**S3 Table. Descriptive statistics on five sets of explanatory variables: (a) childhood disadvantages, (b) health status, (c) health behavior, (d) psychological resources, and (e) social ties. Percent (mean in italics).**

|  |  |  |
| --- | --- | --- |
| Explanatory variables | Percent/mean | N |
| **(A) Childhood disadvantages**  |  |  |
|  Economic hardships | 43.43 | 426 |
|  Parental drug/alcohol problem  | 28.91 | 422 |
|  Sexual abuse  | 14.42 | 423 |
|  Bullying (long-term)  | 32.63 | 429 |
|  Attention problems school | 58.60 | 430 |
|  Moving  | 34.58 | 428 |
| **(B) Health status**  |  |  |
|  HSCL-10 (index; 1—4) | *2.12* | 406 |
|  Psychological wellbeing (index; 1—6)  | *3.22* | 421 |
|  Pain often  | 48.43 | 446 |
|  Excellent/very good SRH | 21.51 | 451 |
|  Limiting illness  | 42.38 | 446 |
|  Physical health issue | 49.32 | 442 |
| **(C) Health behaviors** |  |  |
|  Drinks often  | 19.55 | 440 |
|  Alcohol problem | 16.01 | 456 |
|  Drug problem  | 23.68 | 456 |
|  Regular exercise (outdoors)  | 52.53 | 455 |
|  Regular exercise (indoors) | 19.07 | 451 |
| **(D) Psychological resources**  |  |  |
|  Mastery (index; 1—5)  | *2.82* | 431 |
|  Self-worth (index; 1—4)  | *2.44* | 427 |
|  Life satisfaction (1—5)  | *2.81* | 453 |
|  Work motivation (index; 1—5) | *3.84* | 432 |
| **(E) Social ties**  |  |  |
|  Social capital (index; 0—10)  | *4.77* | 443 |
|  Seldom visits/visited  | 23.30 | 455 |
|  Often lonely  | 34.73 | 452 |
|  No close friends around | 26.09 | 456 |
|  Seldom meets friends  | 20.44 | 450 |
|  Seldom meets siblings  | 42.42 | 422 |
|  Seldom meets parents  | 31.57 | 396 |

Cronbach’s alpha: HSCL-10 = 0.910 (10 items), psychological wellbeing = 0.733 (3 items), mastery = 0.725 (7 items), self-worth = 0.804 (5 items), work motivation = 0.881 (6 items), social capital = 0.835 (3 items).