Table A in S1 File. Features descriptions

| Features ( $\mathrm{N}=51$ ) | Description |
| :---: | :---: |
| Max time [s] | Maximal duration of the test |
| Max RF [1/min] | Respiratory frequency which refers to the breathing rate per minute |
| Max VT [L] | Maximal tidal volume. This is the lung volume that represents the normal volume of air displaced between normal inhalation and exhalation |
| Max VE [L/min] | VE refers to minute ventilation. This is calculated by multiplying tidal volume by respiratory frequency |
| $\mathrm{Max} \mathrm{VO}_{2}[\mathrm{~mL} / \mathrm{min}]$ | Maximal volume of oxygen consumption $\left(\mathrm{VO}_{2}\right)$ during the test |
| Max VCO ${ }_{2}[\mathrm{~mL} / \mathrm{min}]$ | Maximal volume of carbon dioxide production $\left(\mathrm{VCO}_{2}\right)$ during the test |
| Max VO2 ${ }_{2}[\mathrm{~mL} / \mathrm{min} / \mathrm{Kg}]$ | Maximal volume of oxygen consumption during the test, as measured in milliliters per kilogram of body weight per minute |
| Max HR [beat/min] | Maximal heart rate |
| Max RR | The respiratory quotient, is a dimensionless number calculated from the ratio of carbon dioxide produced by the body to oxygen consumed by the body |
| $\mathrm{Max} \mathrm{VE/} \mathrm{VO}_{2}$ | Maximal minute ventilation divided by maximal volume of oxygen consumption |
| Max VE/VCO ${ }_{2}$ | Maximal minute ventilation divided by maximal volume of carbon dioxide production |
| VO2 ${ }^{\text {st }}$ intersect [ $\mathrm{mL} / \mathrm{min}$ ] | Oxygen consumption value of the $1^{\text {st }}$ intersect when fitting three linear lines to the carbon dioxide production as a function of oxygen consumption |
| VO2 ${ }^{\text {nd }}$ intersect [ $\mathrm{mL} / \mathrm{min}$ ] | Oxygen consumption value of the $2^{\text {nd }}$ intersect when fitting three linear lines to the carbon dioxide production as a function of oxygen consumption |
| VCO2 $1^{\text {st }}$ intersect [ $\mathrm{mL} / \mathrm{min}$ ] | Carbon dioxide production value of the $1^{\text {st }}$ intersect when fitting three linear lines to the carbon dioxide production as a function of oxygen consumption |
| VCO2 $2^{\text {nd }}$ intersect [ $\mathrm{mL} / \mathrm{min}$ ] | Carbon dioxide production value of the $2^{\text {nd }}$ intersect when fitting three linear lines to the |


|  | carbon dioxide production as a function of oxygen consumption |
| :---: | :---: |
| V SLOP [mL/min] | The ventilatory anaerobic threshold determined using the $V$ slope method |
| Time to the VAT [s] | The time it takes to reach the ventilatory anaerobic threshold |
| Relative aerobic time | The time it takes to reach the ventilatory anaerobic threshold divided by the duration of the test |
| The anaerobic time [s] | The time from the ventilatory anaerobic threshold to the end of the test |
| Relative time of VAT | The time from the ventilatory anaerobic threshold to the end of the test divided by the duration of the test |
| VAT ratio | Oxygen consumption value at the ventilatory anaerobic threshold divided by the duration of the test |
| Ratio of VAT to RR | Oxygen consumption value at the ventilatory anaerobic threshold divided by the maximal value of the respiratory quotient |
| Slope $\mathrm{VCO}_{2}$ versus VE | Slope in the volume of carbon dioxide production as a function of minute ventilation graph |
| Slope $\mathrm{VO}_{2}$ versus VE | Slope in the oxygen consumption volume as a function of VE graph |
| Slope $\mathrm{VO}_{2}$ versus time | Slope in the oxygen consumption volume as a function of time graph |
| Slope A | Slope of the volume of carbon dioxide production as a function of oxygen consumption volume graph up to the ventilatory anaerobic threshold |
| Slope B | Slope of the volume of carbon dioxide production as a function of oxygen consumption volume graph from the ventilatory anaerobic threshold to the end of the test |
| Area A | Area of the volume of carbon dioxide production as a function of oxygen consumption volume graph up to the ventilatory anaerobic threshold |
| Area B | Area of the volume of carbon dioxide production as a function of oxygen consumption volume graph from the ventilatory anaerobic threshold to the end of the test |
| Slope RR versus time | Slope of the respiratory quotient as a function of time graph |
| Slope VT as a function of time | Slope of the tidal volume as a function of time graph |
| Slope $1^{\text {st }}$ minute | Slope of the $1^{\text {st }}$ minute in the oxygen consumption volume as a function of time graph |


