**Supplementary material for web-only publication (included for clarity of readers)**

**S2 Table.** **Sociodemographic characteristics of the overall sample and the two Latent Classes.**

|  |  |  |
| --- | --- | --- |
|  | Class 1 (65%) | Class 2 (35%) |
| **Characteristic** | ***N*** | ***%*** | ***N*** | ***%*** |
| *Gender* |  |  |  |  |
| Male  | 35 | *94.6* | 19 | *95.0* |
| Female  | 2 | *5.4* | 1 | *5.0* |
| *Age* |  |  |  |  |
| 18–29 years | 17 | *45.9* | 10 | *50.0* |
| 30–39 years | 6 | *16.2* | 3 | *15.0* |
| 40–49 years | 7 | *18.9* | 4 | *20.0* |
| 50–59 years | 4 | *10.8* | 3 | *15.0* |
| 60–69 years | 3 | *8.1* | 0 | *0.0* |
| Mean/standard deviation | 35.5/14.3 | 33.2/12.2 |
| *Highest level of education* |  |  |  |  |
| Junior/middle school certificate (8 classes) | 4 | *10.8* | 0 | *0.0* |
| Intermediate high school, secondary school certificate (10 classes) | 10 | *27.0* | 5 | *25.0* |
| Vocational school/advanced technical certificate | 2 | *5.4* | 0 | *0.0* |
| Abitur high school diploma in Germany: university entrance qualification  | 11 | *29.7* | 7 | *35.0* |
| Technical college degree | 1 | *2.7* | 1 | *5.0* |
| University degree | 8 | *21.6* | 6 | *30.0* |
| Doctoral degree, PhD | 1 | *2.7* | 1 | *5.0* |
| *Residential status* |  |  |  |  |
| Spouse or partner | 20 | *54.1* | 8 | *40.0* |
| One or more adult child (18 years or older) | 8 | *21.6* | 1 | *5.0* |
| One or more minor child (under 18 years) | 10 | *27.0* | 7 | *35.0* |
| One or both of their parents | 7 | *18.9* | 5 | *25.0* |
| Alone  | 7 | *18.9* | 6 | *30.0* |
| *Employment status* |  |  |  |  |
| Employed, full-time (>30 working hours per week) | 20 | *54.1* | 12 | *60.0* |
| Employed, part-time (≤30 working hours per week) | 1 | *2.7* | 1 | *5.0* |
| Self-employed/Freelance | 3 | *8.1* | 0 | *0.0* |
| Student | 9 | *24.3* | 6 | *30.0* |
| Retired or pensioner | 4 | *10.8* | 1 | *5.0* |