**Figure S2. Pair-wise meta-analyses of diets and HbA1c in trials where GWG advice was provided in both dietary arms.\***



**Abbreviations:** CHO, carbohydrate; CI, confidence interval; GWG, gestational weight gain; HbA1c, hemoglobin A1c; LGI, low glycemic index; MD, mean differences; MUFA, monounsaturated fatty acids; *n*, sample size.

**\***Diet # 1 reflects the diet that is first mentioned before “vs” and diet #2 reflects the diet that comes after “vs”.