| $\mathrm{VO}_{2}$ at $1^{\text {st }}$ minute $[\mathrm{mL} / \mathrm{min}]$ | Oxygen consumption value at the $1^{\text {st }}$ minute in the oxygen consumption volume as a function of time graph |
| :---: | :---: |
| Slope $2^{\text {nd }}$ minute | Slope of the $2^{\text {nd }}$ minute in the oxygen consumption volume as a function of time graph |
| $\mathrm{VO}_{2}$ at $2^{\text {nd }}$ minute $[\mathrm{mL} / \mathrm{min}]$ | Oxygen consumption value at the $2^{\text {nd }}$ minute in the oxygen consumption volume as a function of time graph |
| Slope $3^{\text {rd }}$ minute | Slope of the $3^{\text {rd }}$ minute in the oxygen consumption volume as a function of time graph |
| $\mathrm{VO}_{2}$ at $3^{\text {rd }}$ minute $[\mathrm{mL} / \mathrm{min}]$ | Oxygen consumption value at the $3^{\text {rd }}$ minute in the oxygen consumption as a function of time graph |
| Predicted $\mathrm{VO}_{2}$ / the real $\mathrm{VO}_{2}$ | The predicted maximal oxygen consumption value divided by the real value of the maximal oxygen consumption |
| Predicted $\mathrm{VO}_{2}$ at the VAT/ the real $\mathrm{VO}_{2}$ at the VAT | The predicted maximal oxygen consumption value at the ventilatory anaerobic threshold divided by the real value of the maximal oxygen consumption at the ventilatory anaerobic threshold |
| Time at the VAT [s] | The time at the ventilatory anaerobic threshold |
| RF at the VAT [1/min] | Respiratory frequency at the ventilatory anaerobic threshold |
| VT at the VAT [L] | Tidal volume at the ventilatory anaerobic threshold |
| VE at the VAT [L/min] | Minute ventilation at the ventilatory anaerobic threshold |
| $\mathrm{VCO}_{2}$ at the VAT [mL/min] | Value of the carbon dioxide production at the ventilatory anaerobic threshold |
| $\mathrm{VO}_{2}$ at the VAT [ $\mathrm{mL} / \mathrm{min} / \mathrm{Kg}$ ] | Oxygen consumption value at the ventilatory anaerobic threshold |
| RR at VAT | The respiratory quotient at the ventilatory anaerobic threshold |
| Max slope * max speed | Maximal value of slope multiplies by the maximal value of speed |
| VEmax/(max slope * speed) | Maximal minute ventilation divided by the maximal value of slope multiplies by the maximal value of speed |
| $\mathrm{VO}_{2}$ max/(max slope * speed) | Maximal value of oxygen consumption divided by the maximal value of slope multiplies by the maximal value of speed |
| Predicted $\mathrm{VO}_{2} \max [\mathrm{~mL} / \mathrm{min} / \mathrm{Kg}]$ | Predicted maximal oxygen consumption based on ACSM equation: $\mathrm{VO}_{2}=0.2$ *(speed) +0.9 (speed)*(fractional grade) +3.5 |


| Max intensity | Maximal value of slope multiplied by the maximal <br> value of speed multiplied by the duration of the <br> test |
| :--- | :--- |

