |
|  I feel isolated and set apart from others. |
|  I am incapable of fulfilling my duties towards my family and others. |
|  I believe that the envy of others also plays a role in my current situation. |
|  After what happened, I am worried about offending others through my behaviour (e.g., blushing) or appearance (e.g., looks, body odour). |
|  I have difficulties saving face with others. |
| **Embitterment**  |
|  I think that no one should have to live this way. |
|  It all seems so unfair. |
|  I think that nothing will ever make up for all that I have gone through. |
|  I feel as if I have been robbed of something very precious. |
|  I can’t believe this has happened to me. |
|  I get angry about something that wasn’t very important. |
|  I have thoughts or fantasies about hurting someone. |
|  I wish that I wasn’t so angry all the time. |
|  I have no clear sense of direction in life. |
|  I have difficulties forgiving people who have hurt me. |
|  I think if another person hurts you, it’s alright to get back at him or her. |
|  When somebody offends me, sooner or later I retaliate. |
| **Growth** |
|  People have become a priority. |
|  I have changed my priorities about what is important in life. |
|  I have a greater appreciation for the value of my own life. |
|  I have stronger religious or spiritual faith. |
|  I think that my mental disorder is caused by malfunctions in my vital organs. |
| **Body-related changes** |
|  I experience fits of uncontrollable crying or screaming. |
|  I experience a feeling of heat in the chest rising to the head. |
|  I experience attacks of dizziness, palpitations and shortness of breath. |
|  I suffer from a disruption of the energy flow in my body. |